

Marian Devotion 101

Now that you know WHY it is such a good and beautiful thing to remain devoted to Mary, let's talk about HOW you foster a deep devotion to her. Below are listed THINGS YOU CAN DO, and PRAYERS YOU CAN MEMORIZE to grow in devotion.

Things You Can Do

1. Pray a weekly, and then daily Rosary

Mary asked specifically for this when she appeared in Fatima!

2. Learn about a Marian Apparition and the message Mary shared.

Some great ones to start with: Guadalupe, Lourdes and Fatima.

3. Place an image of Mary in your home.

This is remind you that she is always with you, and willing to help with ANYTHING!

4. Wear a Miraculous Medal

And read about all of the miracles and stories of protection connected with this medal!

Prayers to Memorize

MEMORARE

Remember, O most gracious Virgin
Mary,
that never was it known that anyone
who fled to your protection,
implored your help, or sought your
intercession, was left unaided.
Inspired by this confidence,
I fly unto you, O Virgin of virgins, my
Mother.
To you do I come, before you I stand,
sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions,
but in your mercy, hear and answer me.
Amen.

MAGNIFICAT

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior,
for he has looked with favor on his humble servant.
From this day all generations will call me blessed,
the Almighty has done great things for me, and holy is
his Name.
He has mercy on those who fear Him in every
generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the humble.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel
for he has remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy
Spirit,
as it was in the beginning, is now, and will be forever.