

a month of

SMALL THINGS FOR

Mary

crafts, templates and projects by
Nancy Bandzuch

Week 1

Mary, a Girl Who Said Yes

Adult Project: Fiat Embroidery

Despite everything, I continue to struggle to submit my will to the will of God. My heart is not as open as Mary's--not even close. Everyday I need to say "yes" to God again. Everyday I need to learn from the Fiat of Our Lady.

For this project, spend time reflecting on the words of Mary, "May it be done to me according to your word." Allow these words to be a daily prayer as you accept each day and whatever it may bring.

Please find the pattern for the lettering on the following page.

Steps:

1. Using a pencil or water soluble marker trace the lettering onto white canvas fabric. Make sure to note where the thicker lines are as you trace. {tip: bring the words up on your computer screen and resize as you desire. Then, tape your fabric directly to your computer screen and trace. If you can't quite see the words, turn off the lights in the room you are in. Stretch the fabric in a wooden embroidery hoop of the right size. I used an 8" hoop.
2. Grab your black thread and using 3 threads at a time, trace the curvy letters using the split stitch ([tutorial here](#)). For the places where the lines of the letters are thicker, stitch in 2 lines of split stitches next to each other.
3. Trace the smaller capital letters with 1 black thread using back stitch ([tutorial here](#)).
4. Add some simple felt flowers for adornment. For the wrapped red roses--which are easy to make--use [this tutorial](#). The 5 pedal purple flowers are a little bit more involved --use [this tutorial](#).
5. To complete the hoop, use hot glue to glue the flowers in place, and don't worry if the flowers are slightly over the edge of the hoop. Finally, trim off the excess fabric around the edge of the hoop. Seal in place by adding hot glue all around the back side of the hoop.



May

IT BE

done to me

ACCORDING TO

your word

Week 1

Mary, a Girl Who Said Yes

Child Project: Hail Mary Coloring

In response to Mary's "yes", the angel proclaimed the beautiful words of what has become our Hail Mary, words we have the honor of repeating each time we say this prayer.

Like many of us, my children learned the Hail Mary at a very young age, mostly as they listened to us say the prayer each evening. So they know it--but do they really KNOW IT? Have they slowed down to think about the words, what they meant then as Mary stood before the angel and what they continue to mean for us now?

In an effort to pull my own children into the prayer more deeply I created this Hail Mary Printable that can be colored. I put a little bit of extra time into it in hopes that older kids will make theirs extra beautiful and perhaps display them somewhere in the home.

Because really, what is more beautiful than the words of the Hail Mary?

You can access the PDF of this coloring sheet by clicking [HERE](#).

Happy coloring!



Week 2

Mary, Our Mother

Adult Project: Jesus and Mary Felt Wall Art

Isn't it humbling to realize that we have the exact same occupation as Mary, the Mother of God? Our days are consumed with nearly identical tasks--feeding a family, caring for children, creating a home and building a strong and faithful family.

Granted we might have a few more modern conveniences...and a slightly more sinful nature than Mary. But still, we have a great model for living, in every possible way, in Our Lady.

What I love most about this week's project, Mary and Jesus Felt Wall Art, is that Mary seems to be gazing directly and lovingly into the eyes of her child, Jesus. Isn't it sweet? And in return He is reaching up to stroke his mother's face.

Any mother with young children can easily recall a sweet moment as she held a little one in her arms--and I just love reflecting on the reality of those moments between Jesus and Mary.

For this project I have drawn up a complete template (already to-scale) and written out the instructions in detail. This project is a little time consuming but I assure you that anyone with any level of crafting experience can accomplish this craft.



Once you are done with this project you can hang it on the wall (as I did) or sew it onto the front of a pillow. Lots of options.

For the full pattern of this project click [HERE](#) to download the PDF. The complete instructions can be downloaded [HERE](#).

Week 2

Mary, Our Mother

Child Project:

Mary Paper Doll to Dress Up

I made an extra fun project for the kids this week: a paper doll of Mary with extra pieces that allow children to “dress her up”.

I made this paper doll to encourage my children to think of all the different rolls of Our Lady. She is the mother of Jesus, Queen of Heaven, she has an Immaculate Heart and she continues to appear to people on Earth today. She is incredible!

The Mary paper doll comes with a little baby Jesus in her arms, hands folded in prayer and wrapped in the rosary, an Immaculate Heart and a crown.

To put the doll together simply print and then color everything. Next, cut out all of the



pieces as shown above. Take the paper doll and fold back the base, taping the long strip of paper to the back of the doll. Then, tape on the add-ons as you desire to dress her up!

The PDF for this project can be found [HERE](#).



Week 3

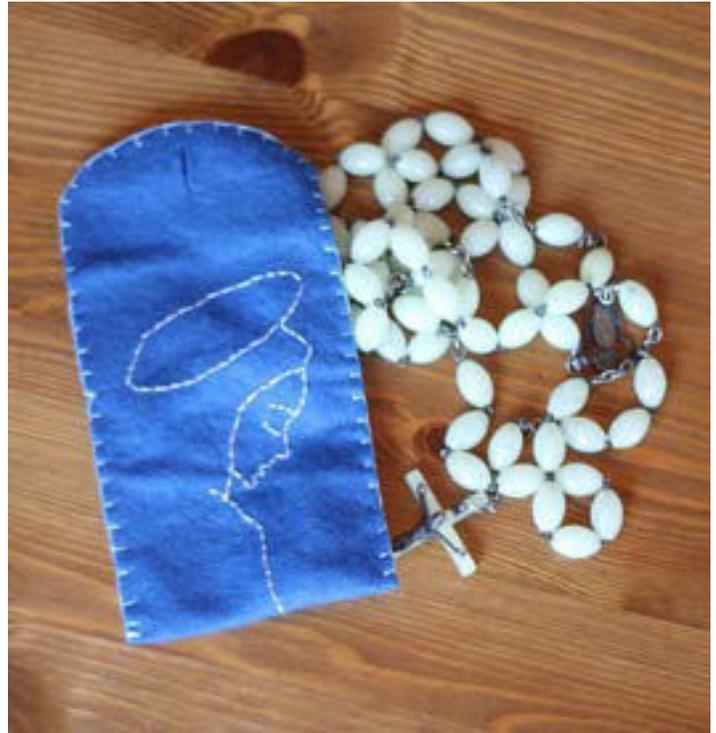
Mary, Queen of Sorrows

Adult Project: Felt Rosary Case

As Mary stands at the foot of the cross she teaches us that it is okay to cry, it is good to shed tears over the sadness of this world. The rosary, more than any other prayer, helps us to stand with Mary and meditate on our Suffering Lord. Therefore, in the hope that having a rosary at all times will take us more often into prayer, let's make a fun, simple rosary case.

To make this case first use [THIS TEMPLATE](#) to cut out a long piece of felt.

Then, using tissue paper (the stuff you use in gift-giving), trace the outline of Our Lady, also found on the template. Take the tissue paper and pin it slightly below the top 1/2 of the felt, leaving room for a top flap. Time to stitch!



Using 2 threads at a time, back stitch around the outline. Once you have backstitched around the entire outline, gently pull away the tissue paper.

To finish your case, fold up slightly less than the bottom 1/2 and then blanket stitch ([tutorial HERE](#)) around the entire outside. This will create a pocket for your rosary. Finally, sew a button on the back side, top of the pocket. Then, cut a hole for the button in the top flap.

Now, grab your rosary and make time to pray every day!

Week 4

Mary, and her Immaculate Heart

Adult Project(s): Cross Stitch Patterns

Mary has so much love for us. Her heart, like Jesus', burns for us. Isn't that amazing! We spent all of last week reflecting on the sorrows of Mary and the sadnesses of this world. This week we will embrace the Immaculate Heart of Mary and rest succured in the love she has for us.



And here is a little confusion. I just couldn't decide which pattern to include this week! I love the simplicity and drama of the pattern of just the Sacred Heart and Immaculate Heart. On the other hand, I'm also in love with the cute depictions of Mary and Jesus--and theses also really appeal to my kids.

Also, although I am including both of these patterns here as "Adult Projects" but a child with lots of patience could also stitch up either of these projects. And, cross stitch patterns can double as perler bead patterns. Just print it out at 200%!

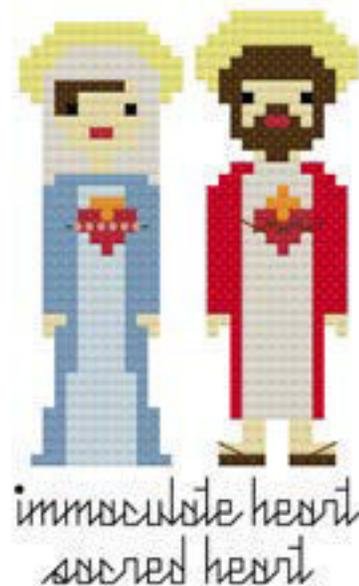
The PDF patterns for these projects can be found here:

[Sacred and Immaculate Heart](#)

[Sacred and Immaculate Heart People.](#)

Also, if you need any further help getting started with cross stitch, check out [THIS POST](#).

Happy Stitching!



Week 4

Mary, and her Immaculate Heart



Child Project: Strawberry Hearts

Let's end this month of crafts and projects for Mary with a simple one that is both fun and delicious. This Sacred Heart Pie is the perfect dessert for the feast day...or any day! The kids can help make these Sacred and Immaculate Hearts--and everyone can help to eat them!

You can place these hearts on top of a simple pudding pie or serve them separately as a snack. They are beautiful and tasty either way!

For these hearts you will need:

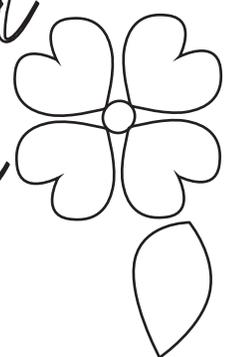
- Strawberries, cleaned and cut in half
- Tooth picks, glued into tiny crosses
- Chocolate Sprinkles (for thorns)
- Colorful Sprinkles, flowers if you can find them, divided. Use the orange and red for flames and the other colors for the flowers on the immaculate heart.

Construct the hearts as pictured above.

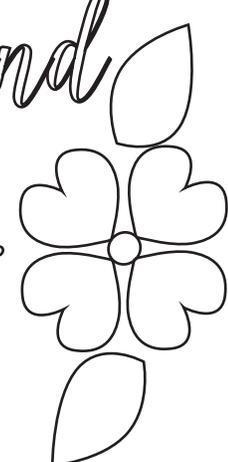
 Hail Mary 

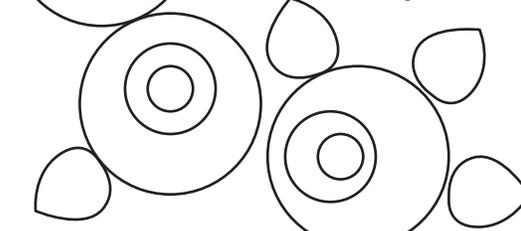
 full of grace 

 The Lord is with you. 

 Blessed are you amongst 
women and blessed is the
fruit of thy womb Jesus.

Holy Mary, Mother of God,

 Pray for us sinners now and 
at the hour of our death.

 Amen

Instructions for Creating Mary and Jesus Felt Wall Art

www.dosmallthingswithlove.com

Creating your Mary and Jesus Felt Wall Art is fairly simple after you have downloaded and printed out the PDF pattern onto ordinary computer paper.



Using the colored image in the top left corner of the pattern as a guide, cut out one of each shape in the color indicated. To get a precise cut I first cut out my pattern piece and then tape that piece directly to the felt I am cutting with clear tape. I used a wool blend felt from [Benzie Design](#). I love this felt and use it for all of my felt projects.

Once you have all of the pieces cut out, lay them out on a larger piece of felt (I used a light yellow piece of felt for my background). Then, using Tacky Glue, glue down the pieces (just a little glue in the center of each piece). The aim here is just to keep the felt pieces in place as you stitch—you don't want to be stitching through dried glue. After all of the pieces are glued down, trim the large piece of felt you are using as a base.

After this, pull out your thread stash and stitch with a running stitch around the edges of each piece.

As a final step, I cut a larger piece of black felt and stitched the entire piece onto that, once again with a running stitch. Then, trim the black felt, leaving a few inches extra at the top. Next, fold the black felt over and use hot glue to glue it in place, creating a folded opening at the top. Then slide a wooden dowel into that fold and secured a long piece of



ribbon to each side, creating a hanger.

Decorative Head Band

Back Arm

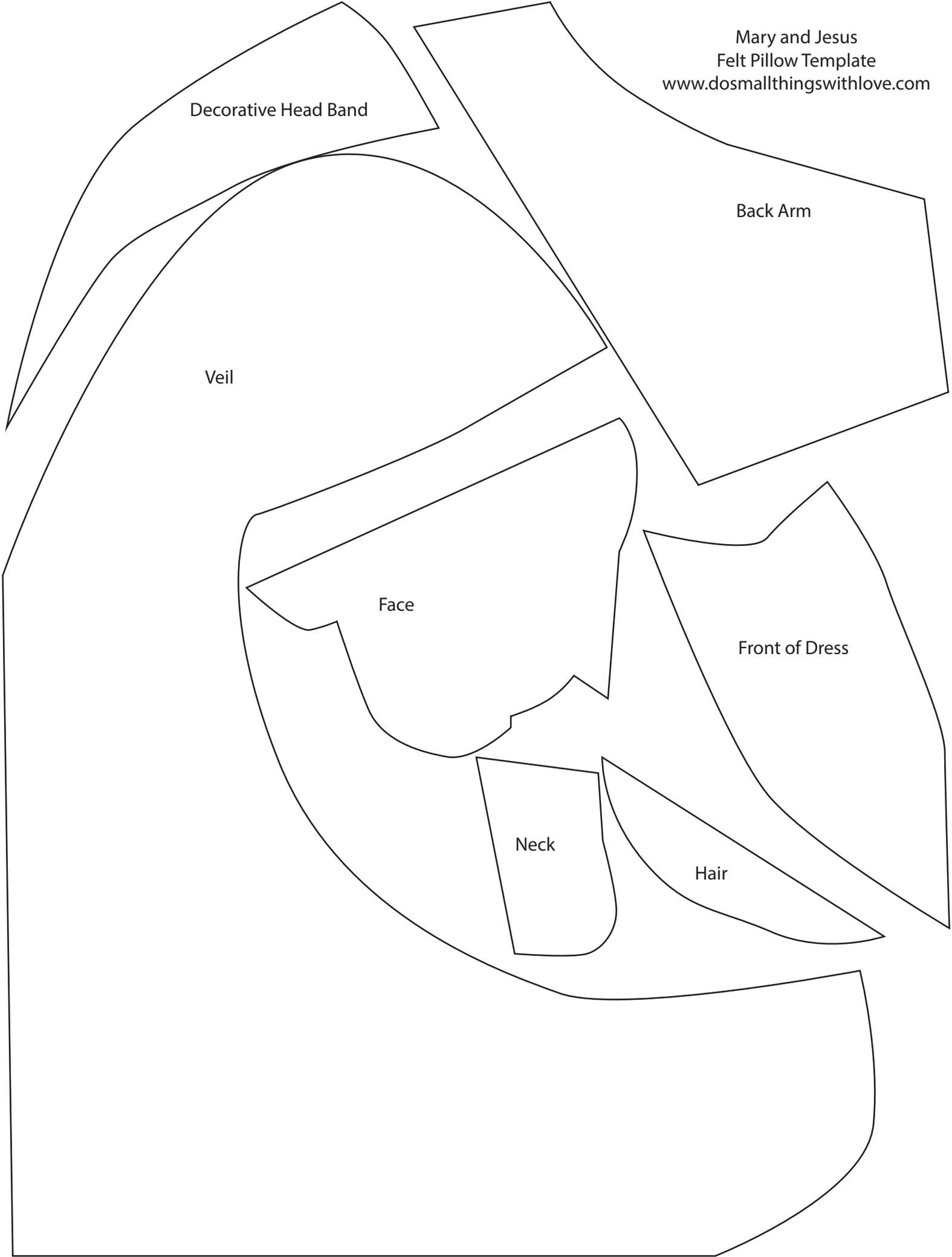
Veil

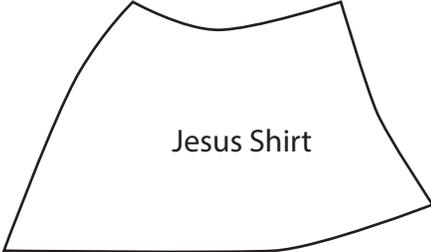
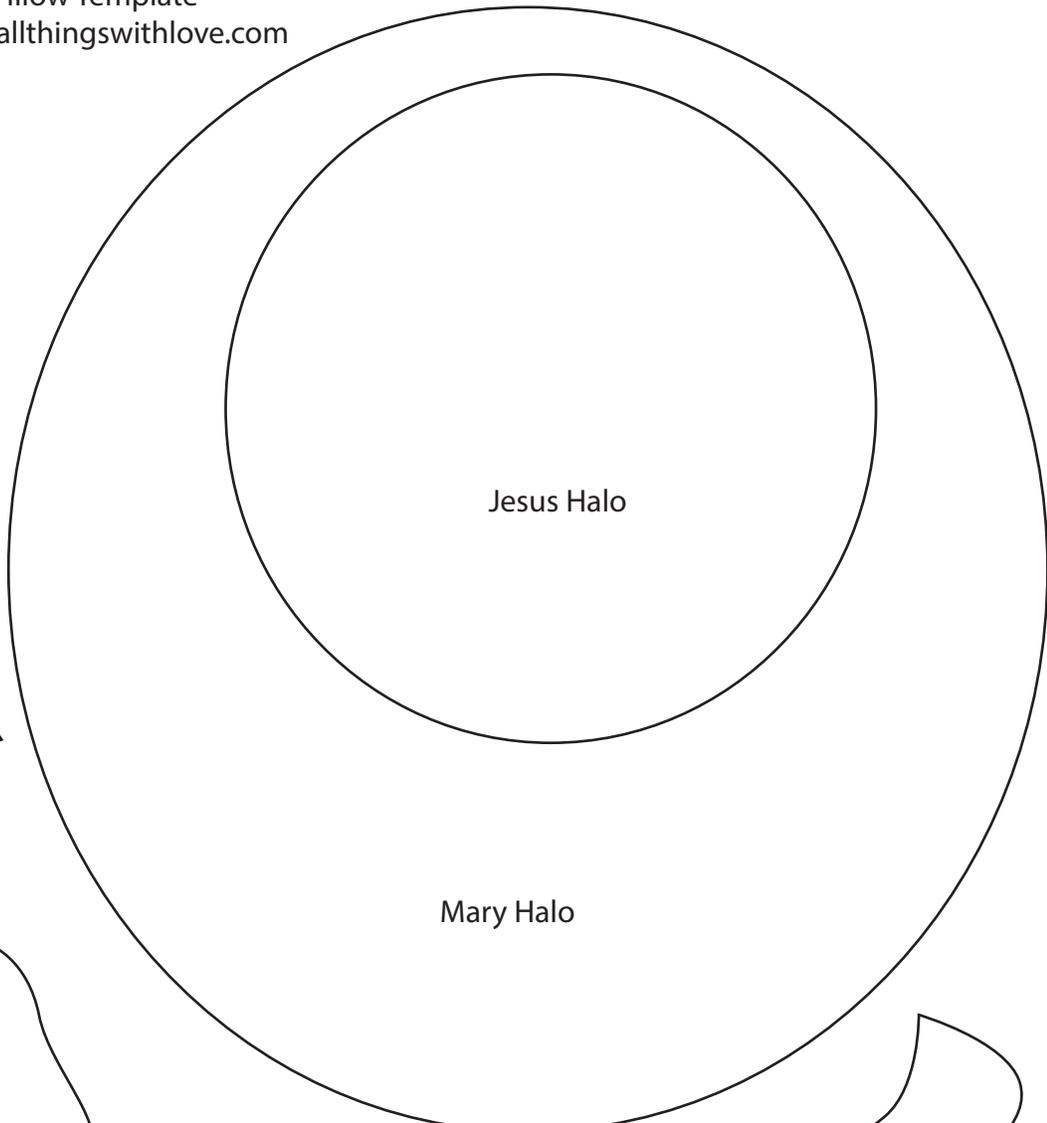
Face

Front of Dress

Neck

Hair





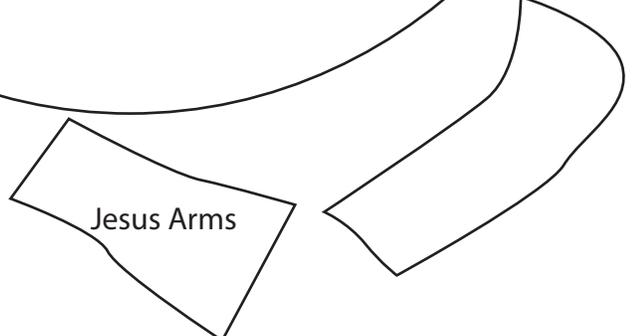
Jesus Shirt



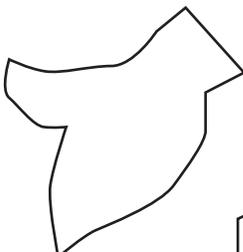
Jesus Hair



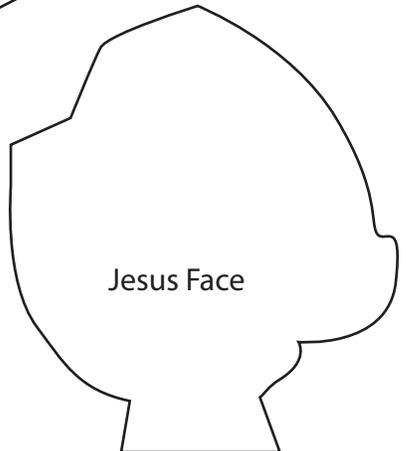
Mary Hands



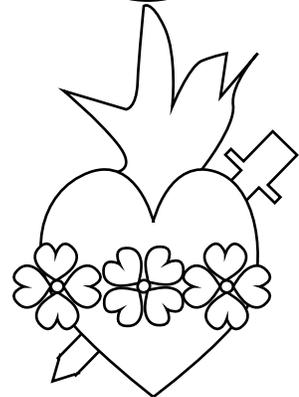
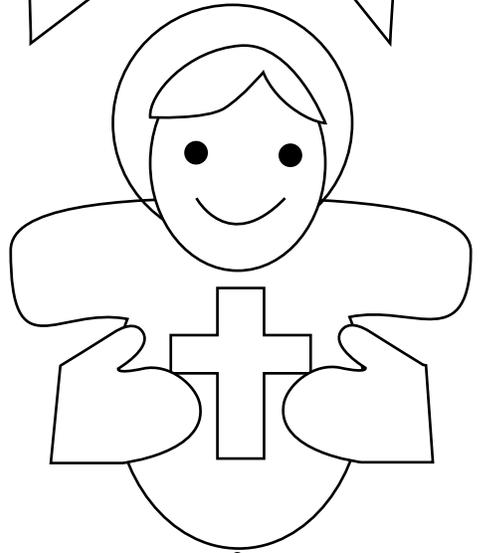
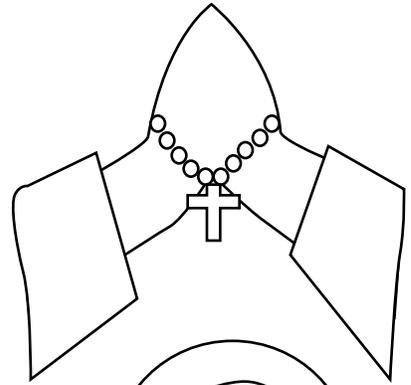
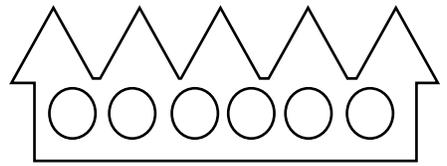
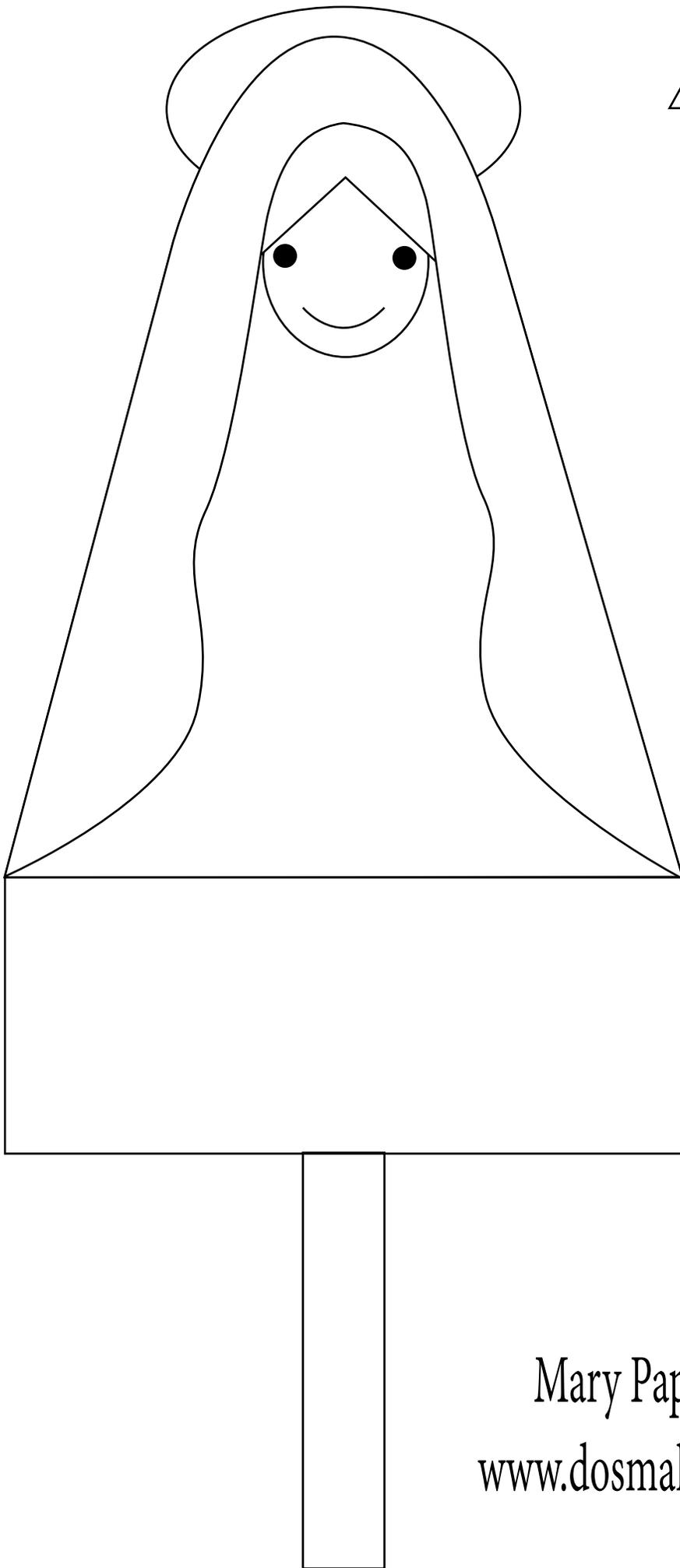
Jesus Arms



Jesus Hand
Cut 2

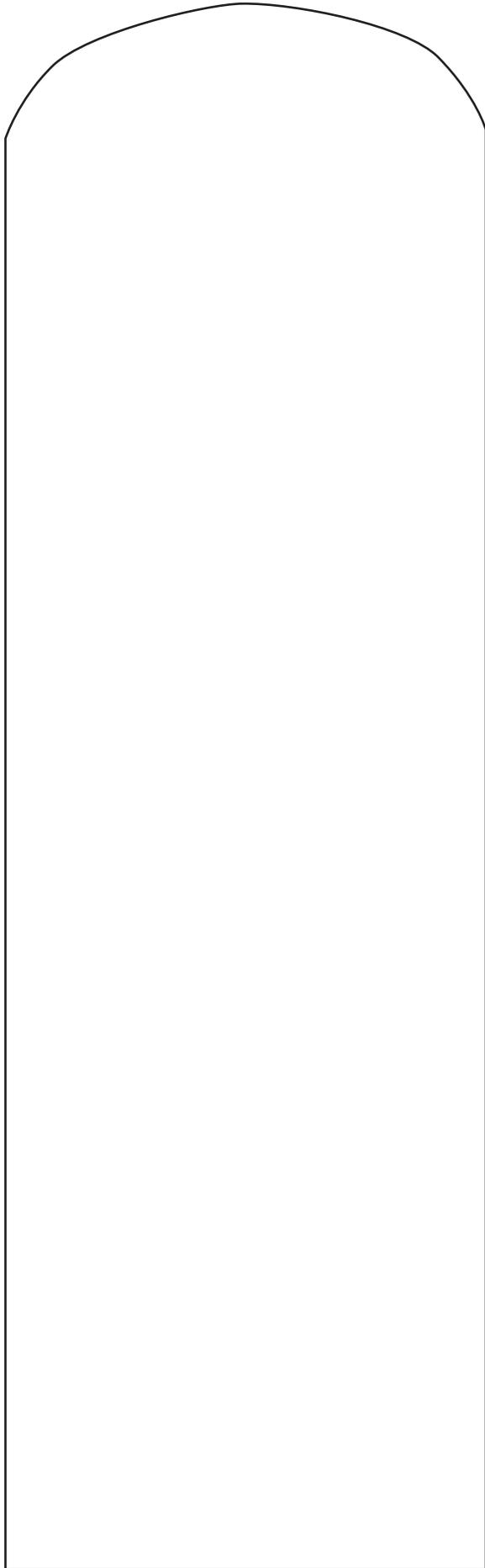


Jesus Face



Mary Paper Doll Dress Up
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Rosary Case Template



trace the silhouette above onto tissue paper. Then, pin that directly to the felt. Stitch through the tissue paper with backstitch.

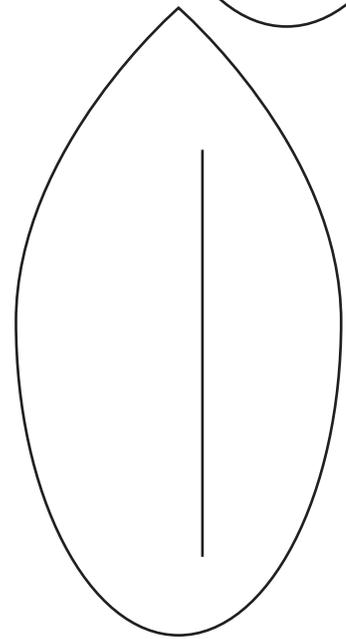
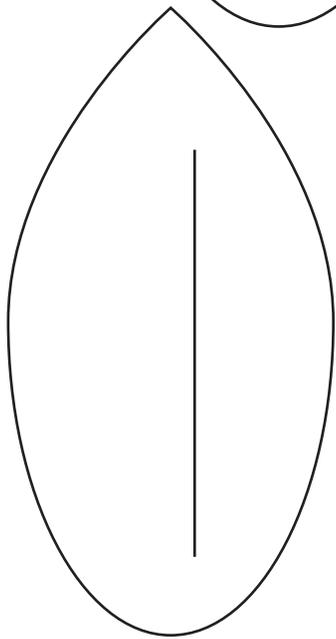
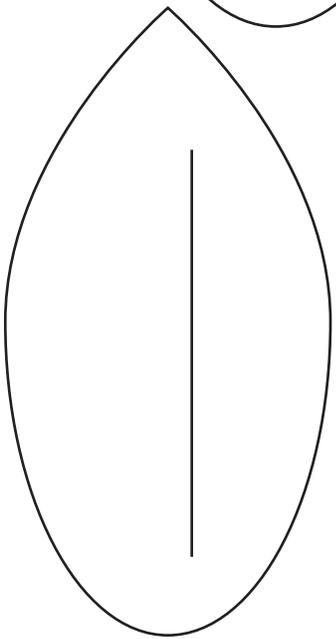
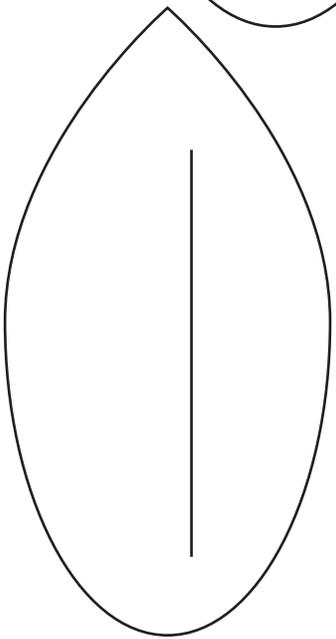
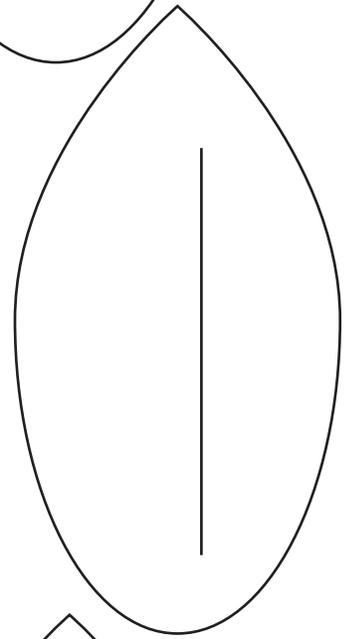
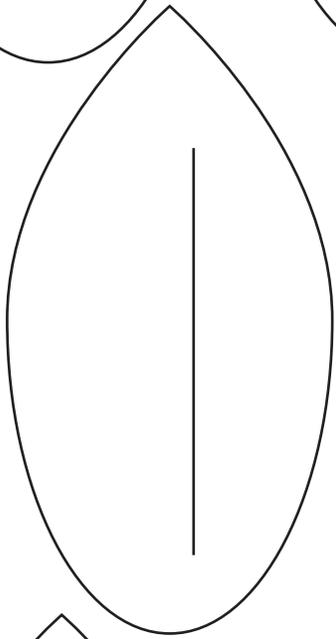
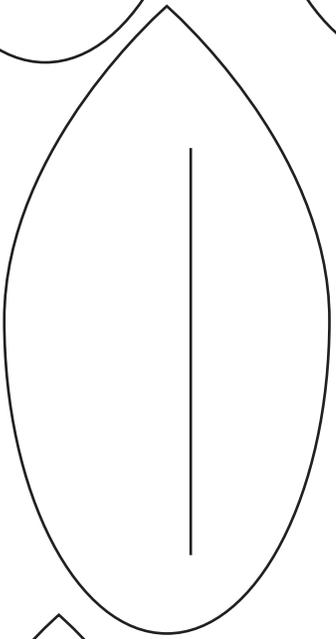
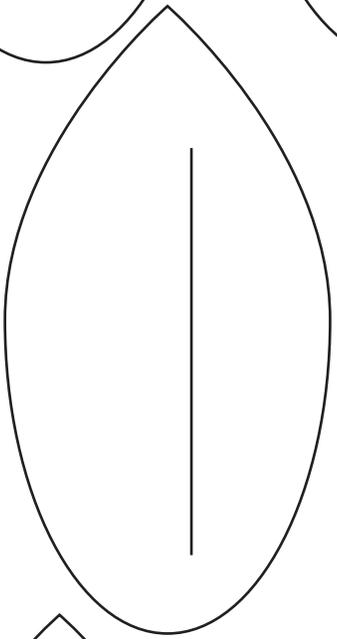
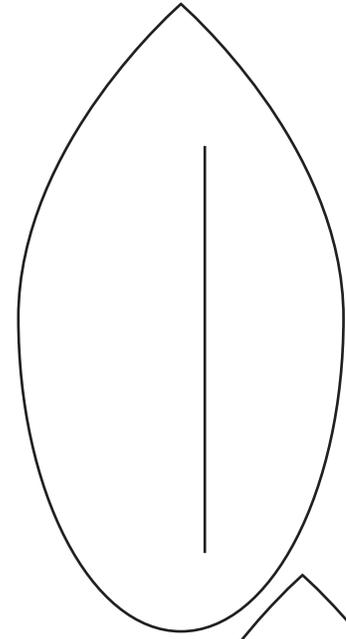
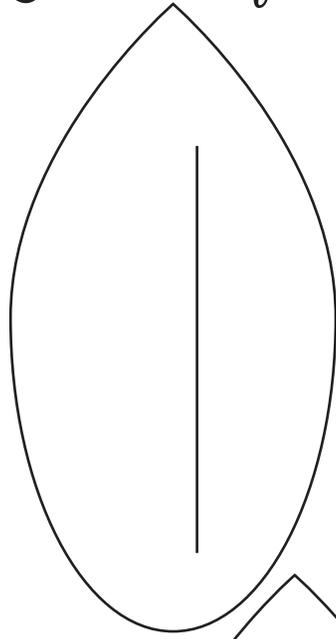
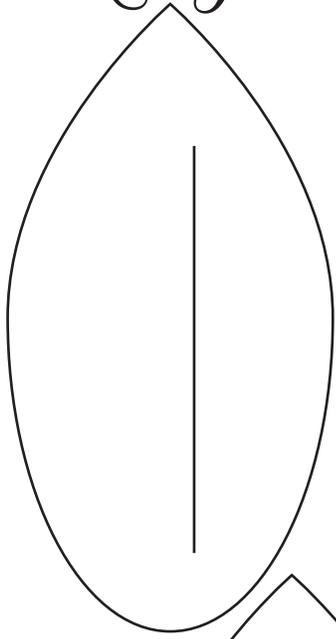
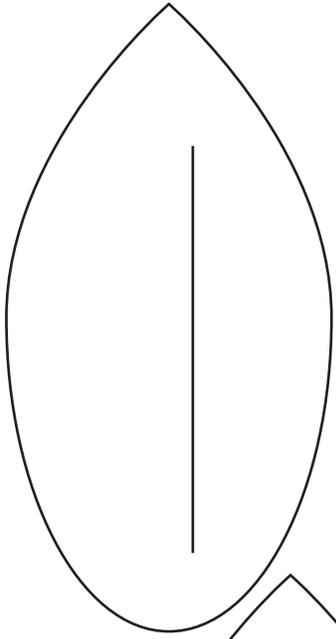
Mary, Queen of Sorrows

Mary stood by the foot of the cross and held Jesus's broken body in her arms after he died. No doubt, her heart was filled with sorrow. But Mary, our mother, teaches us that it is okay to be sad, to cry. Through all of her pain, however, there is an even greater lesson. In our despair and grief we need to continue to trust our Lord and God. Trust that there is a bigger plan, His Plan.

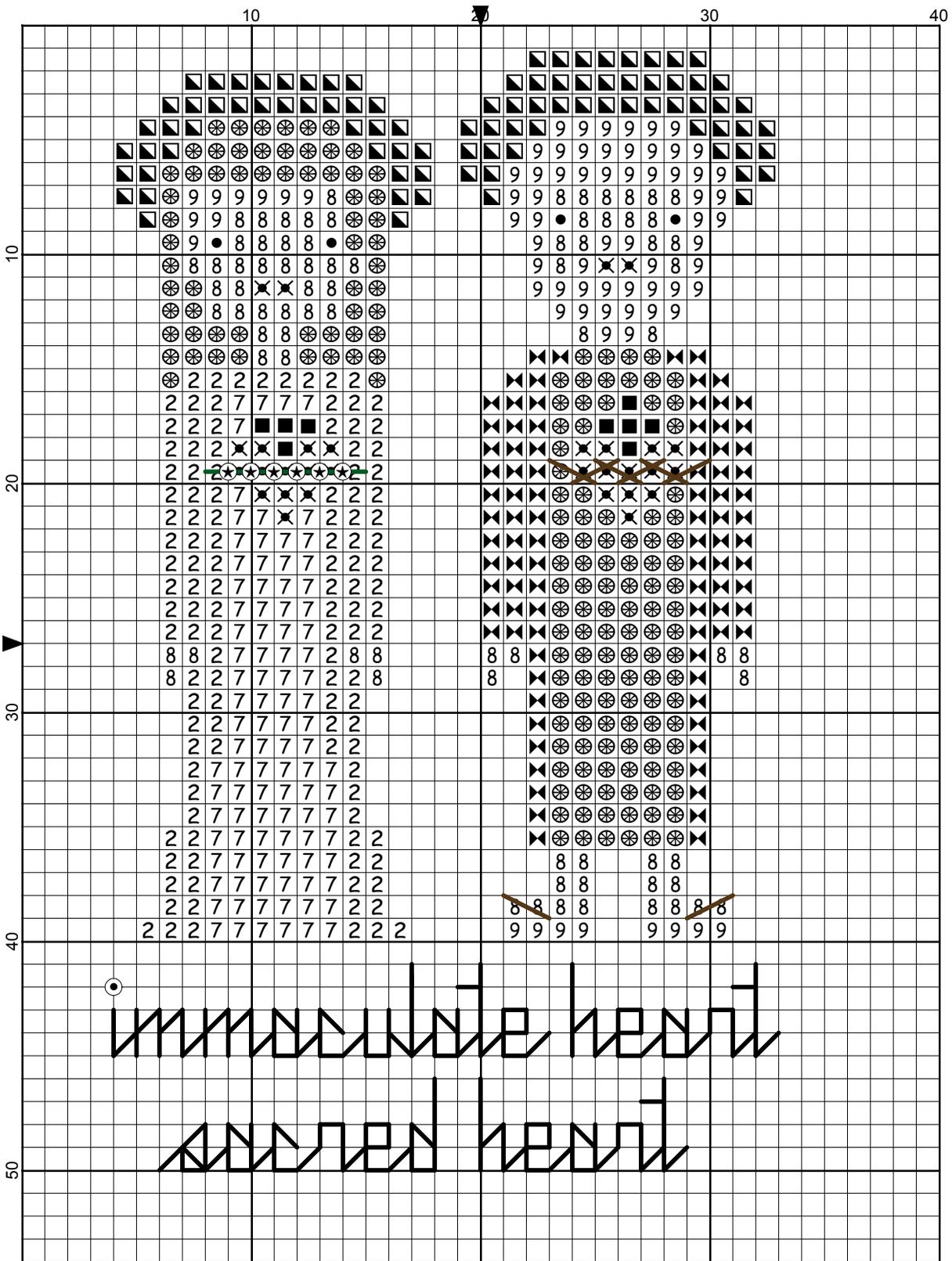
Our world is filled with sorrow. Spend time thinking about the sadness of our world. Think of events, policies or even the details of your own family and friends. Write one great sadness on each teardrop. Then, cut out the image of Our Lady and the teardrops. Attach the teardrops to the bottom of the image of Our Lady. When done, hang this up and pray through each of the sorrows you wrote on the teardrops. Pray that God's will be done, even in the midst of all this sorrow.



Mary, Queen of Sorrows



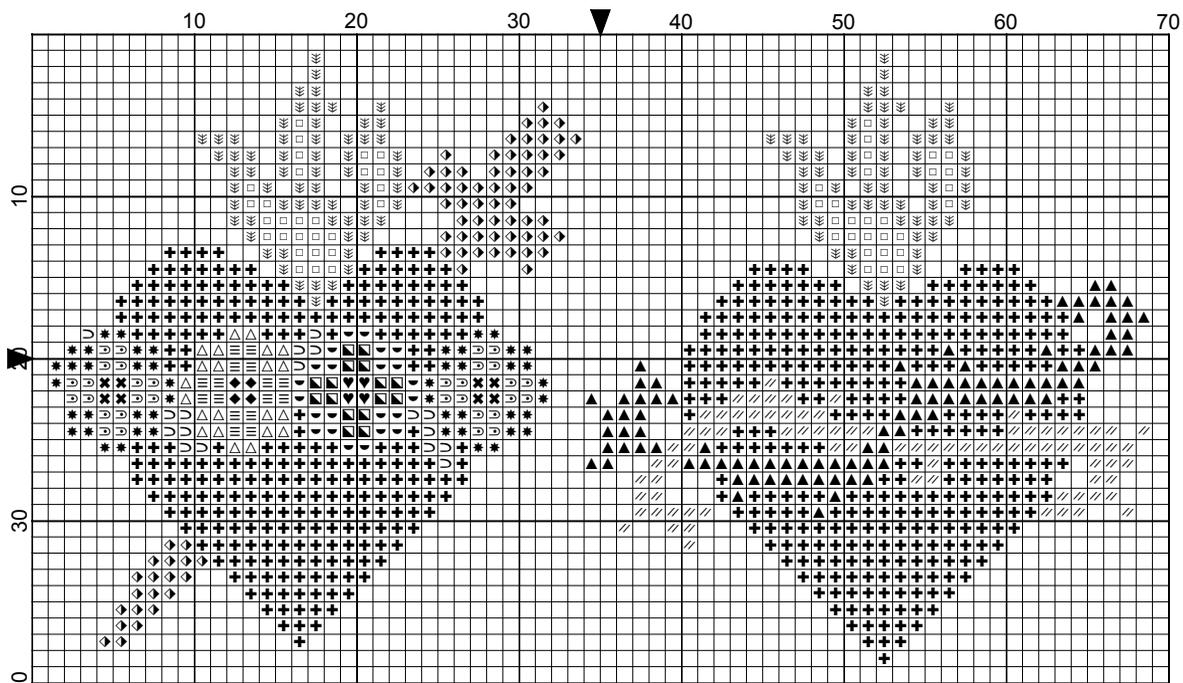
Immaculate and Sacred Heart by Nancy Bandzuch



- Legend:
- ◼ DMC-310
 - ◼ DMC-445
 - ◼ DMC-321
 - ◼ DMC-809
 - ◼ DMC-775
 - ◼ DMC-745
 - ◼ DMC-838
 - ◼ DMC-822
 - ◼ DMC-741
 - ◼ DMC-666
- Backstitches:
- DMC-310
 - DMC-699
 - DMC-838
- French Knots:
- ⊙ DMC-310
 - ⊗ DMC-3778

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immaculate Heart of Mary by Nancy Bandzuch



- Legend:
- DMC-307
 - DMC-320
 - DMC-445
 - DMC-801
 - DMC-820
 - DMC-3340
 - DMC-606
 - DMC-798
 - DMC-809
 - DMC-976
 - DMC-666
 - DMC-740
 - DMC-647
 - DMC-776
 - DMC-892
 - DMC-819

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