



Saints of the Catholic Church in cross stitch meaningful crafting for all ages



Catholic
Sprouts



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Catholic Sprouts LLC

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in cross stitch

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find even more patterns online!

catholicsprouts.com/CrossStitchSaintExtras

Crafting with the Saints

The Saints of the Catholic Church are such an incredible gift to us! They have gone before us and shown us how to live out the call to holiness in so many different ways. The most fun part of creating this book of patterns was to be reminded of just how different all of the Saints are. They not only lived at all different times, they came from all walks of life. Some were poor, others were rich or even royalty. Many answered calls to the religious life, others were mothers and fathers. Some wrote great works, others were simply laborers.

The uniting factor in all of their lives was Jesus. And Jesus is what unites us with them still.

This book of patterns can be used in a hundred different ways. Below I have listed some ideas. More than anything, though, I pray that this simple book of patterns helps to bring the Saints alive for you! As you stitch or arrange perler beads, sit in the quiet and ask the Saint to be with you and pray for you.

Ideas for Use

- Create a FAMILY SAMPLER of all of your Patron Saints.
- Stitch up special CHRISTMAS ORNAMENTS for your loved ones that feature their Patron Saints
- Set the kids to work on creating a NATIVITY SET out of perler beads that they can play with all season long.
- Share the patterns with your LITTLE FLOWERS GROUP or BLUE KNIGHTS GROUP and help children create images of their Saints that they can take and put in their homes.
- Add a special HEAVENLY DETAIL to pillows or quilts by adding a Saint.
- Use the patterns in your ART CLASS to help children improve dexterity through cross stitch and learn a little bit about their favorite Saints.
- Create a little something special to hang on the wall of a nursery, given to families at BAPTISMS.
- Stitch up the CONFIRMATION SAINTS of those that are being confirmed.
- Create an IMMACULATE HEART OF MARY AND SACRED HEART OF JESUS to hang above your bed.
- Design and stitch a beautiful BIBLE BOOKMARK featuring your favorite Bible Character for a loved one.

How to Cross Stitch

Cross Stitch is the simplest form of embroidery. It is perfect for beginners, but also enjoyable for seasoned stitchers. In case you are new to the world of cross stitch, here are the basics.

Supplies

- **Aida Cloth**—this is special cloth for cross stitching. You can find it at any craft store, even Walmart. It is made in a variety of sizes and colors. I usually always use 14 ct, and 11 ct for young stitchers.
- **Embroidery Thread**—I use DMC thread which can also be found at any craft store. DMC thread is organized by number, each specific color corresponding to a number. As you will notice the patterns do not call for specific colors. Why? Because unlike complicated cross stitch patterns, these were created with simple color blocking. This means that you can simply pull out the colors you already have and start stitching! Or, if this is the first stitch project for you or your little saint, simply take this book along with you to the craft store and pick out some colors you like! Change colors, add colors, have fun!
- **Needles**—Since you are using aida cloth that already has holes, you don't need super sharp needles. Any standard needle should work fine.
- **Embroidery Hoops**—I always cross stitch with an embroidery hoop. The hoop holds the fabric tight and makes it easier to keep the stitches neat. This isn't a mandatory supply, however. I use a plastic hoop for stitching and usually display my finished pieces in a wooden hoop.
- **Masking Tape**—Aida cloth, especially when handled a lot, tends to fray. Therefore, whenever I start a new pattern I cut my aida cloth bigger than needed and place a strip of masking tape around each edge of the fabric. The edges of the aida cloth will be cut away when you are done stitching.
- **Pattern**—I recommend printing it out or copying it. The digital copy of this book is included with this purchase, along with lots of other patterns that aren't in the book. You will find all of these resources at catholicsprouts.com/CrossStitchSaintExtras.

Getting Started

Here are just a few things you should do to make sure your project gets off on the right foot!

- Find the **center** of your pattern, then find the center of your cloth and start there. To make sure you aren't going to run out of fabric as you stitch, always start in the middle.
- For the purposes of these patterns, use 3 threads for all cross stitches on 14 and 11 ct cloth, and 2 threads for 18 ct cloth. 1 thread for all back stitches.
- Make sure that you don't work with too long of a piece of thread. If the thread is too long you will end up spending most of your time wrestling with knots.
- I usually tie a knot at the end of my thread when I am beginning a new thread. You can also just leave a tail of thread on the backside of the fabric when you start and not worry about the knot. Instead, as you stitch, the thread will become tucked under the stitches. When you finish a thread sew a few times through the back of your stitching and trim.

The Stitches

Cross Stitch is mathematical and precise, so take your time and make your stitches look perfect. Here's how:

- **Cross Stitches** are just that—an X. But, the X's will only look good if you stitch all your X's in an orderly fashion. Here's how to do that. If you have a row of stitches all in the same color, start left and head right, stitching just the first 1/2 of each stitch, from the lower left corner to the upper right corner. When you reach the end of the row, doing just the first half of the stitches, turn around and stitch the second 1/2 of each stitch, from upper right corner to lower left corner.
- **Back Stitches** are also involved in several patterns, for wording or outlines. Back stitches are the simplest stitch, just straight lines. Generally you back stitch with only one thread. Make sure you don't make your stitches too long, as they will loosen with time. Any straight lines included in these patterns are backstitches.
- Although no one will (likely) be seeing the back of your project, try to keep it neat back there! If you finish off a section of color on one side of the project, tie off the string and start again, don't stretch all the way across the back. Doing this will make your back look junky and probably lead to a knot nightmare.
- Many patterns also call for **French Knots**. I recommend watching a video on Youtube as they are a bit tricky and take some practice to master.

A Few More Cross Stitch Tips

- Washing a finished cross stitch project is a pain, so instead wash your hands before you begin stitching, every time.
- Make sure you have good light while you stitch.
- Always always double check your counting. It is, after all, called counted cross stitch. Being off by even one stitch in key areas can ruin a project, so take the time and check your counting before you start stitching. And then count again. If you mess up, cut your thread, pick out your stitches and try again. And you will mess up. I always do.
- As with all my patterns, feel free to make adjustments to thread color. It's your project after all!

Perler Bead Saint Projects

These patterns can also be used for Perler Bead, or Melty Bead Creations. This can be a particularly fun project for children. The Saints they create with these patterns will be large and fun to play with!

Supplies

- **Melty Beads**-- Also known as Perler Beads, these can be purchased by color, or in a large tub with a variety of colors.
- **Standard pegboard**-- Pegboards are used for placing the beads. Purchase a rectangular pegboard, not one that is a circle or other shape. Also, these patterns are big, so you will need with either a super sized pegboard, or a couple of square pegboards that can fit together to form a longer rectangle.
- **Printed pattern**-- Creating the Saints out of perler beads is a bigger project and requires a lot of counting. I recommend copying or printing off the pattern for children to use so that they can mark off the sections of the pattern as they are completed.
- **Parchment paper**-- Parchment paper is used to iron, or melt, the creations once all of the beads are placed. The parchment paper is placed between the beads and the iron.
- **Iron**-- Our family has a dedicated crafting iron since it is not impossible to get some of the melty beads onto the iron and we would prefer not to transfer that to our clothes.
- **Permanent Marker**-- Since there is no way to "backstitch" with perler beads, you will have to add the smaller details with permanent marker after the creations have been ironed.

Additional Digital Resources

Don't miss out on all the digital resources that come along with this book! The Saint patterns here are just the beginning! Online you will find ideas for really bringing these patterns to life, as well as a PDF of the entire book, so that you can print and share these patterns with those that you love.

Find all of this online!

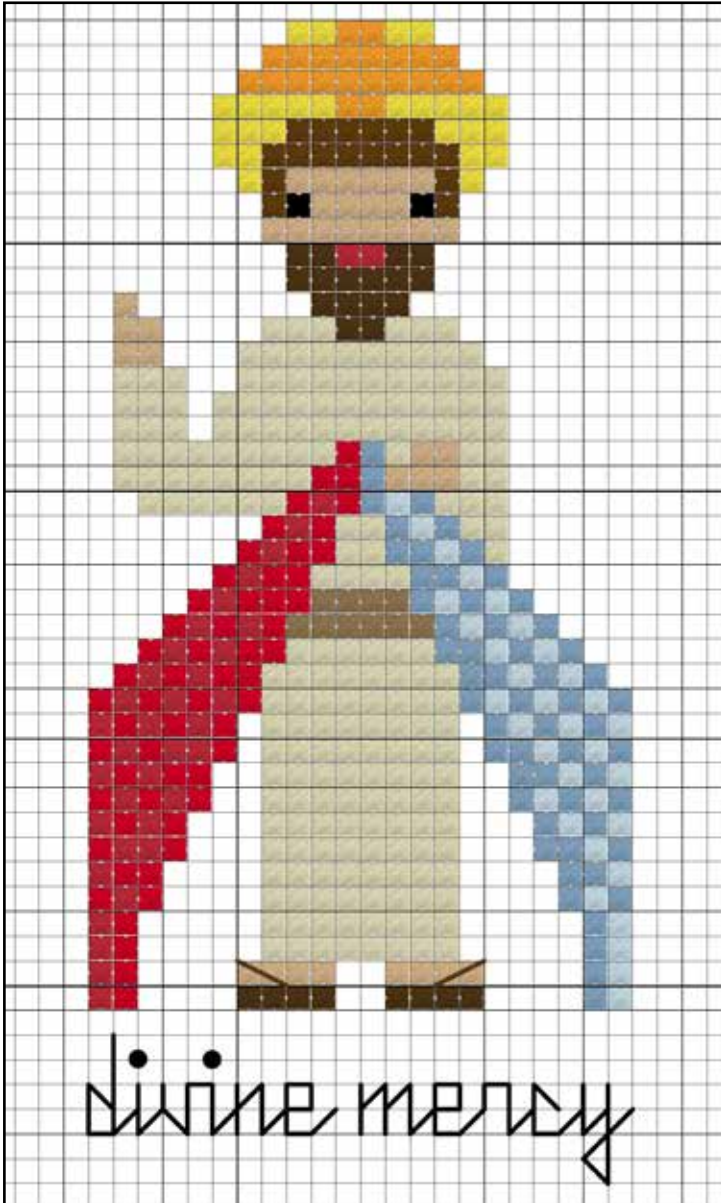
- ABC Sampler of the Saints
- Detailed How-To for creating a Patron Saint Sampler for your Family
- Patterns for Saint Quote Bible Bookmarks
- Additional Saint patterns that didn't fit in the book!

Find all of these resources and so much more at:

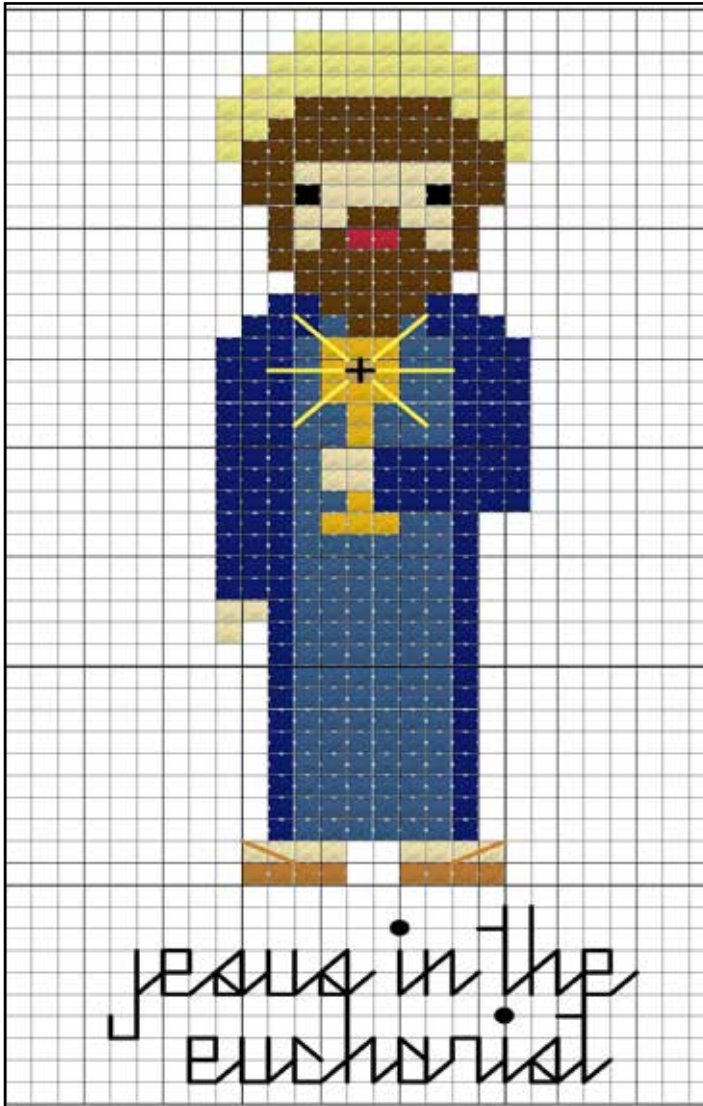
catholicprouts.com/CrossStitchSaintExtras

Divine Mercy

God

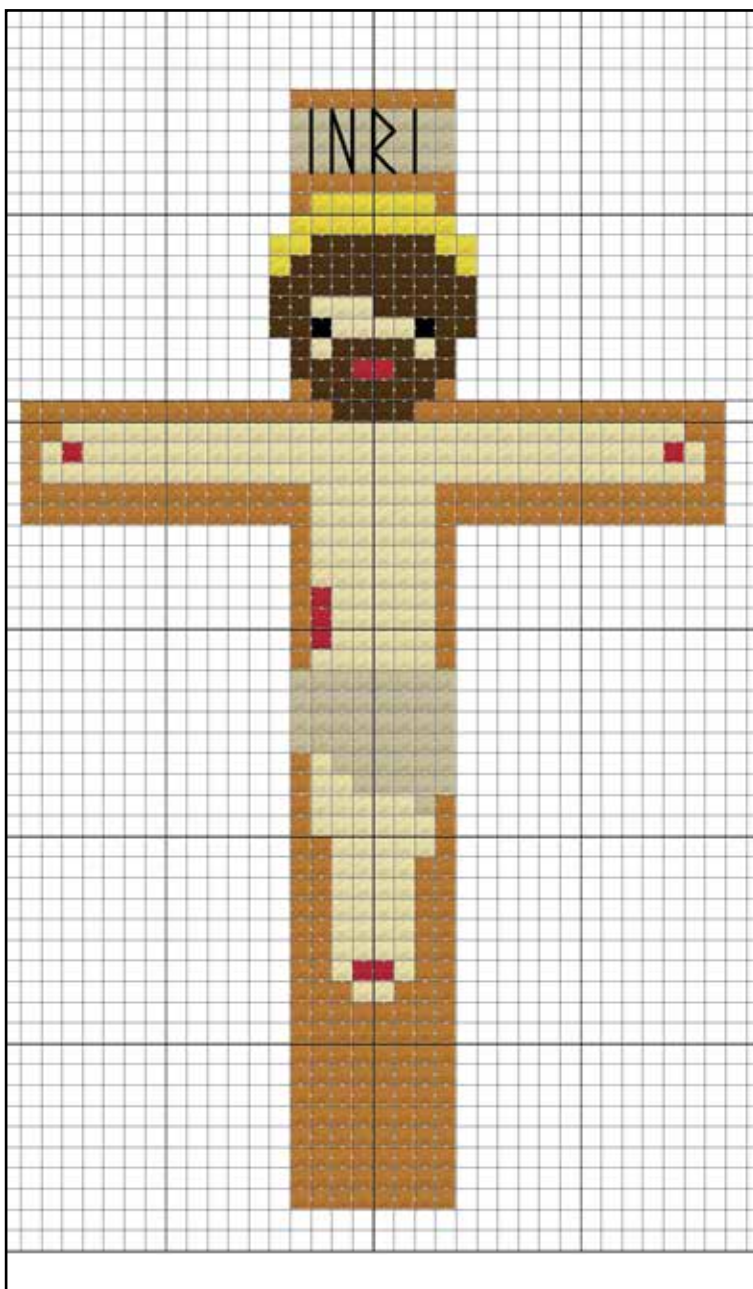


Jesus in the Eucharist



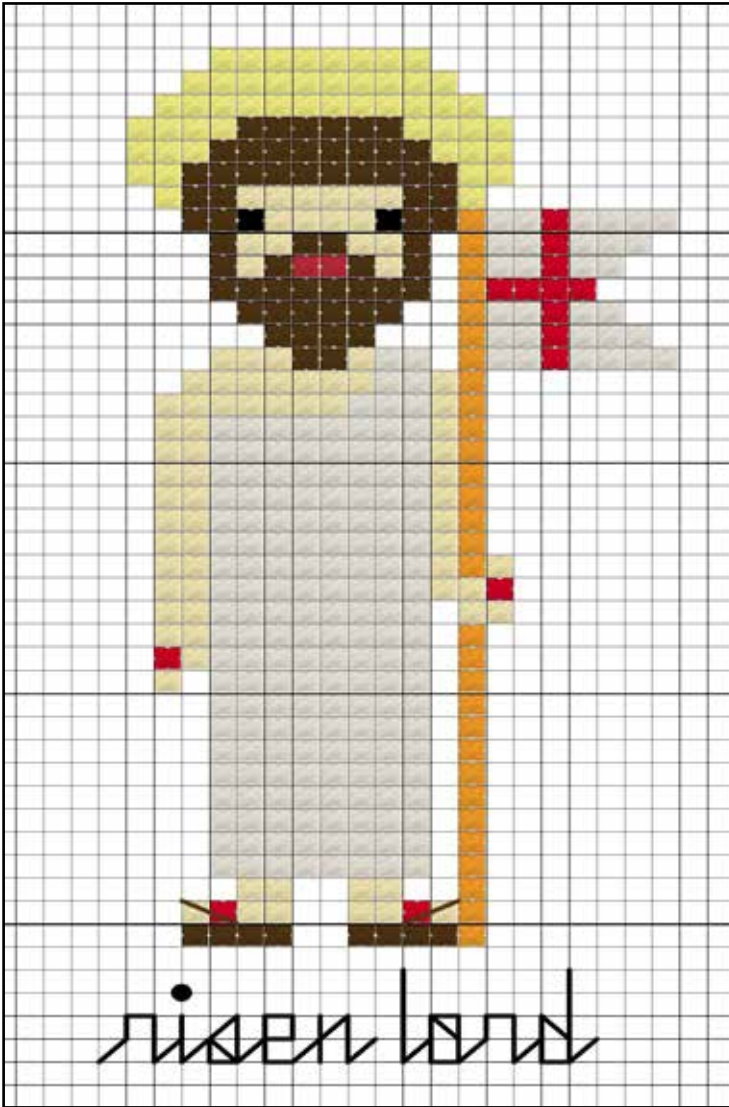
God

Jesus on the Cross



God

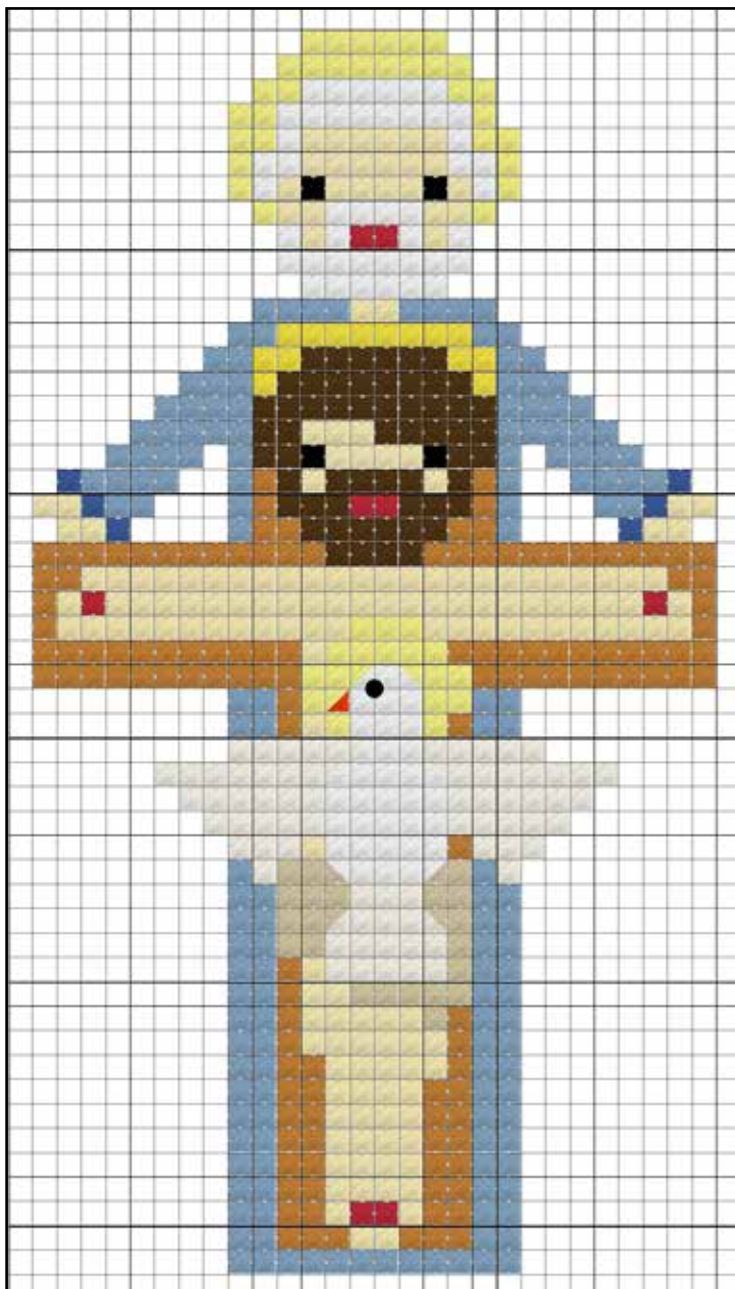
Jesus, the Resurrection



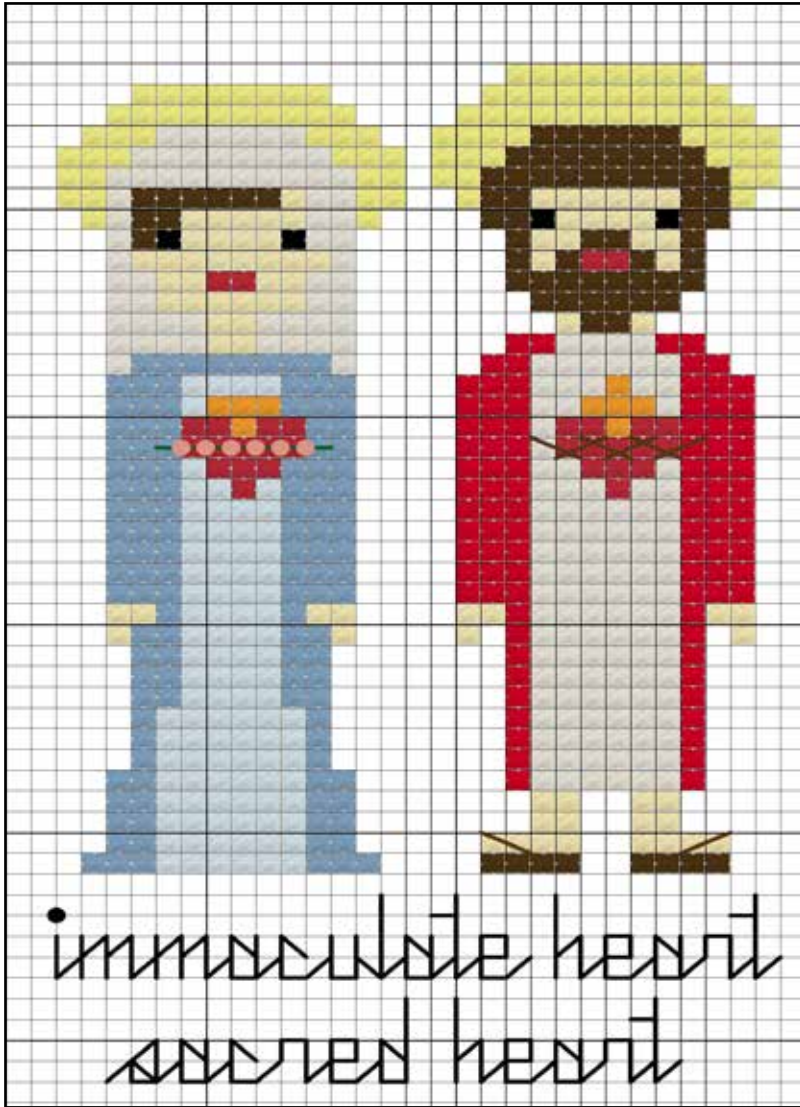
God

Holy Trinity

God

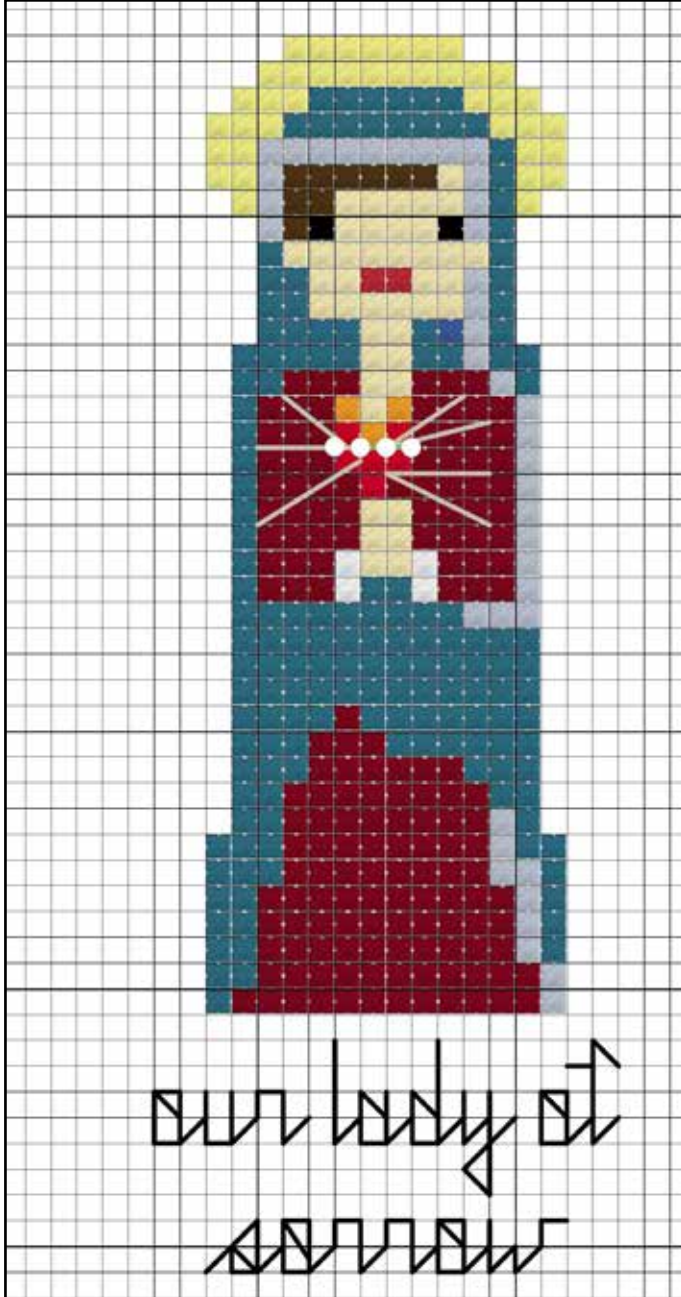


Immaculate and Sacred Heart



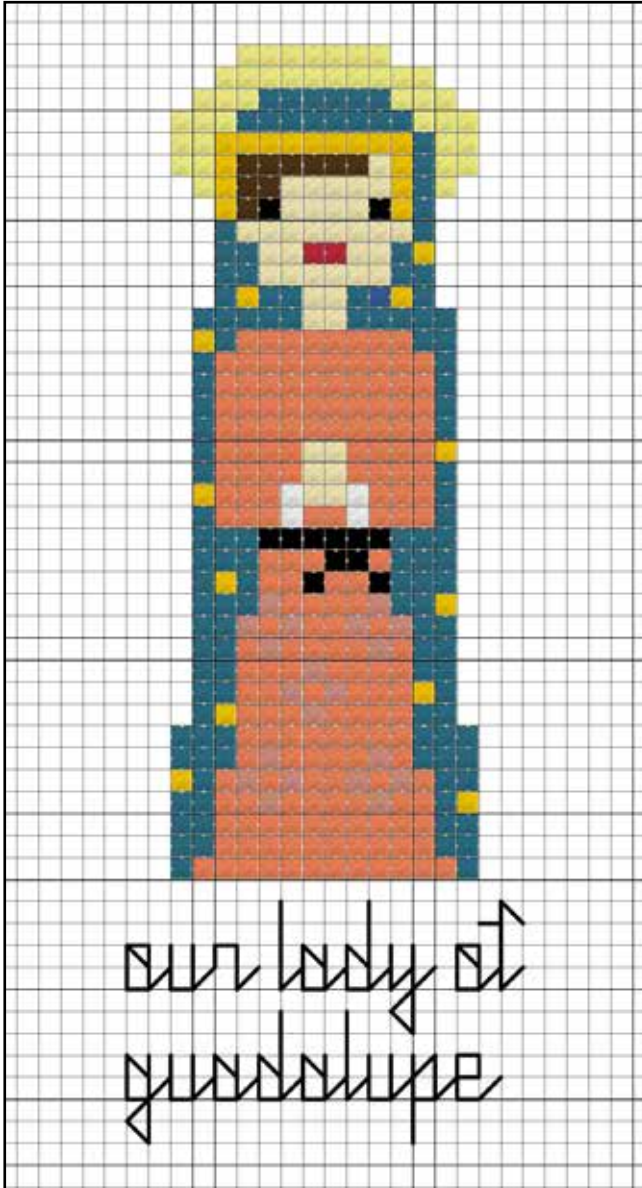
God

Our Lady of Sorrow



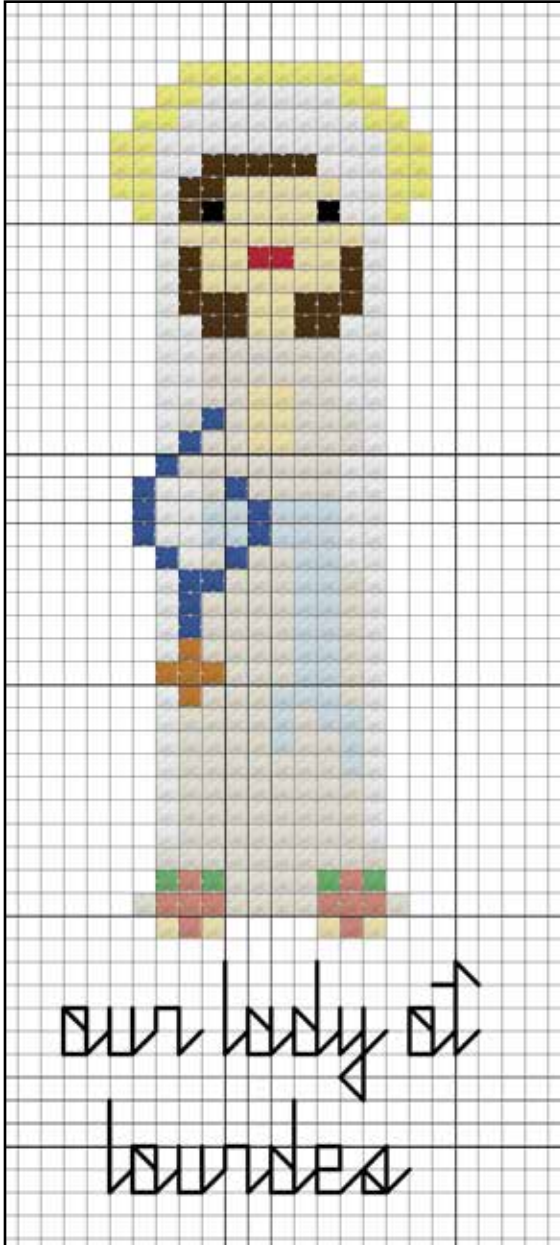
Mary

Our Lady of Guadalupe



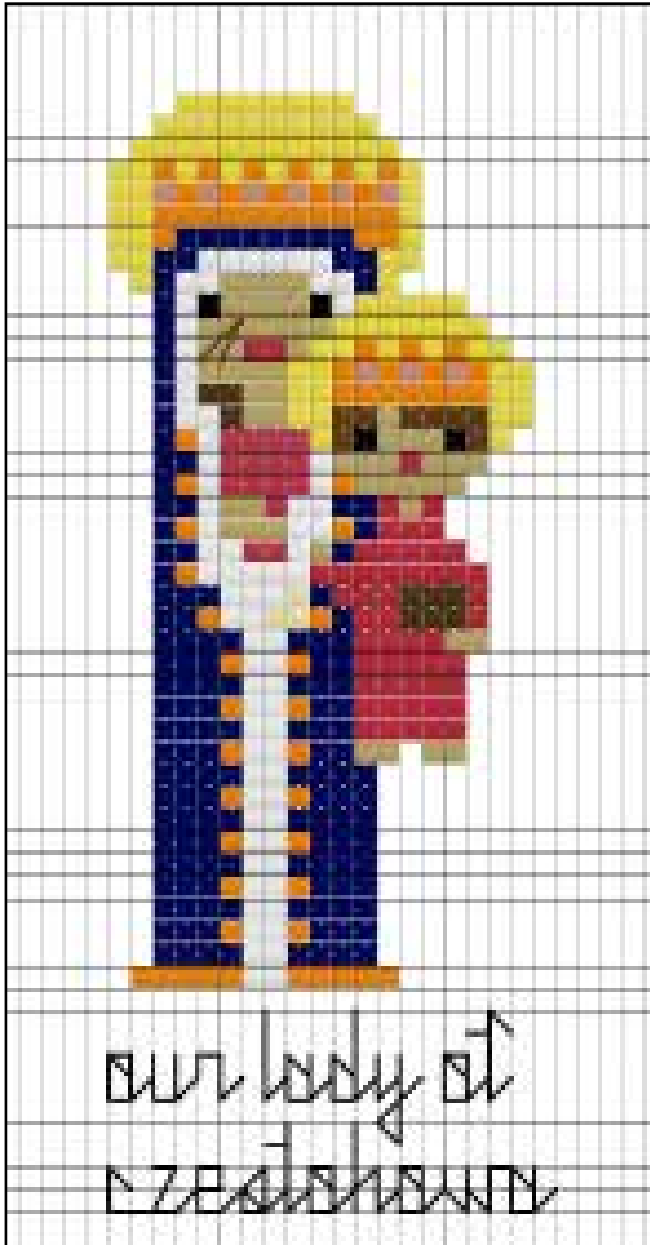
Mary

Our Lady of Lourdes



Mary

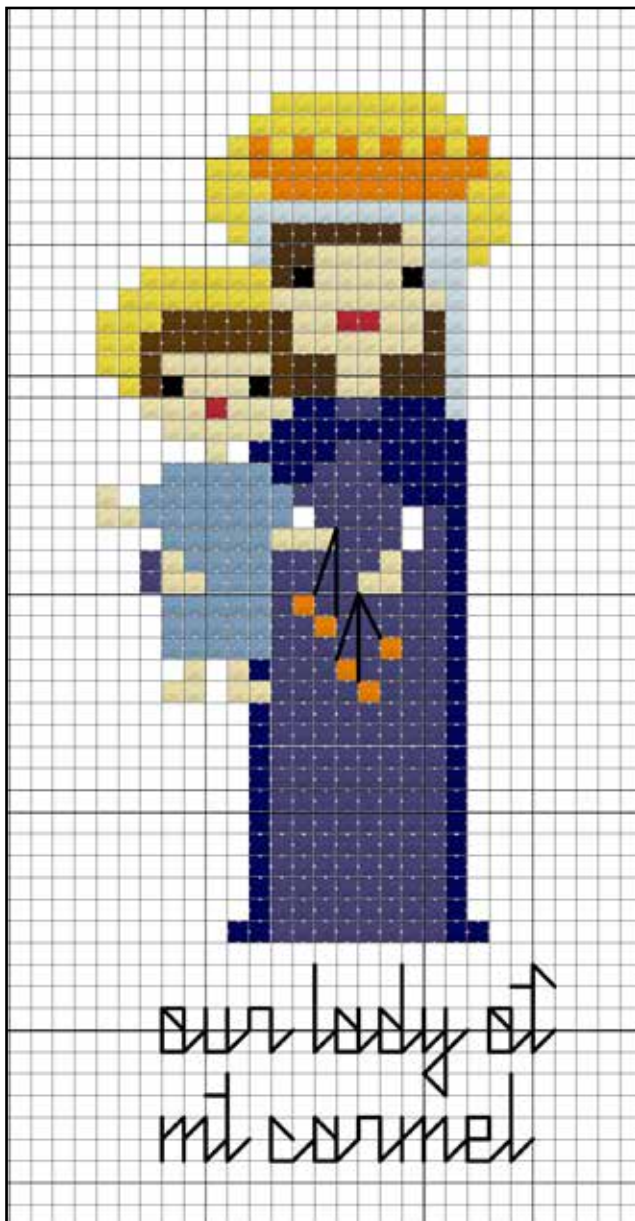
Our Lady of Czestohowa



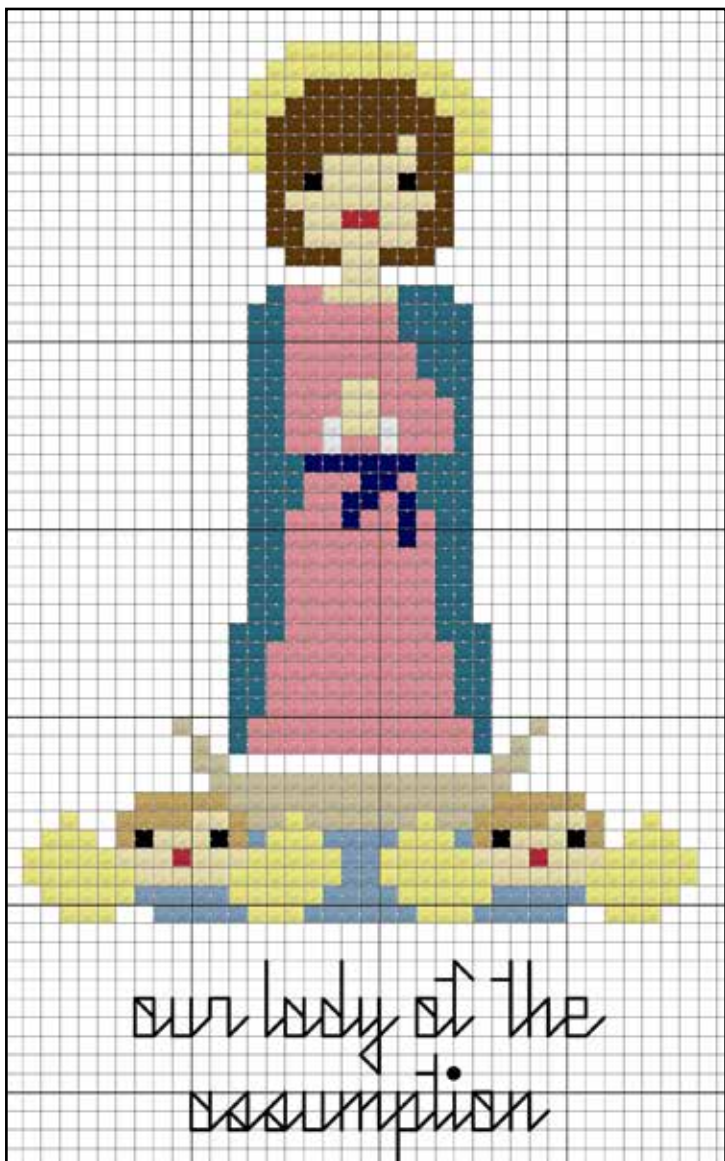
Mary

Our Lady of Mt. Carmel

Mary



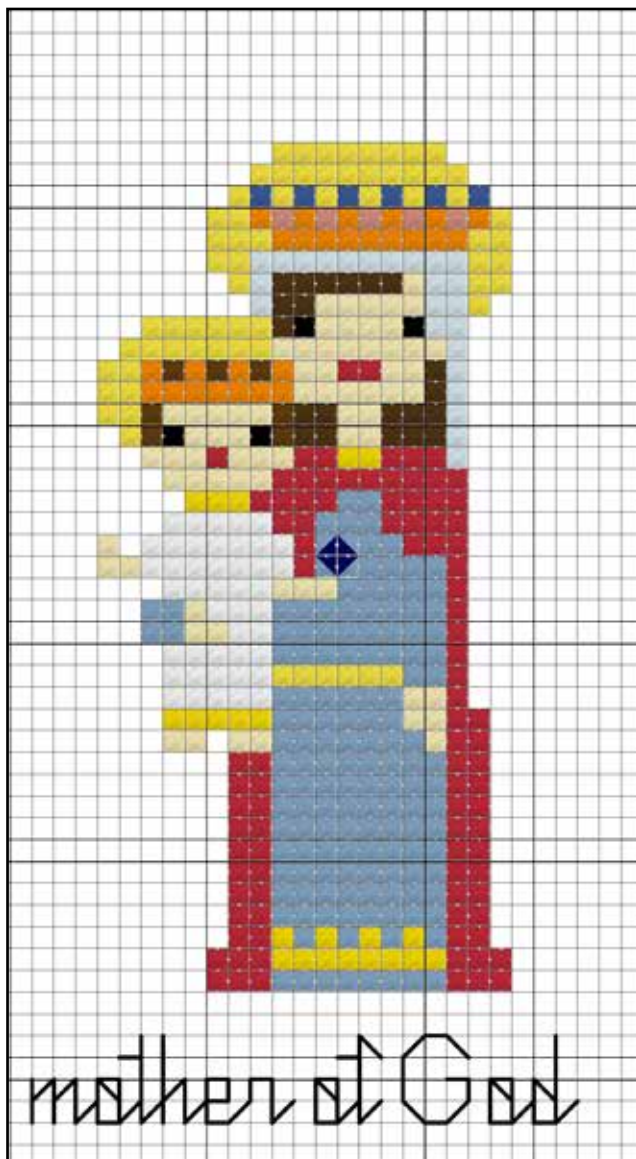
Our Lady of the Assumption



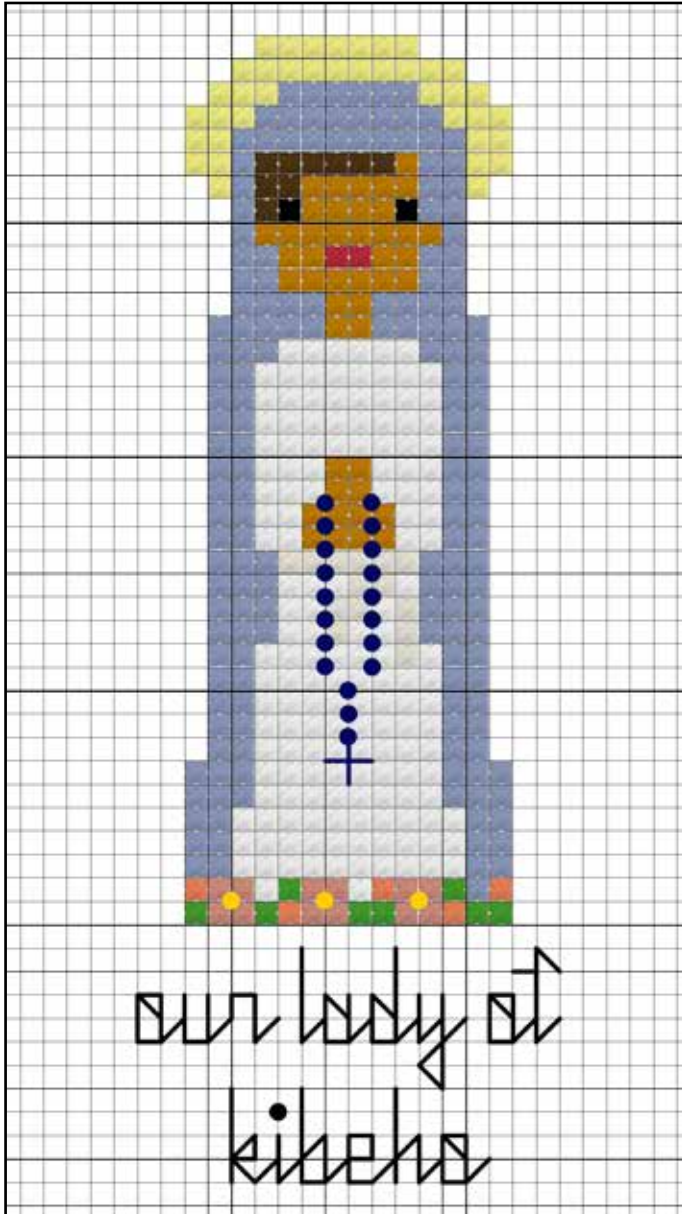
Mary

Mary, Mother of God

Mary



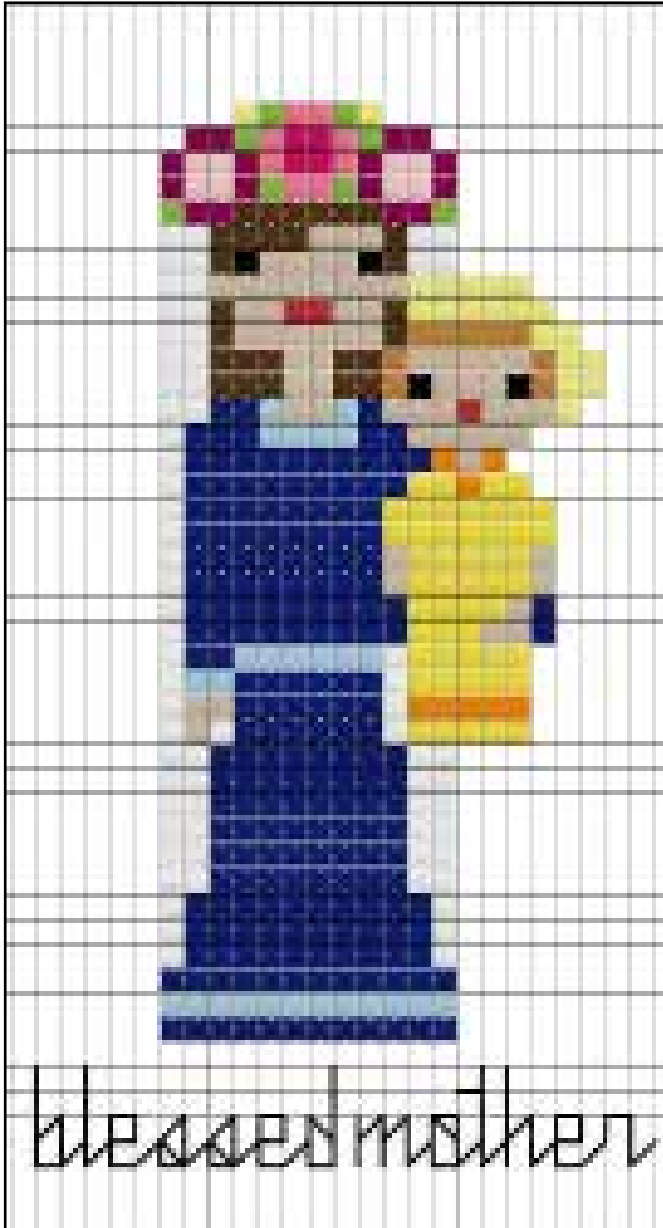
Our Lady of Kibeho



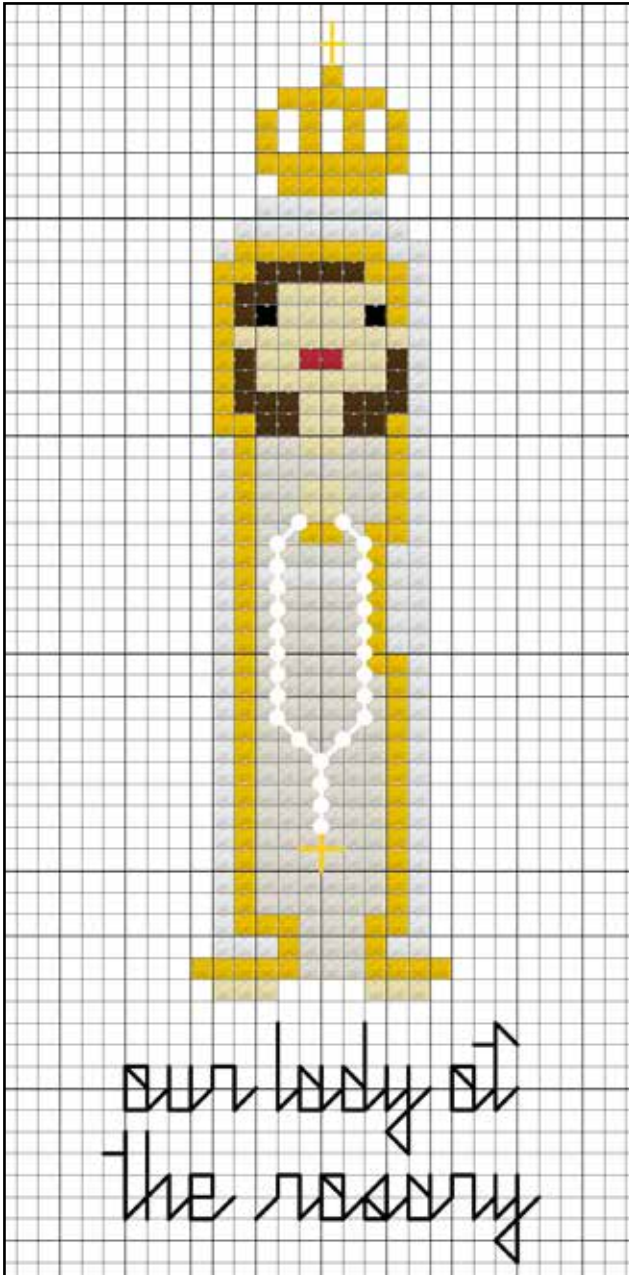
Mary

Blessed Mother

Mary

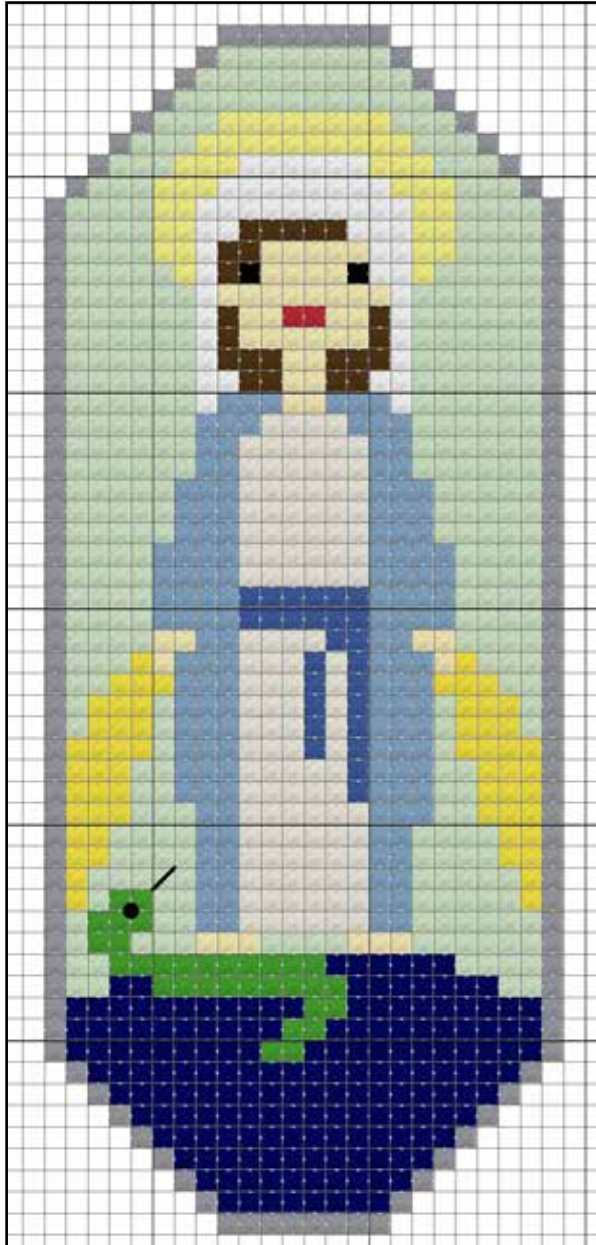


Our Lady of the Rosary



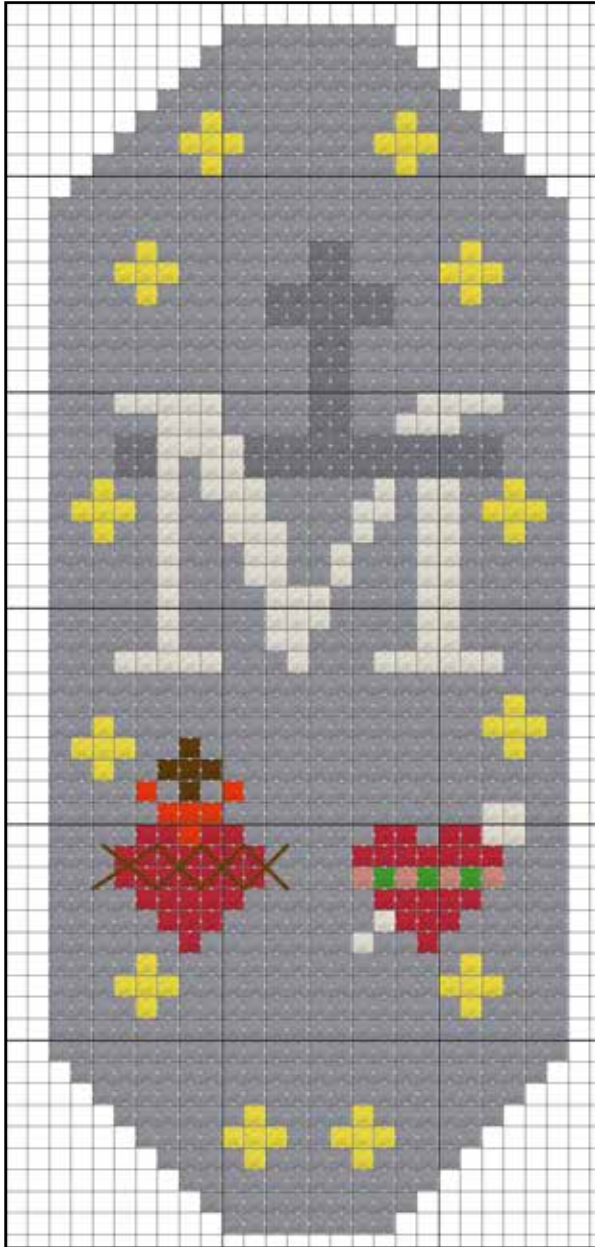
Mary

Miraculous Medal (front)



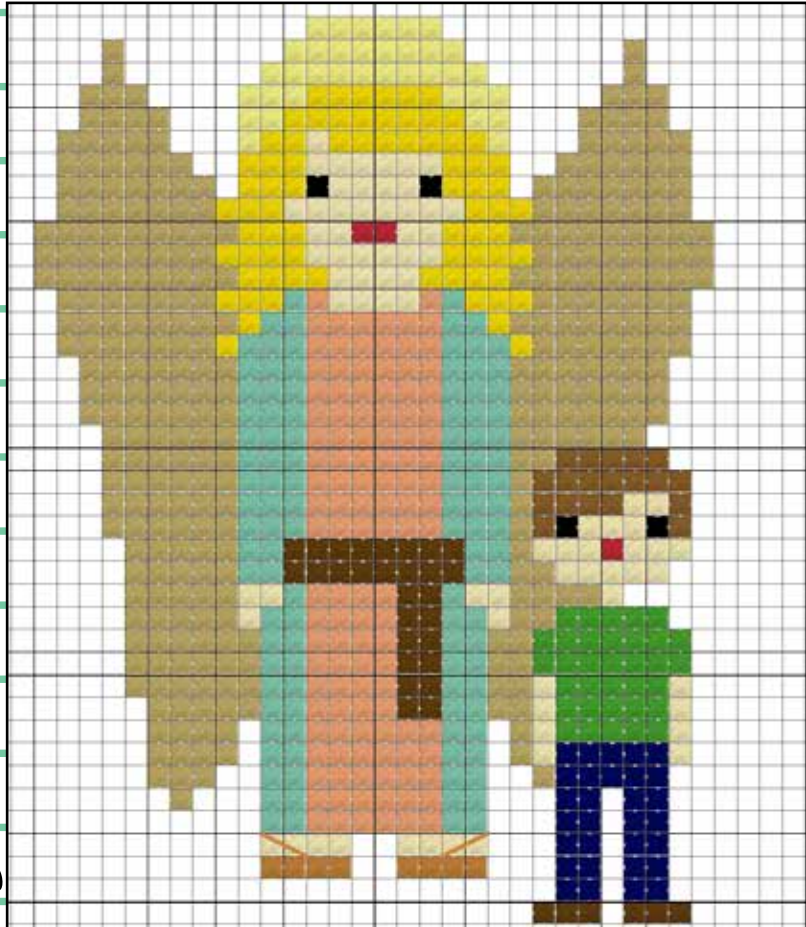
Mary

Miraculous Medal (back)



Mary

Guardian Angel with Boy



Angels

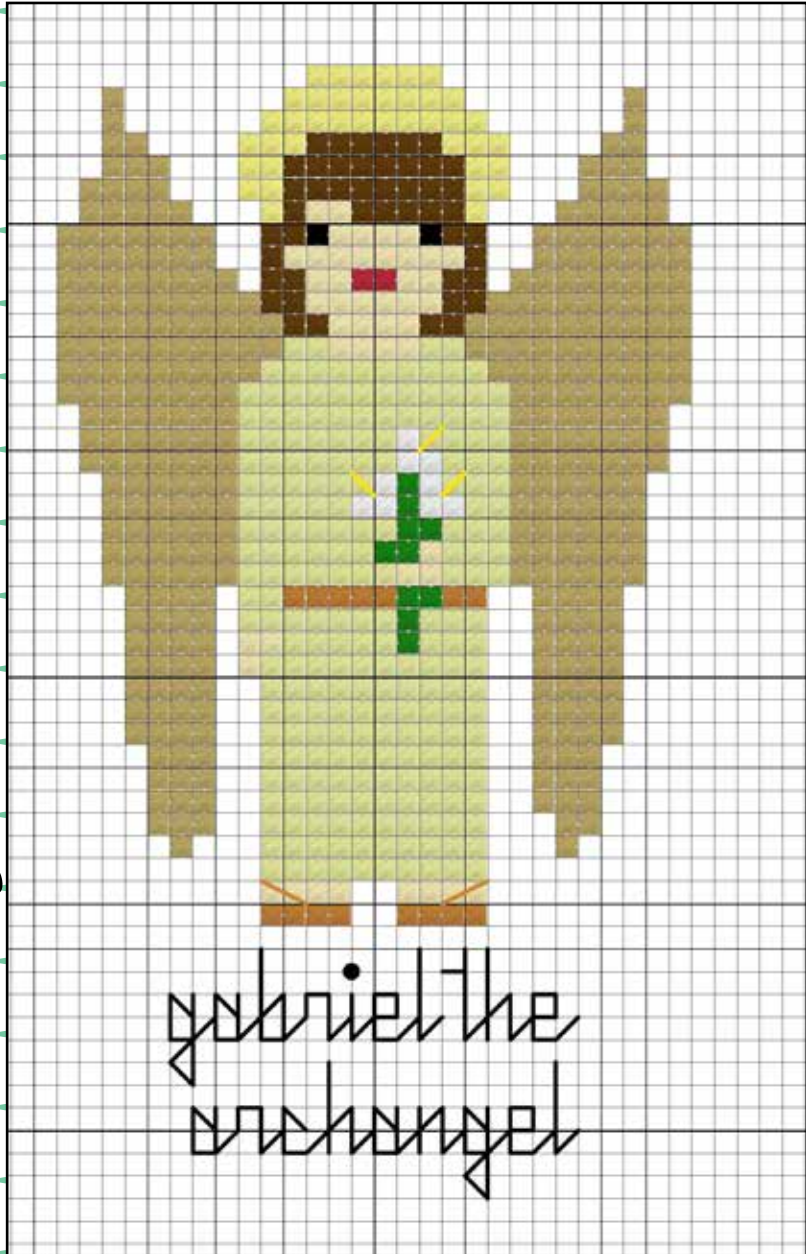
angel of God
my guardian dear

Guardian Angel with Girl



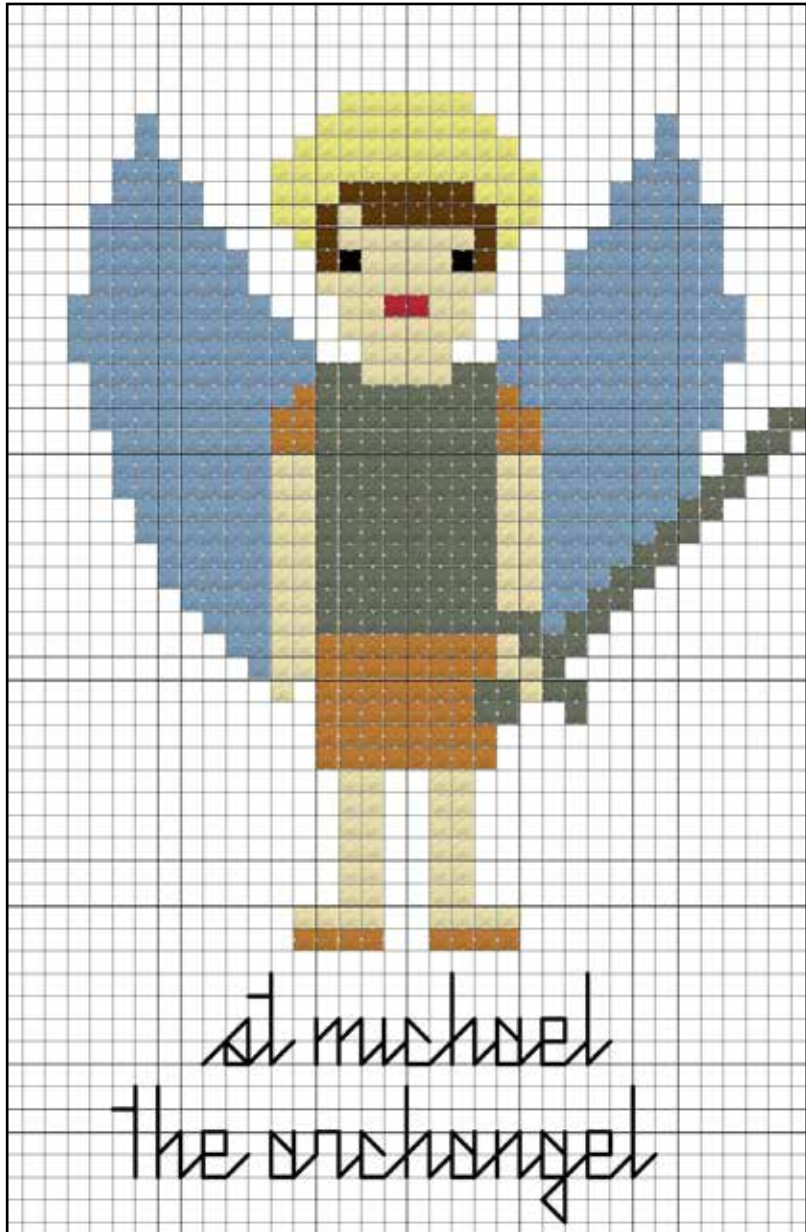
Angels

St. Gabriel the Archangel



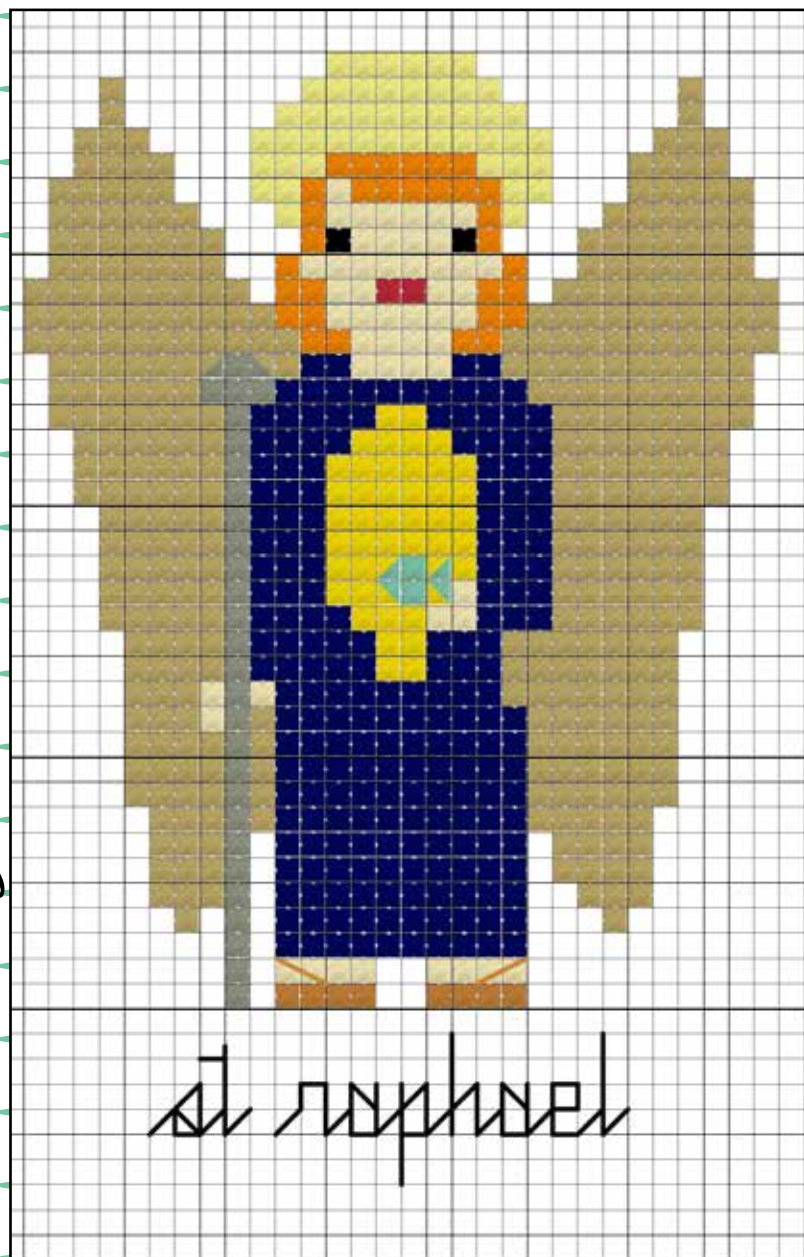
Angels

St. Michael the Archangel



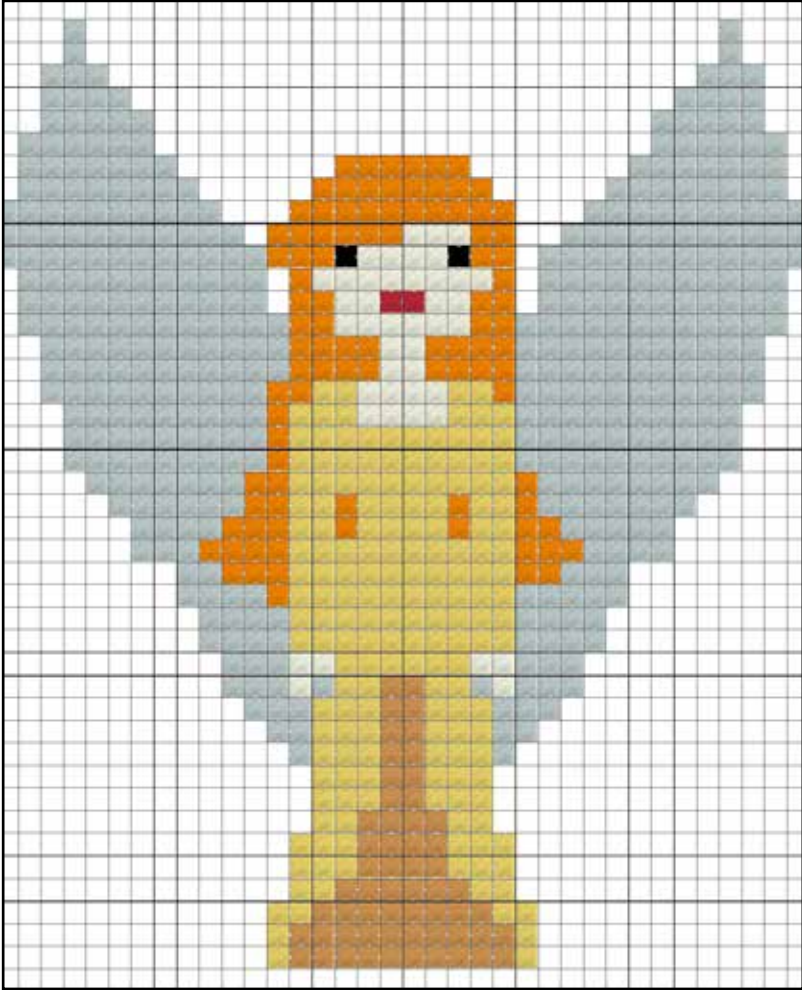
Angels

St. Raphael the Archangel



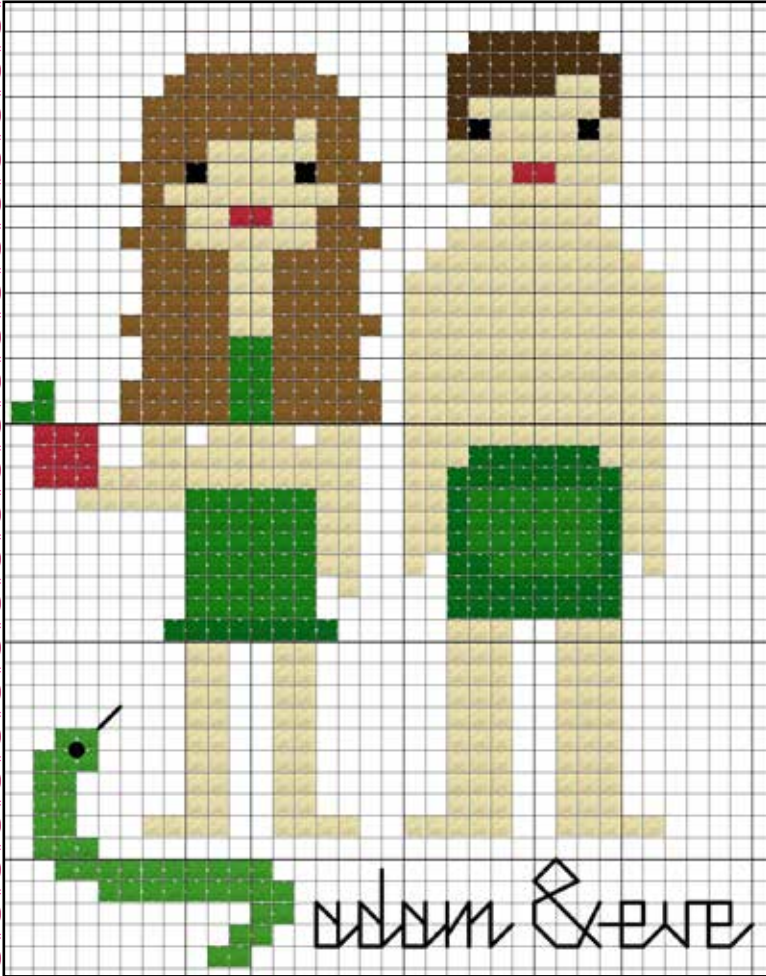
Angels

Generic Angel

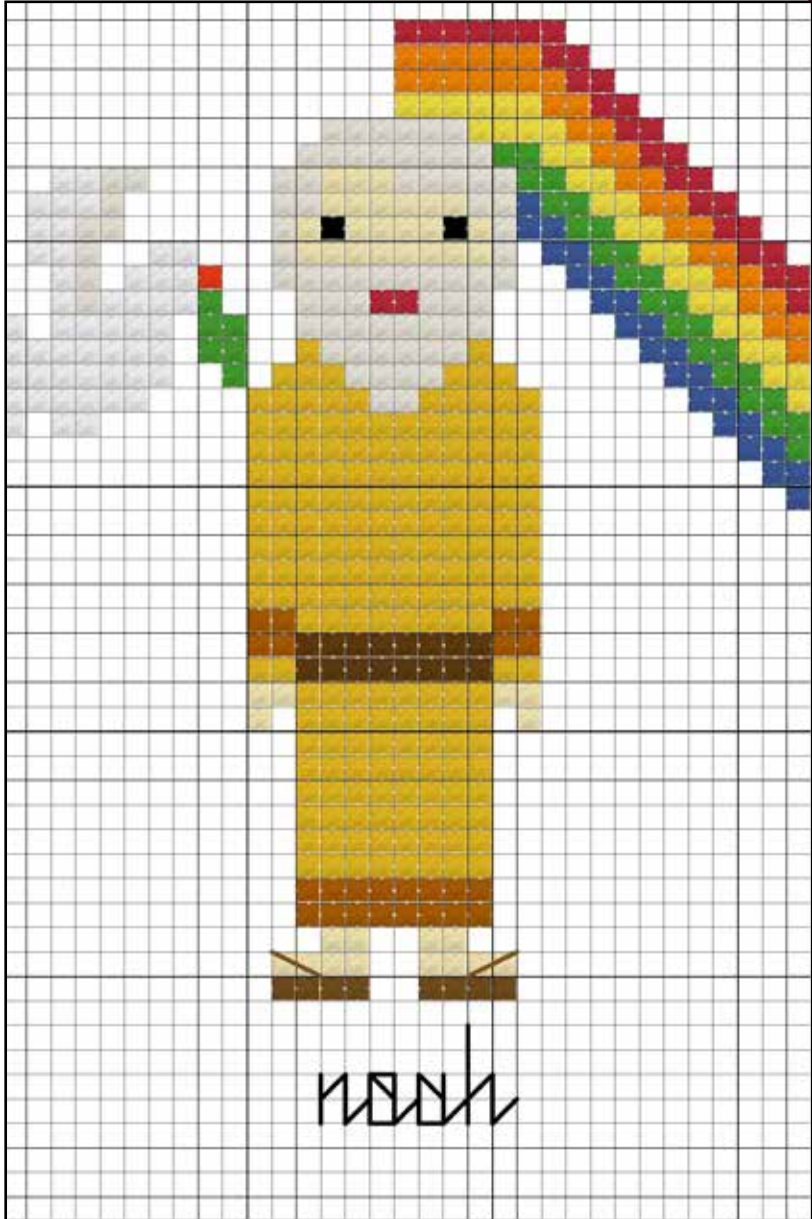


Angels

Adam and Eve

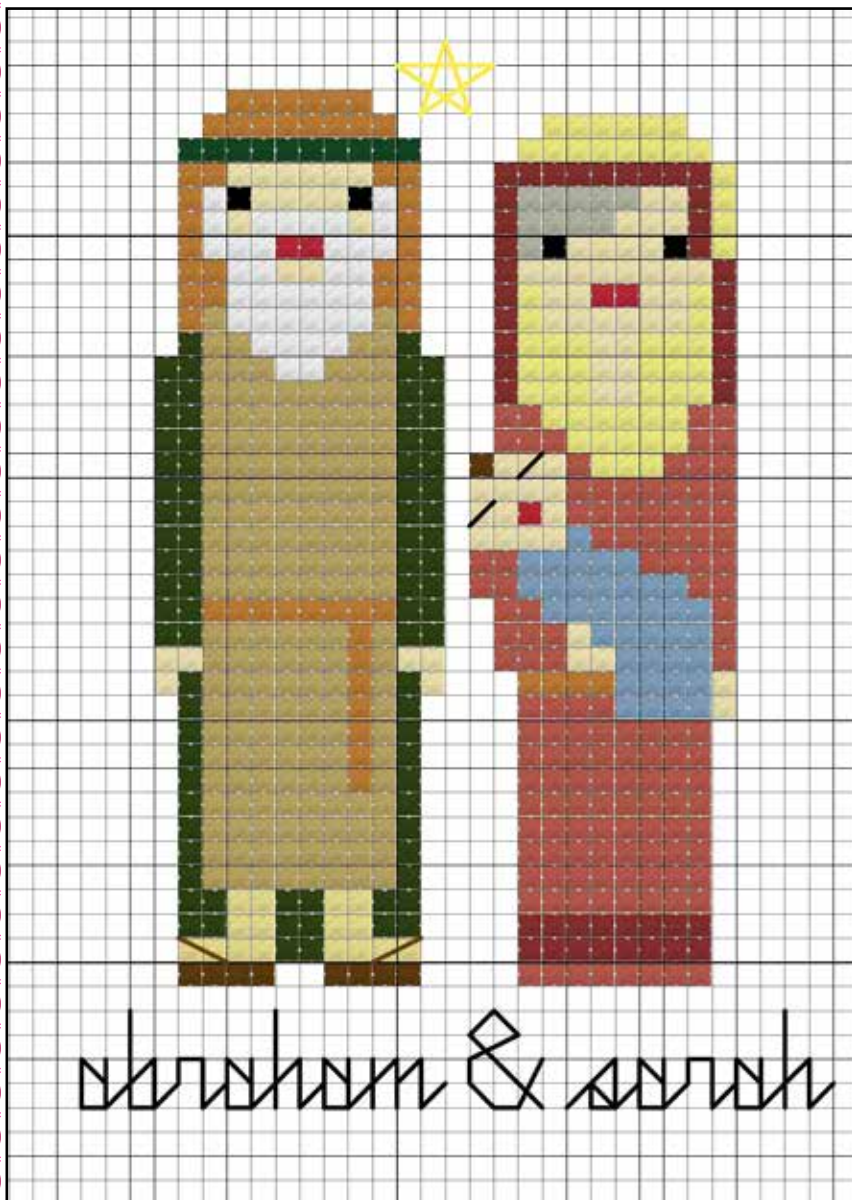


Noah

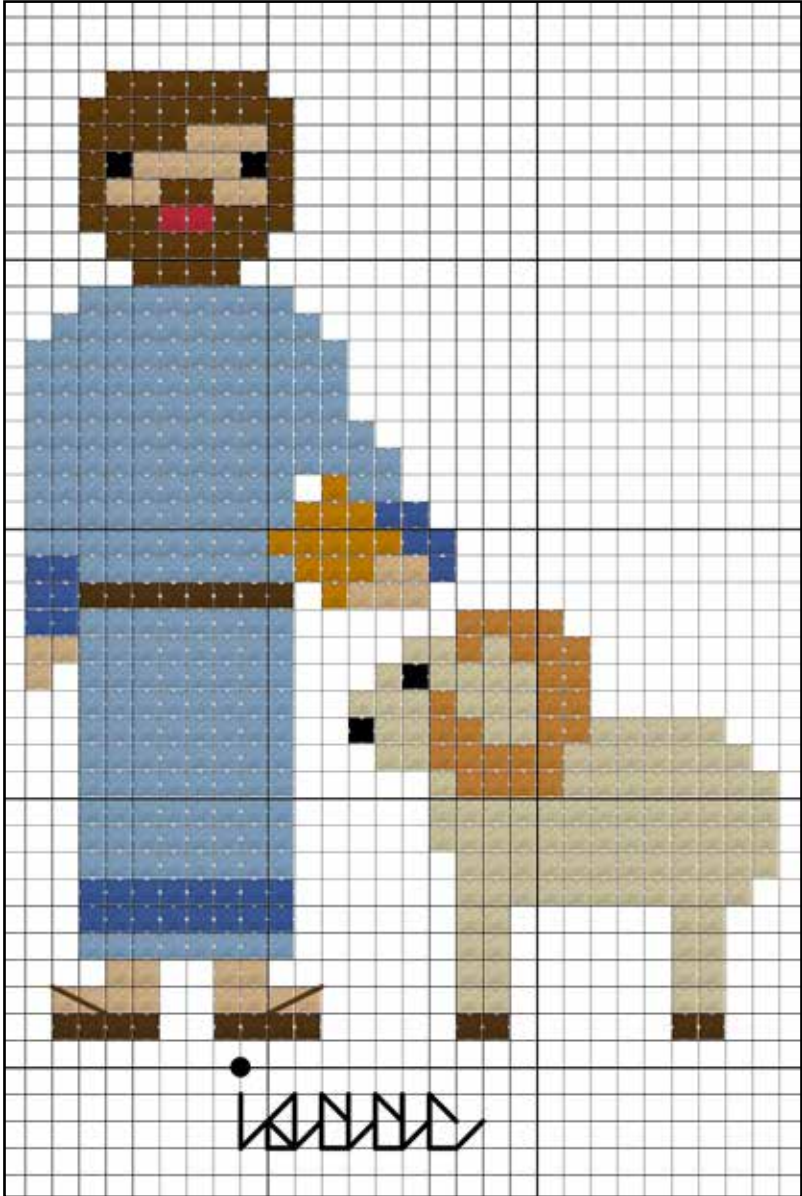


Bible Characters

Abraham and Sarah

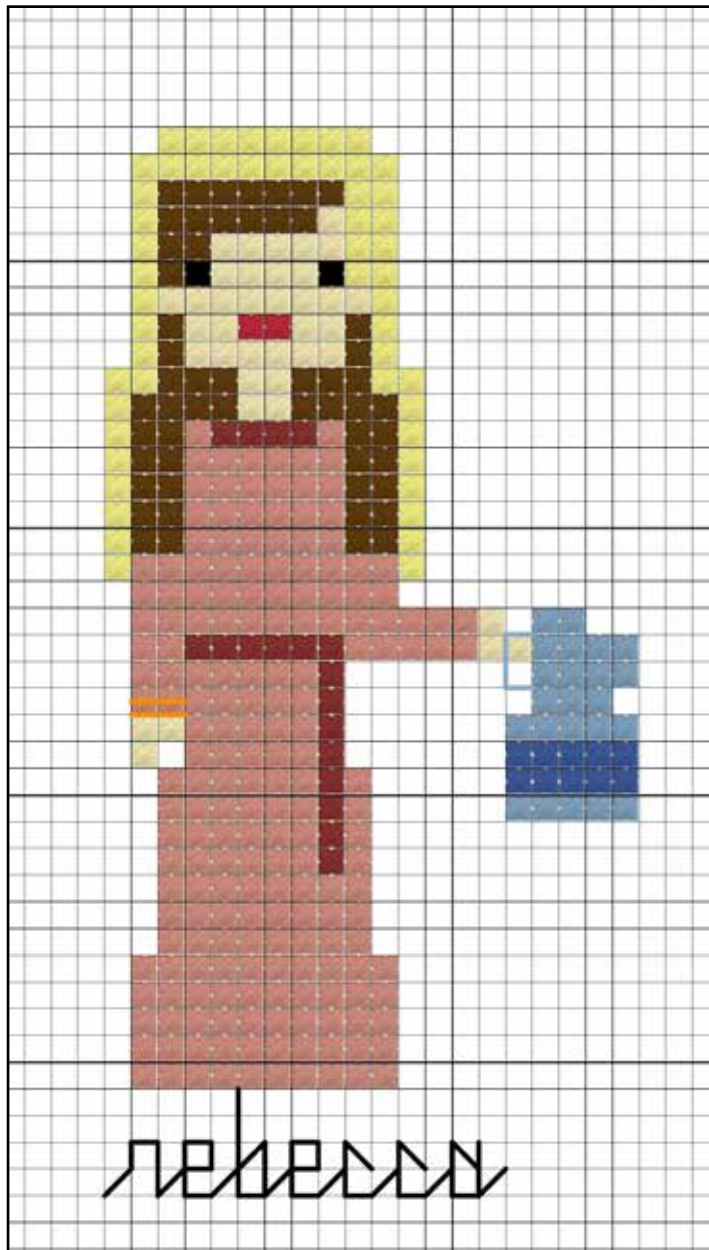


Isaac

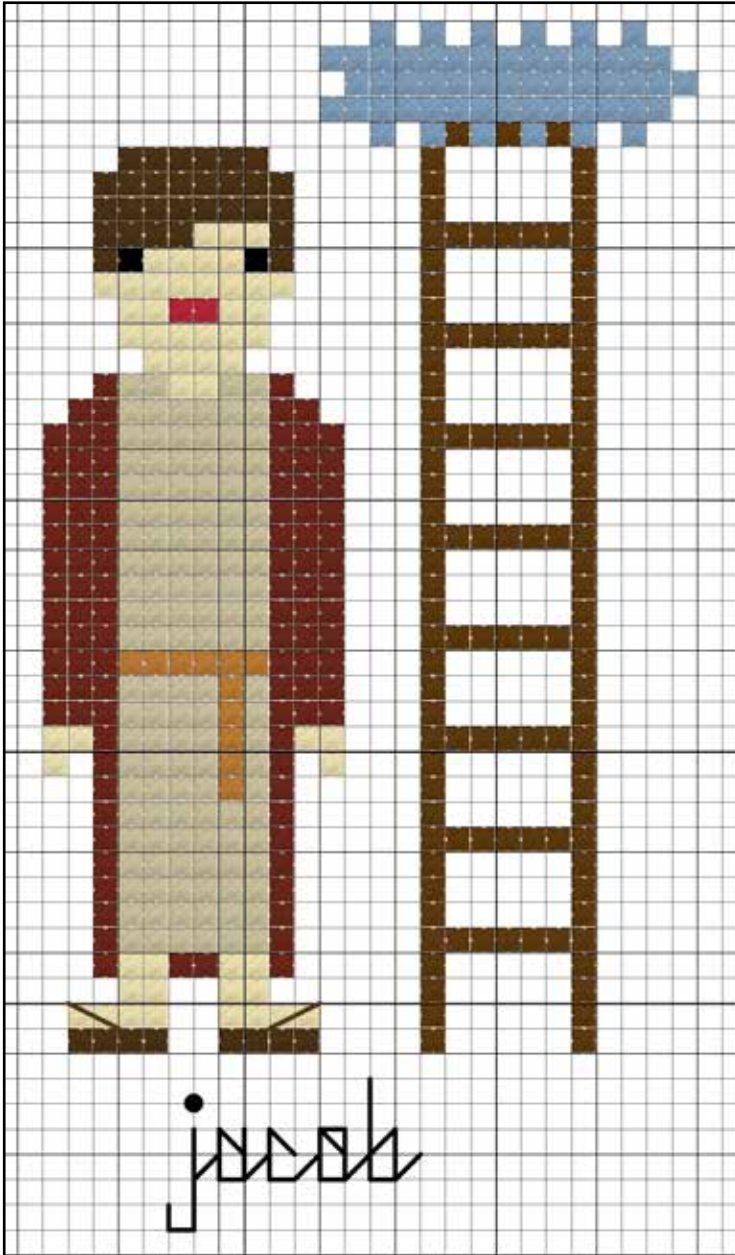


Bible Characters

Rebecca

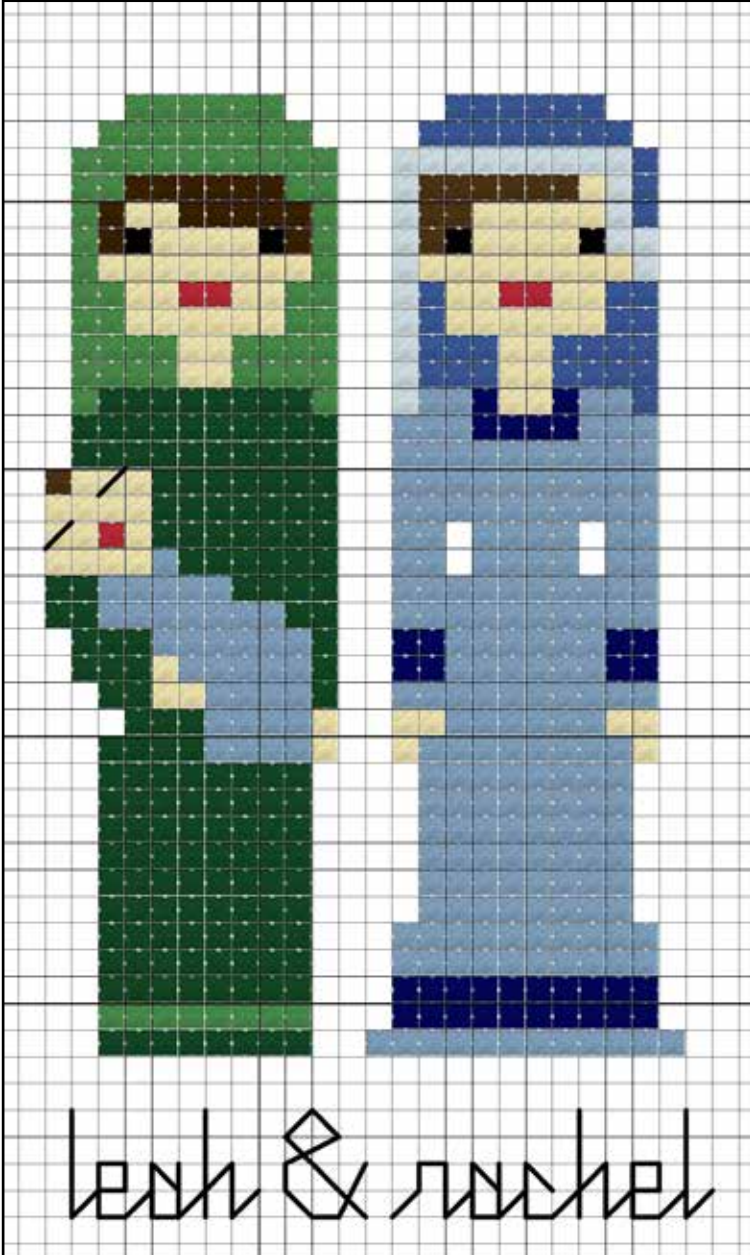


Jacob

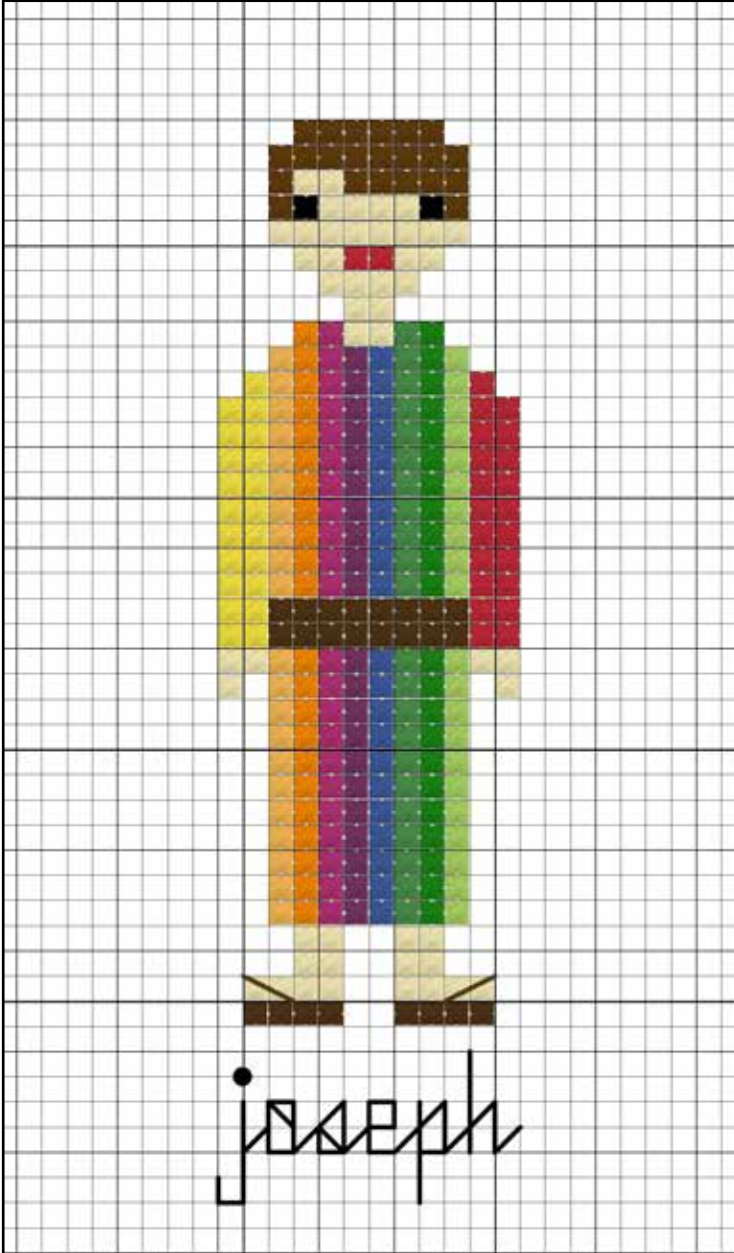


Bible Characters

Rachel and Leah

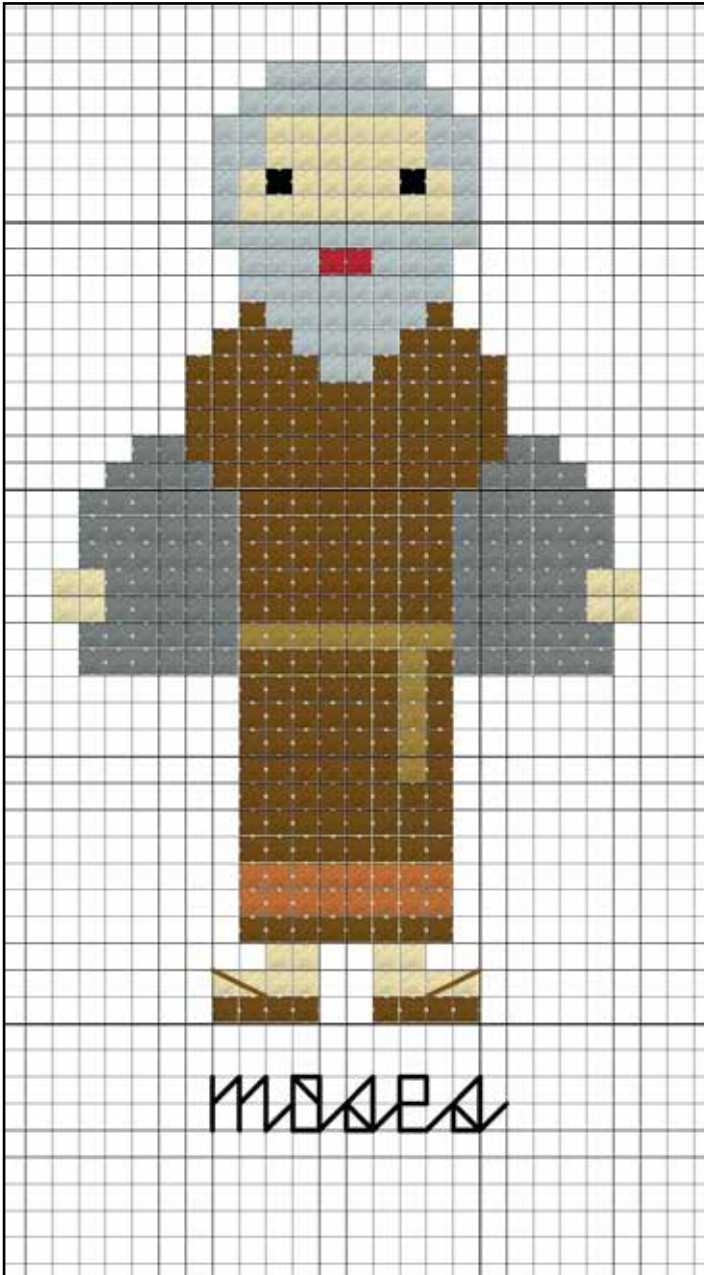


Joseph

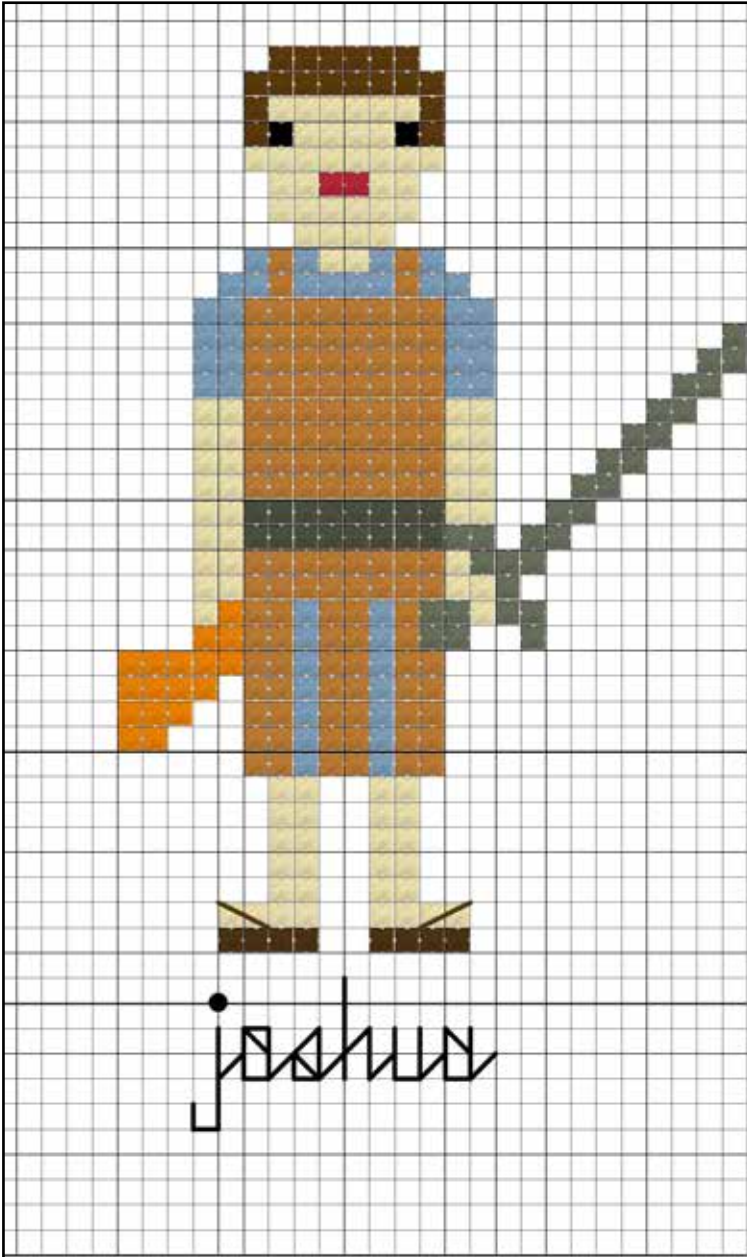


Bible Characters

Moses

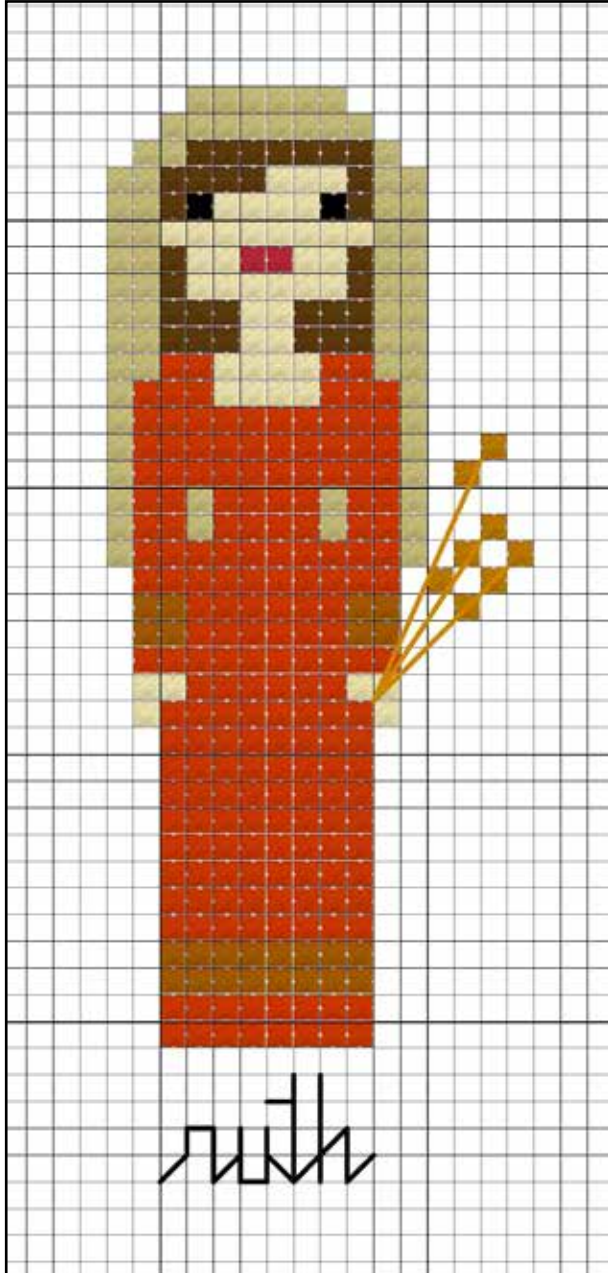


Joshua

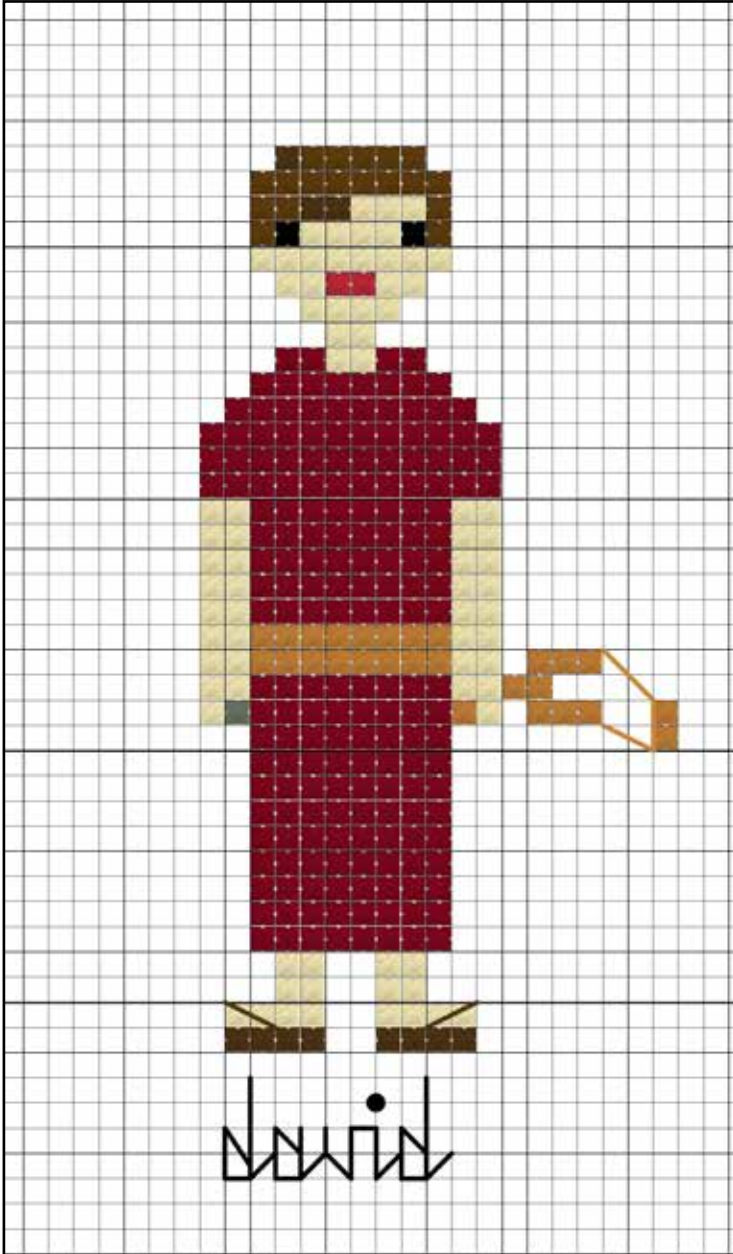


Bible Characters

Ruth

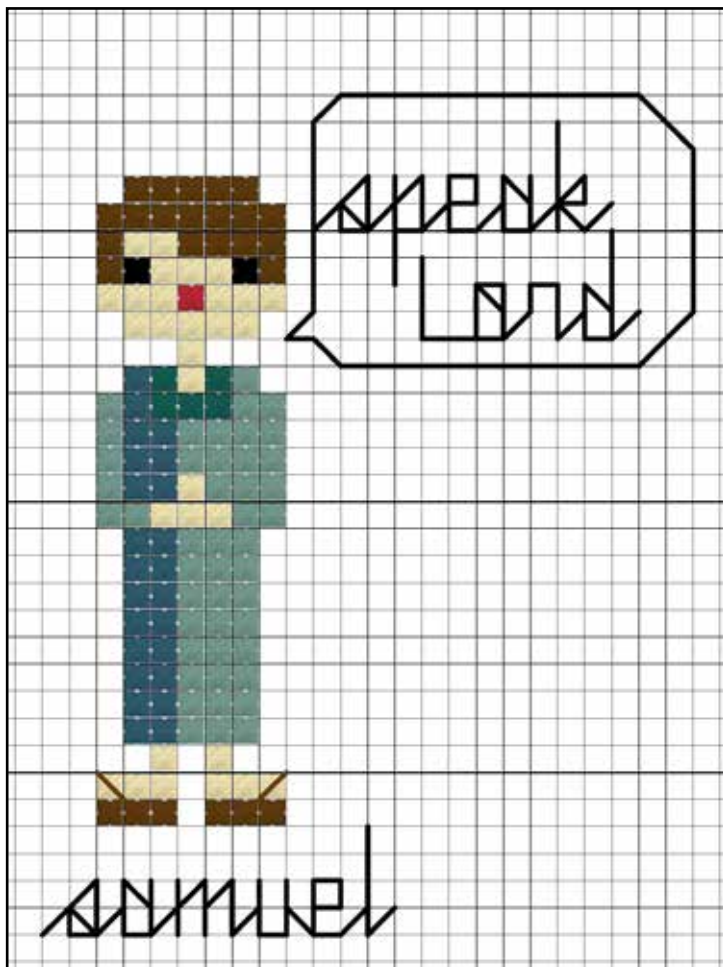


David

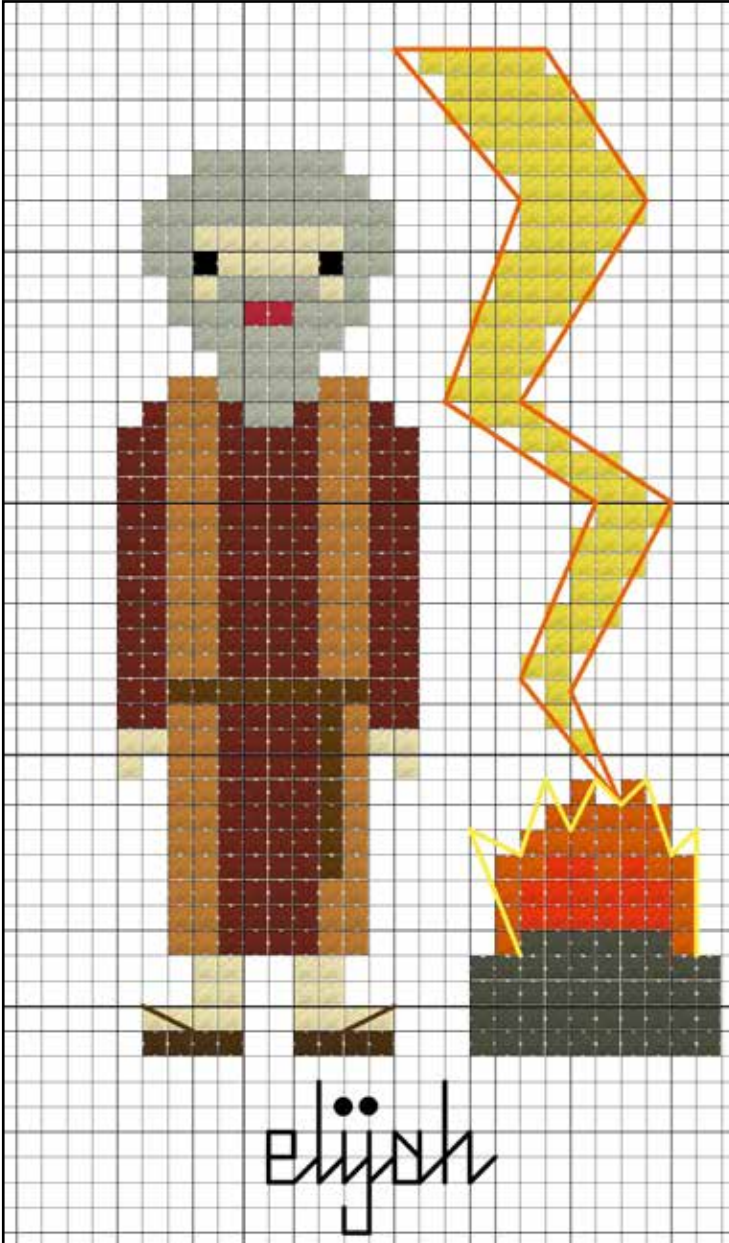


Bible Characters

Samuel



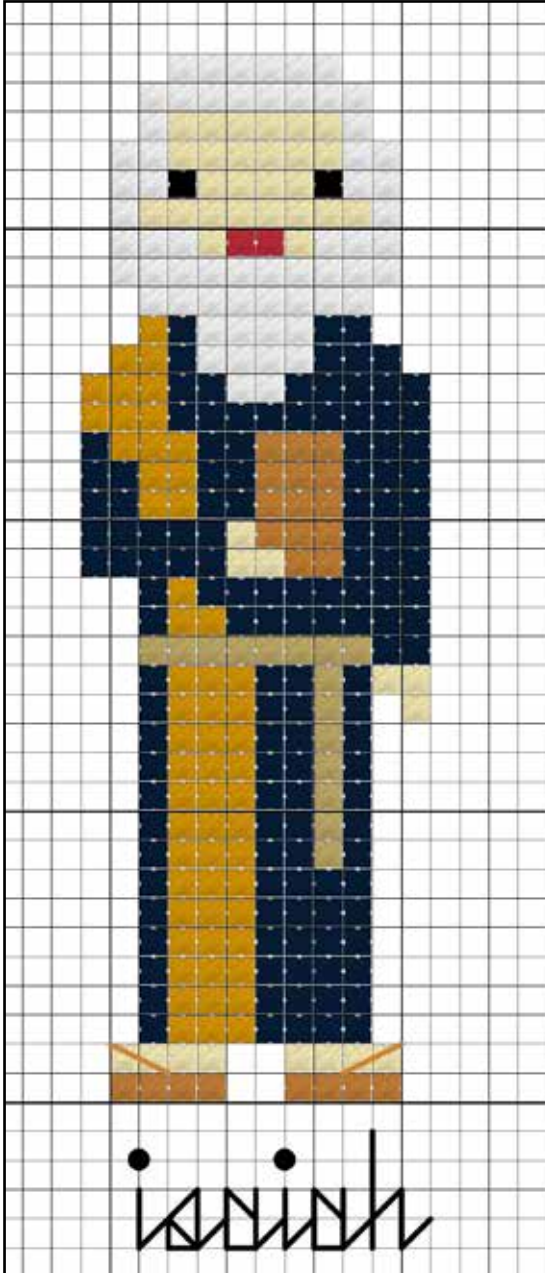
Elijah



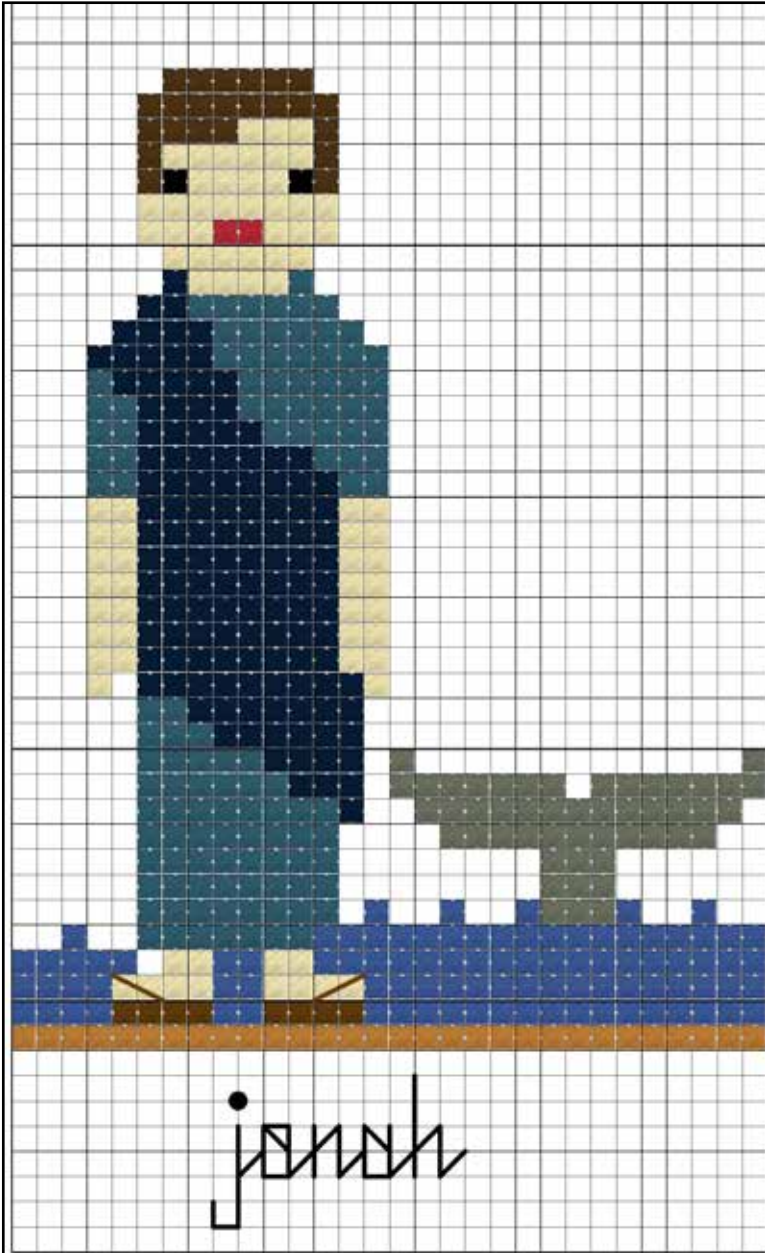
Bible Characters

Isaiah

Bible Characters



Jonah

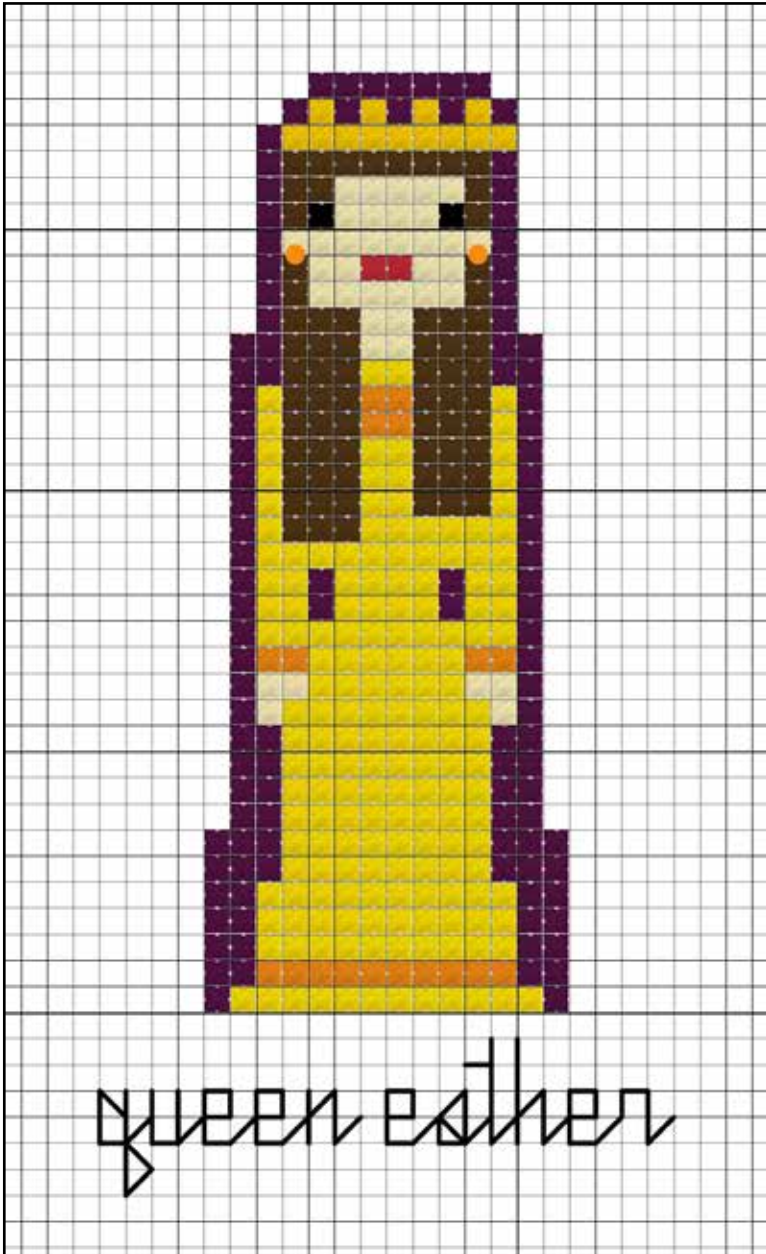


Bible Characters

Daniel

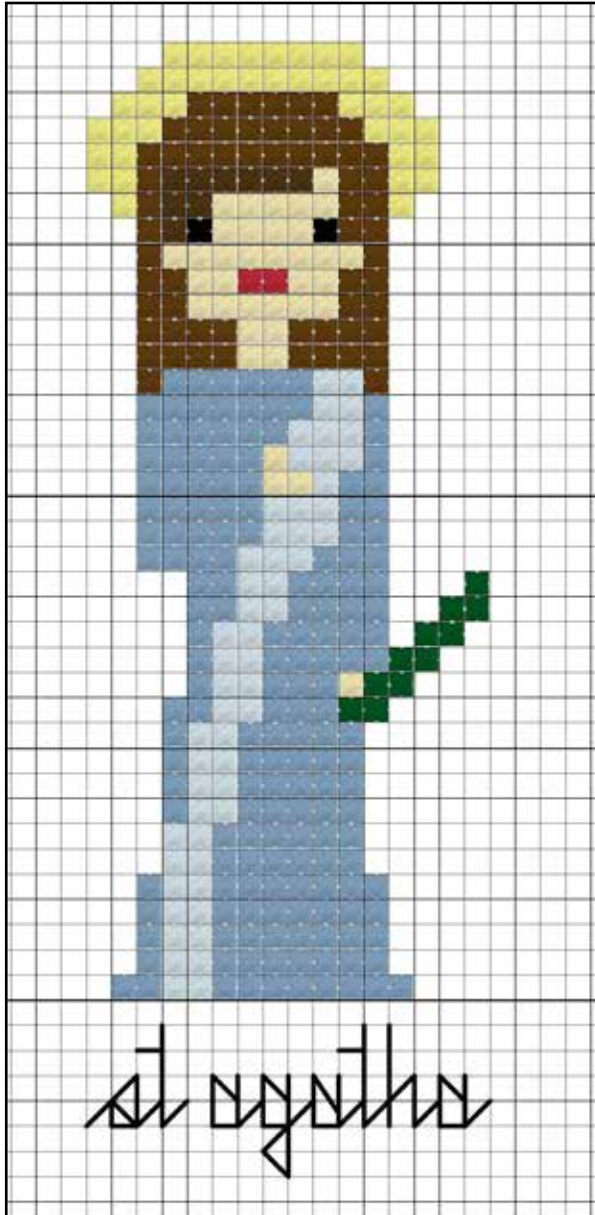


Esther

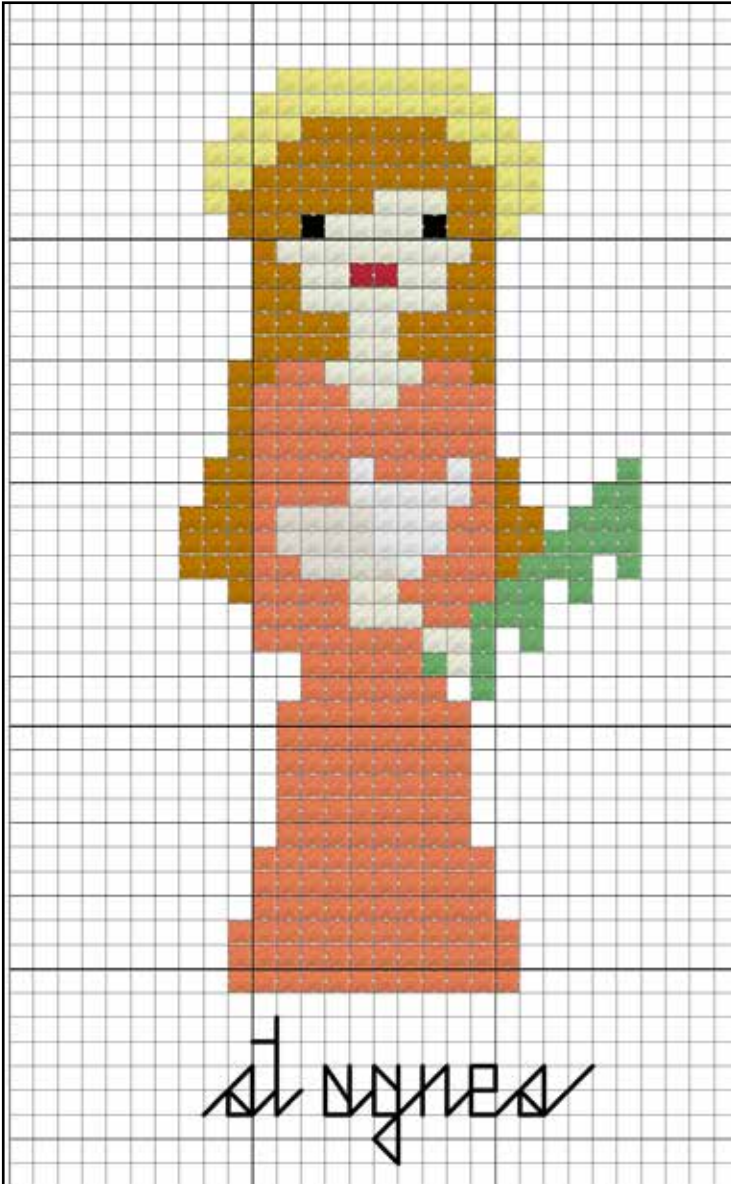


St. Agatha

Saints



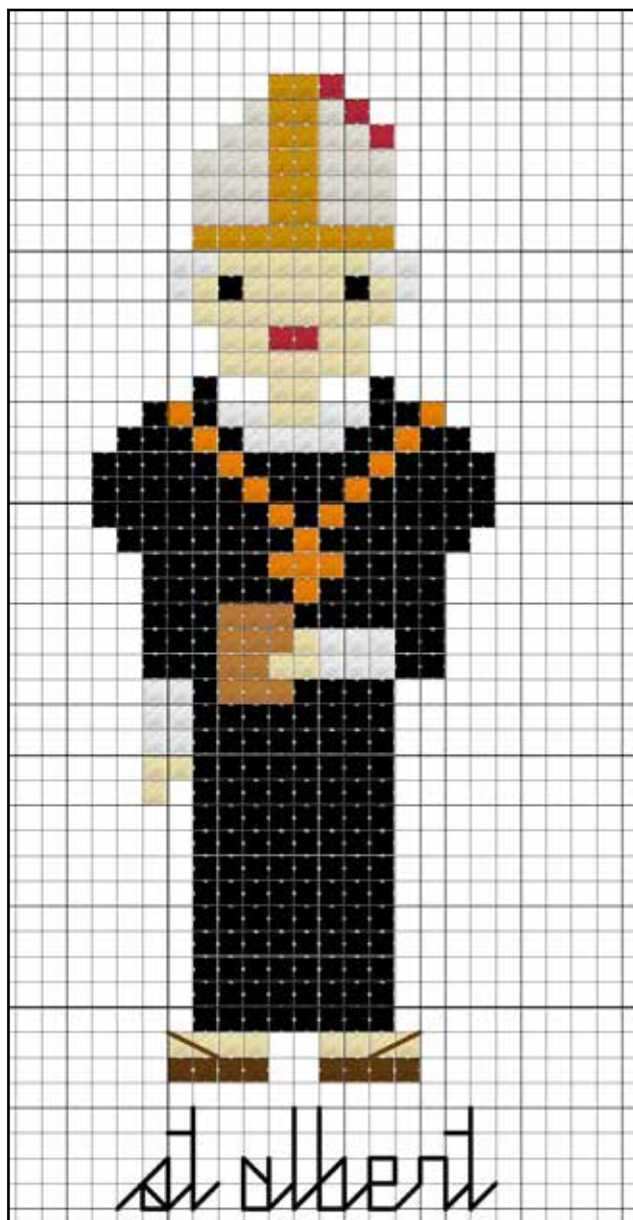
St. Agnes



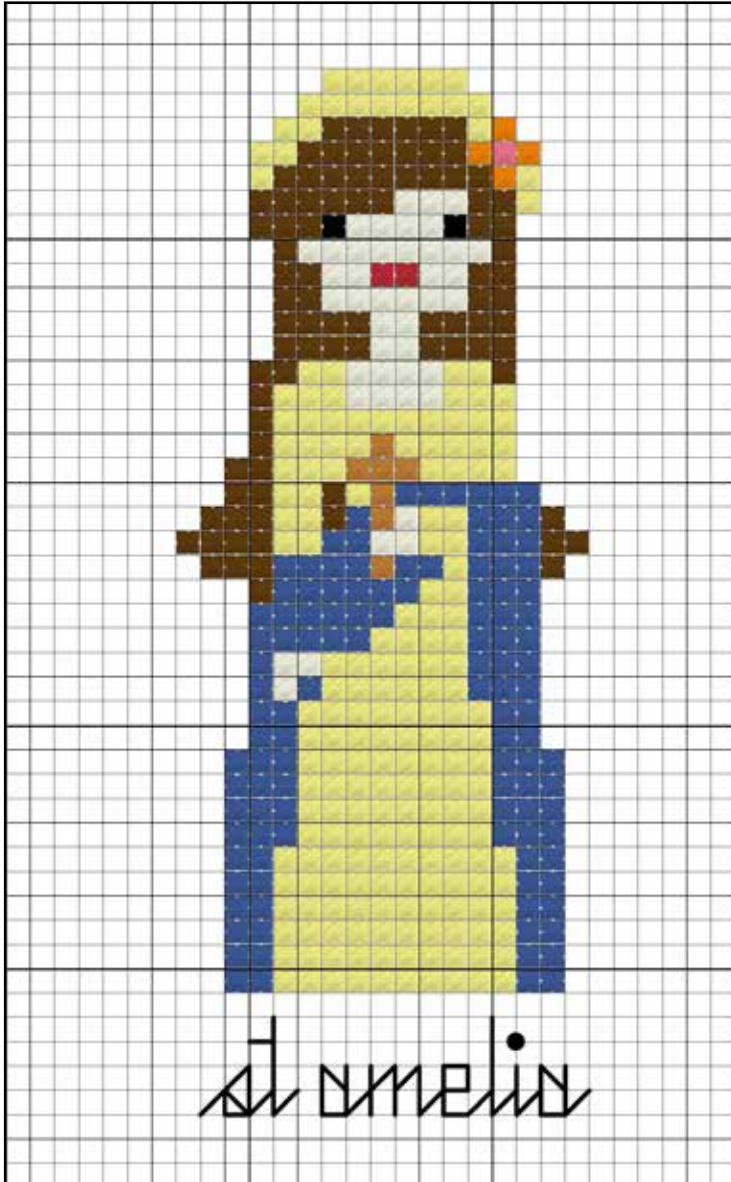
Saints

St. Albert

Saints



St. Amelia



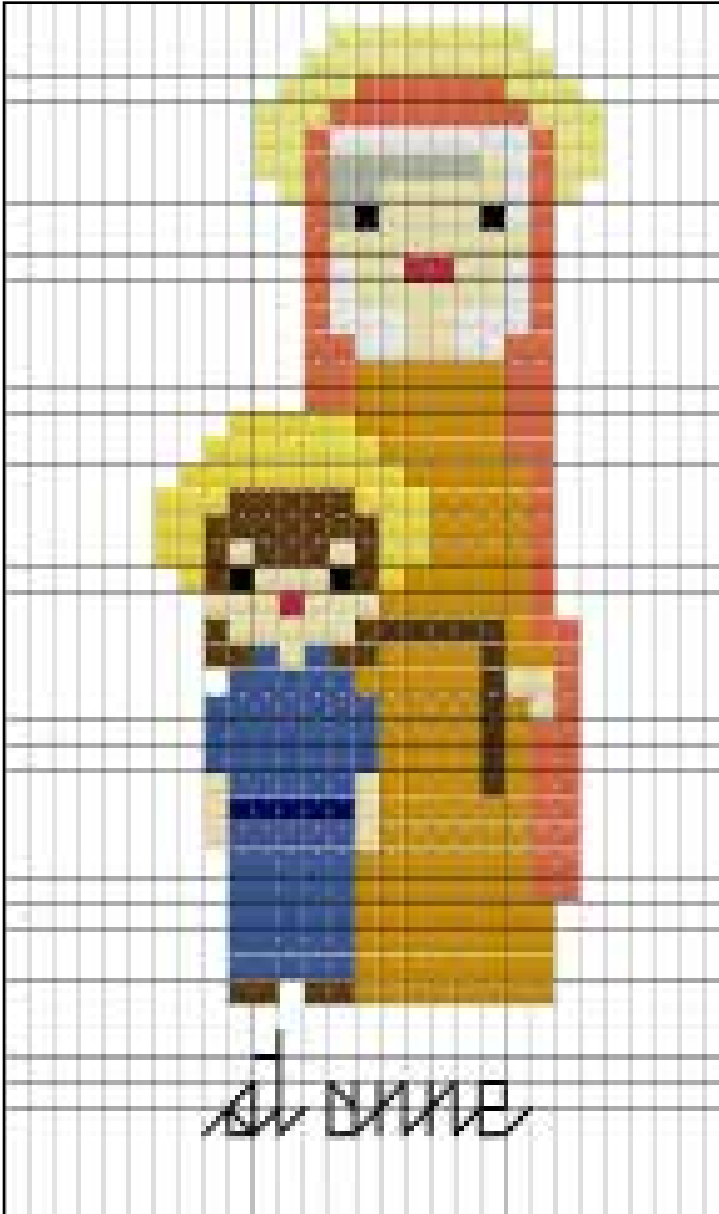
Saints

St. Andrew

Saints

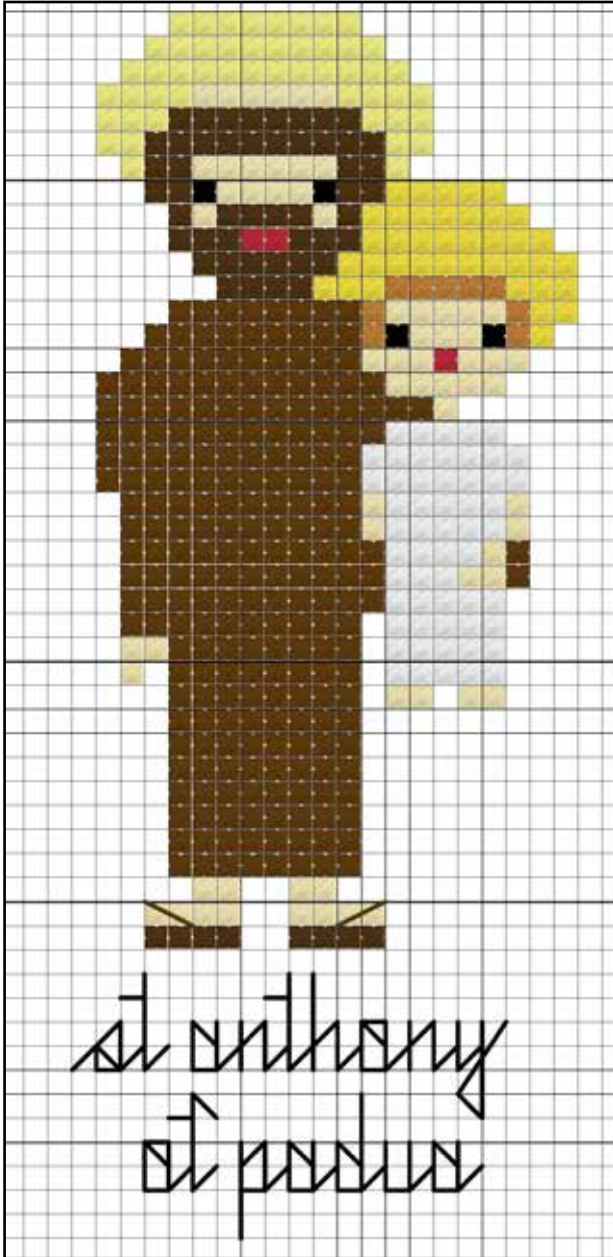


St. Anne

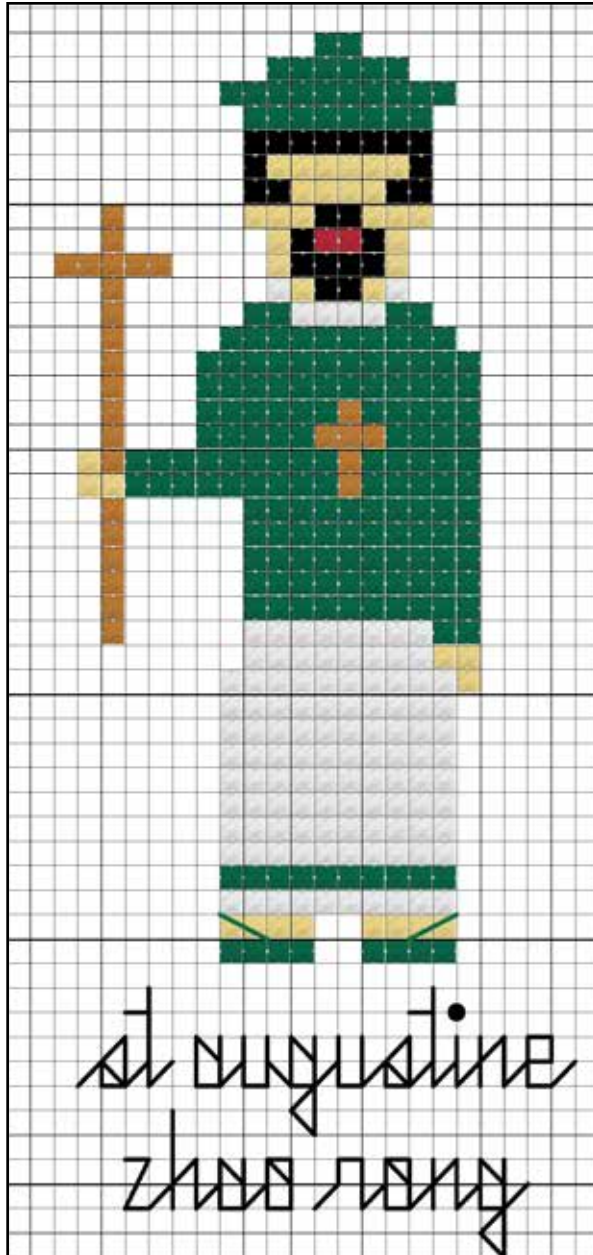


Saints

St. Anthony of Padua



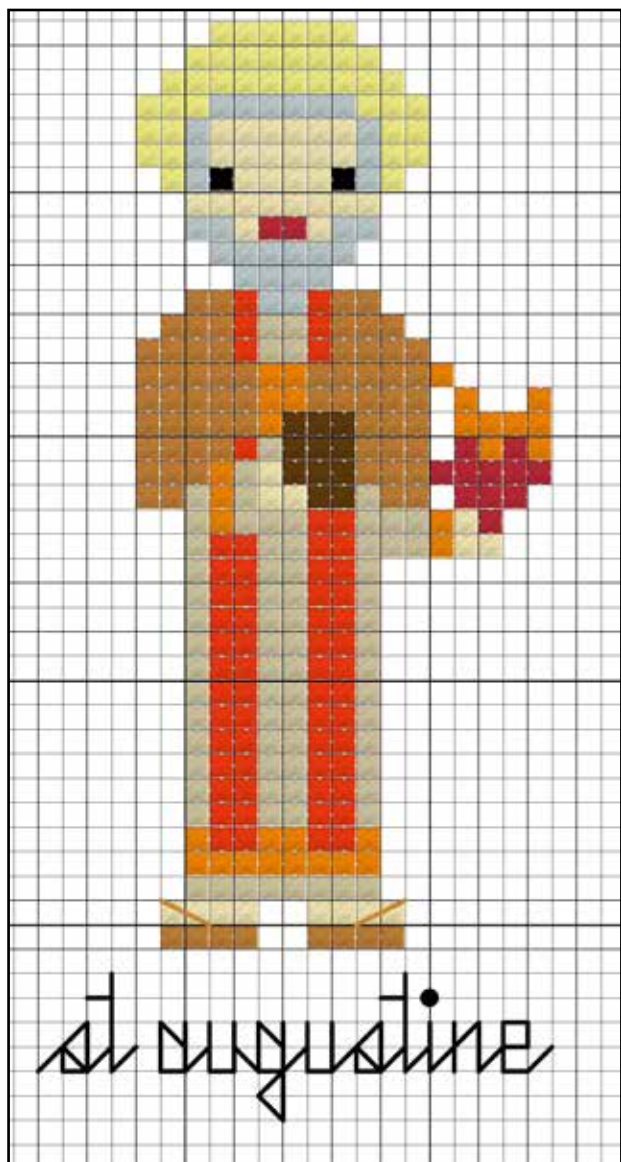
St. Augustin Zhao Rong



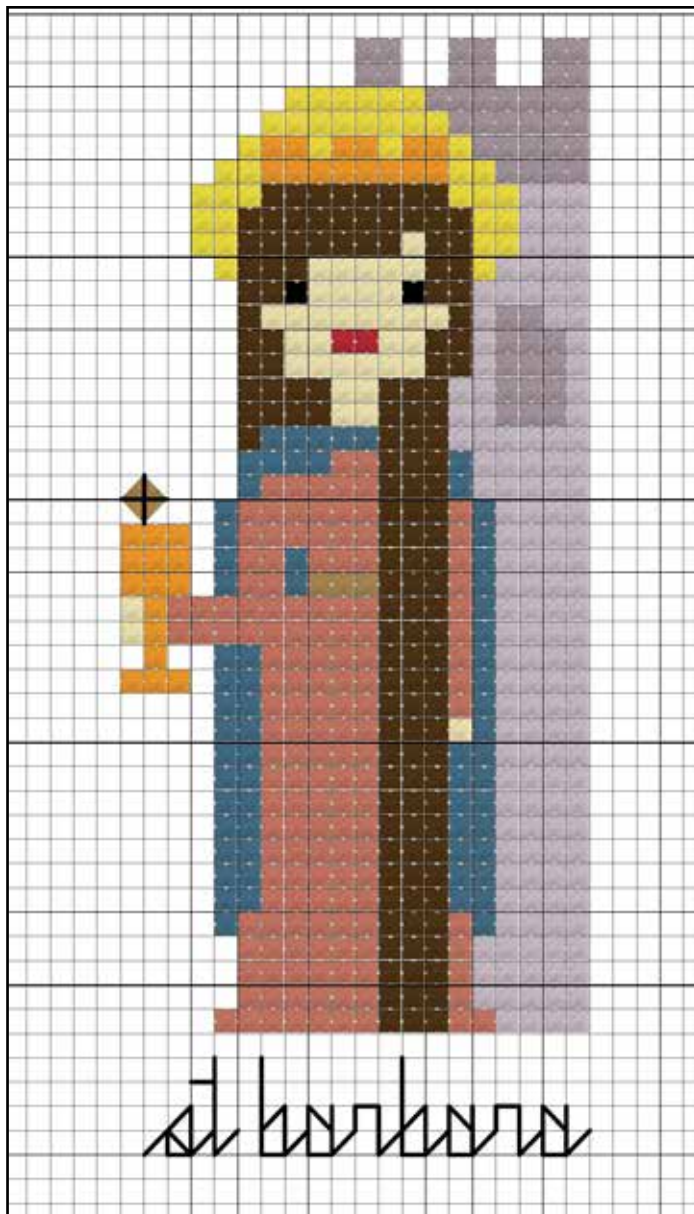
Saints

St. Augustine

Saints



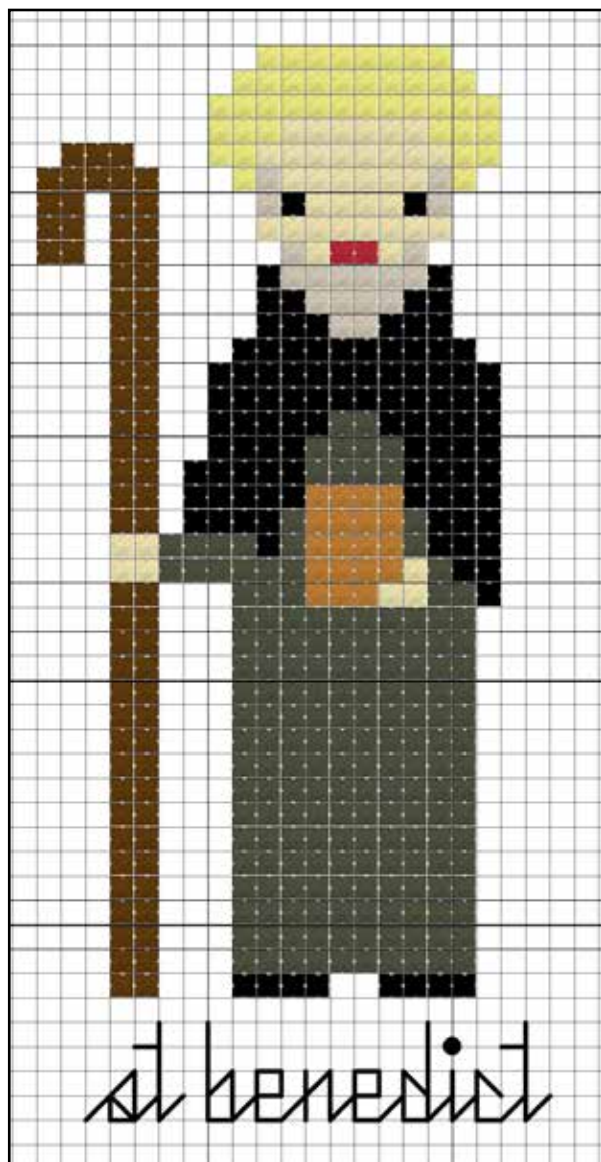
St. Barbara



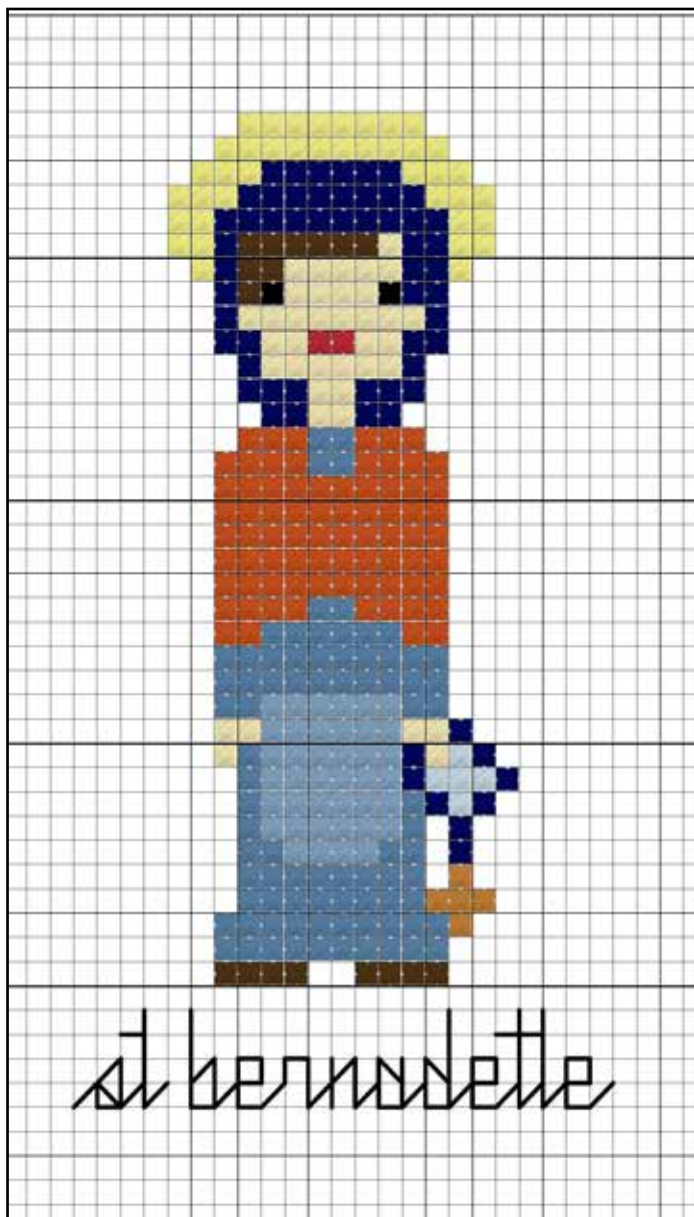
Saints

St. Benedict

Saints



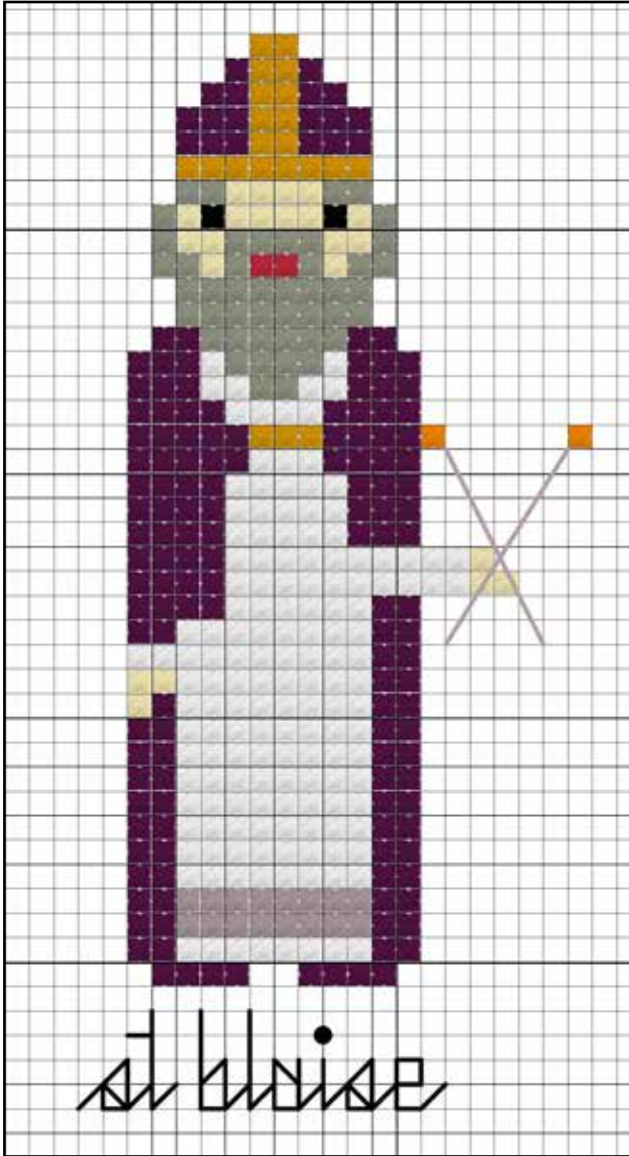
St. Bernadette



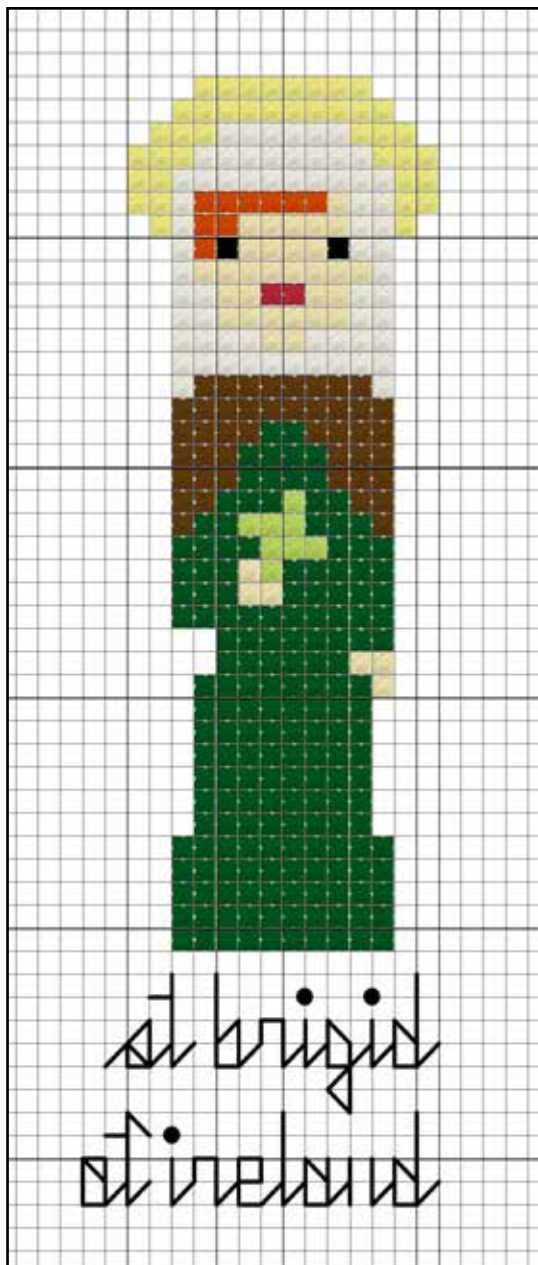
Saints

St. Blaise

Saints

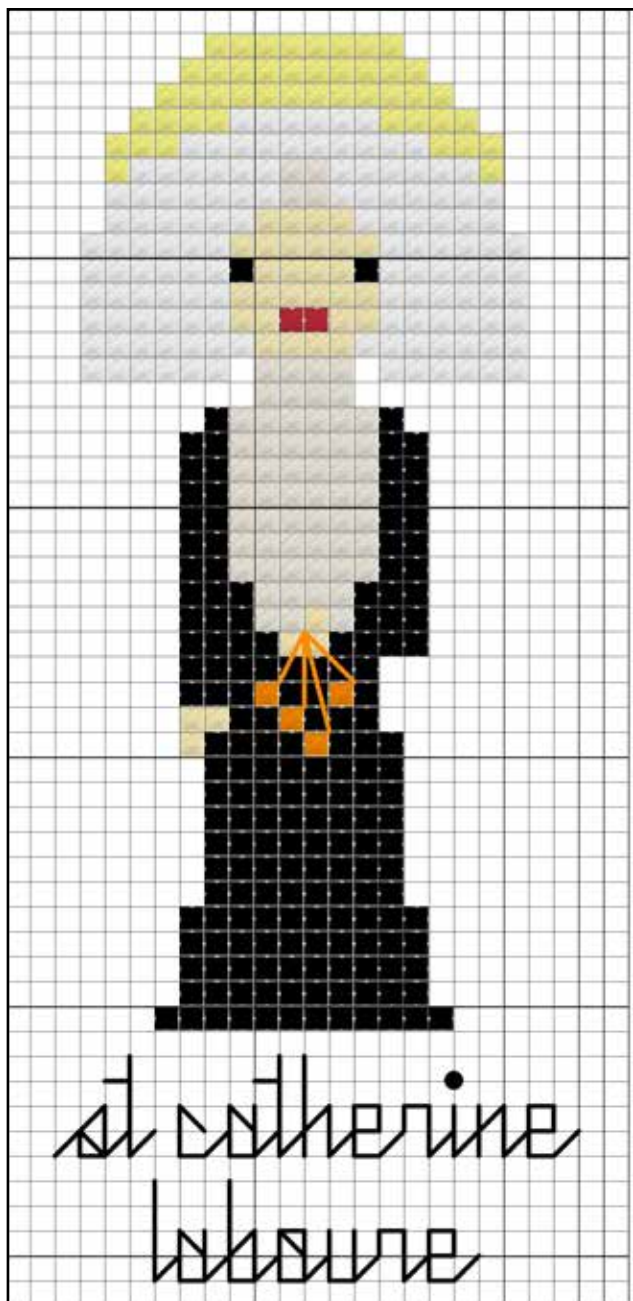


St. Brigid of Ireland

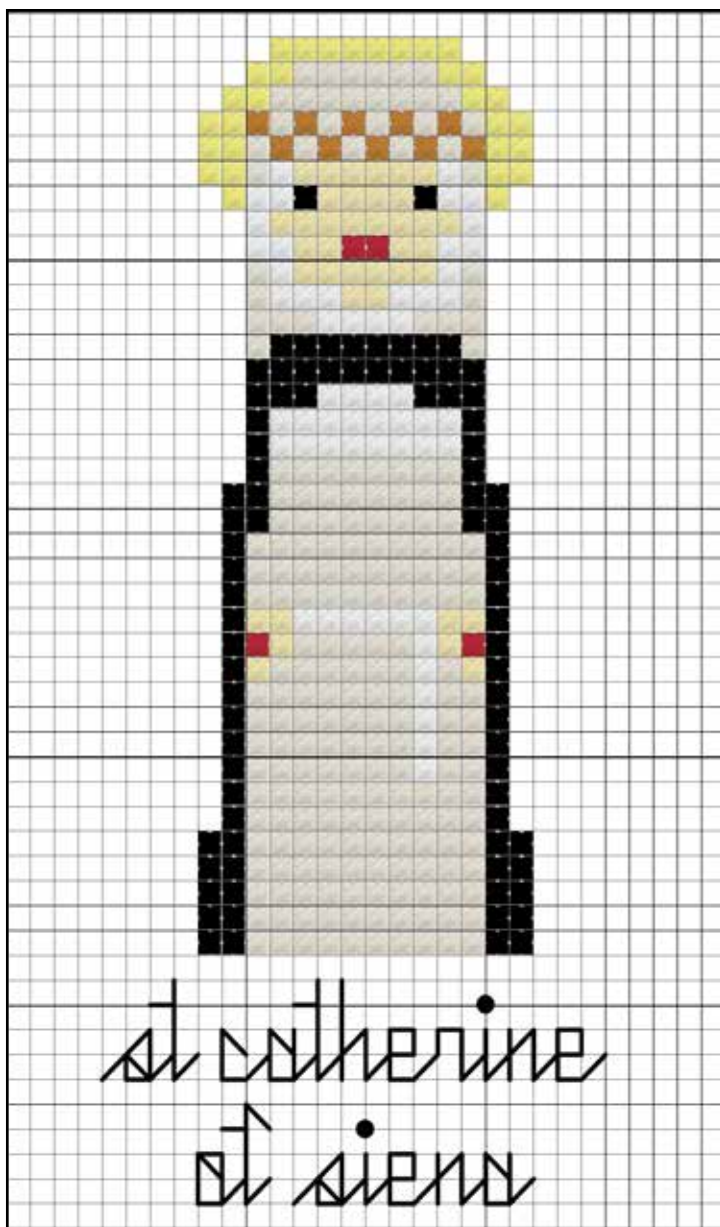


Saints

St. Catherine Labourne



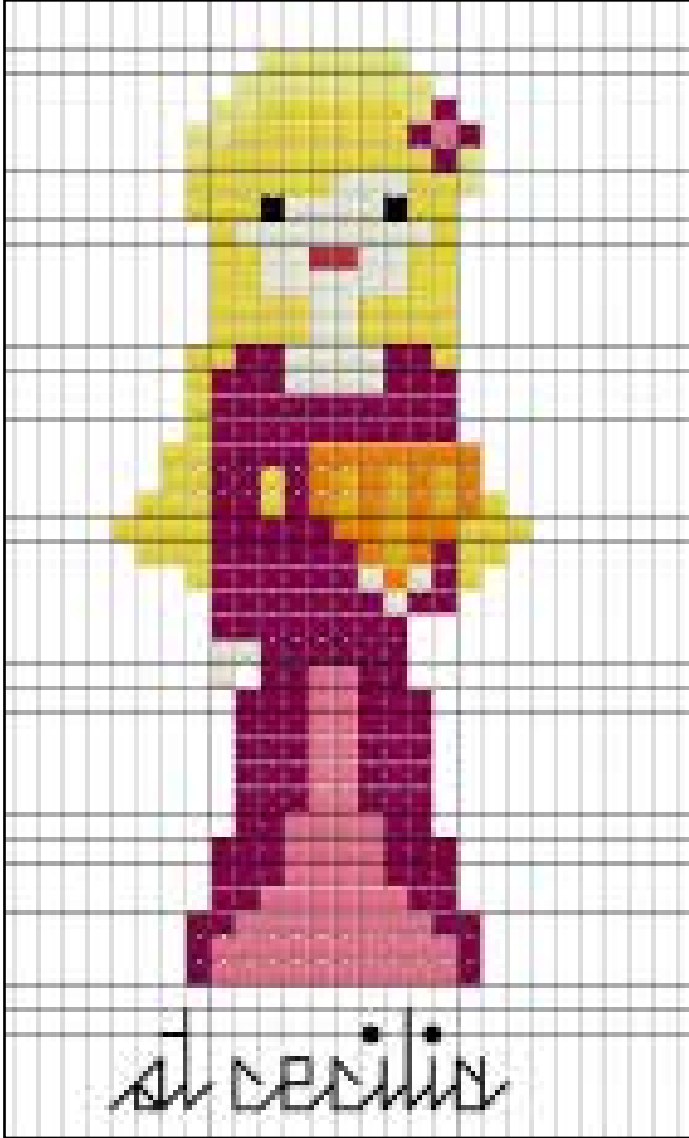
St. Catherine of Sienna



Saints

St. Cecilia

Saints

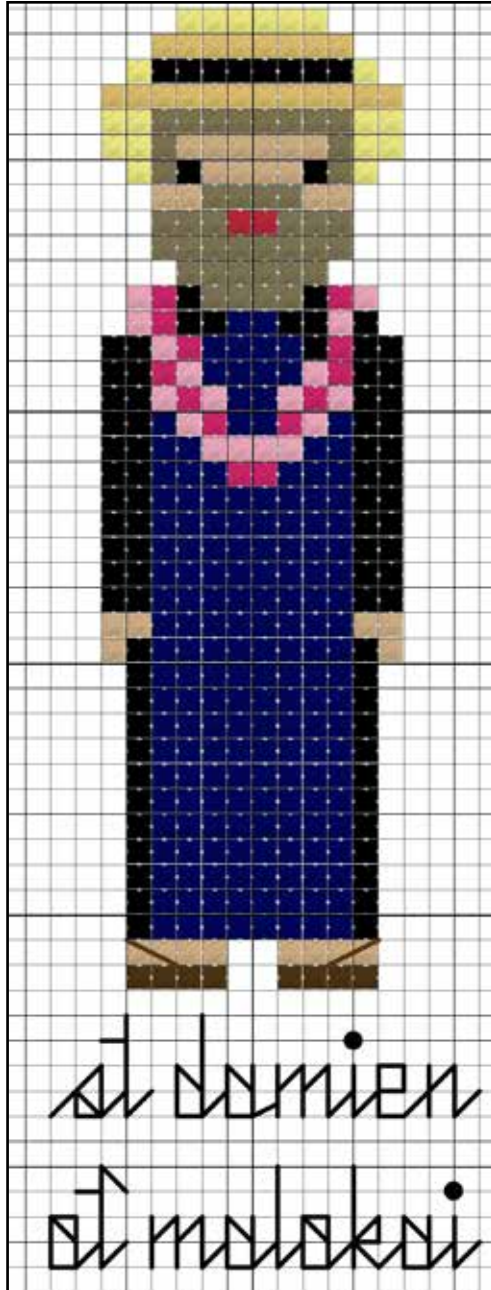


St. Charles Lwanga

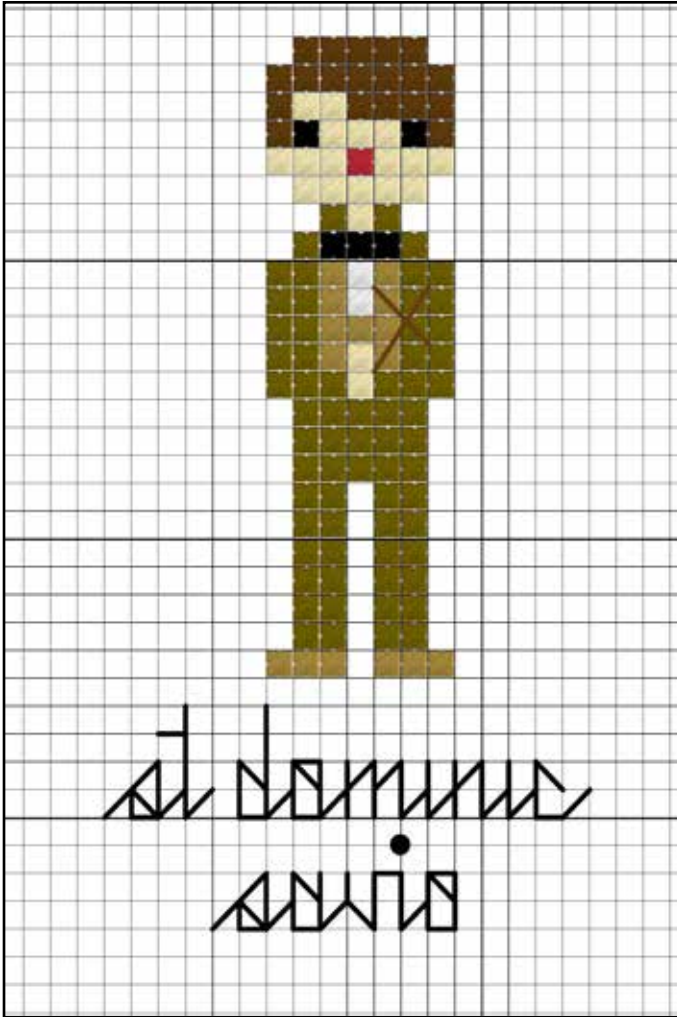


Saints

St. Damien of Malokai



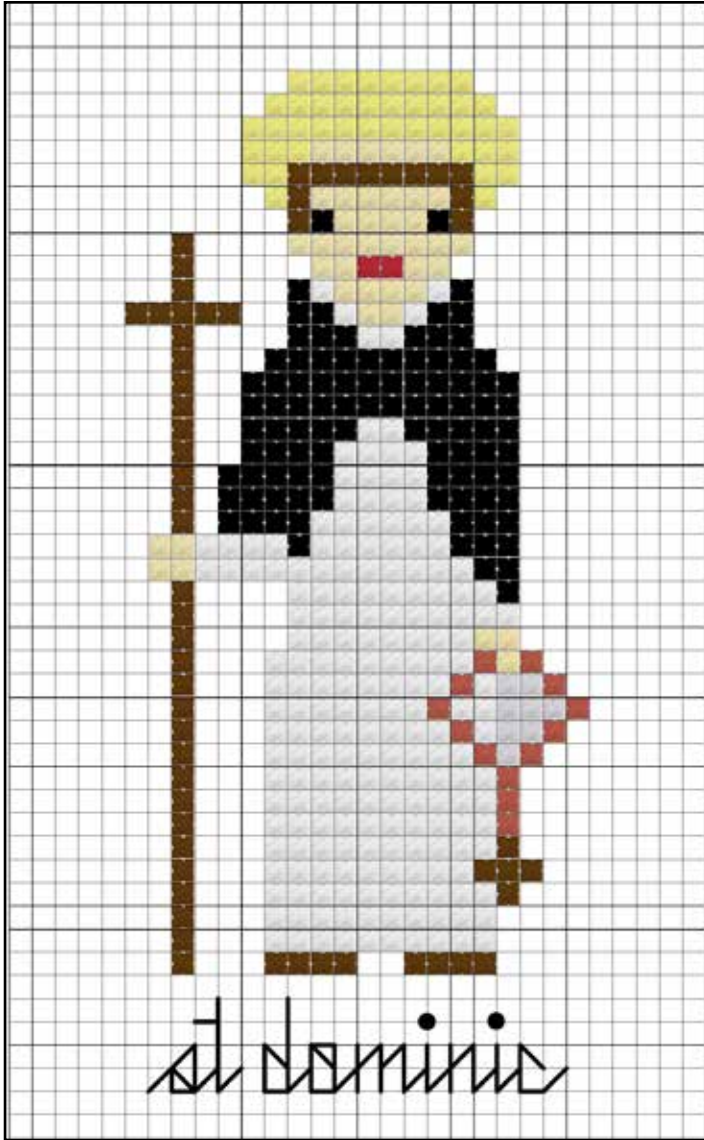
St. Dominic Savio



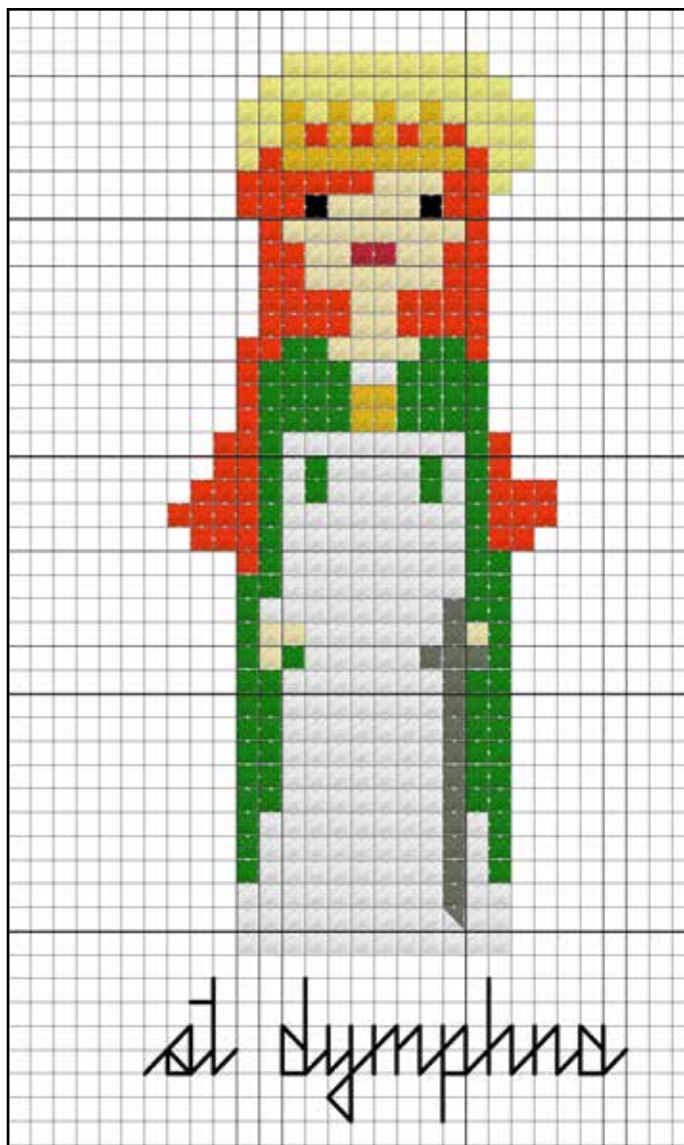
Saints

St. Dominic

Saints



St. Dymphna



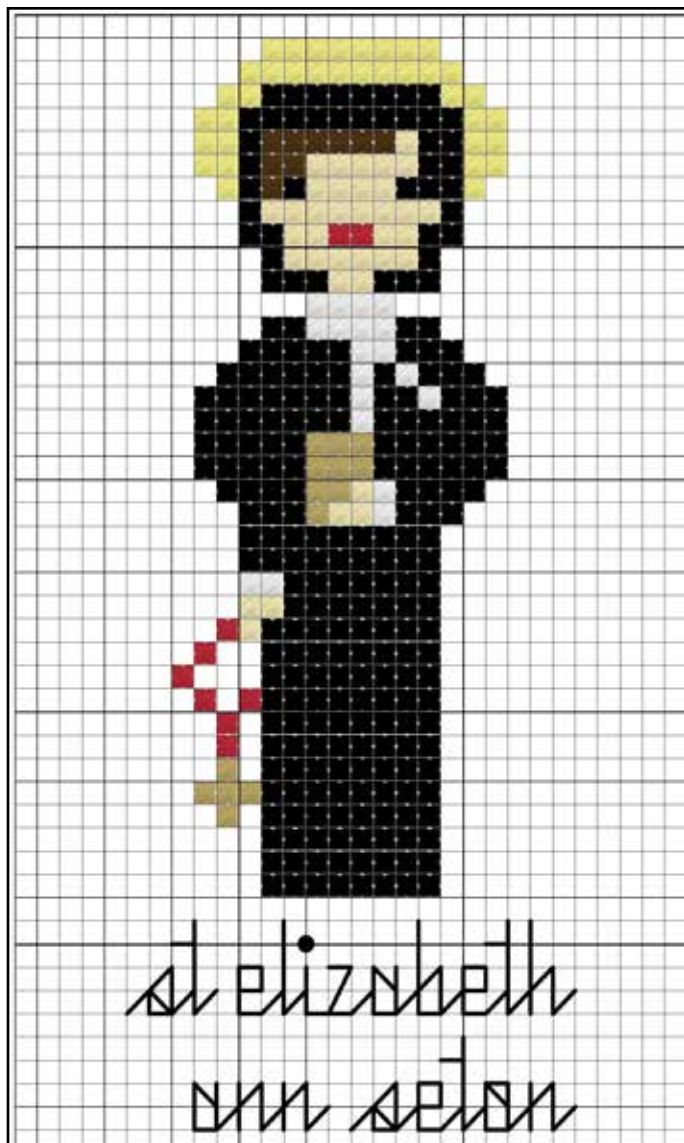
Saints

St. Edith Stein

Saints

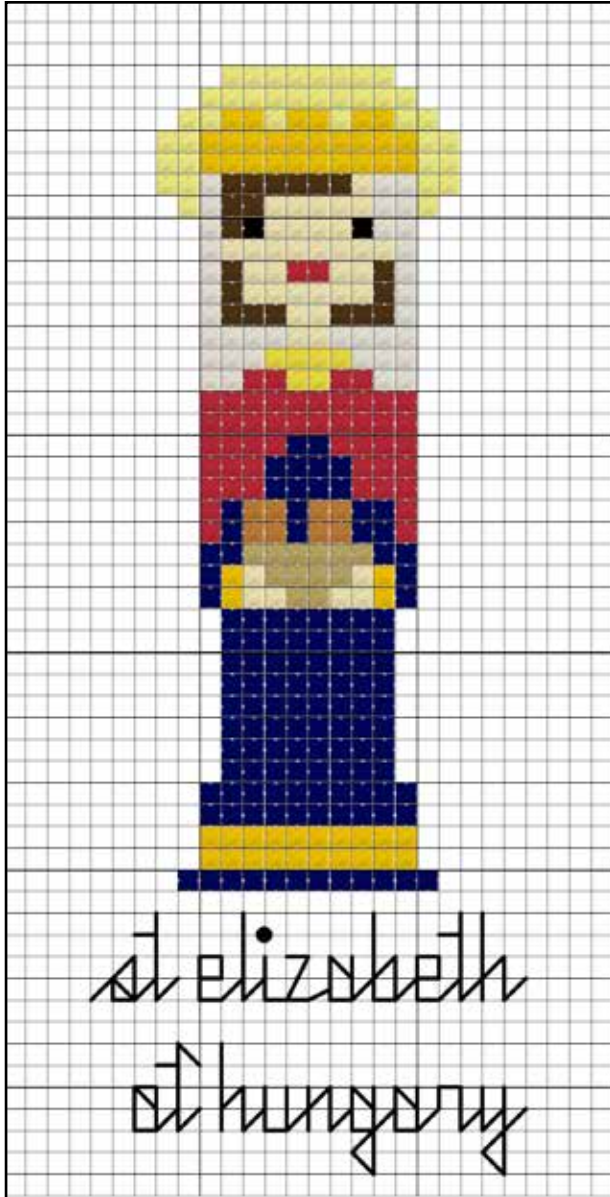


St. Elizabeth Ann Seton

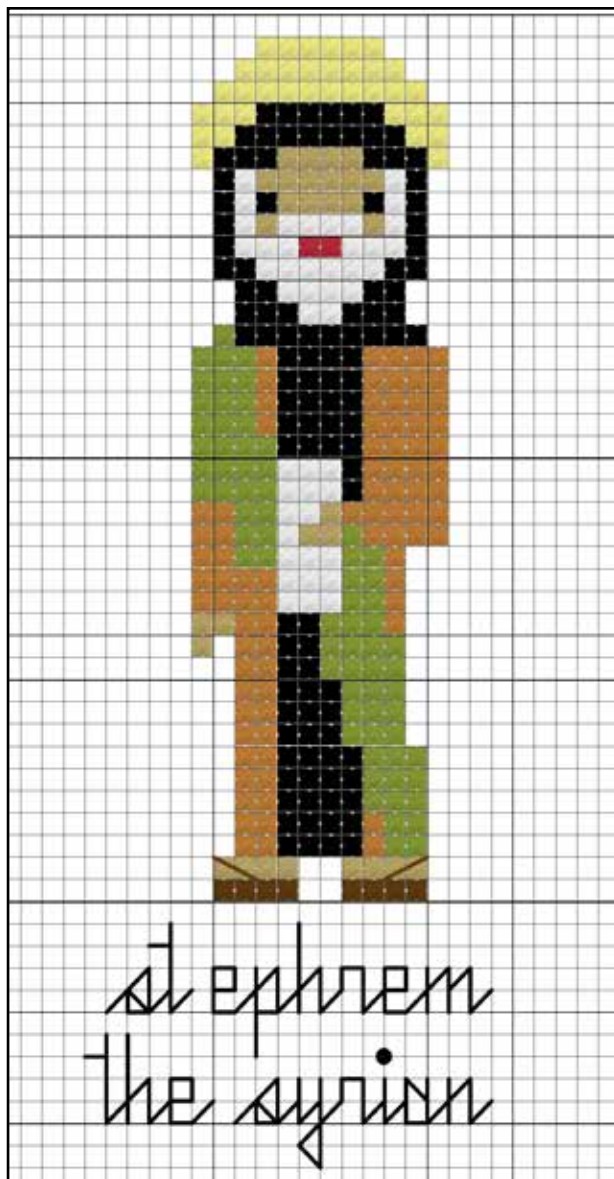


Saints

St. Elizabeth of Hungary



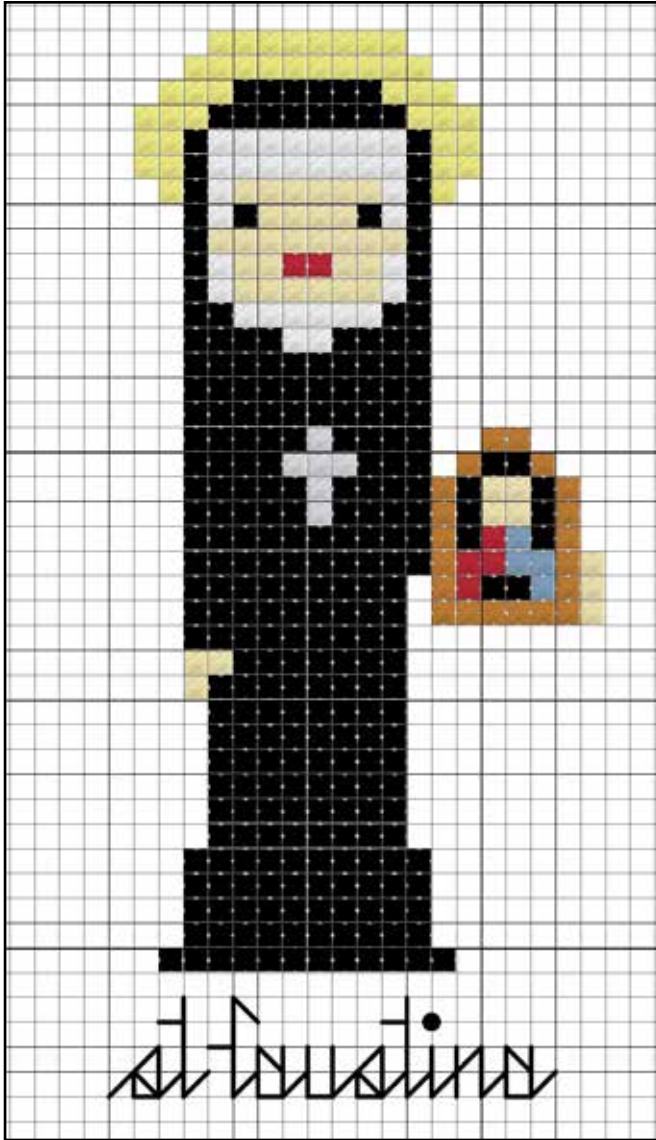
St. Ephrem the Syrian



Saints

St. Faustina

Saints



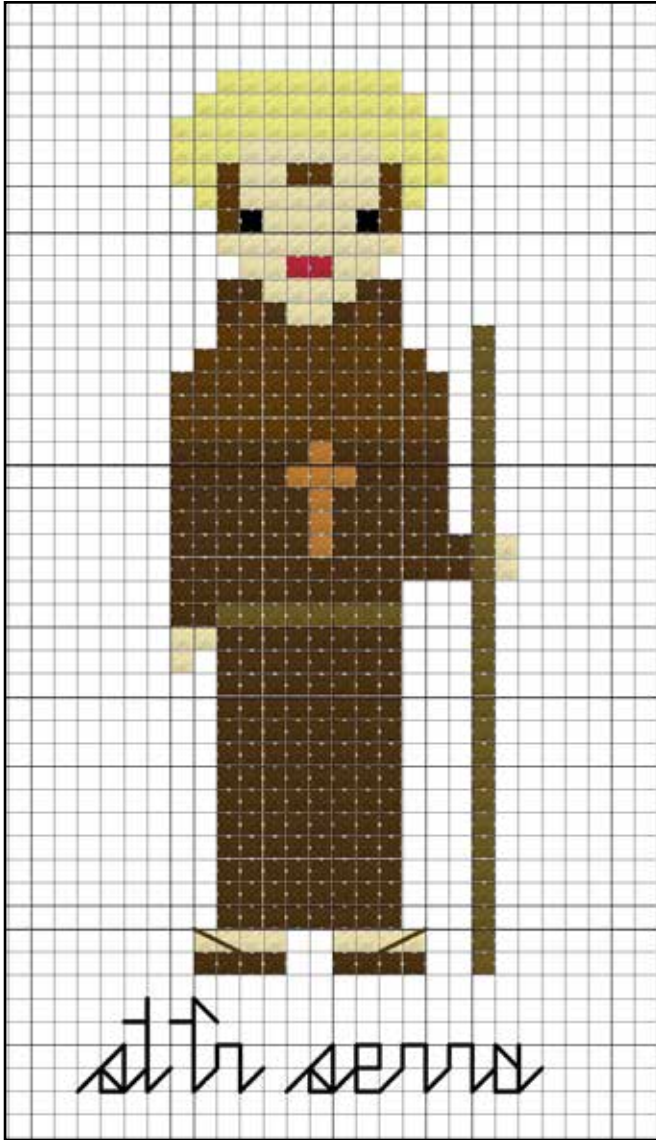
St. Finnian



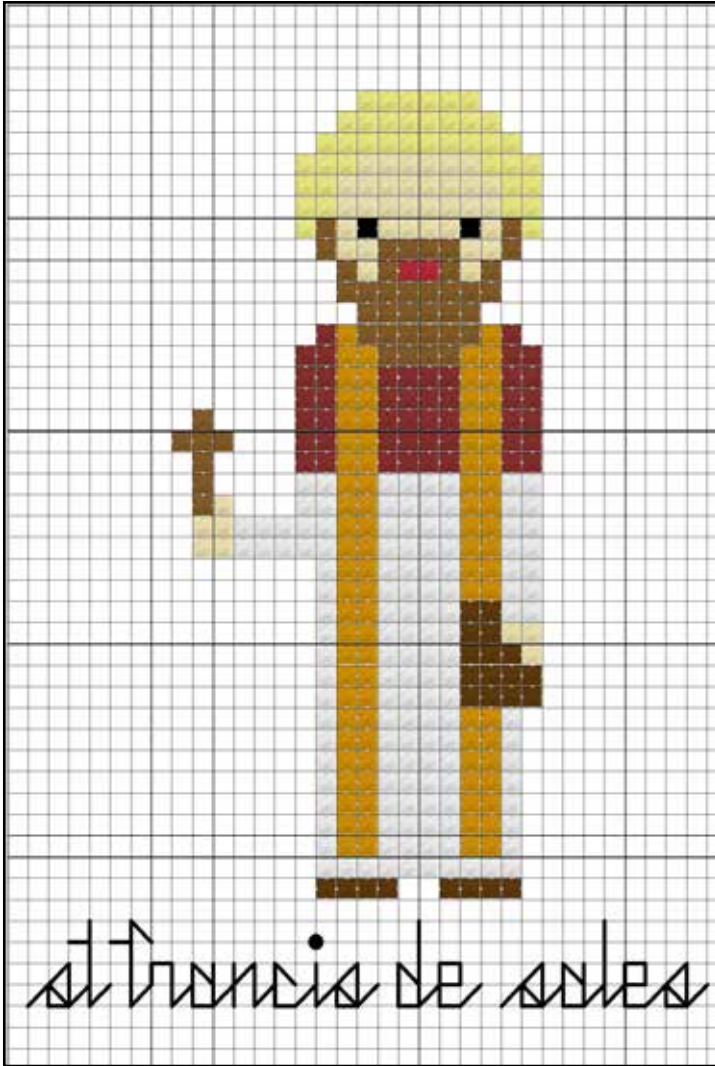
Saints

St. Fr. Serra

Saints

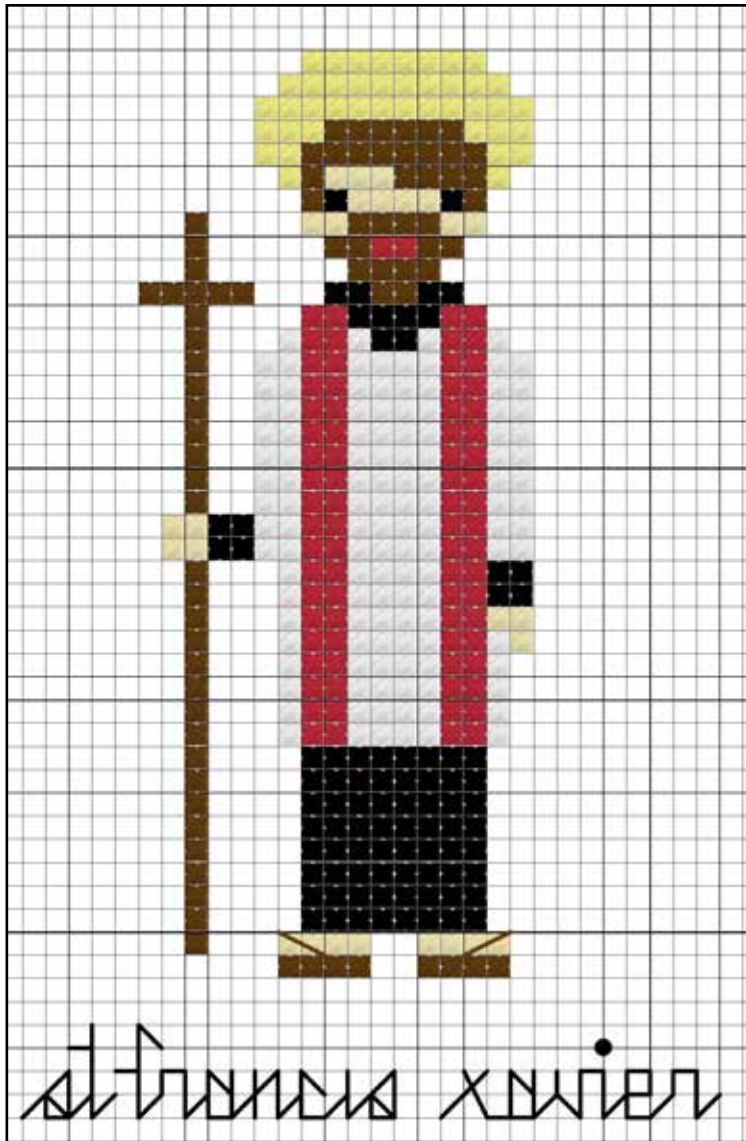


St. Francis de Sales



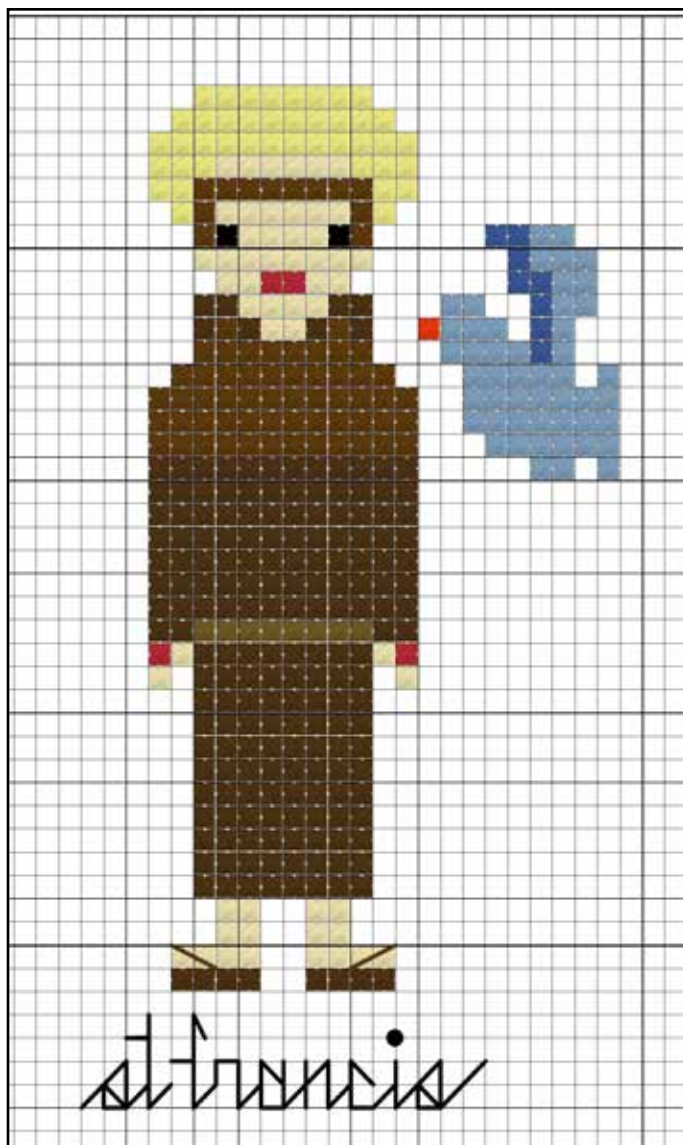
Saints

St. Francis Xavier



Saints

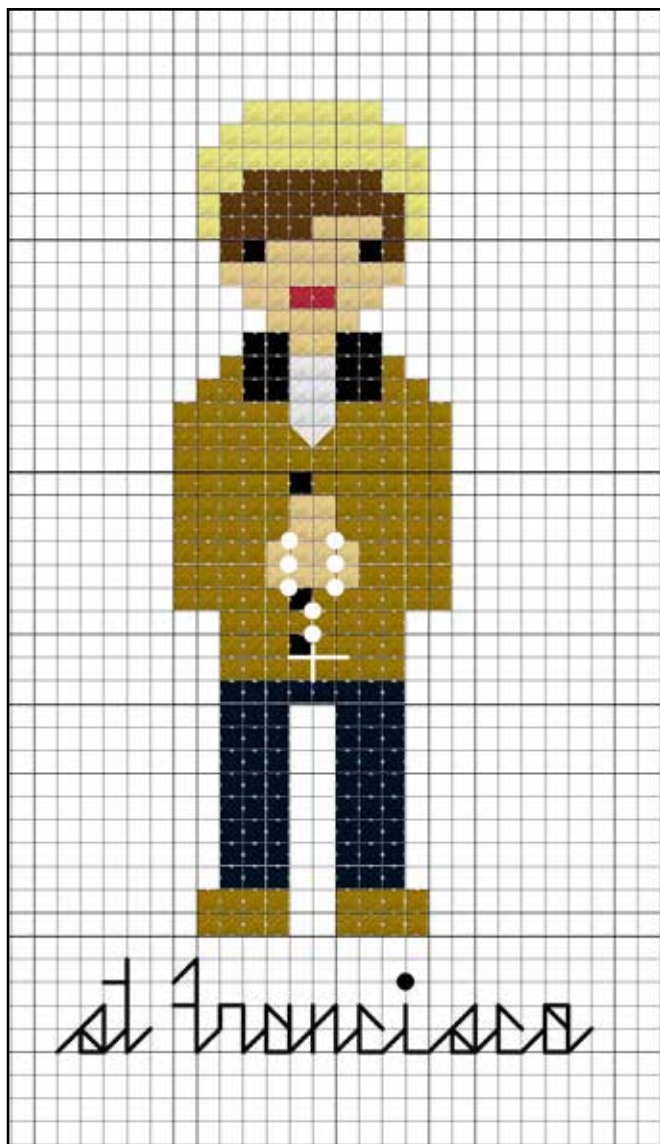
St. Francis of Assisi



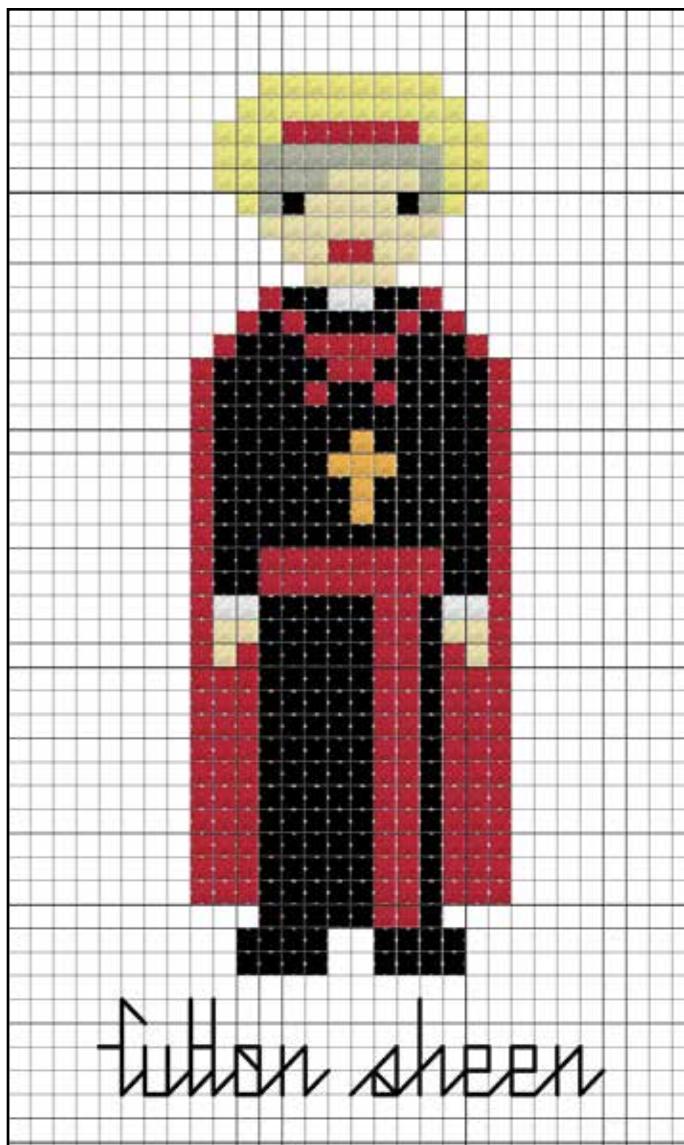
Saints

St. Francisco

Saints



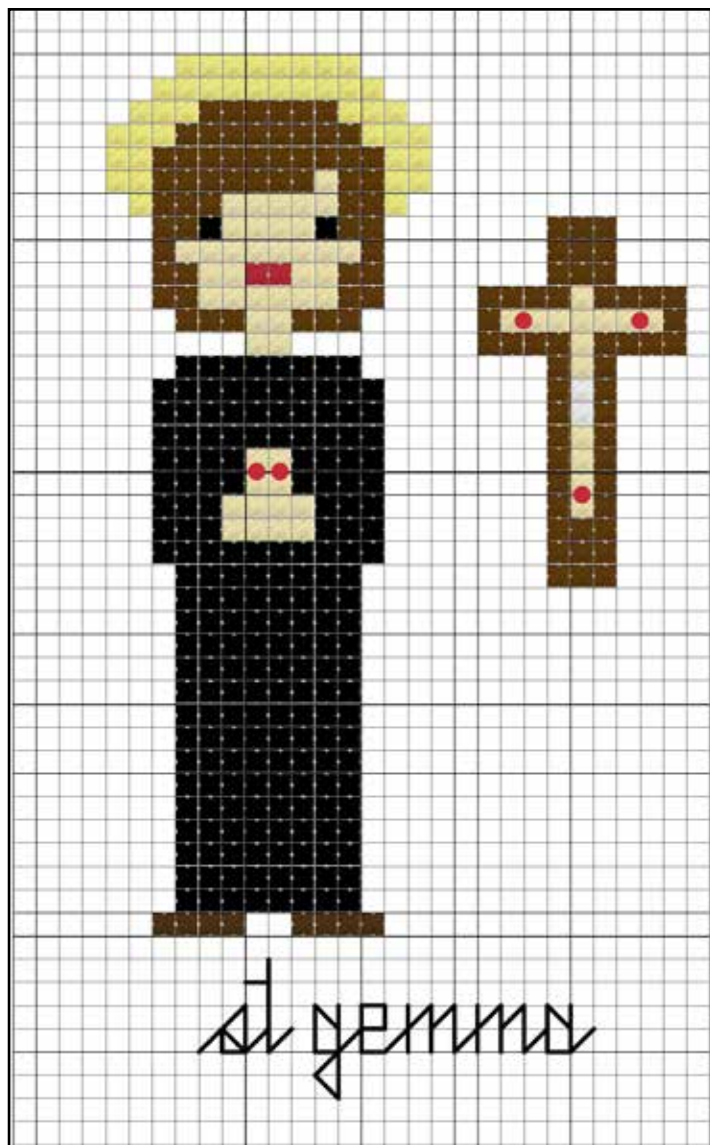
Fulton Sheen



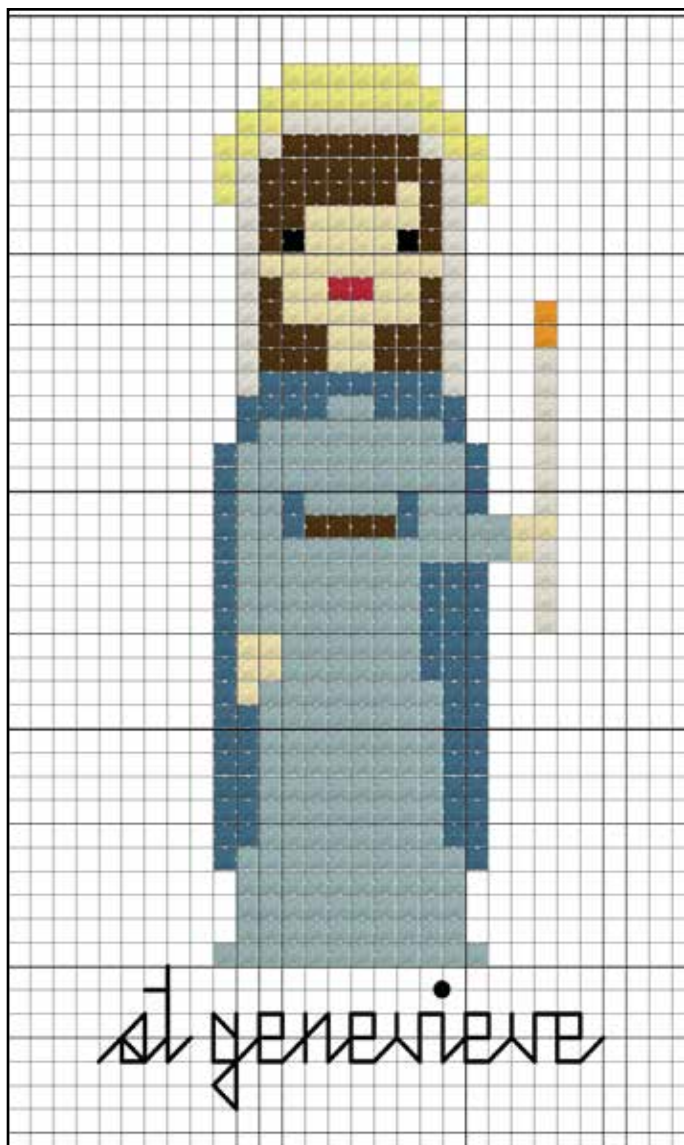
Saints

St. Gemma

Saints



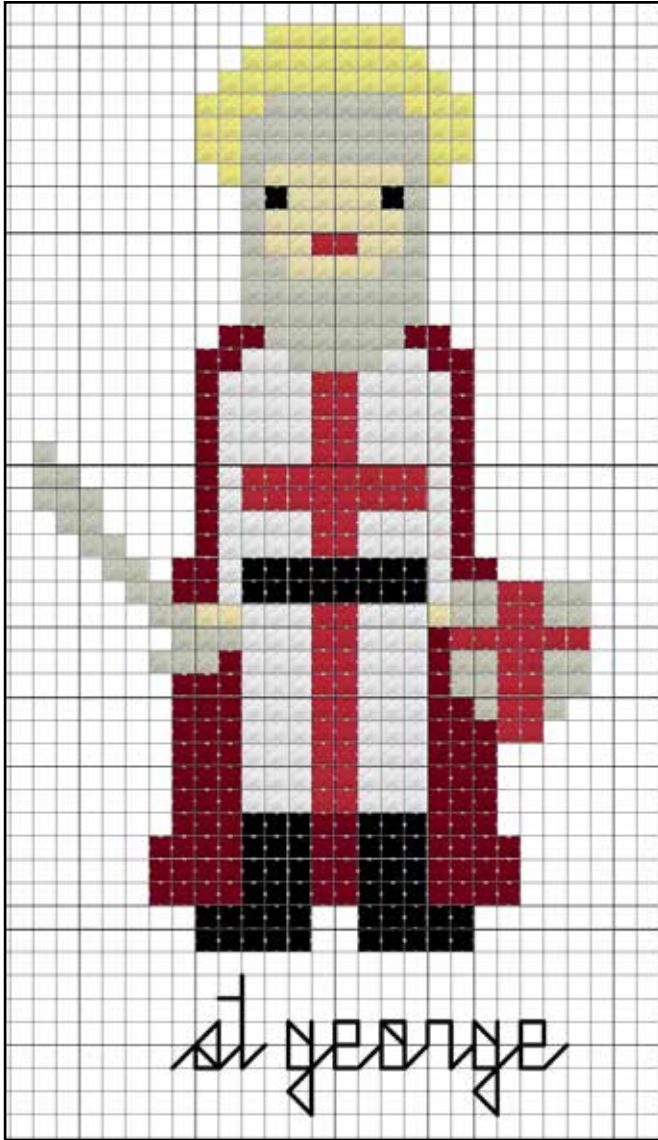
St. Genevieve



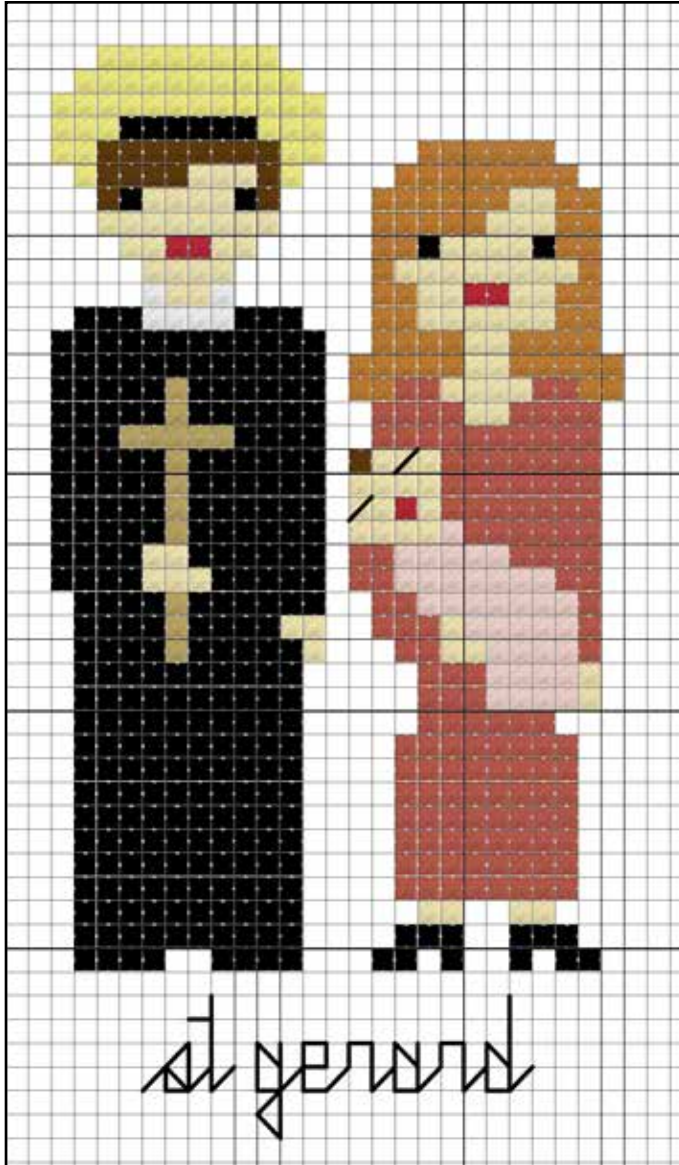
Saints

St. George

Saints



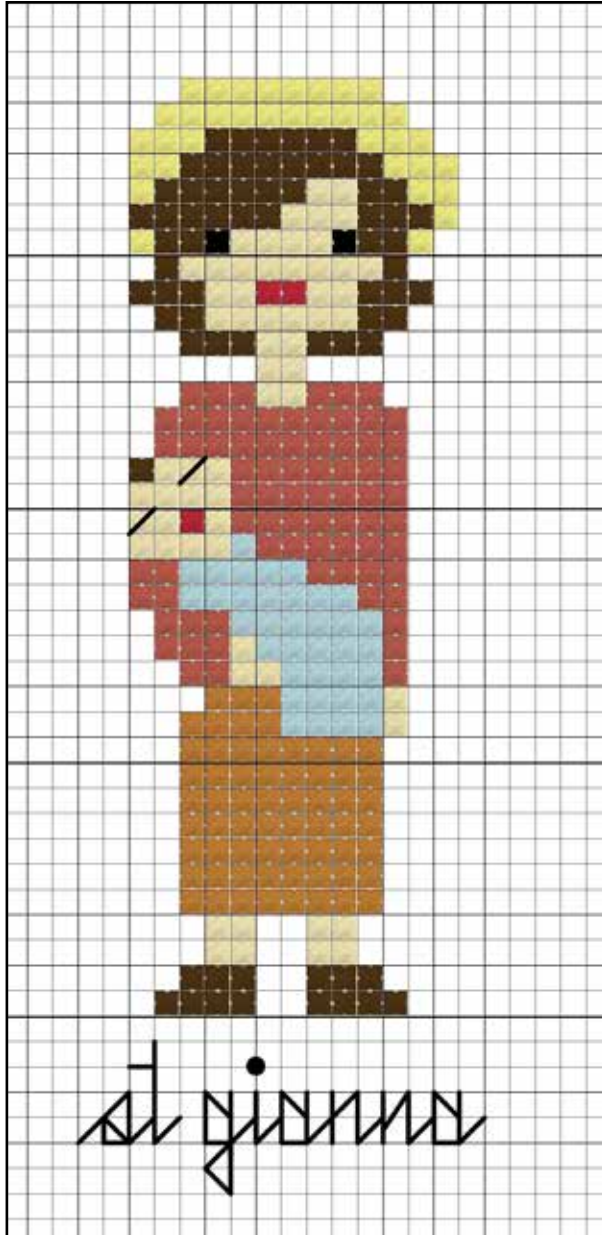
St. Gerard



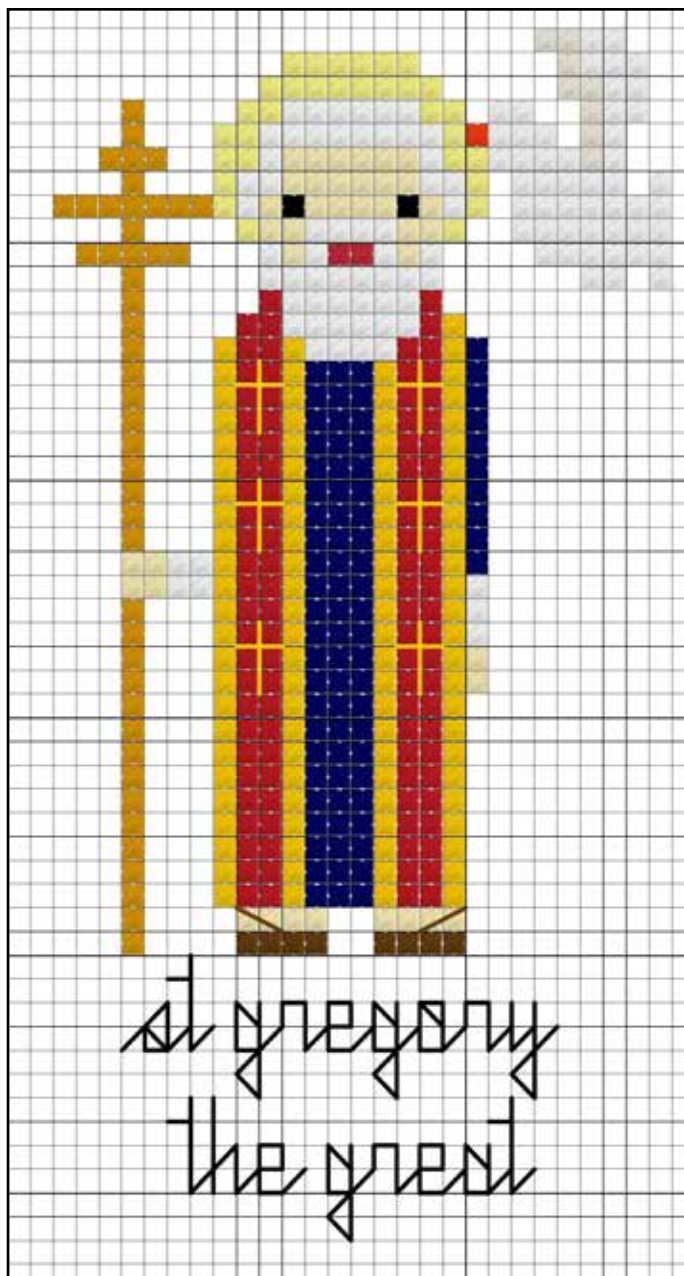
Saints

St. Gianna

Saints



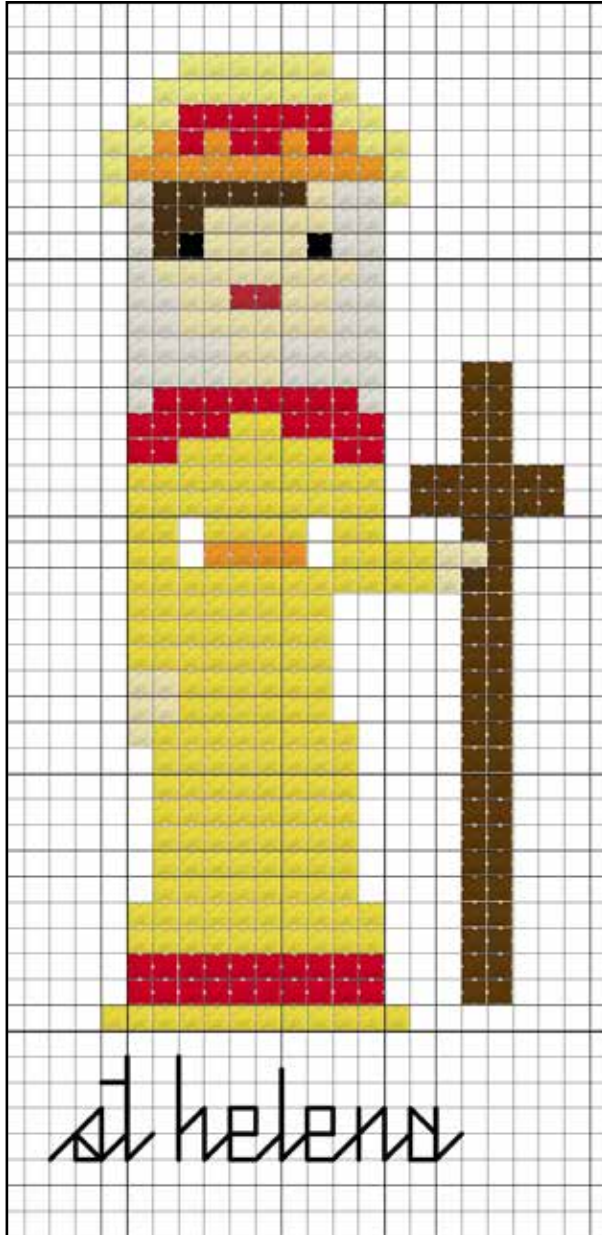
St. Gregory the Great



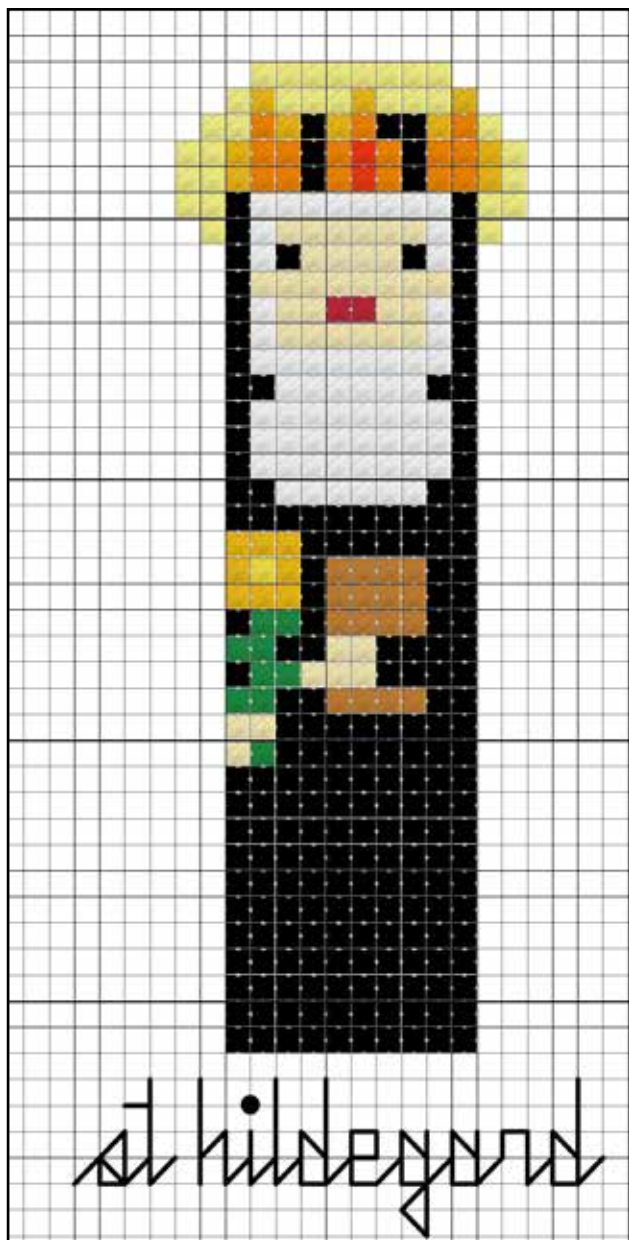
Saints

St. Helena

Saints

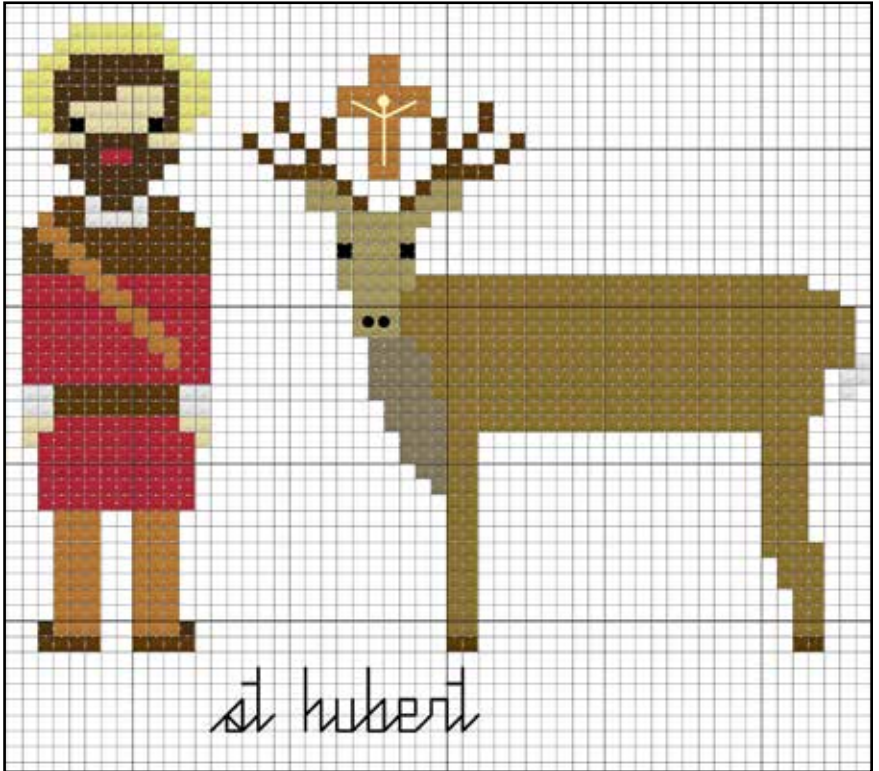


St. Hildegard



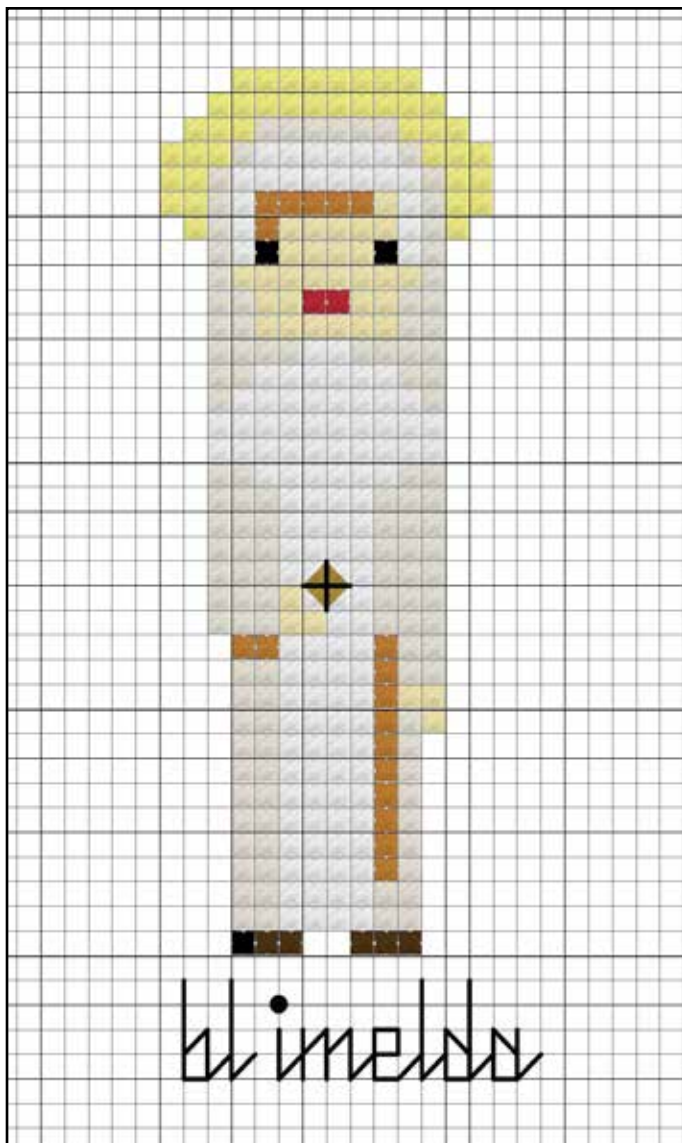
Saints

St. Hubert



Saints

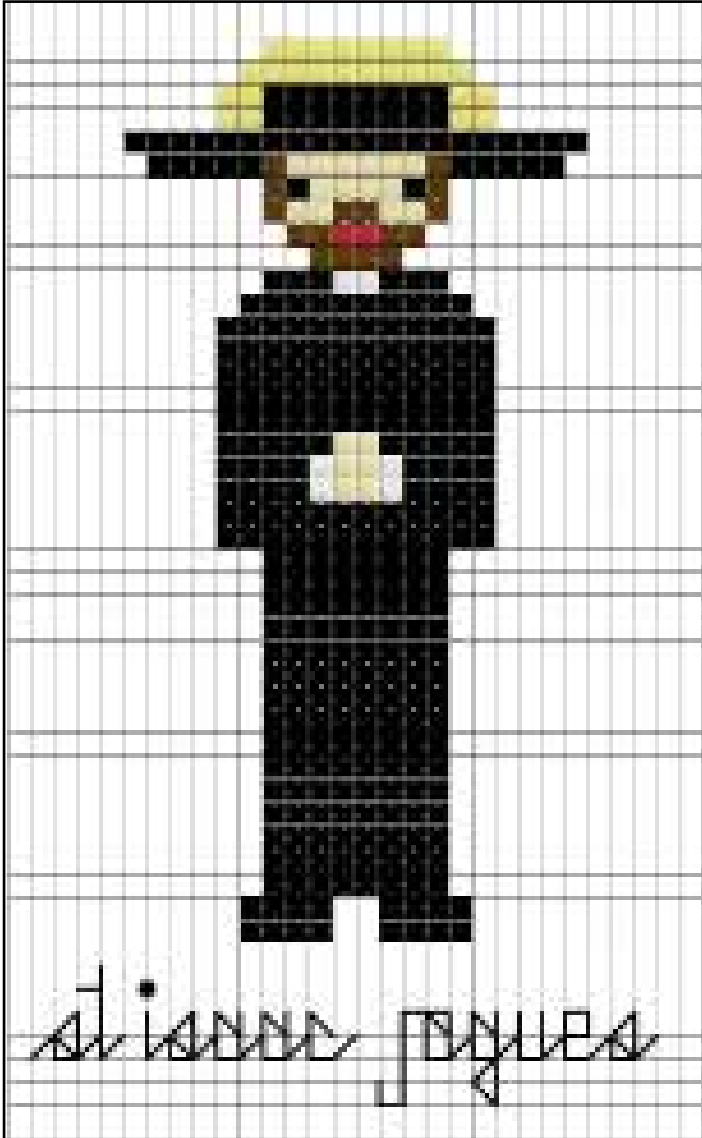
Blessed Imelda



Saints

St. Isaac Jogues

Saints



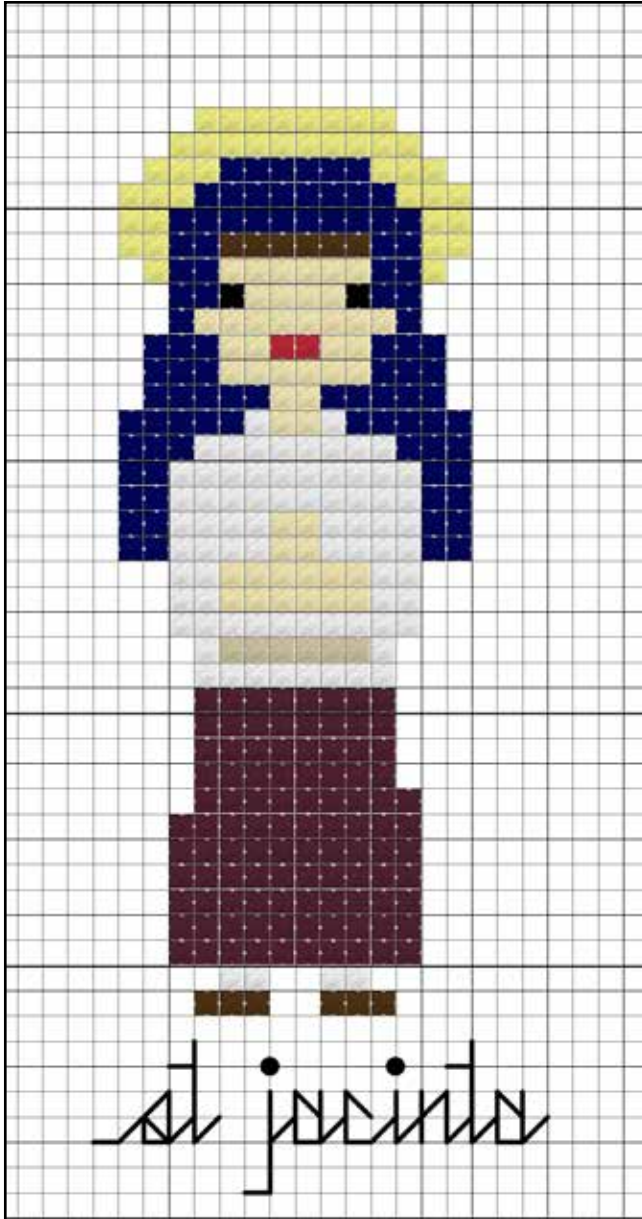
St. Isidore



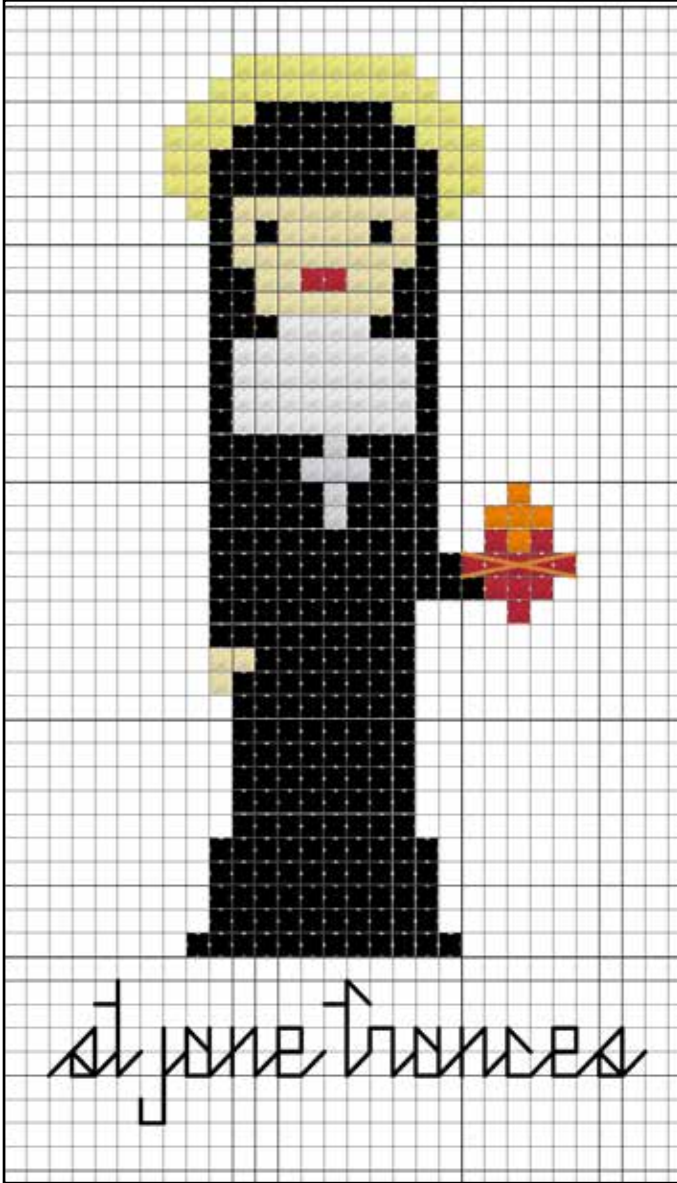
Saints

St. Jacinta

Saints



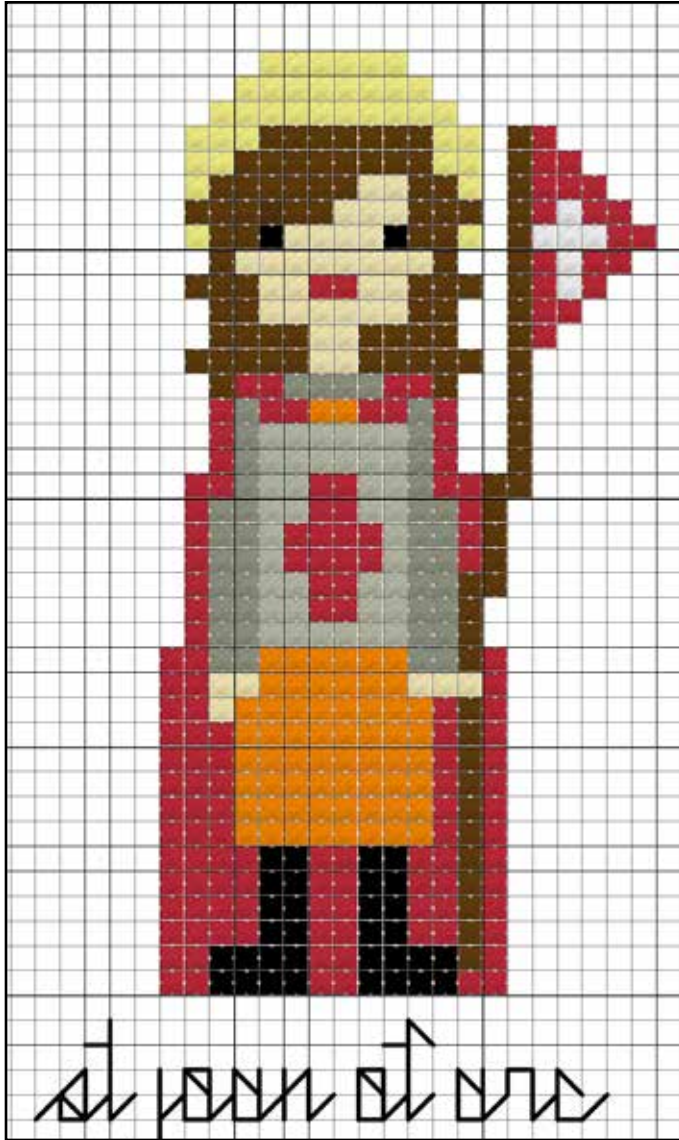
St. Jane Frances



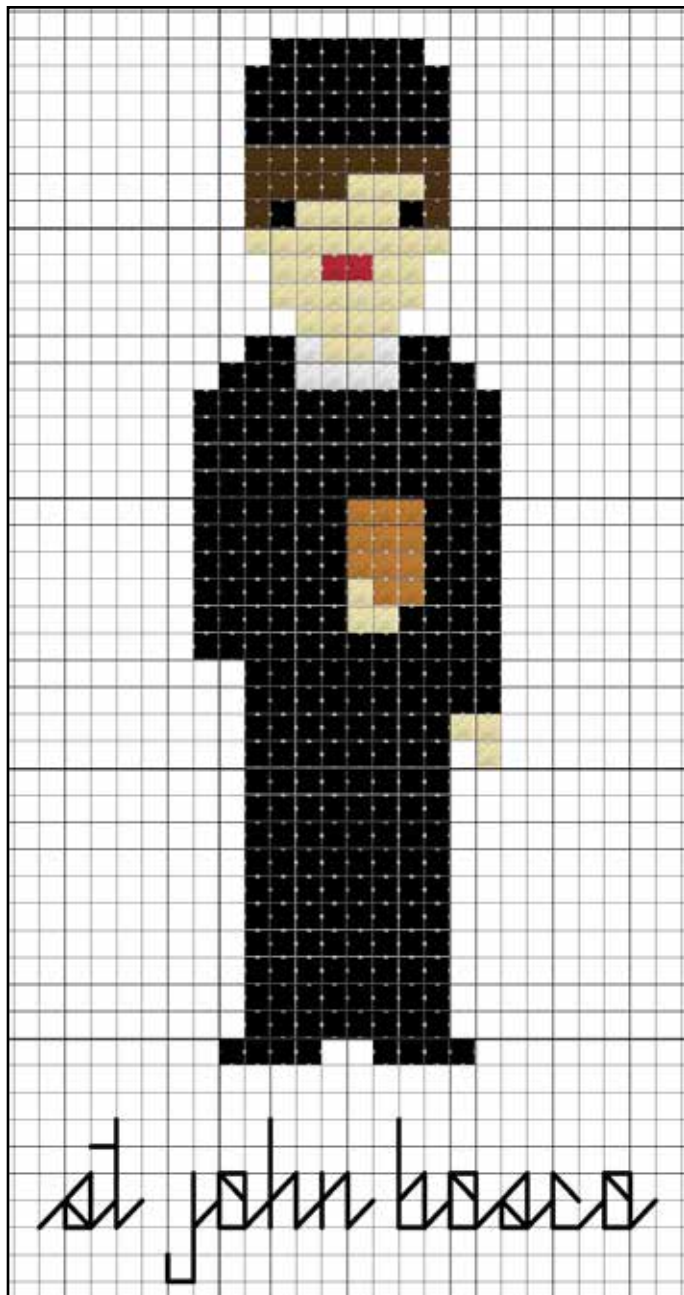
Saints

St. Joan of Arc

Saints

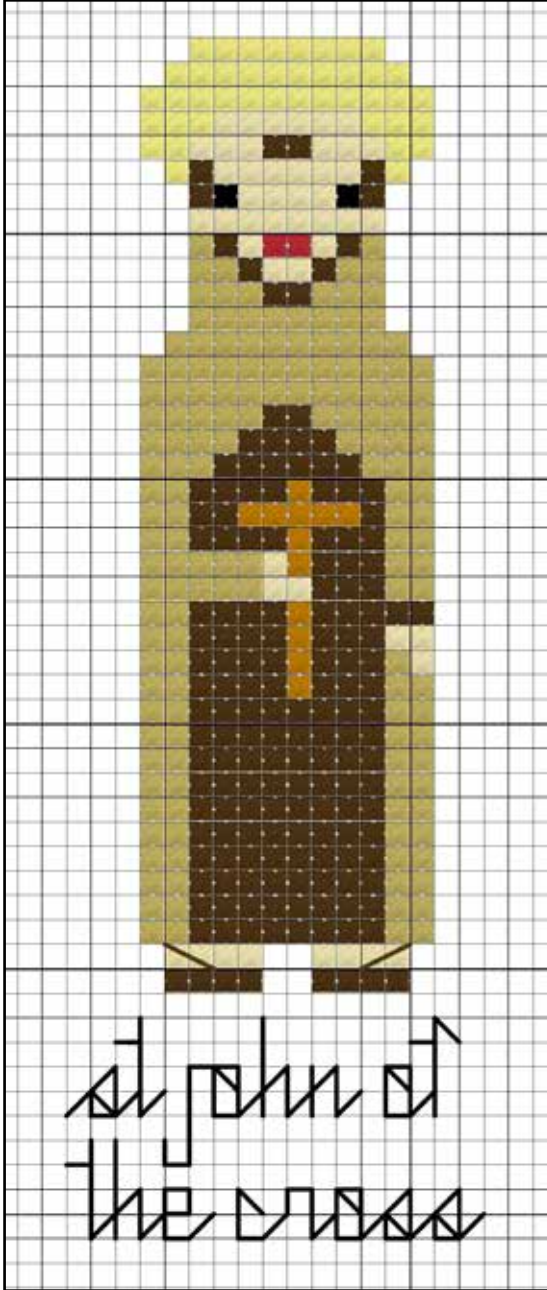


St. John Bosco

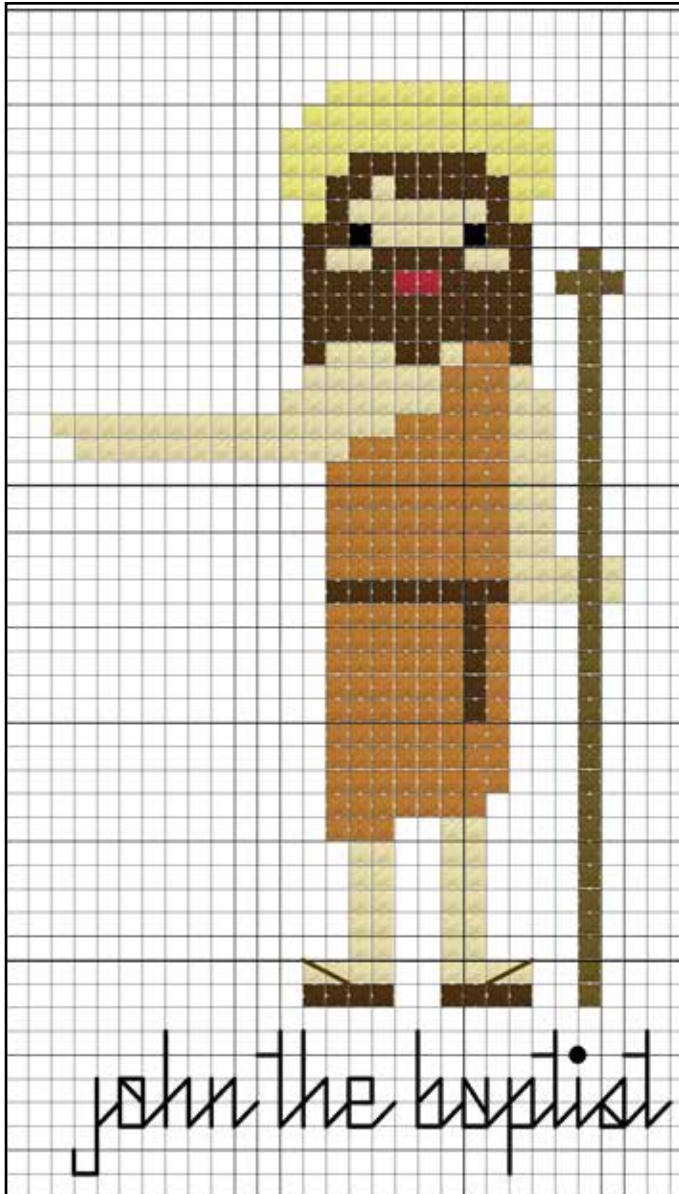


Saints

St. John of the Cross

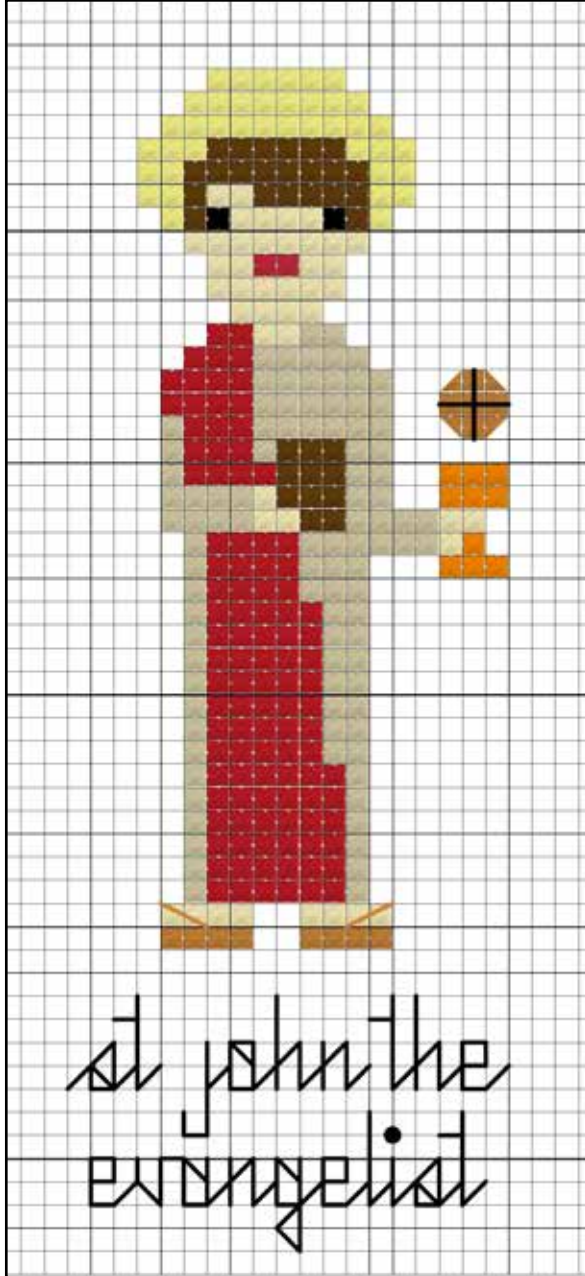


St. John the Baptist

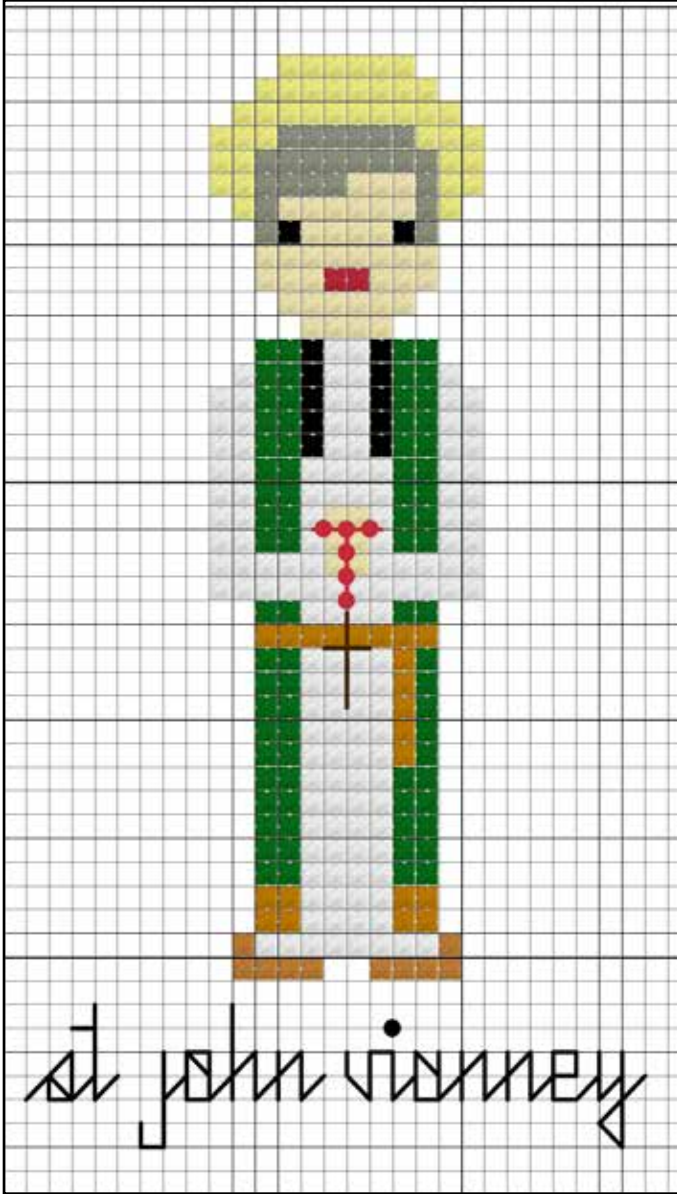


Saints

St. John the Evangelist

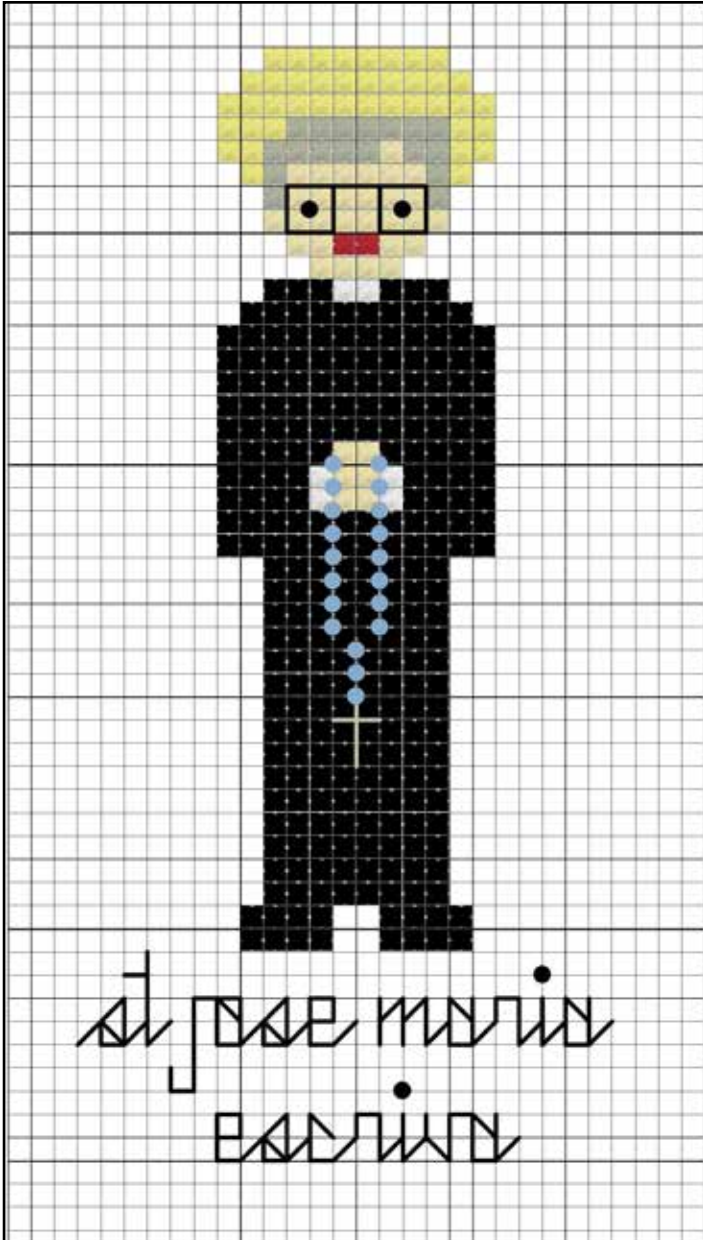


St. John Vianney



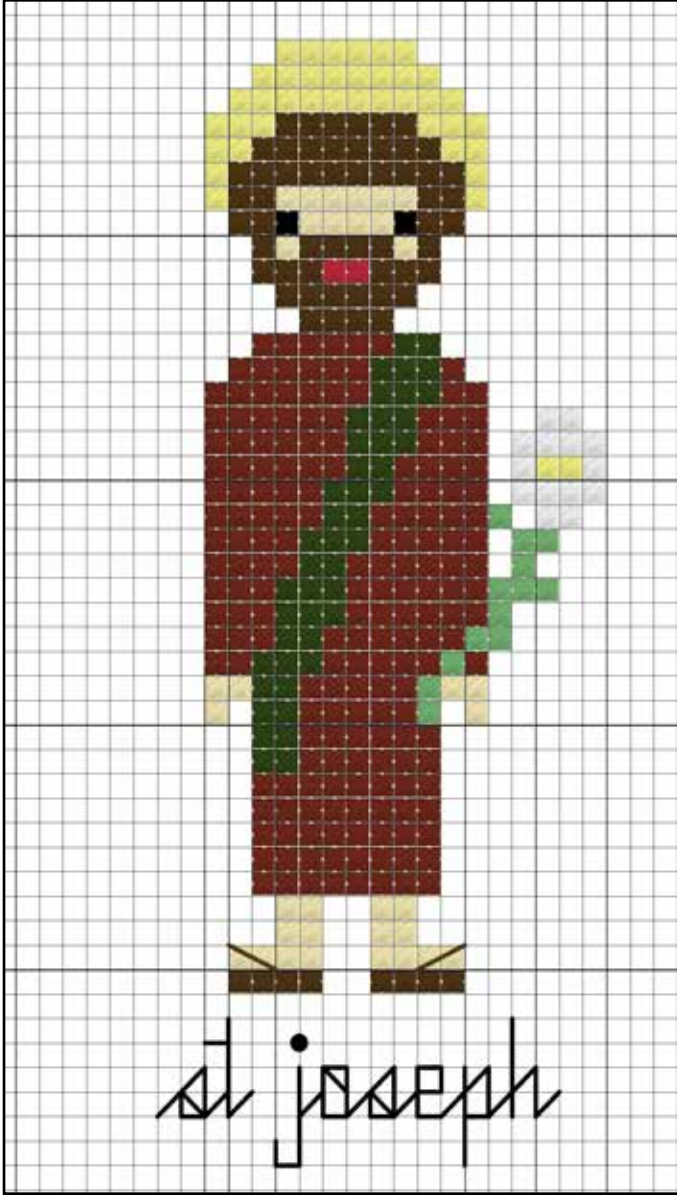
Saints

St. Jose Maria Escriva



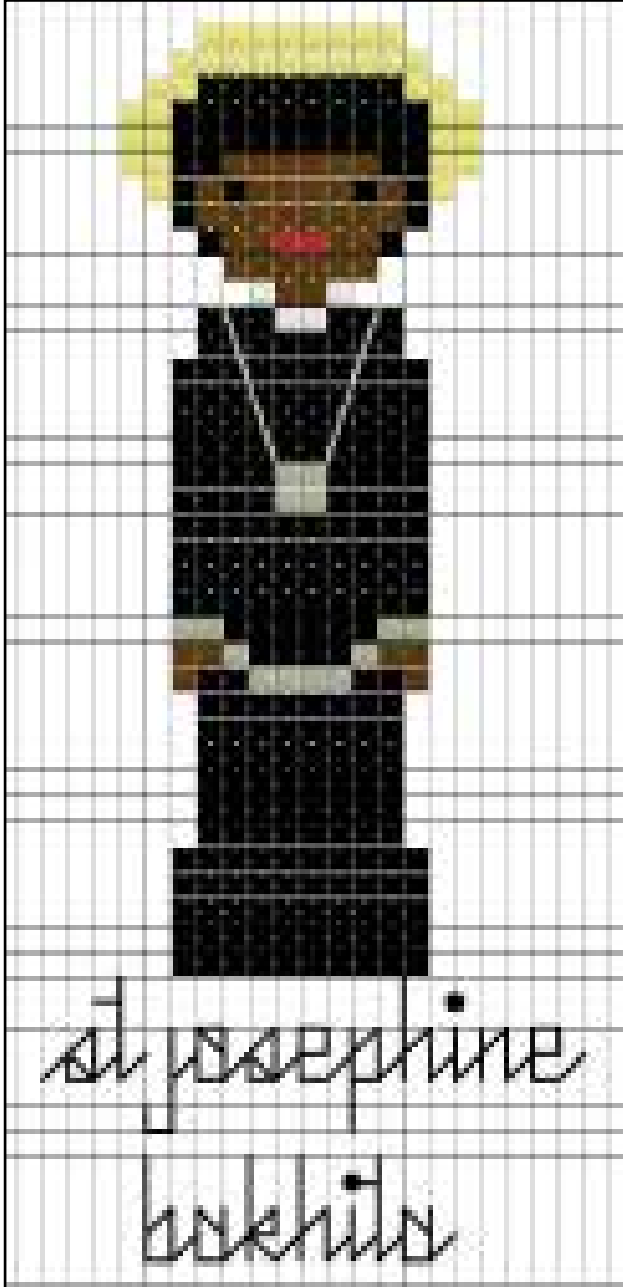
Saints

St. Joseph



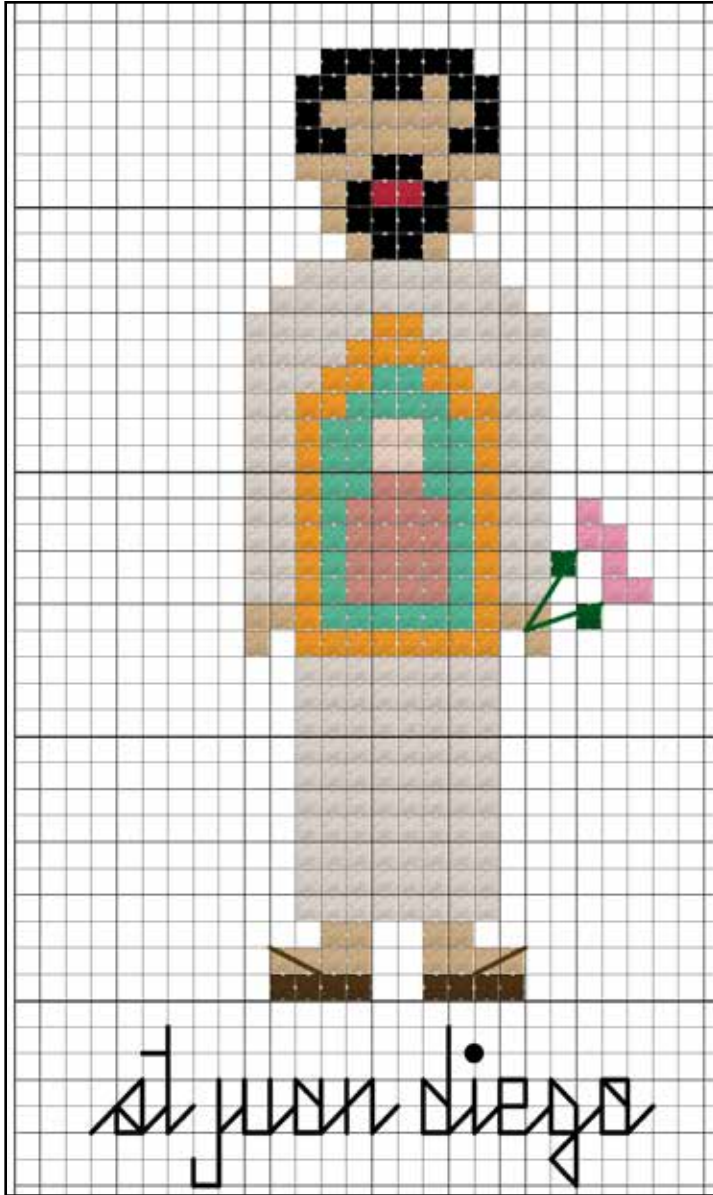
Saints

St. Josephine Bakhita



Saints

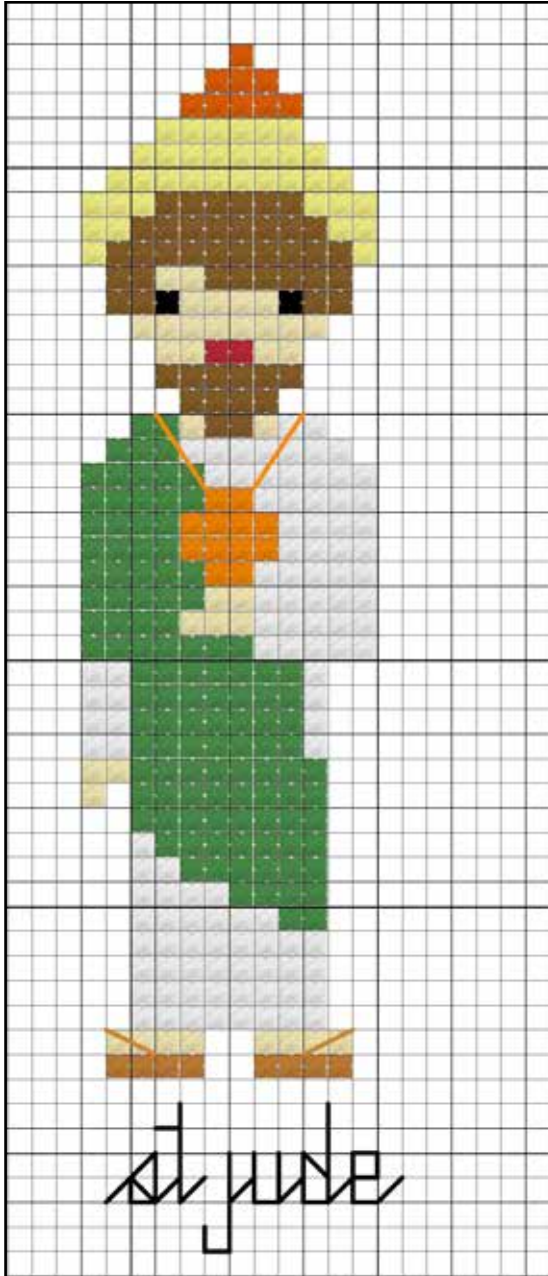
St. Juan Diego



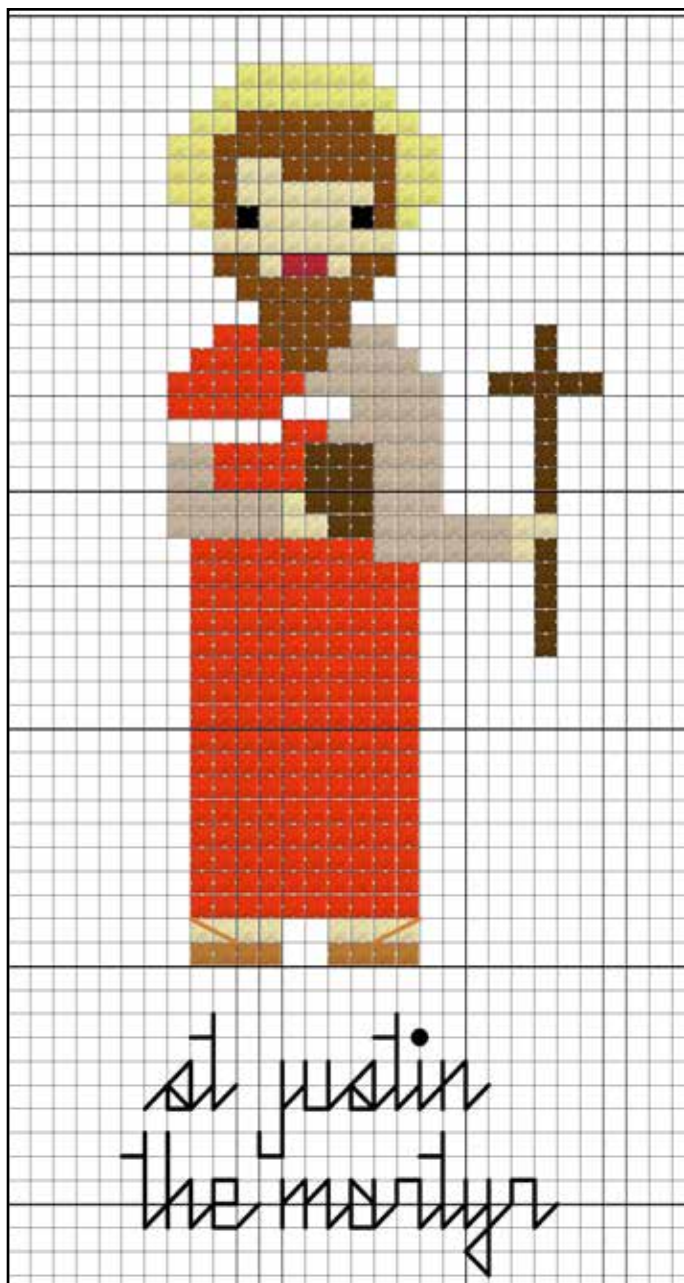
Saints

St. Jude

Saints



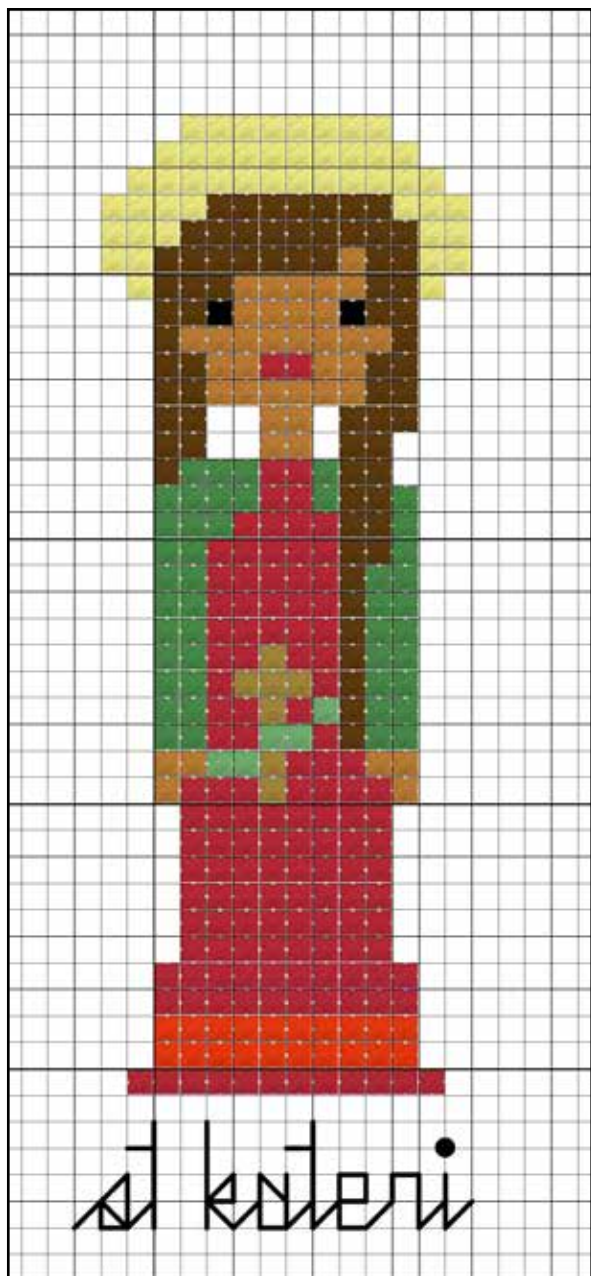
St. Justin the Martyr



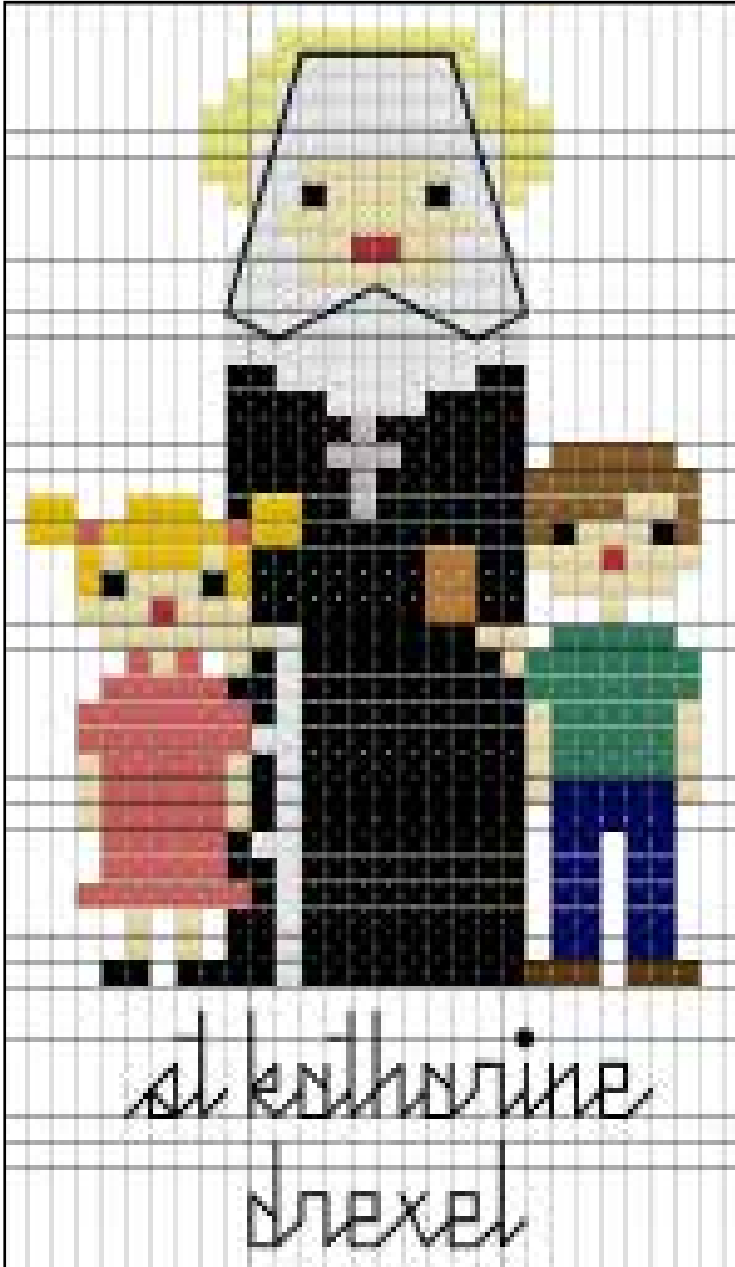
Saints

St. Kateri

Saints



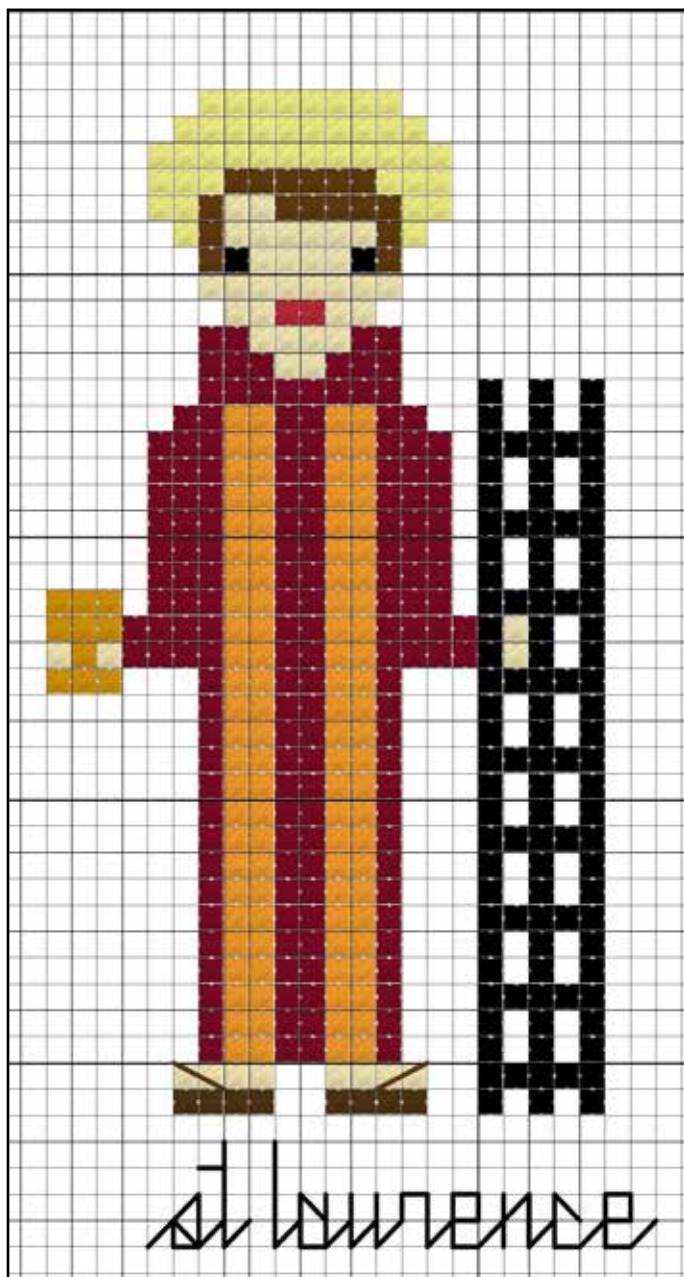
St. Katharine Drexel



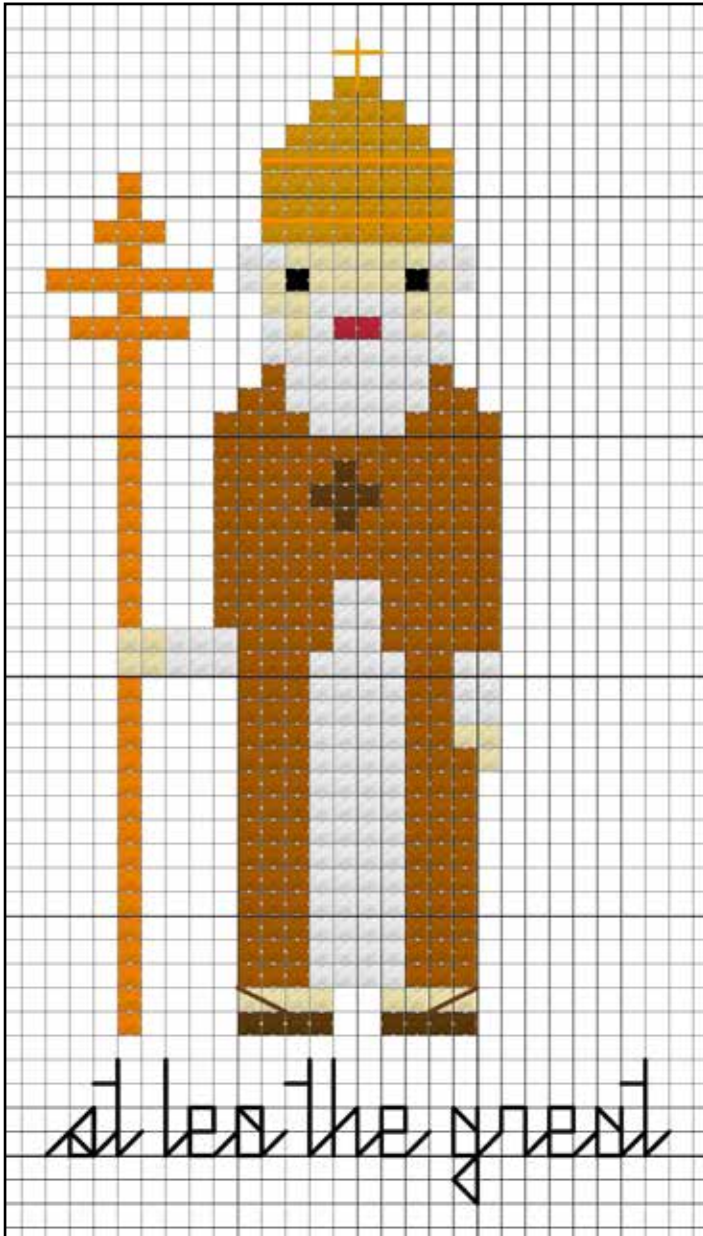
Saints

St. Lawrence

Saints

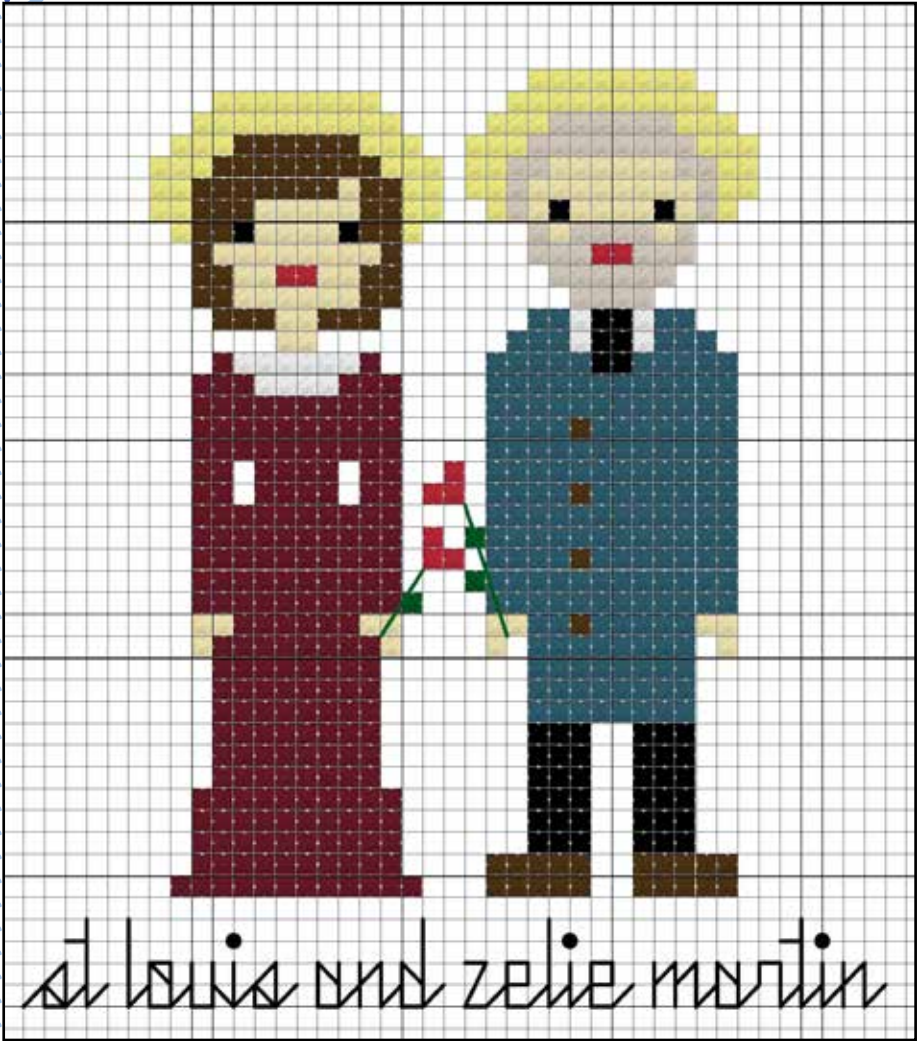


St. Leo the Great



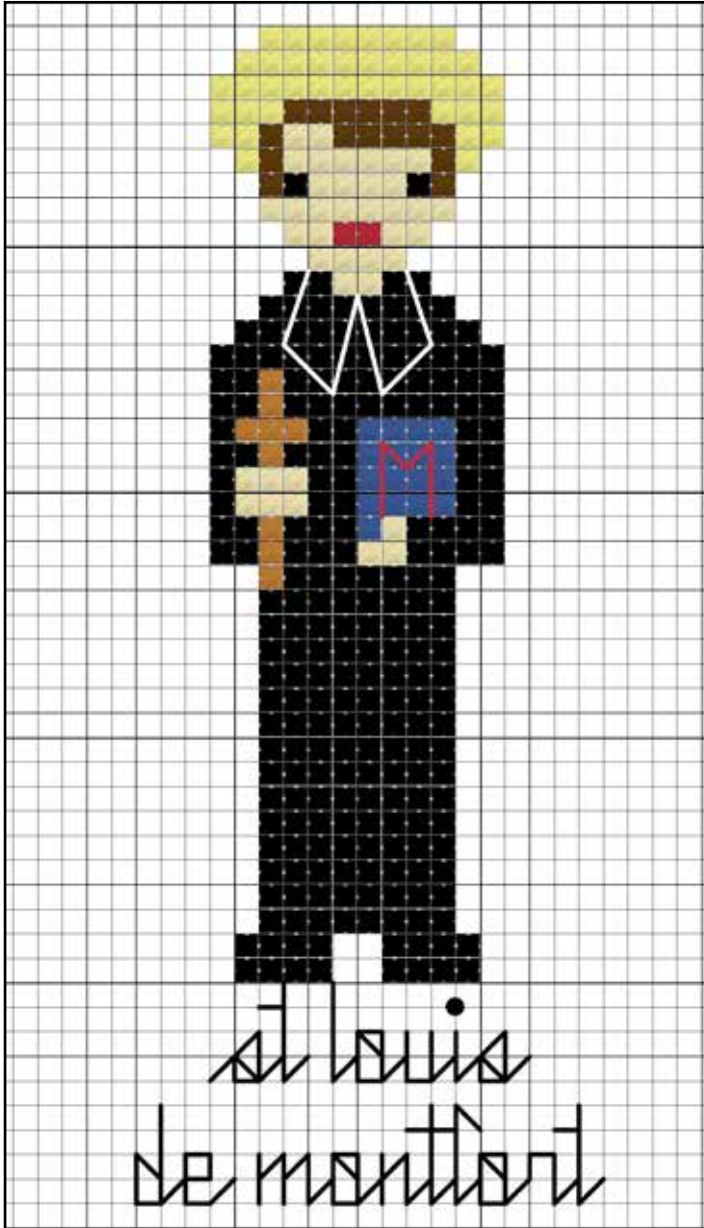
Saints

St. Louis and Zelie Martin



Saints

St. Louis de Montfort



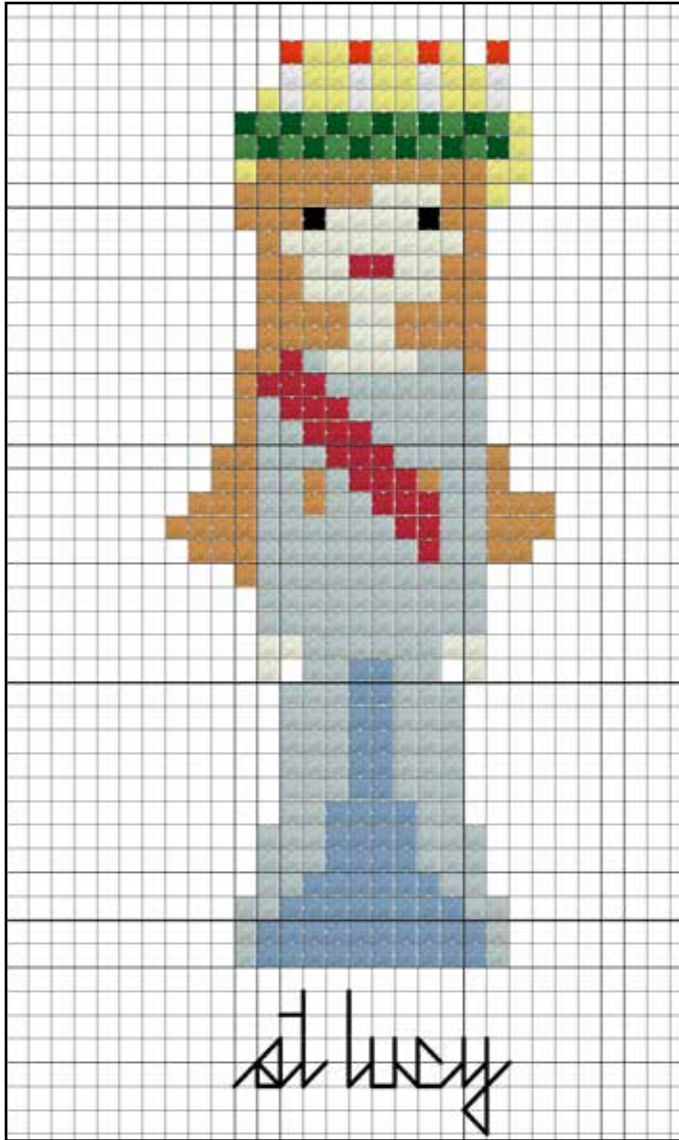
Saints

St. Louis King of France

Saints



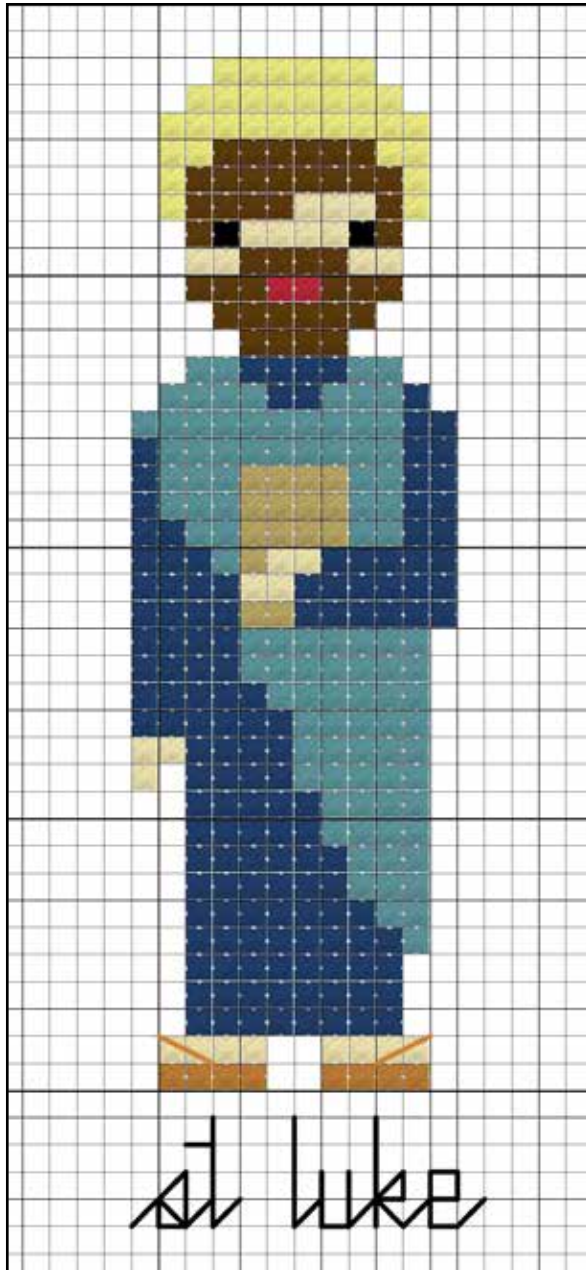
St. Lucy



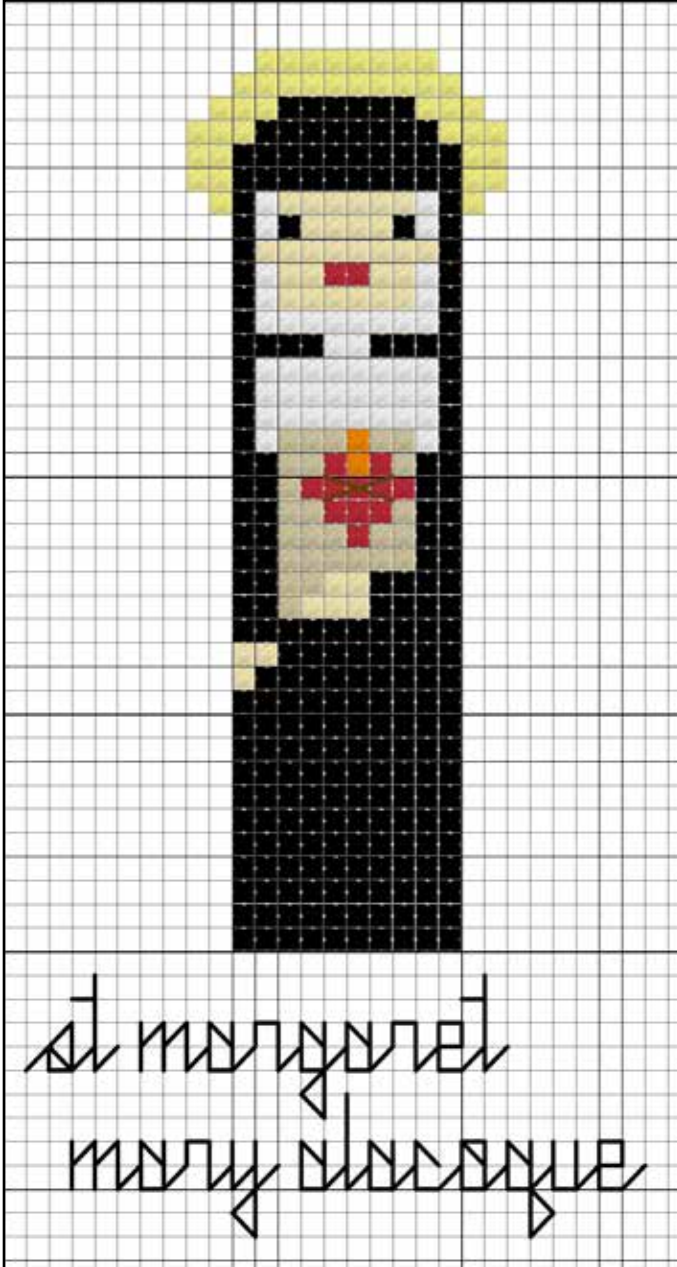
Saints

St. Luke

Saints



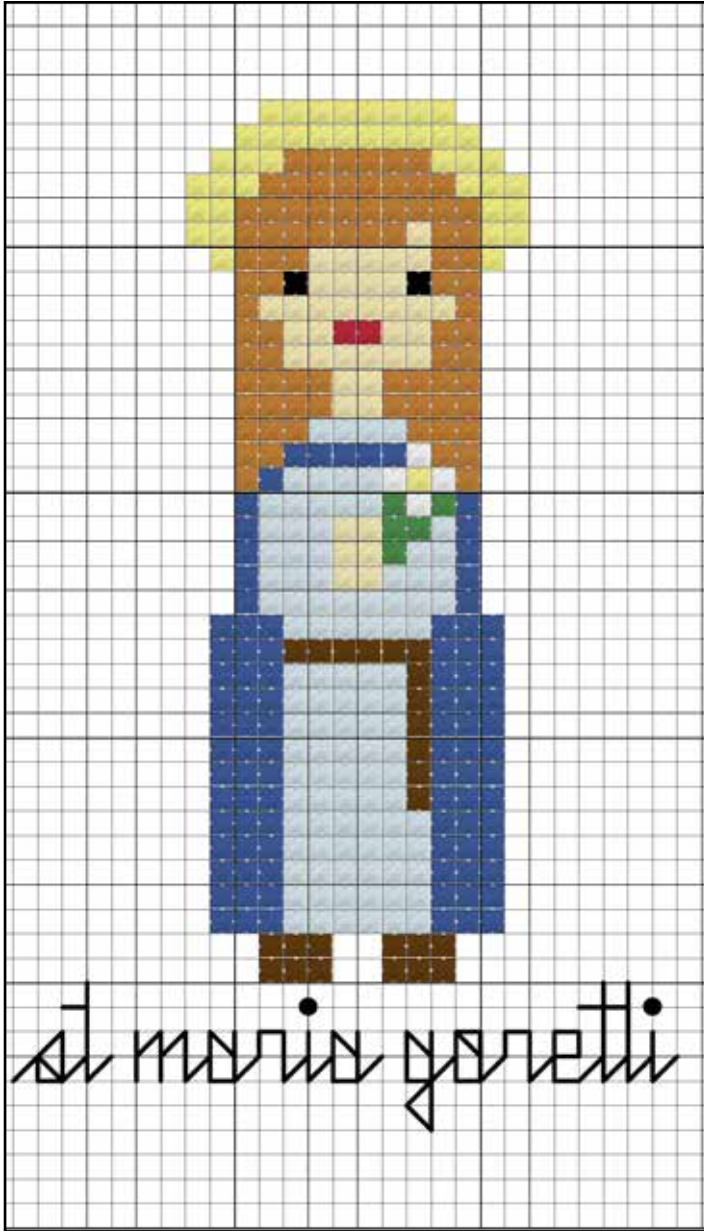
St. Margaret Mary Alacoque



Saints

St. Maria Goretti

Saints

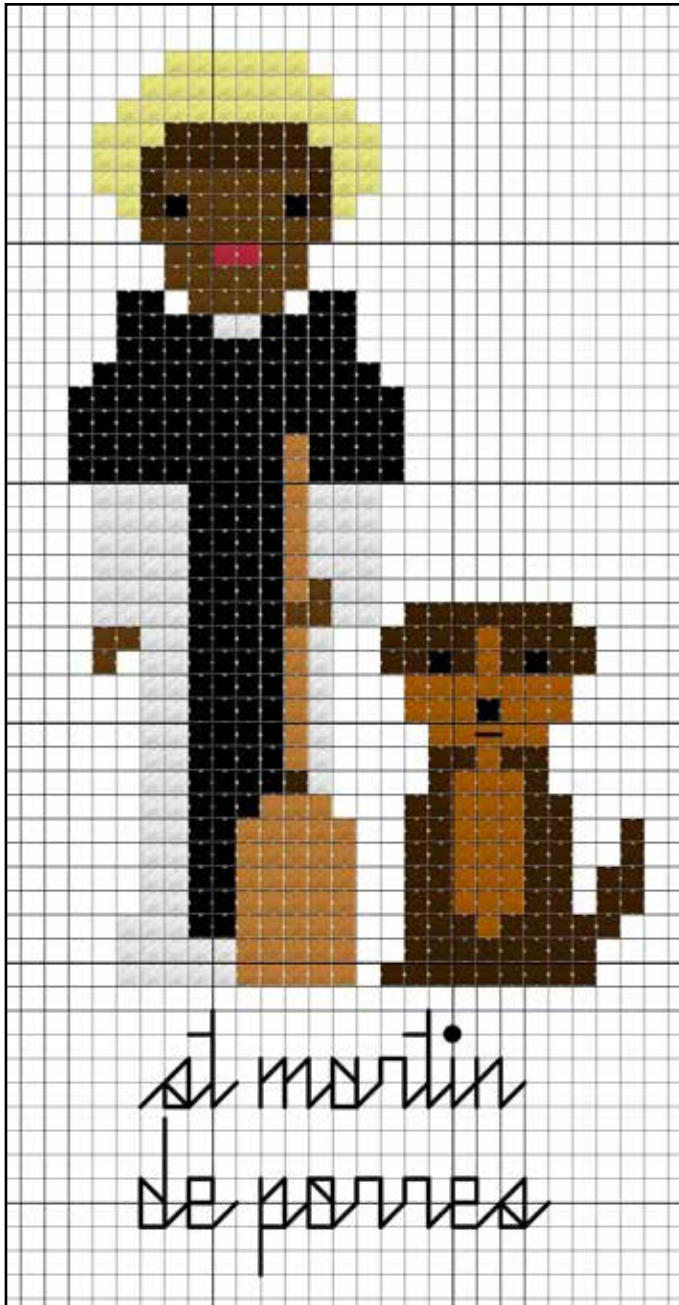


St. Mark



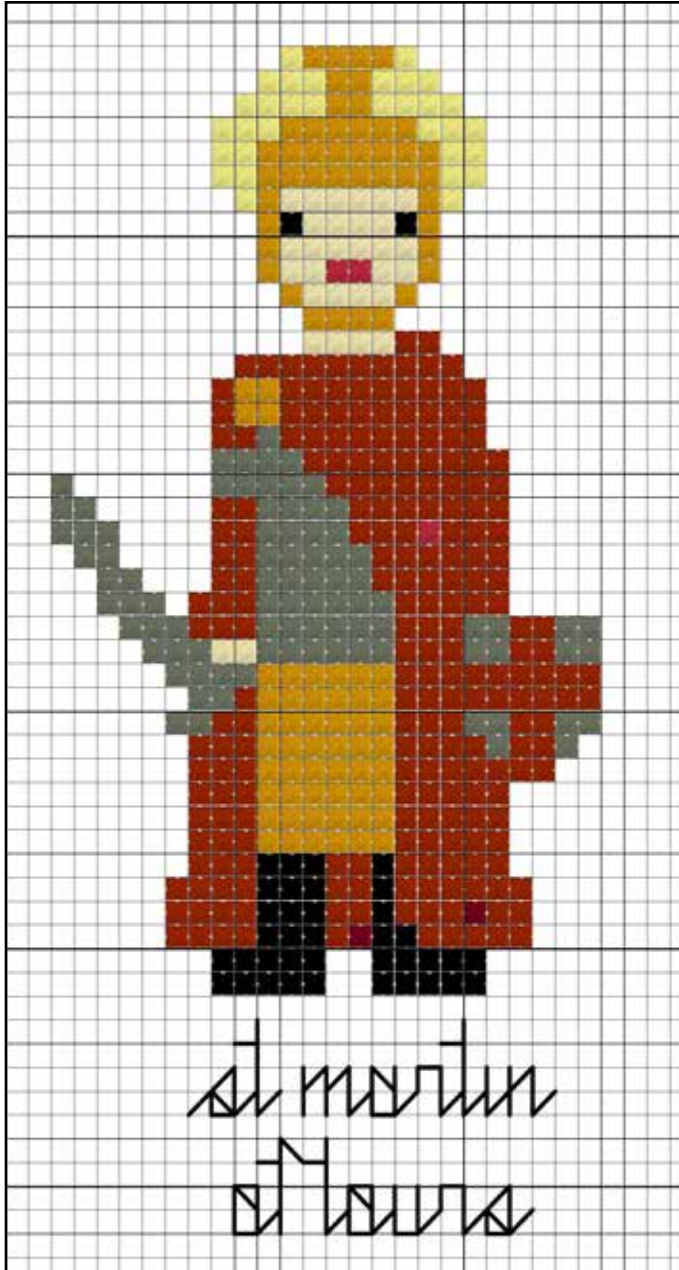
Saints

St. Martin de Porres



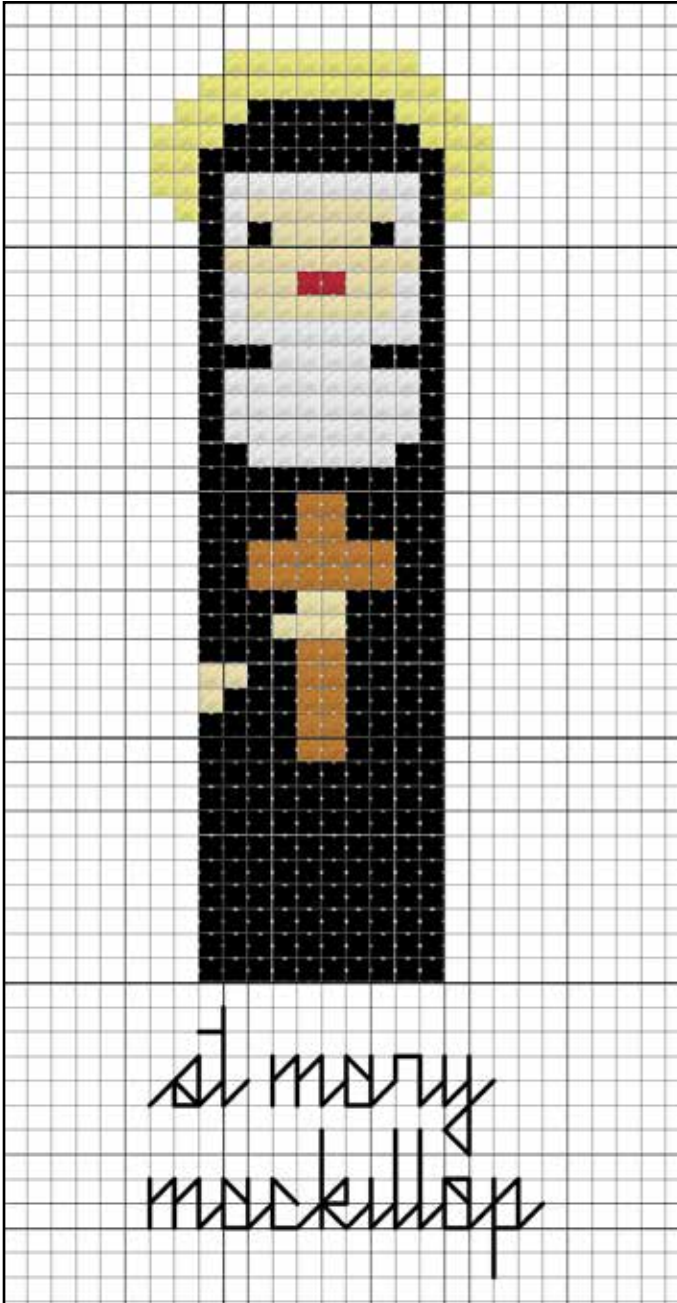
Saints

St. Martin of Tours



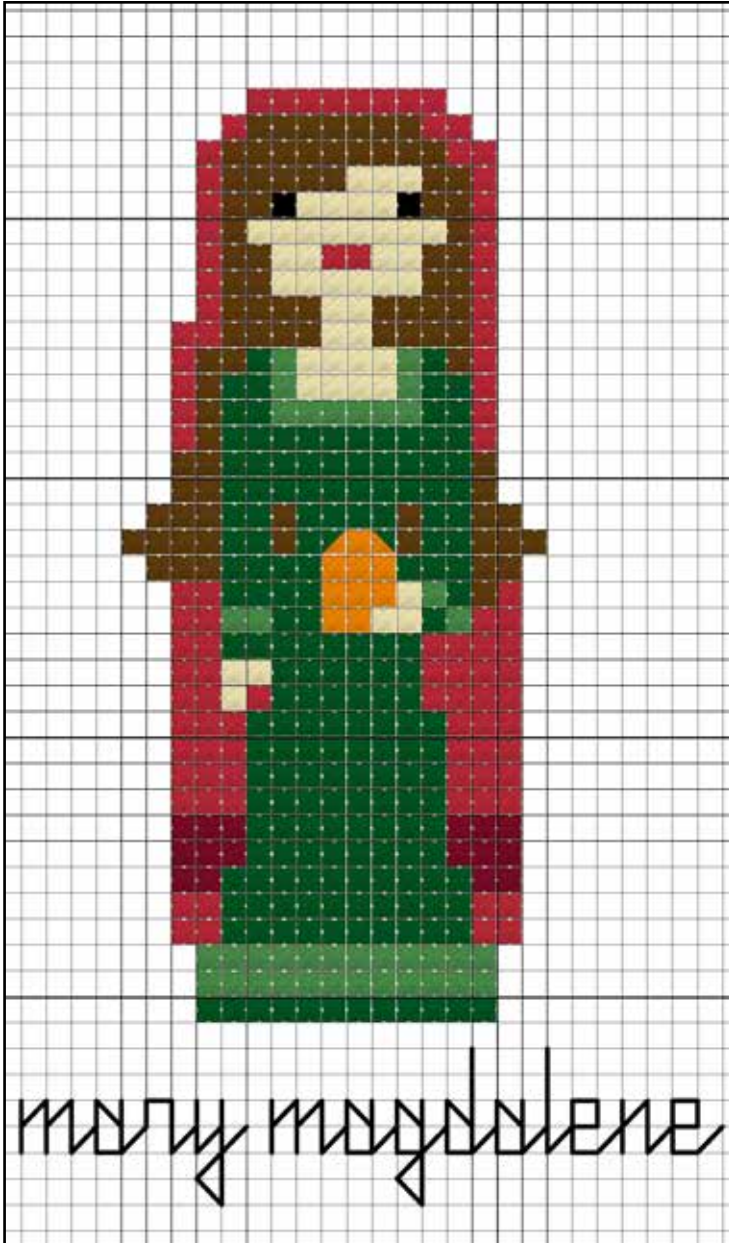
Saints

St. Mary
MacKillop



Saints

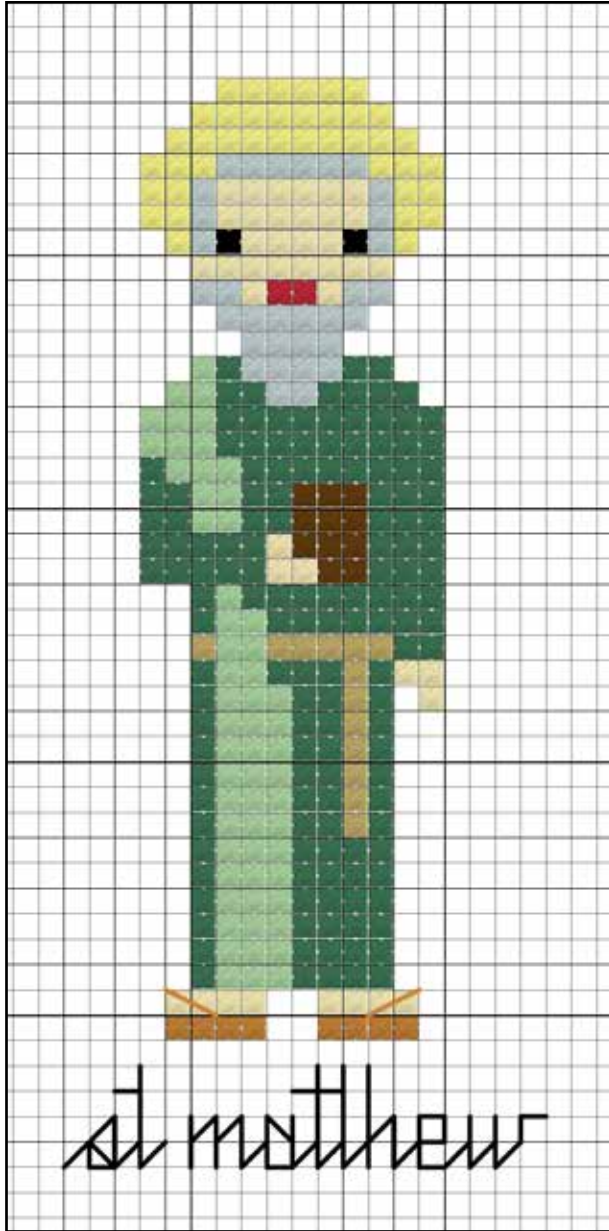
St. Mary Magdalene



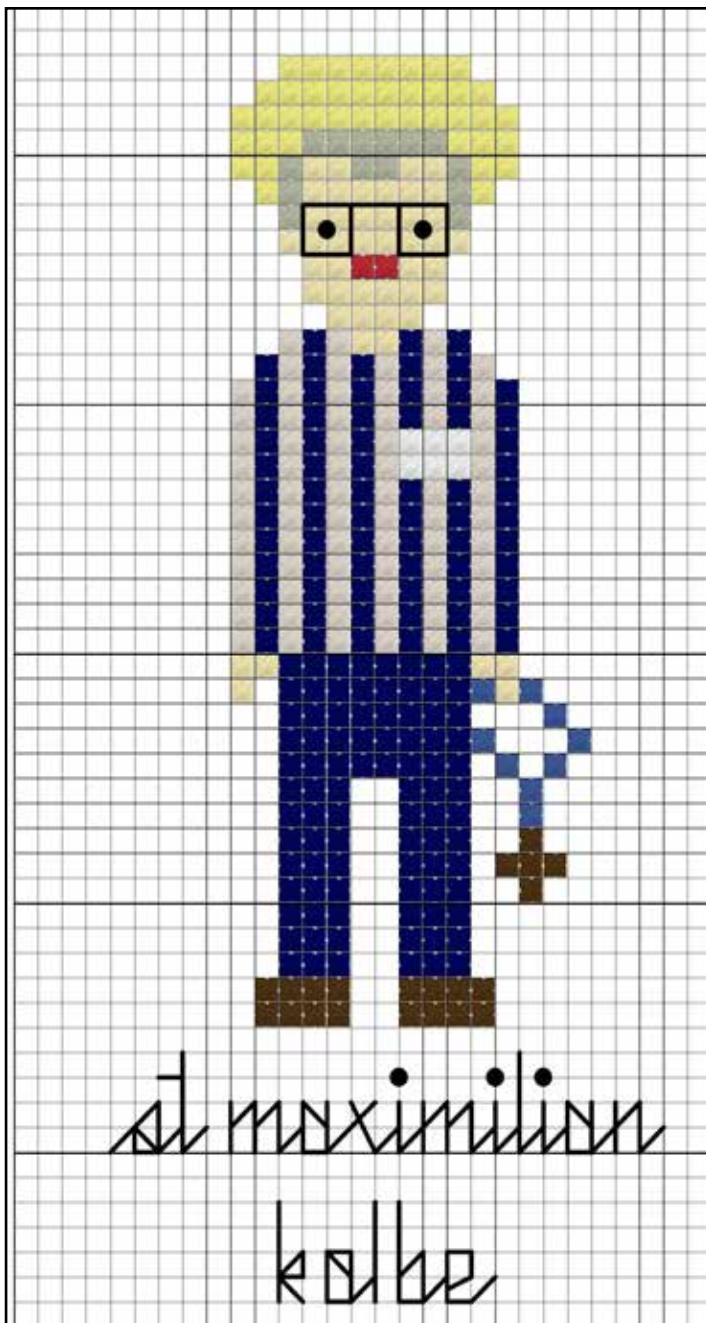
Saints

St. Matthew

Saints



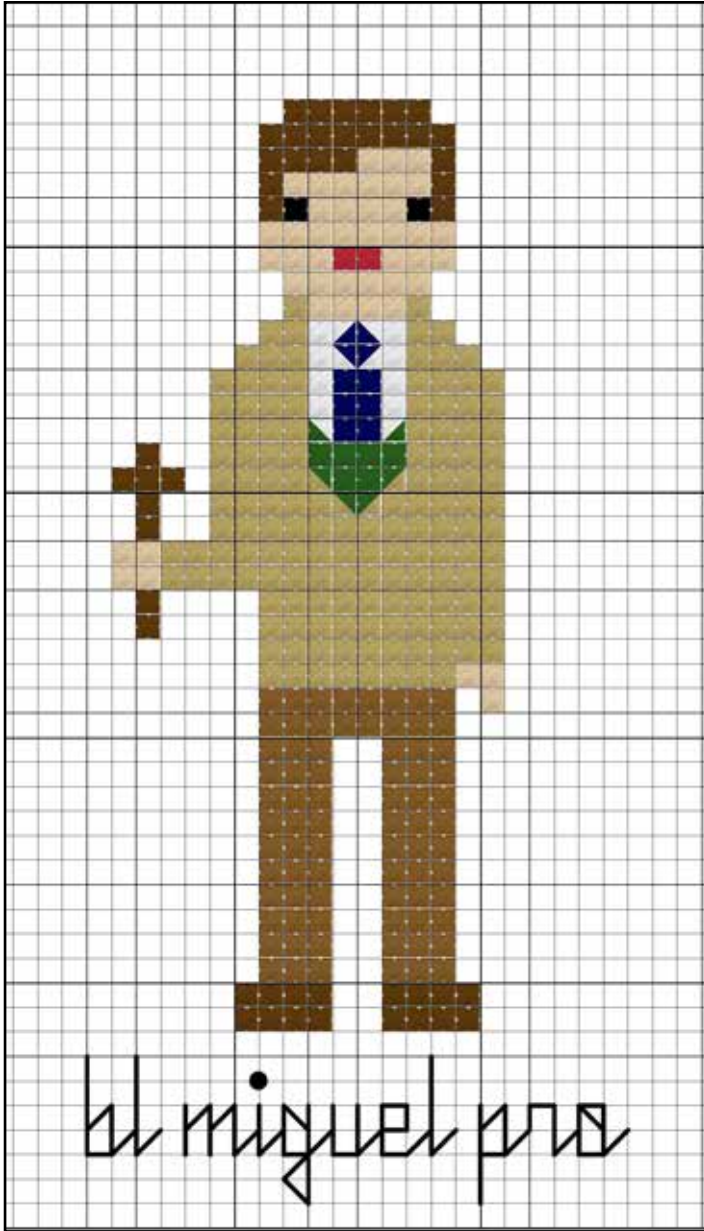
St. Maximilian Kolbe



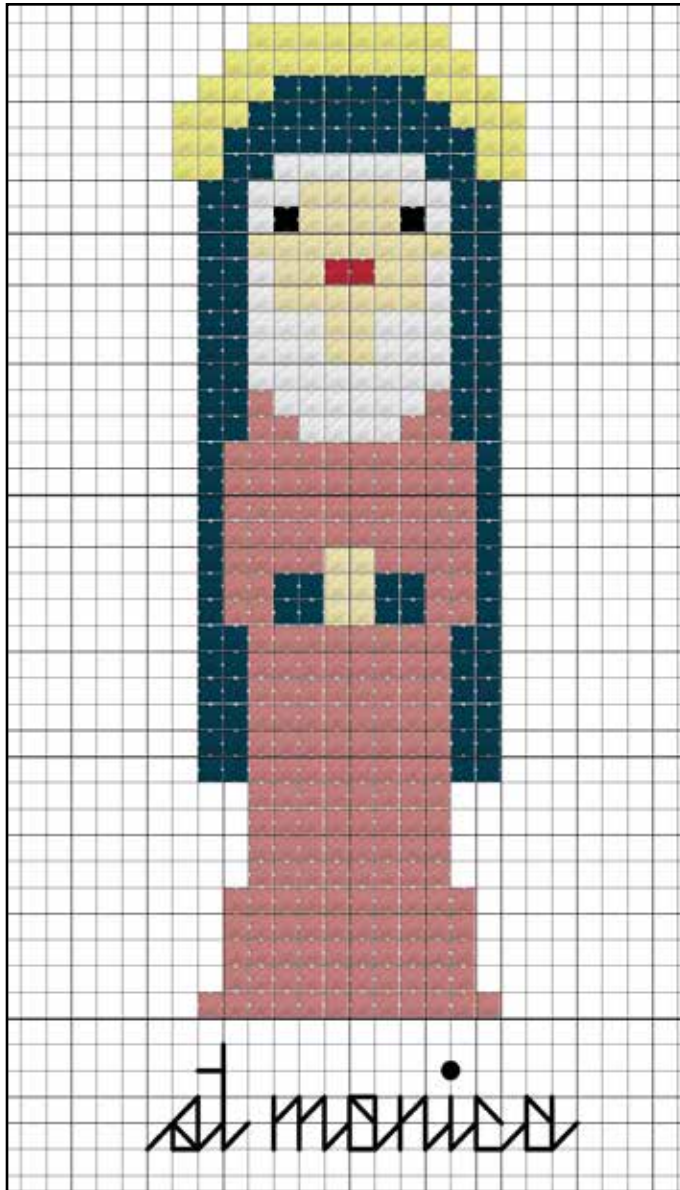
Saints

Blessed Miguel Pro

Saints



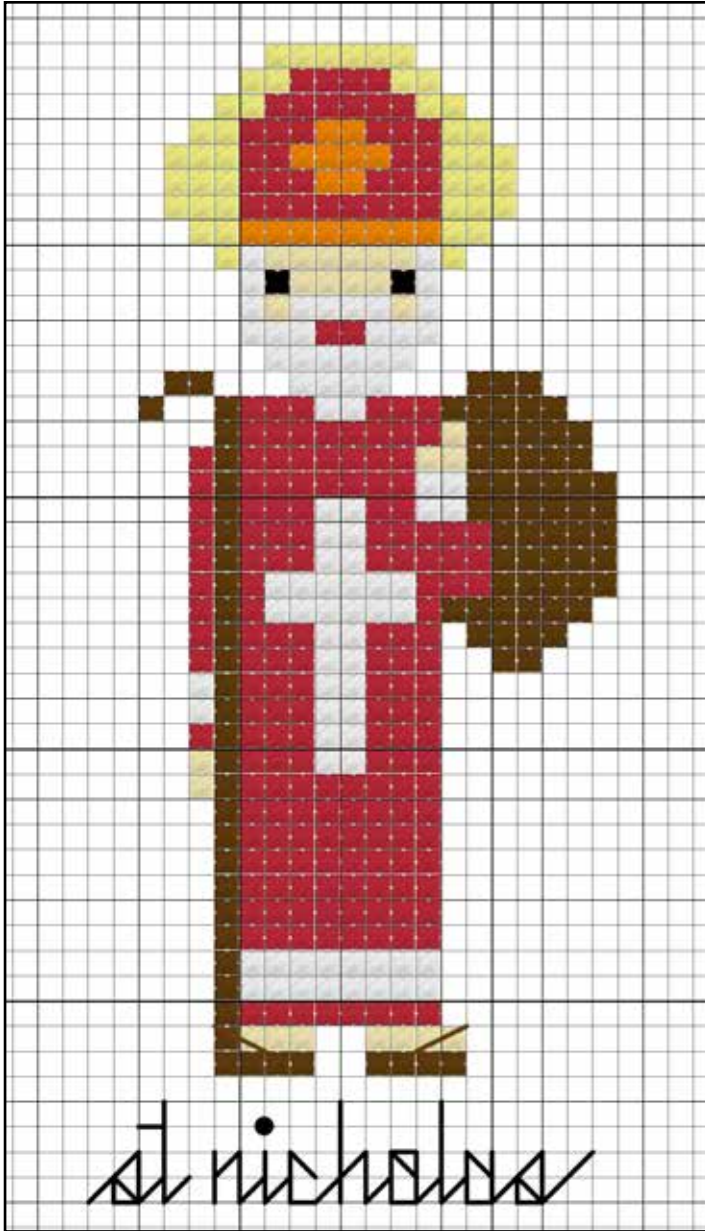
St. Monica



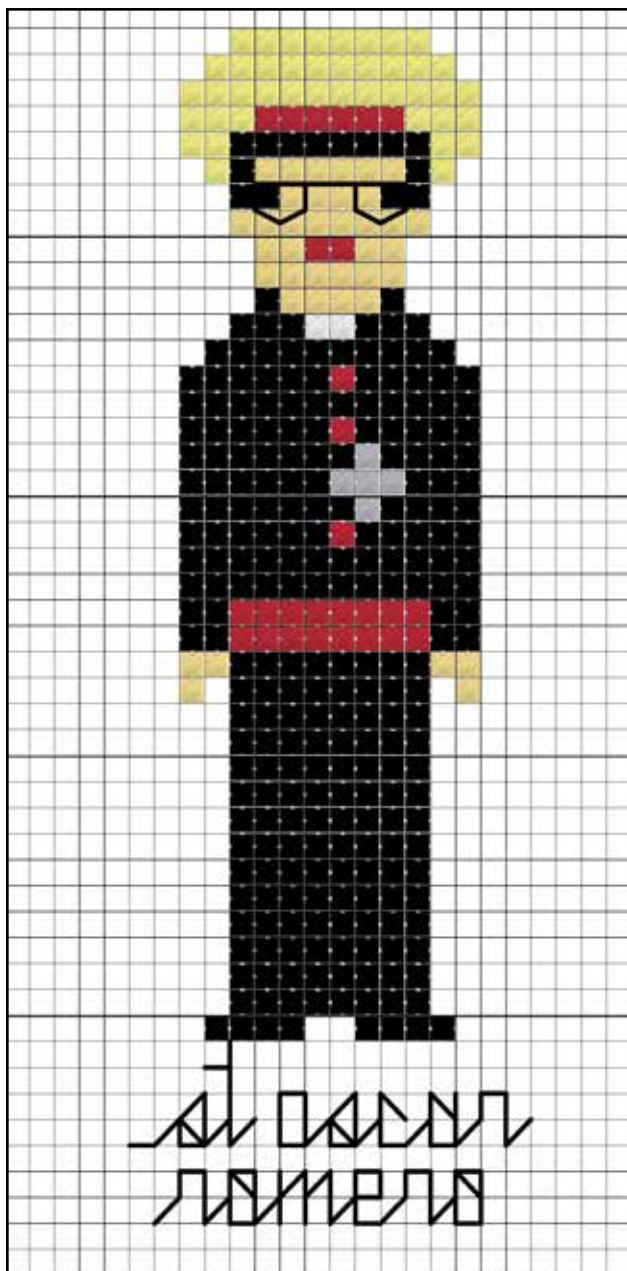
Saints

St. Nicholas

Saints



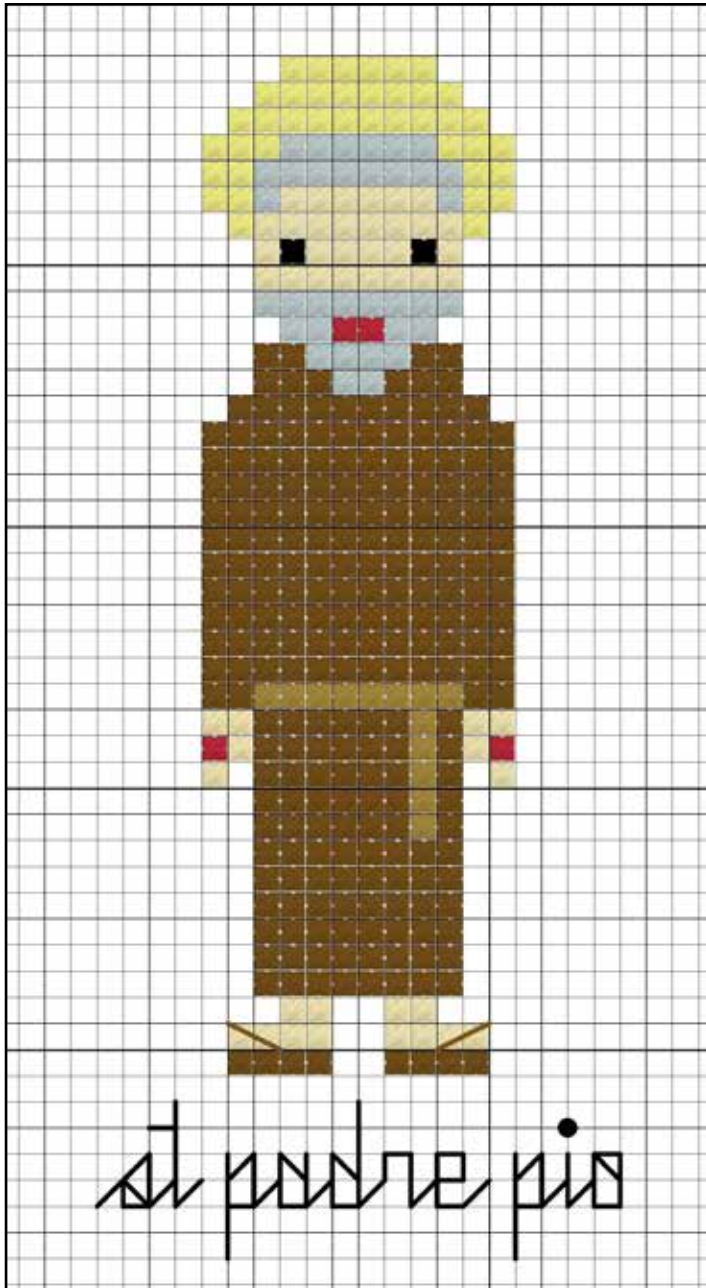
St. Oscar Romero



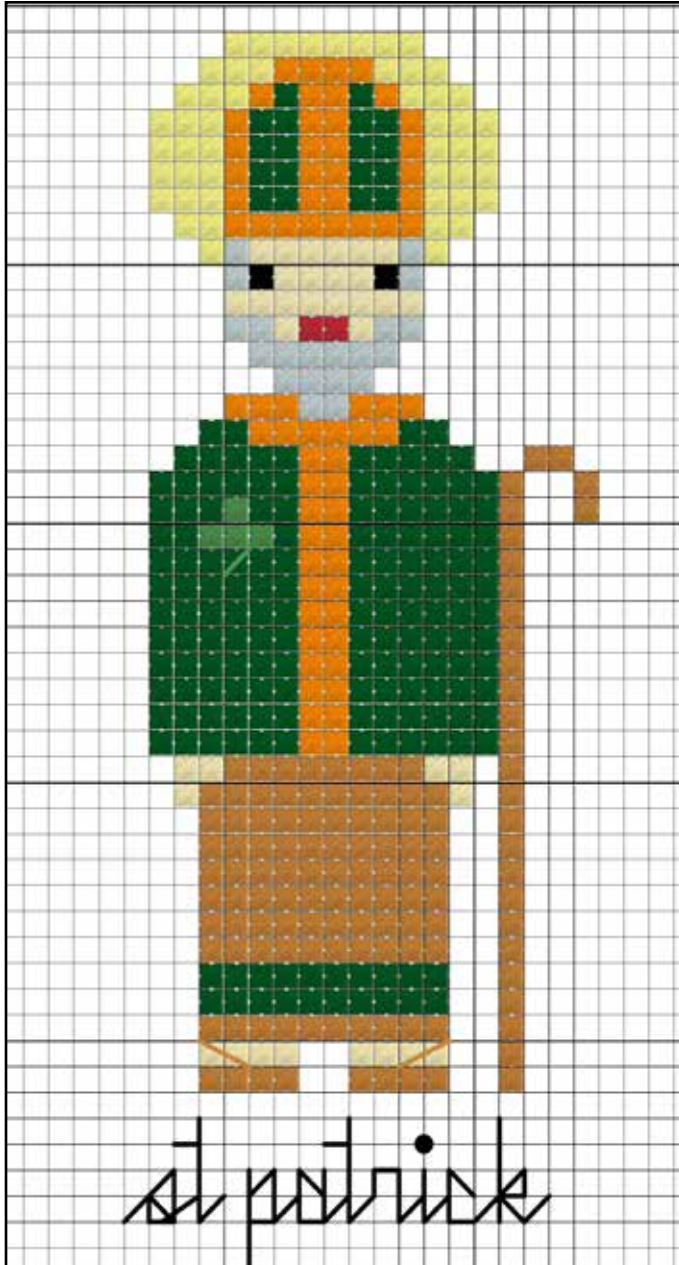
Saints

St. Padre Pio

Saints



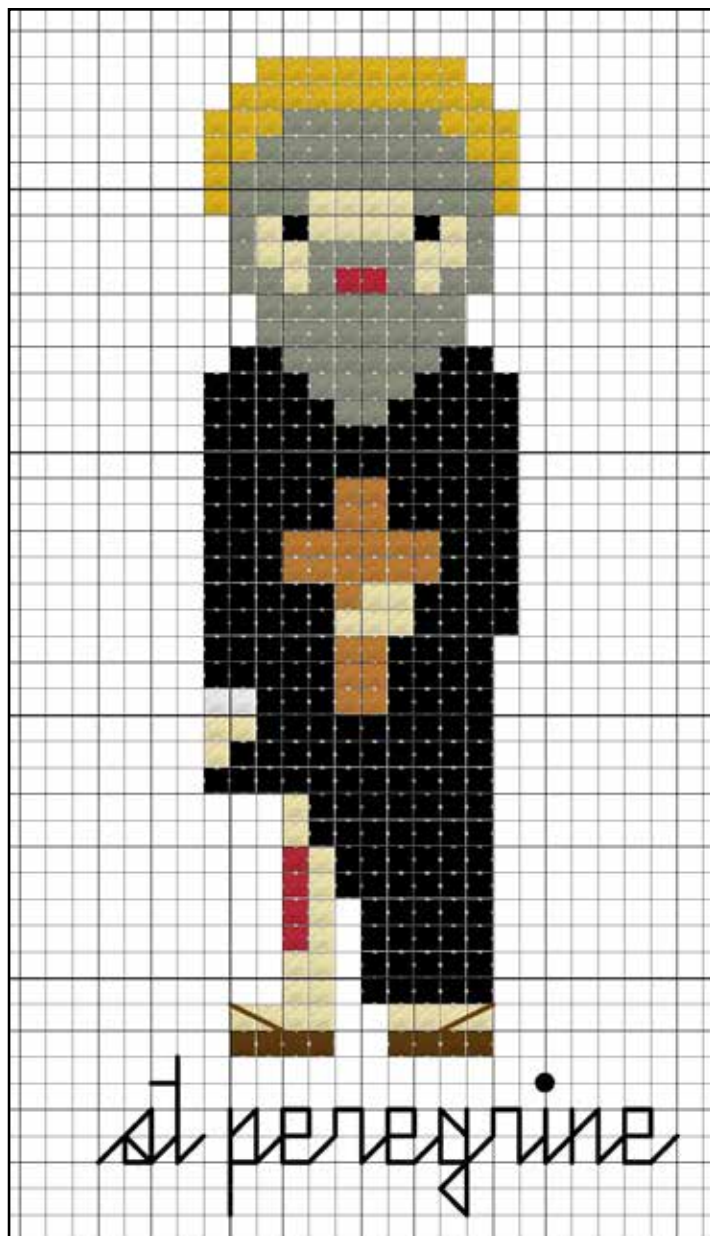
St. Patrick



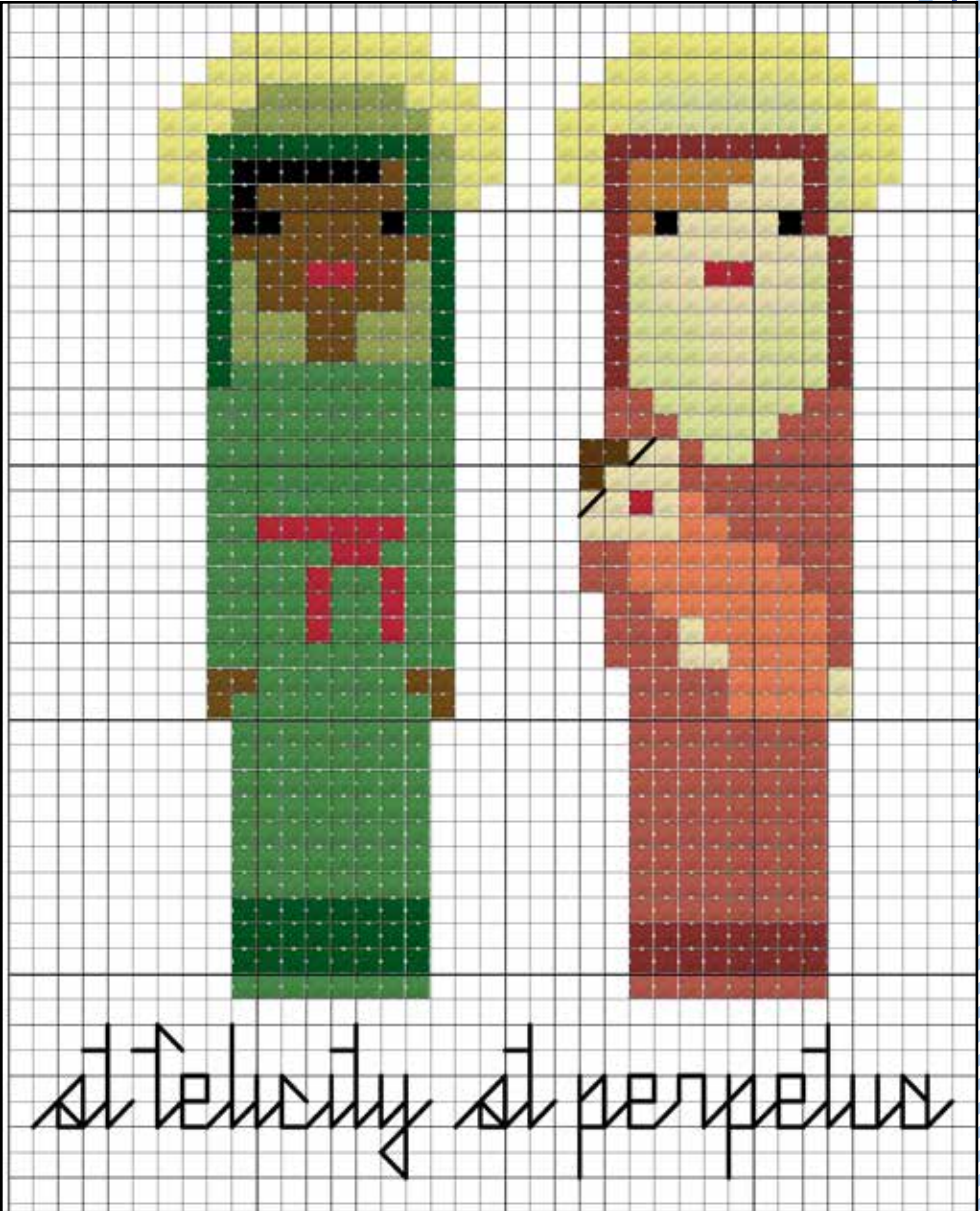
Saints

St. Peregrine

Saints



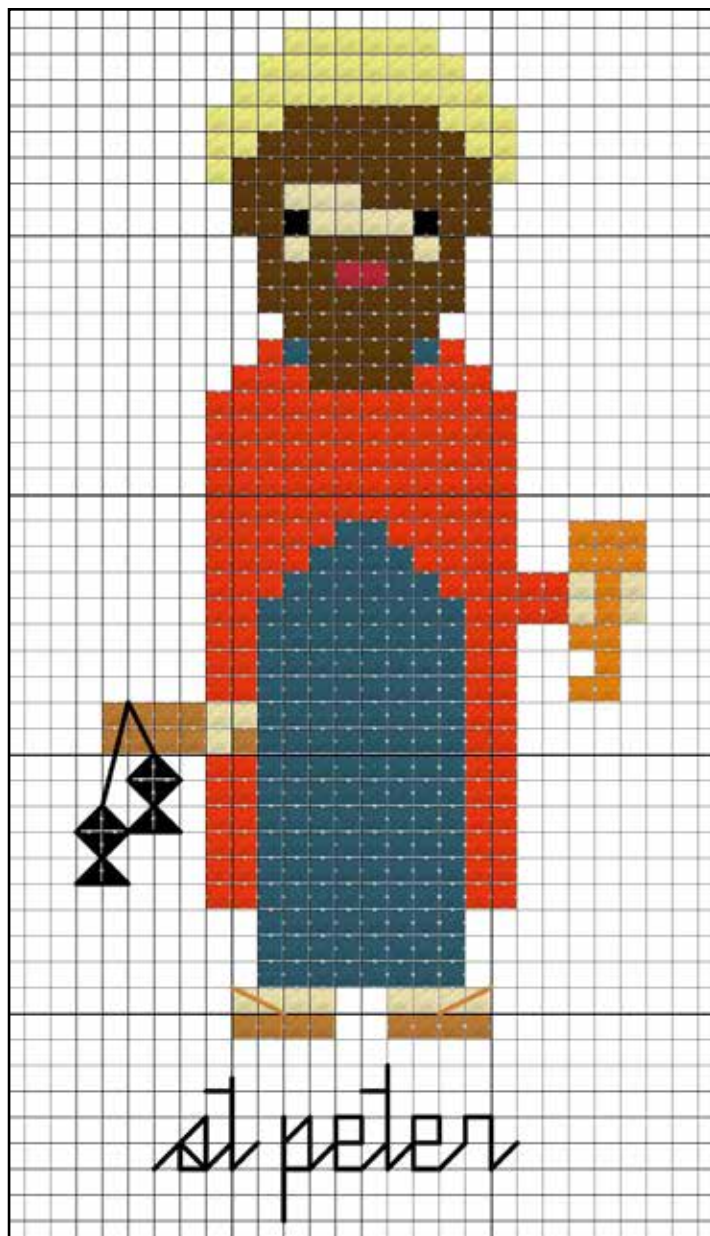
St. Felicity and St. Perpetua



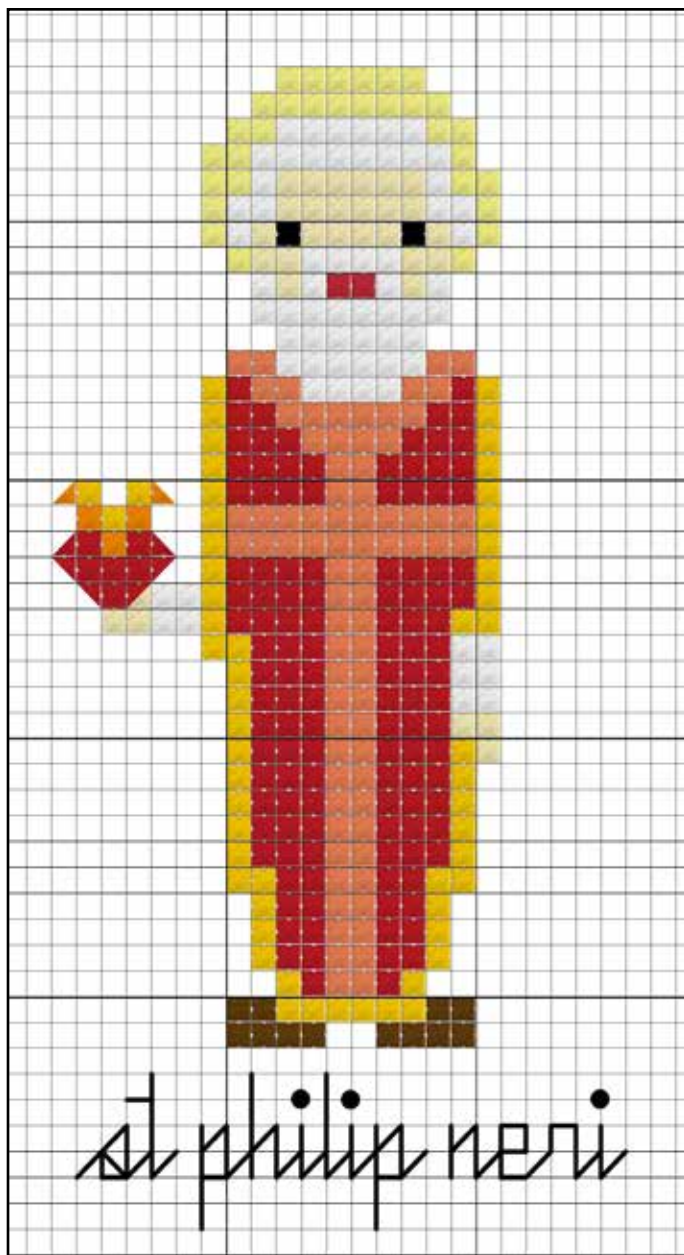
Saints

St. Peter

Saints



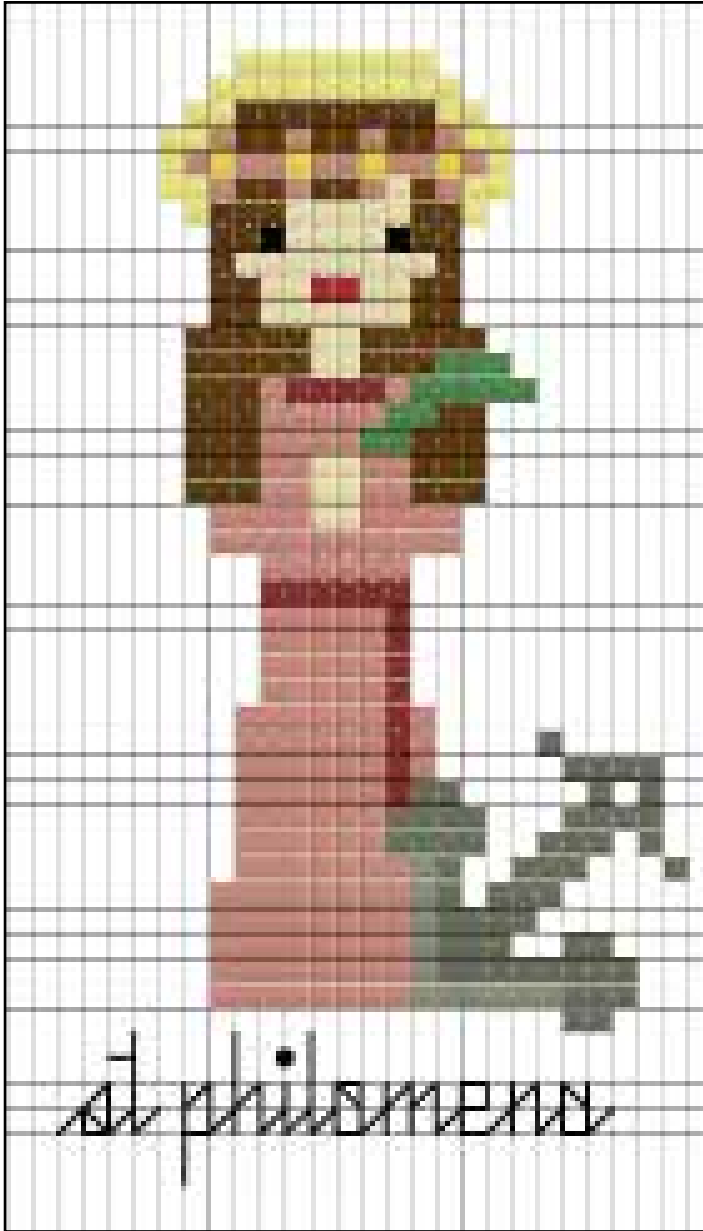
St. Philip Neri



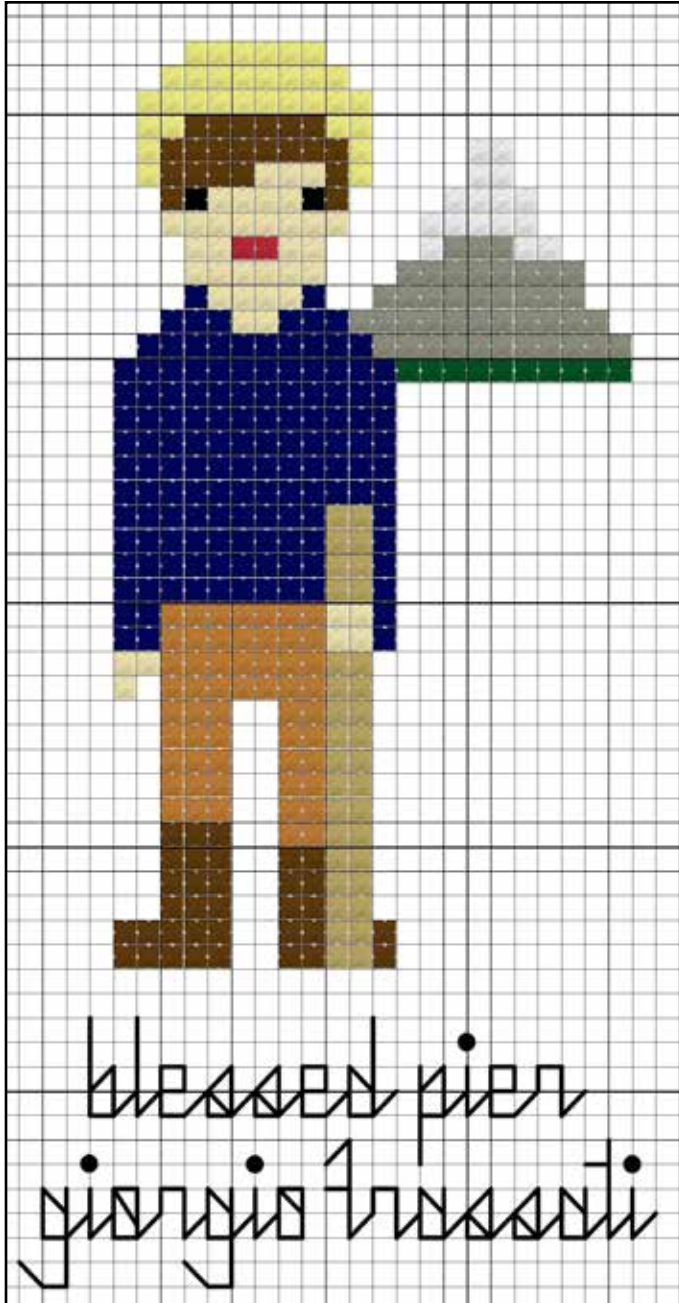
Saints

St. Philomena

Saints

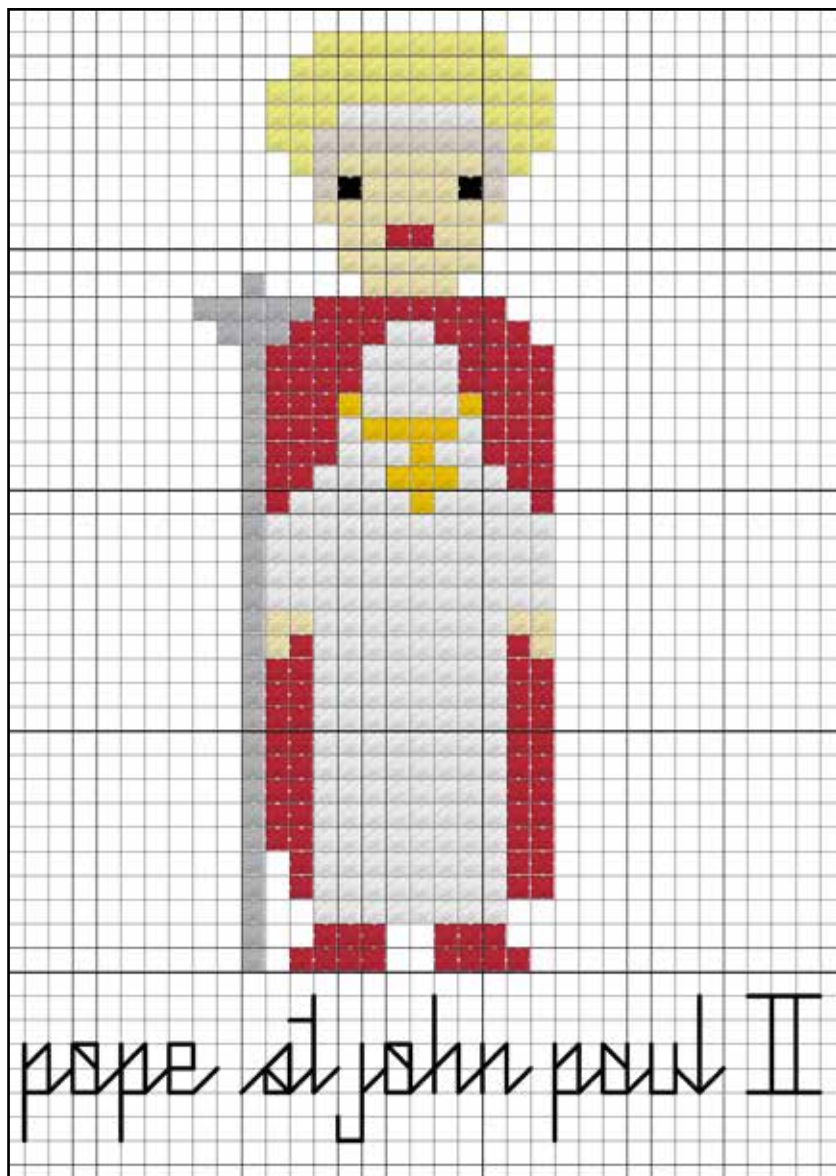


Blessed Pier Giorgio Frassati



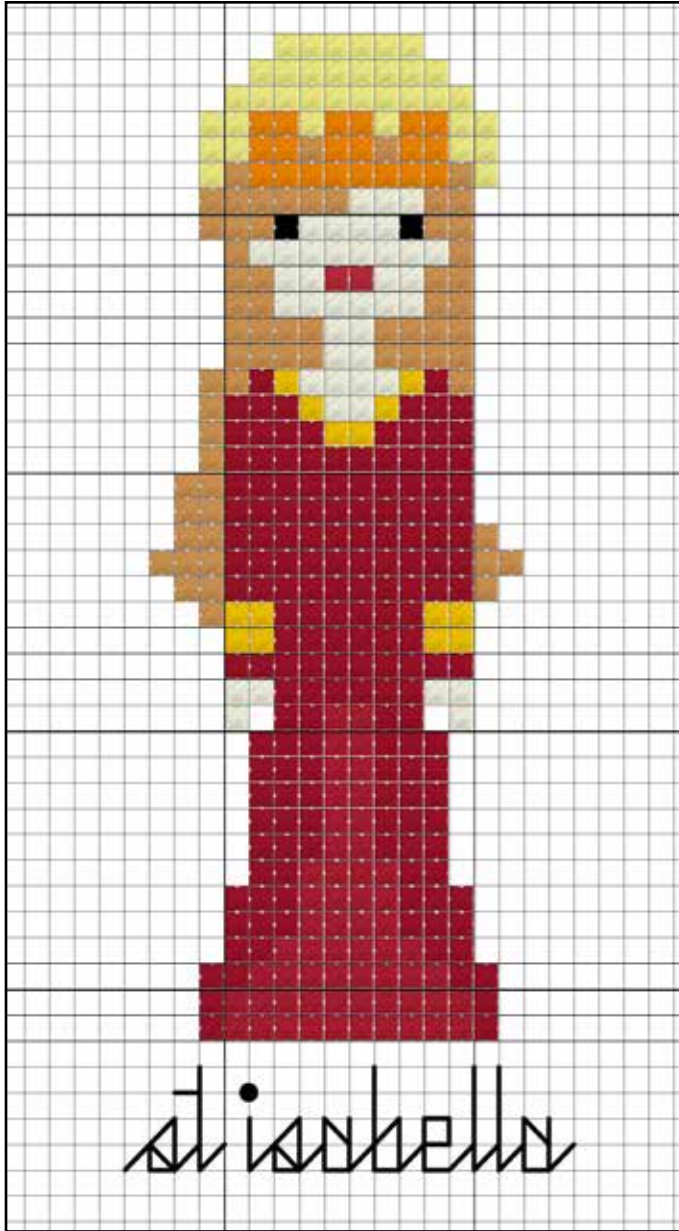
Saints

Pope St. John Paul II



Saints

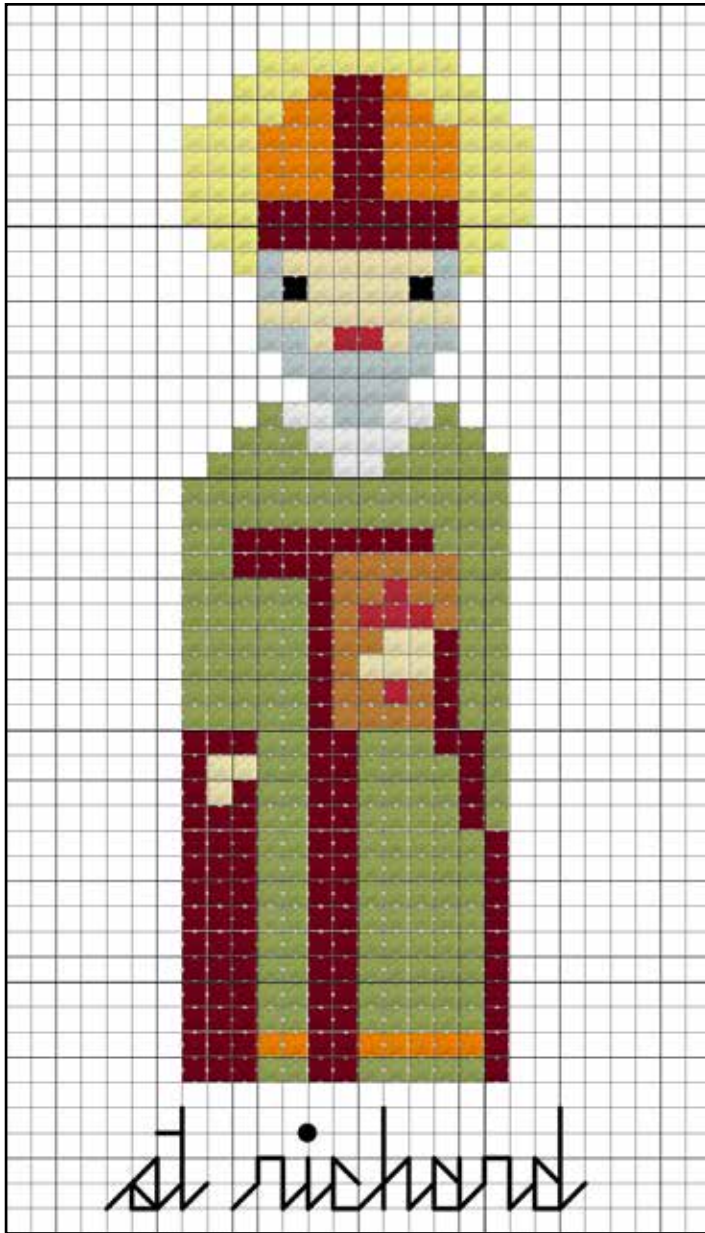
St. Queen Isabella



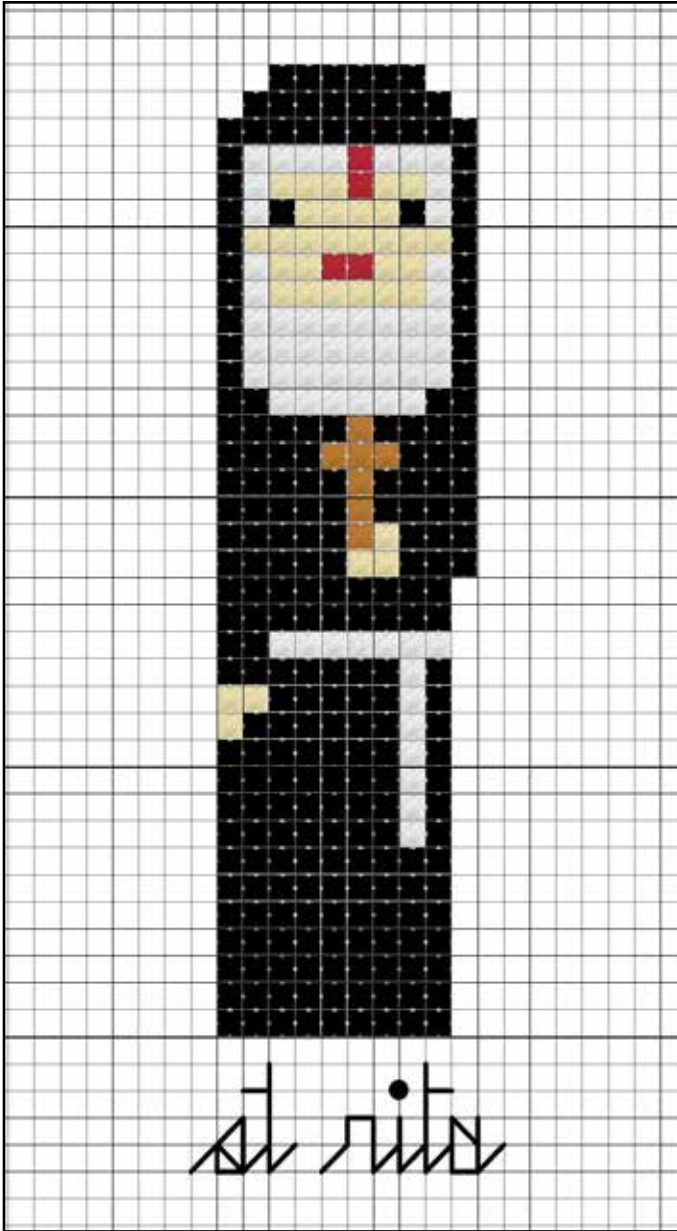
Saints

St. Richard

Saints



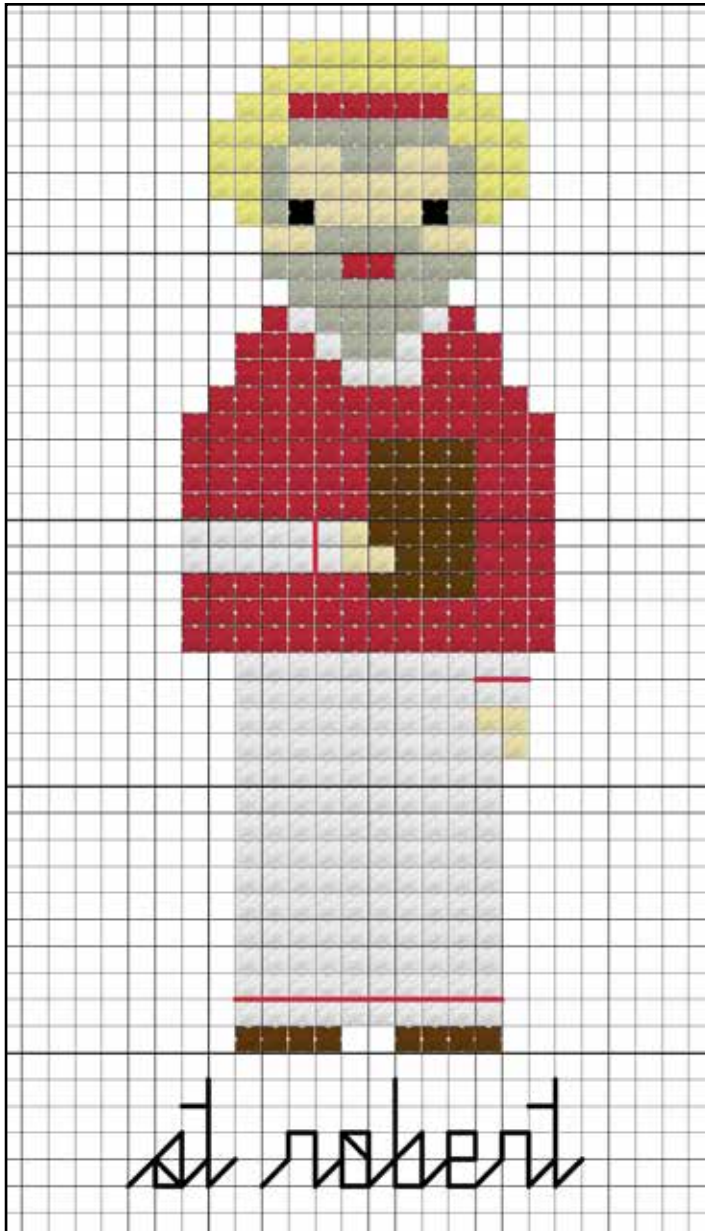
St. Rita



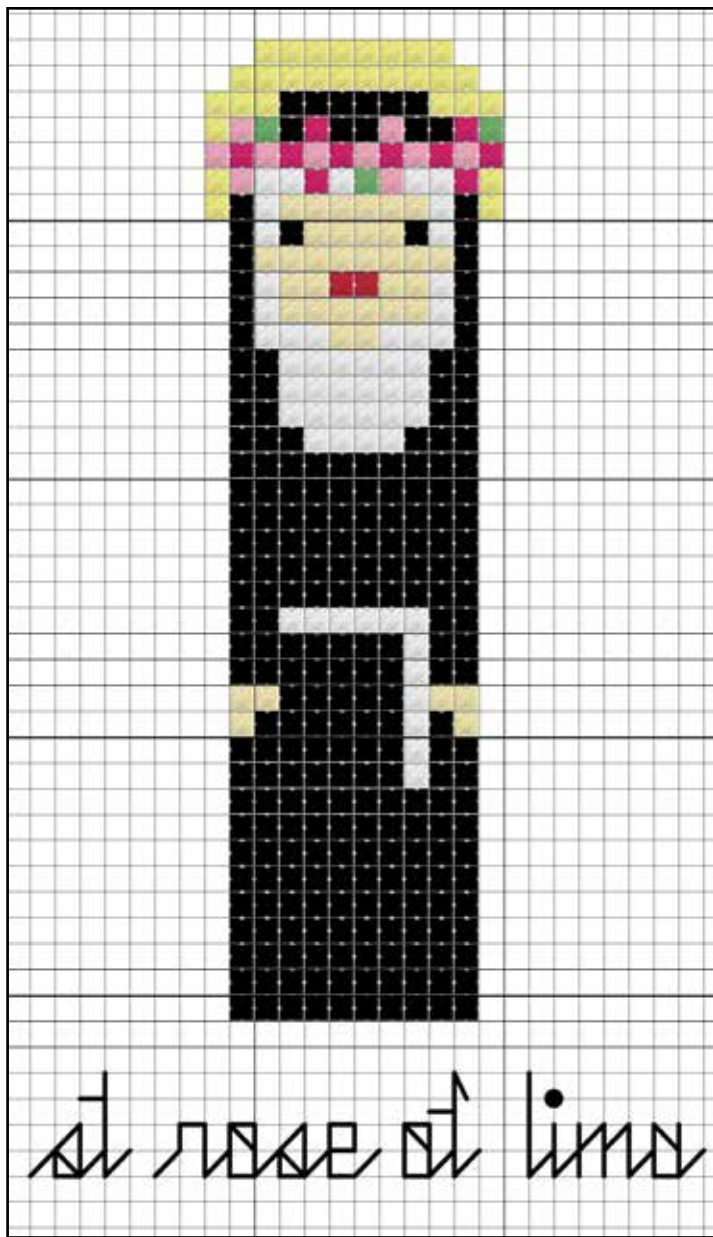
Saints

St. Robert

Saints



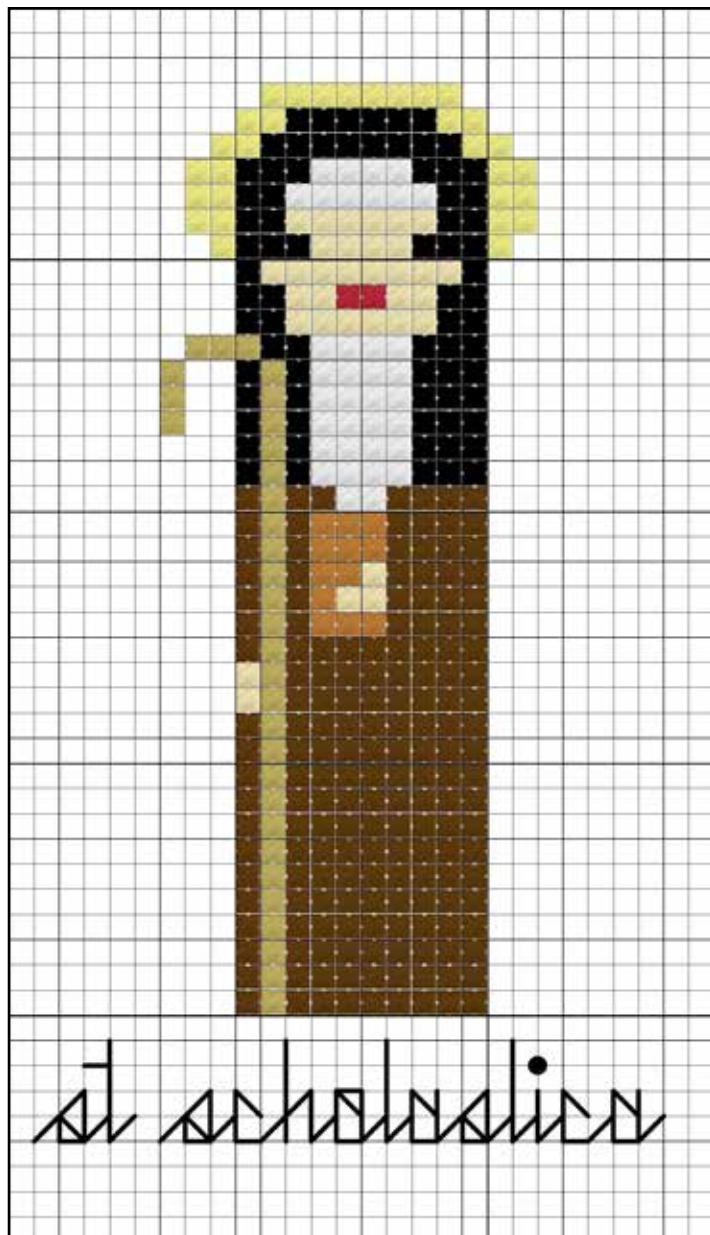
St. Rose of Lima



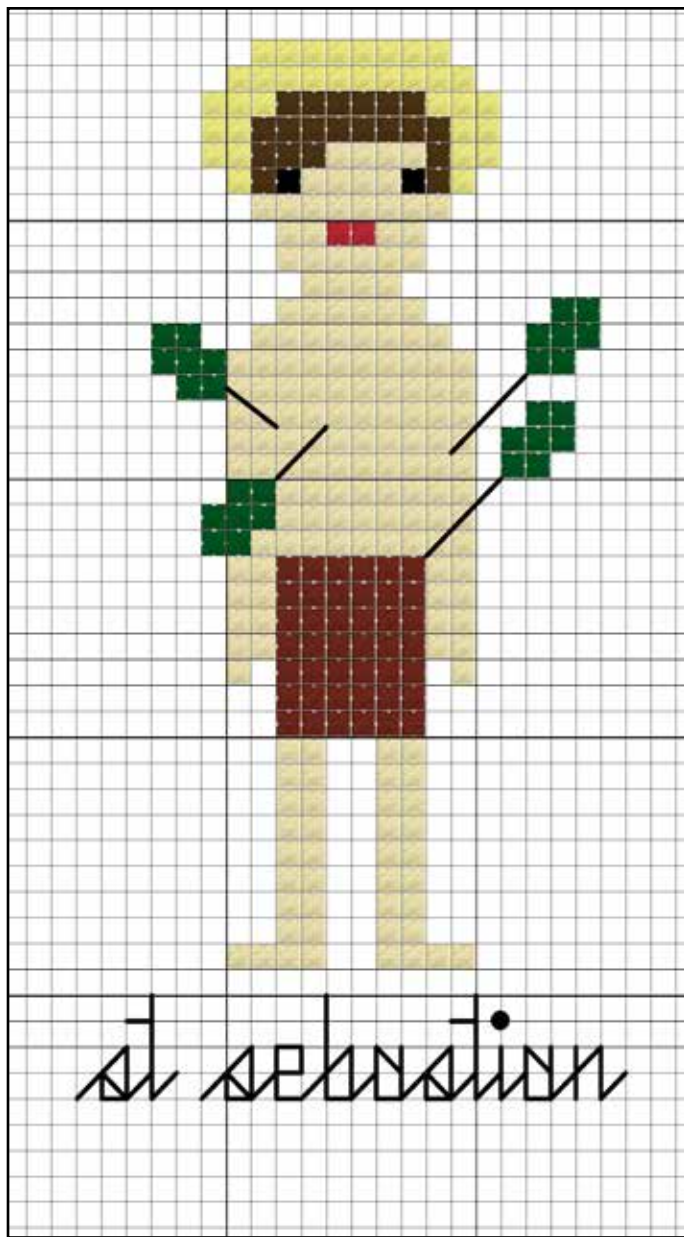
Saints

St. Scholastica

Saints



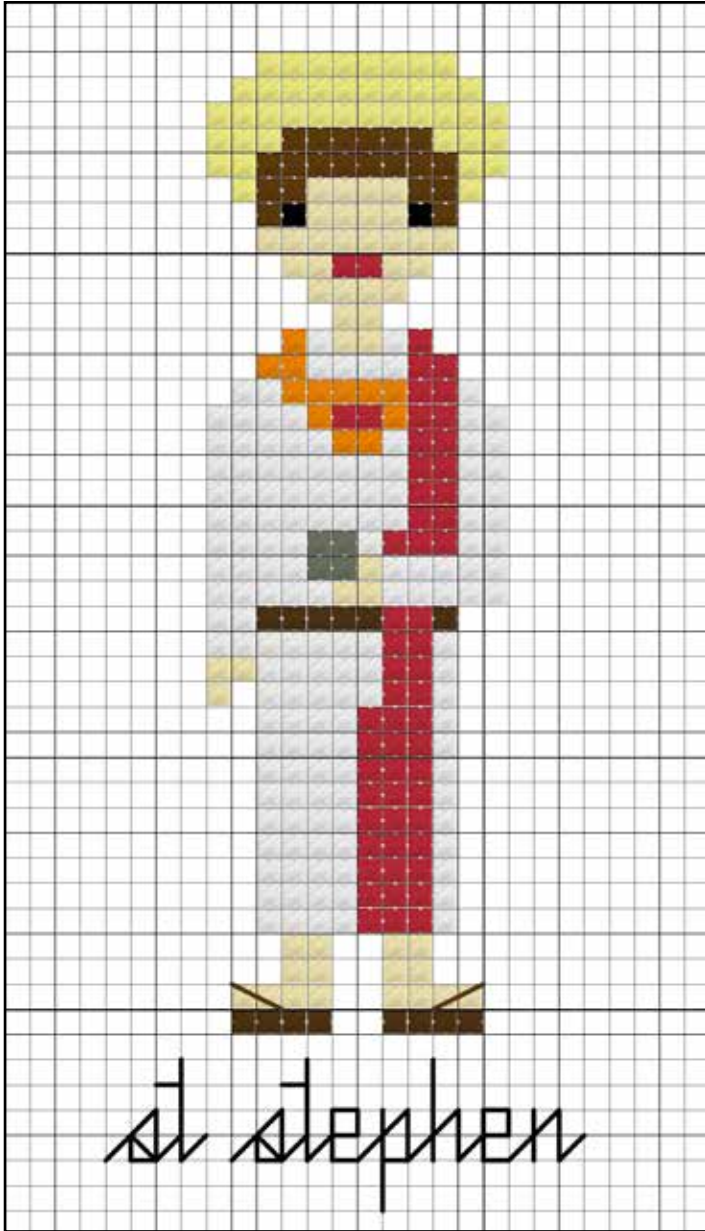
St. Sebastian



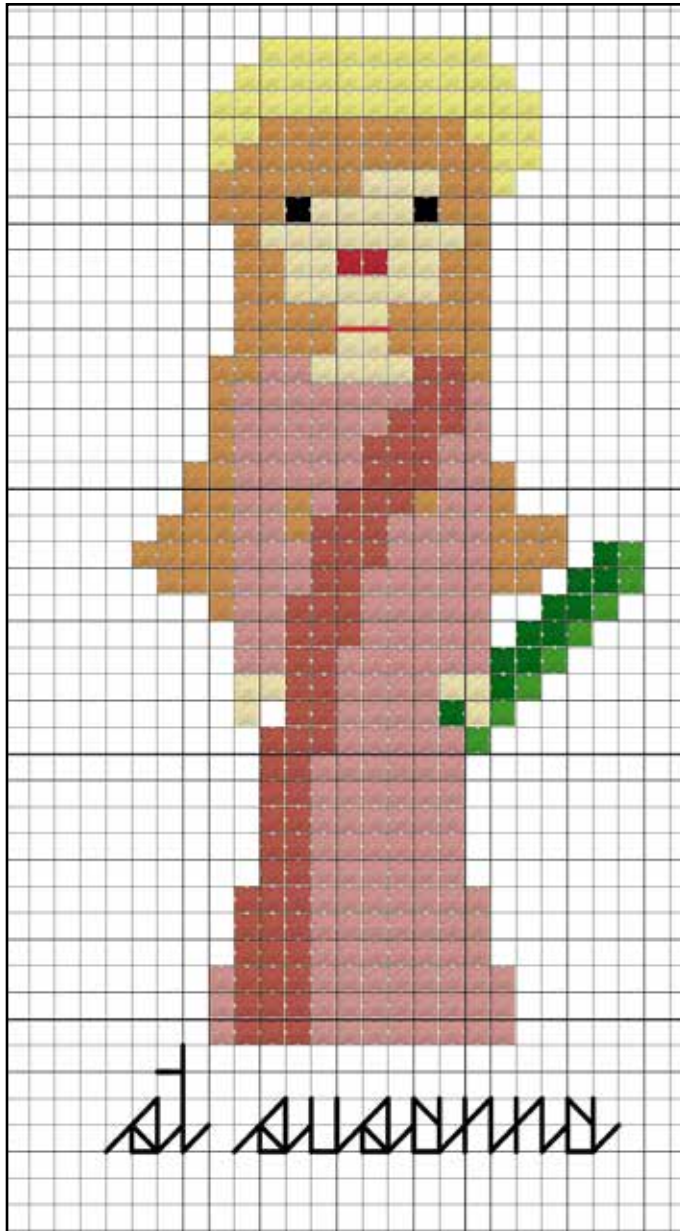
Saints

St. Stephen

Saints



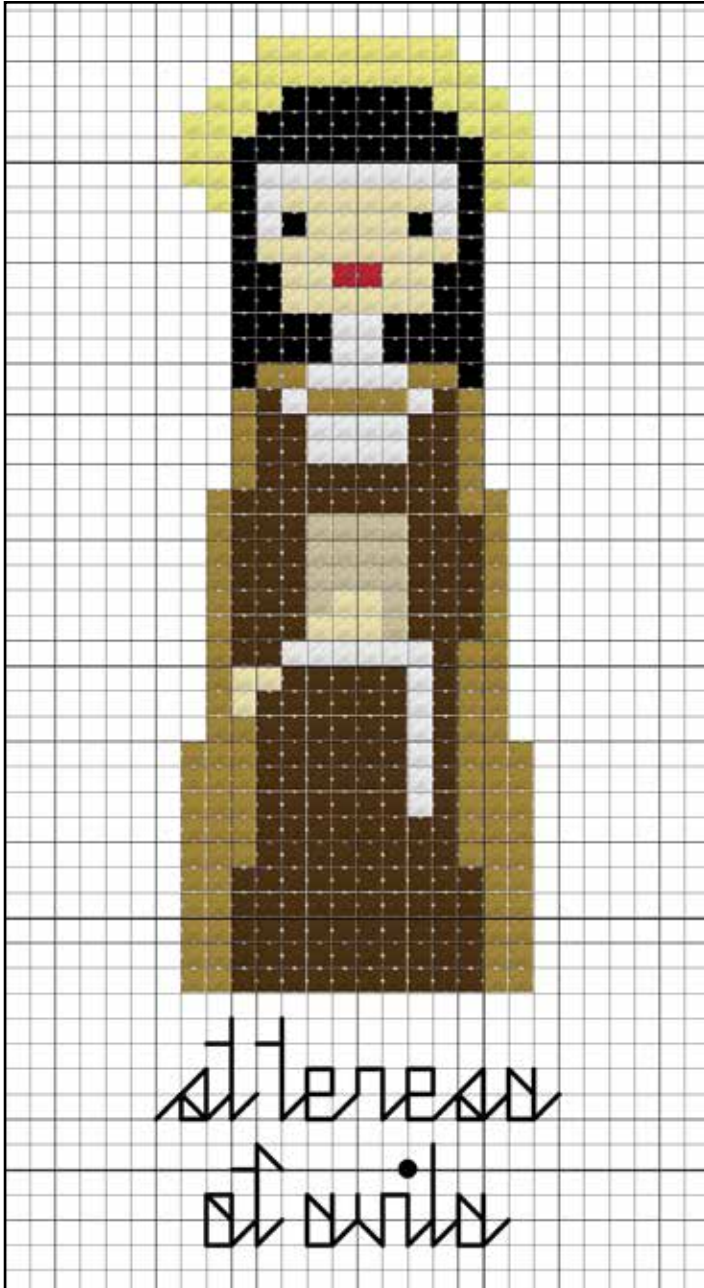
St. Susanna



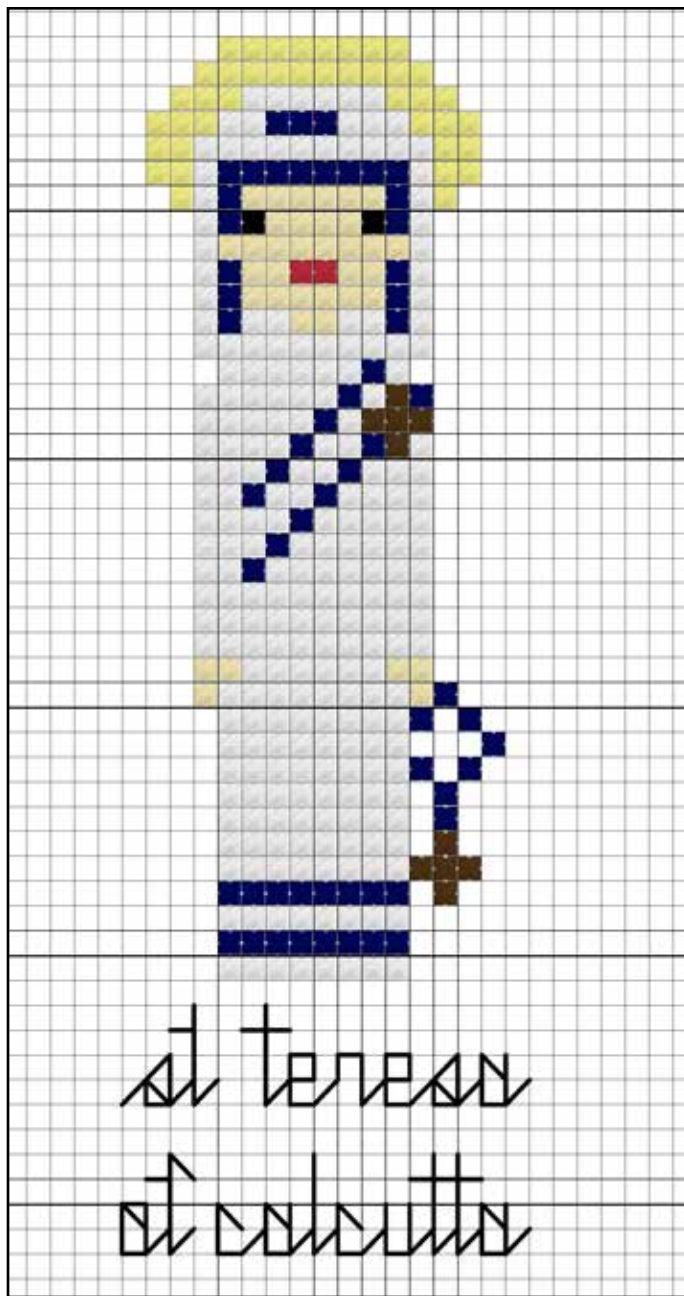
Saints

St. Teresa of Avila

Saints



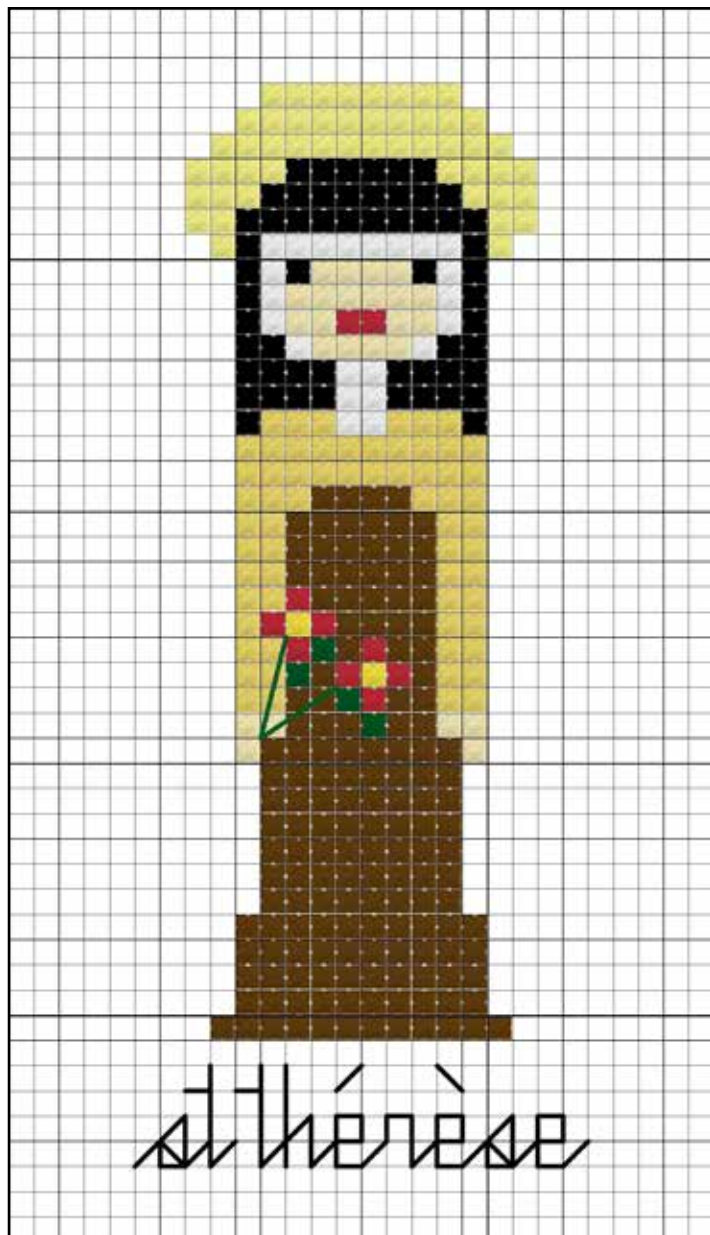
St. Teresa of Calcutta



Saints

St. Therese

Saints



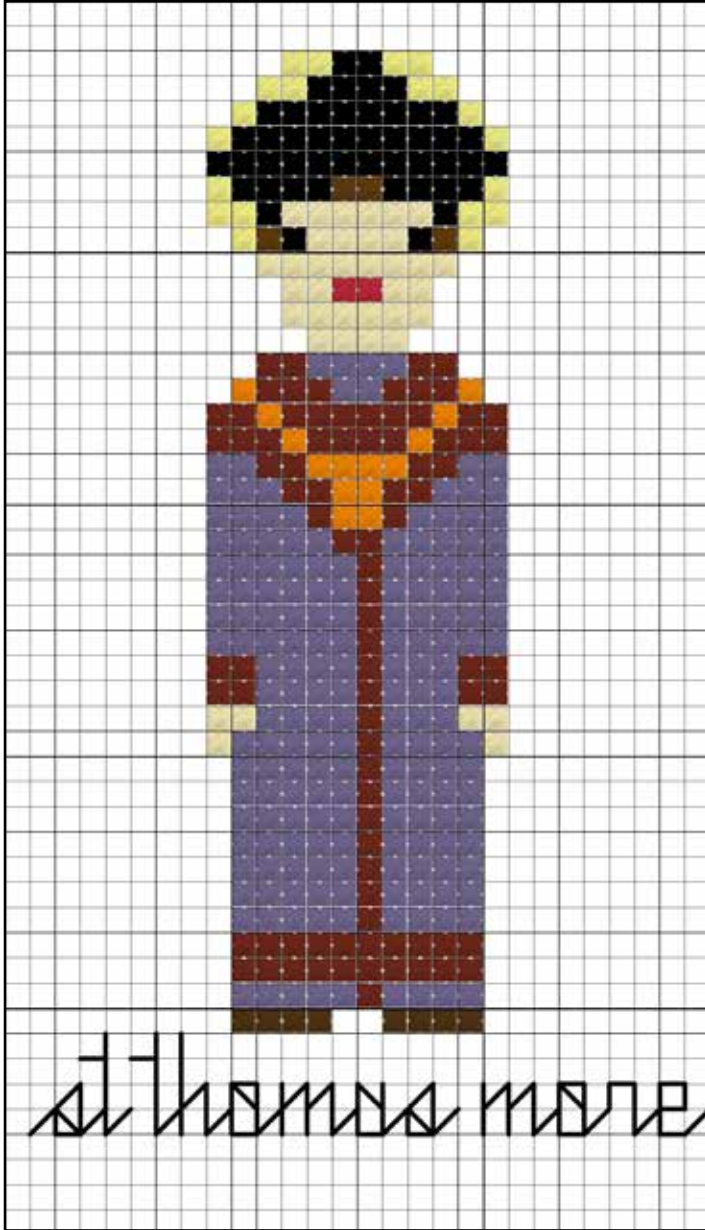
St. Thomas Aquinas



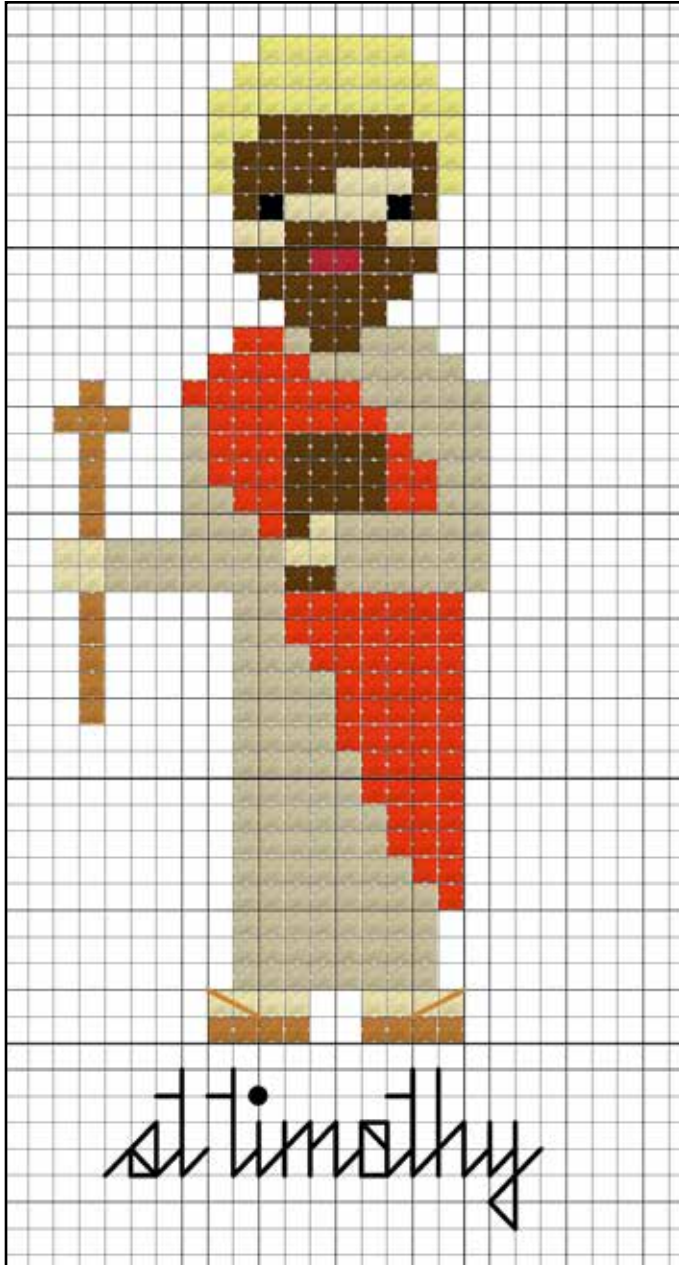
Saints

St. Thomas More

Saints



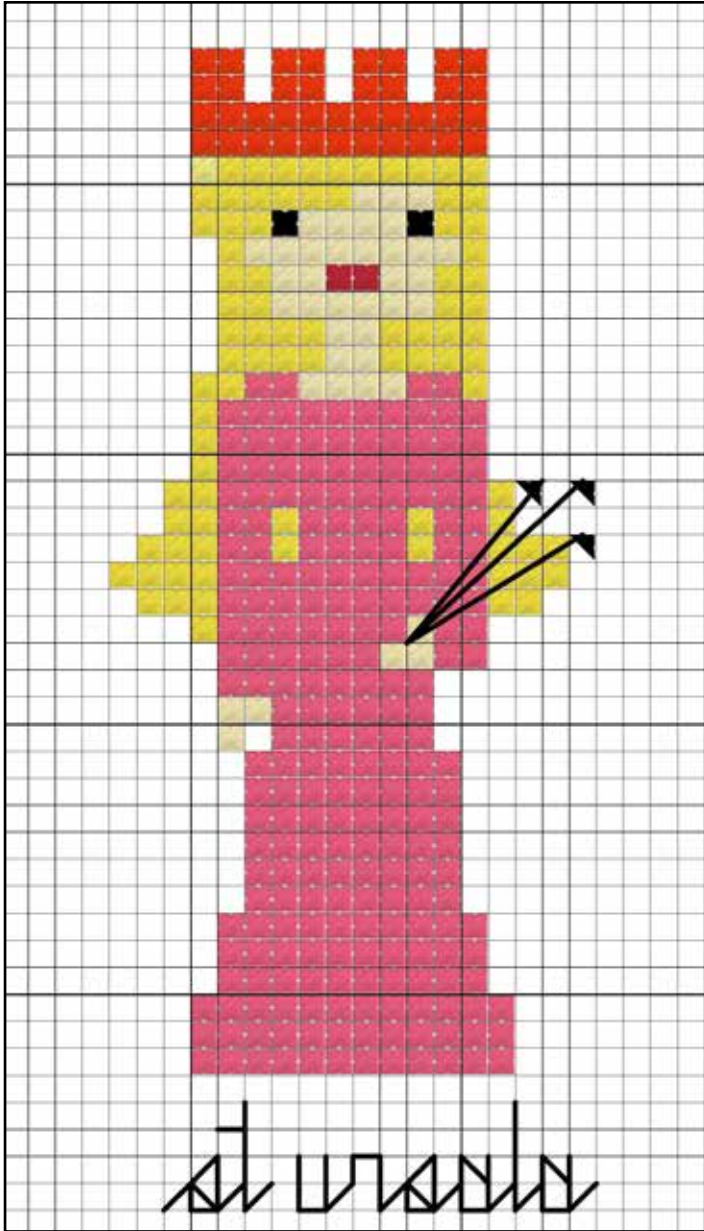
St. Timothy



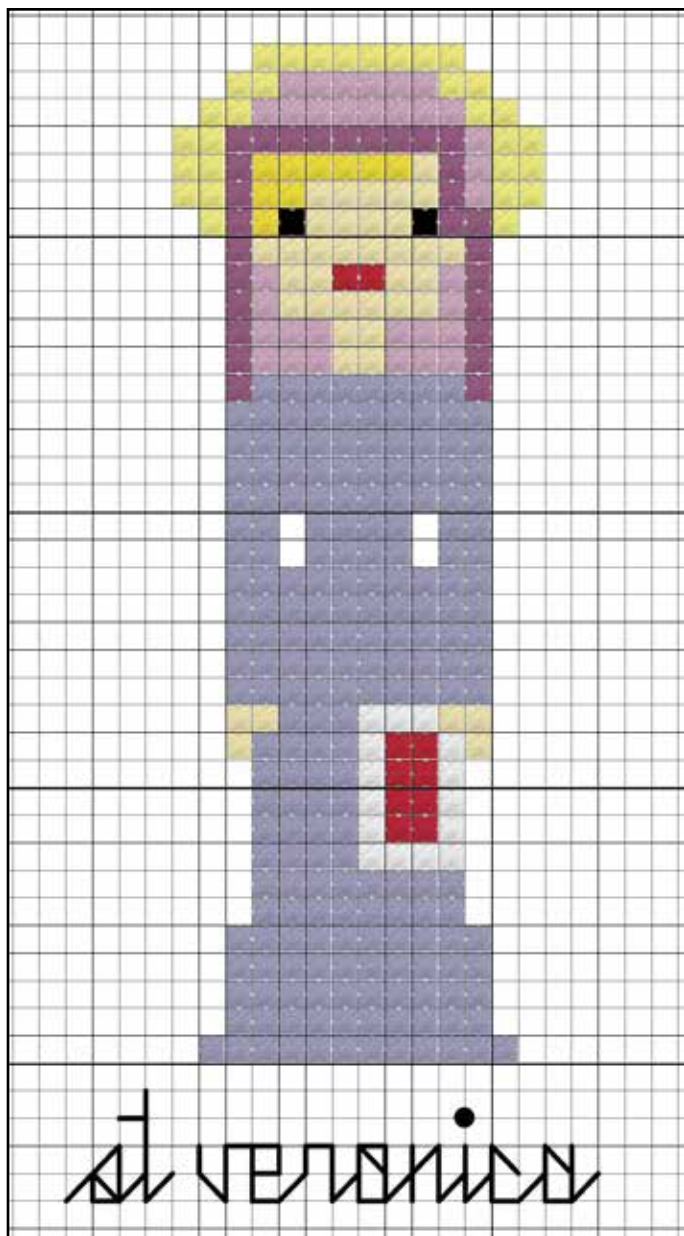
Saints

St. Ursula

Saints



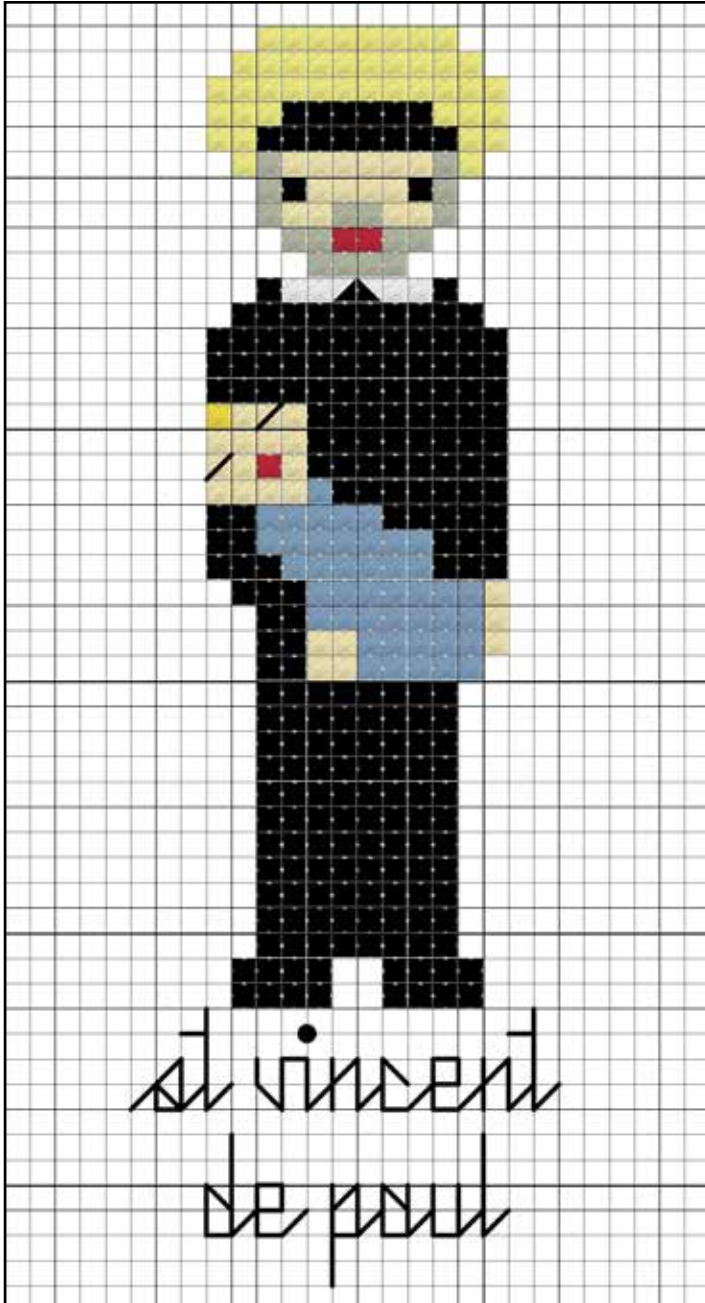
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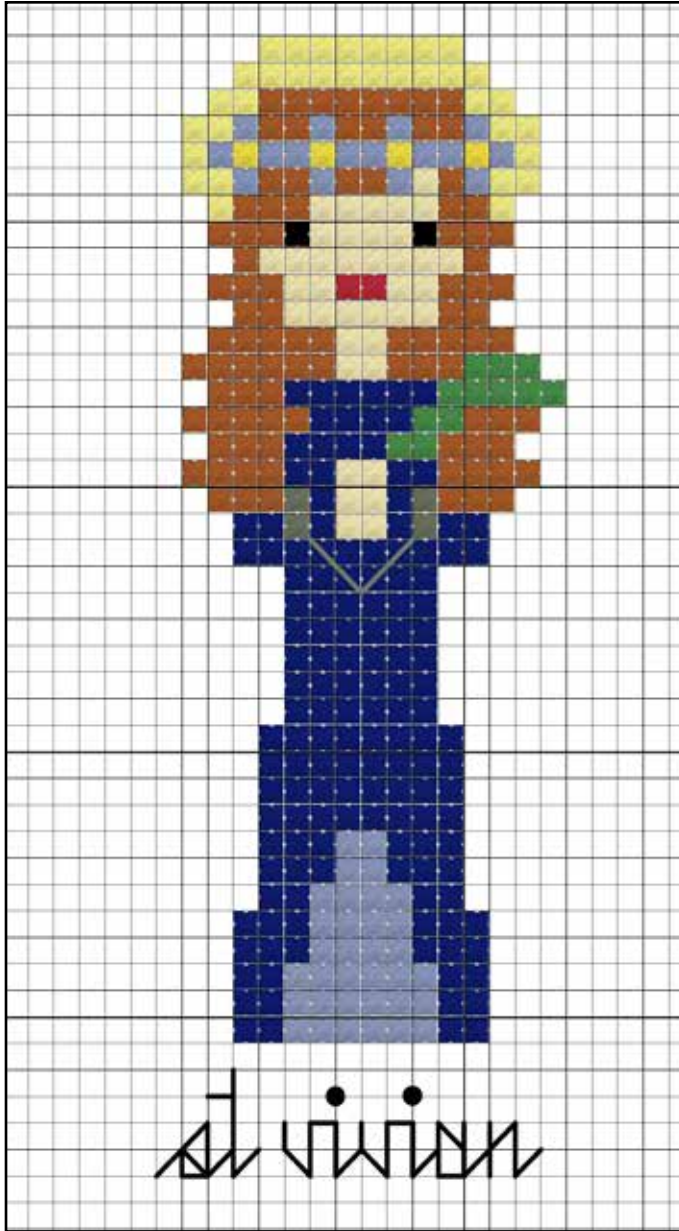
Saints

St. Vincent de Paul

Saints



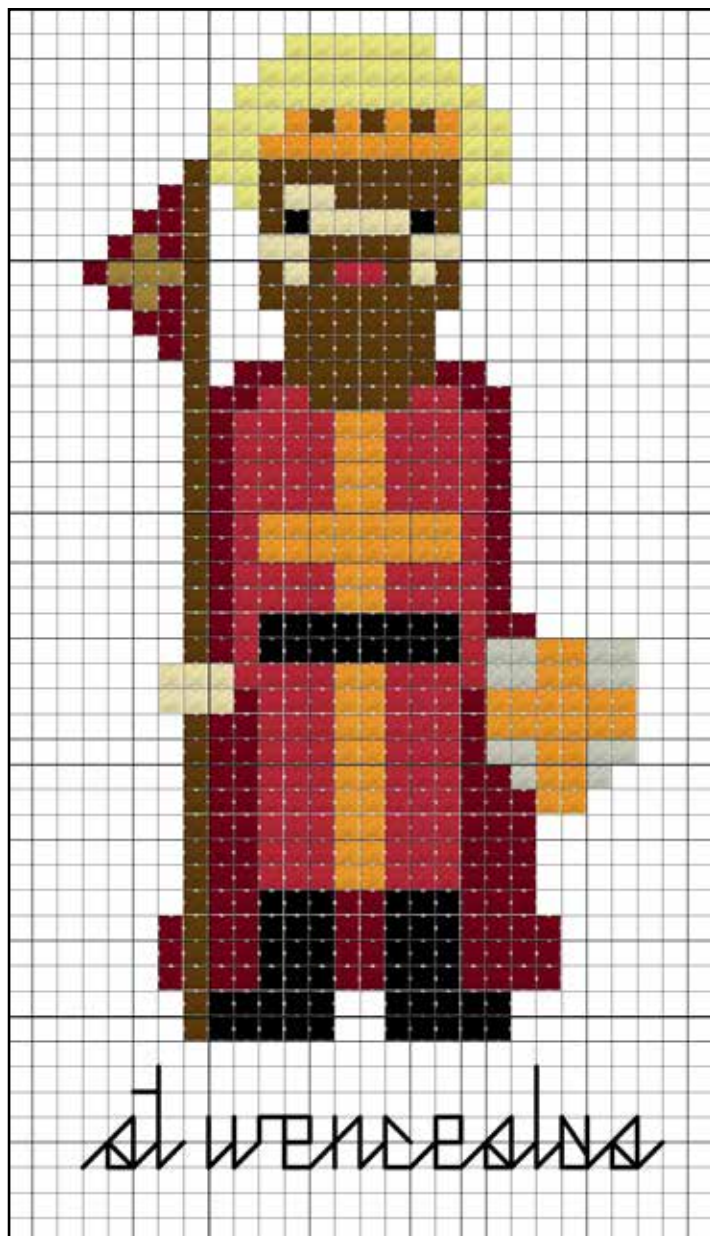
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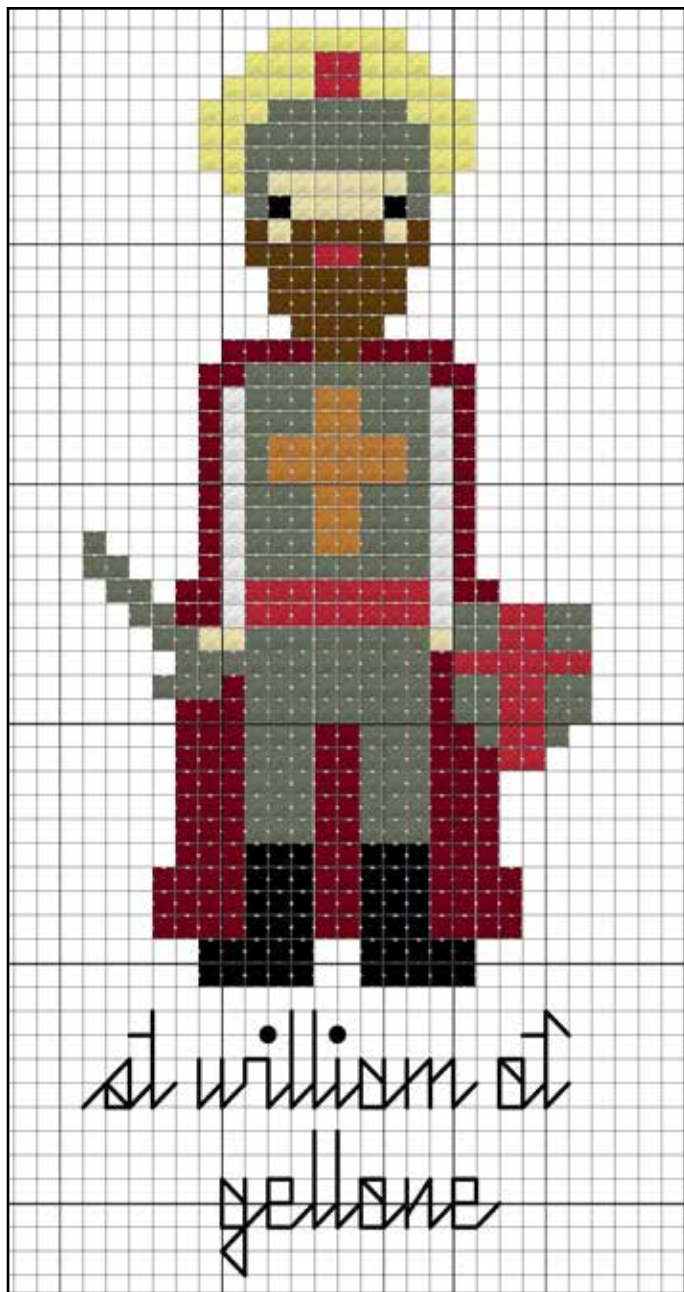
Saints

St. Wenceslas

Saints



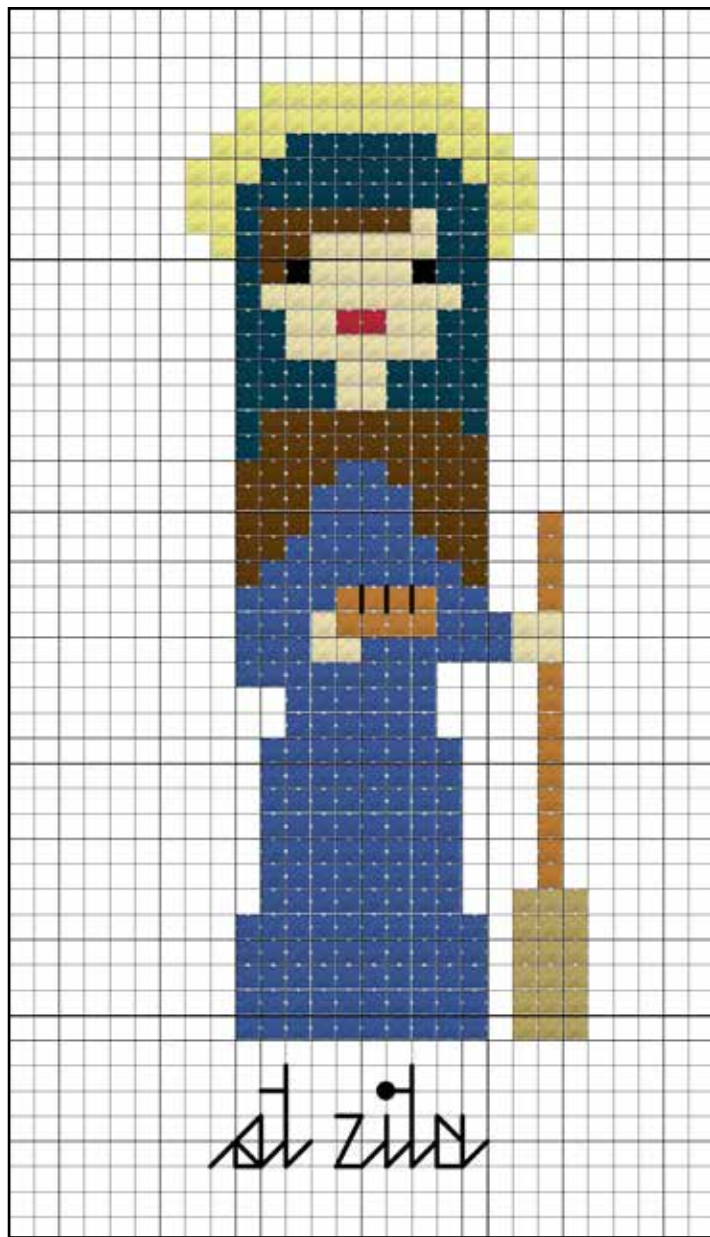
St. William of Gellone



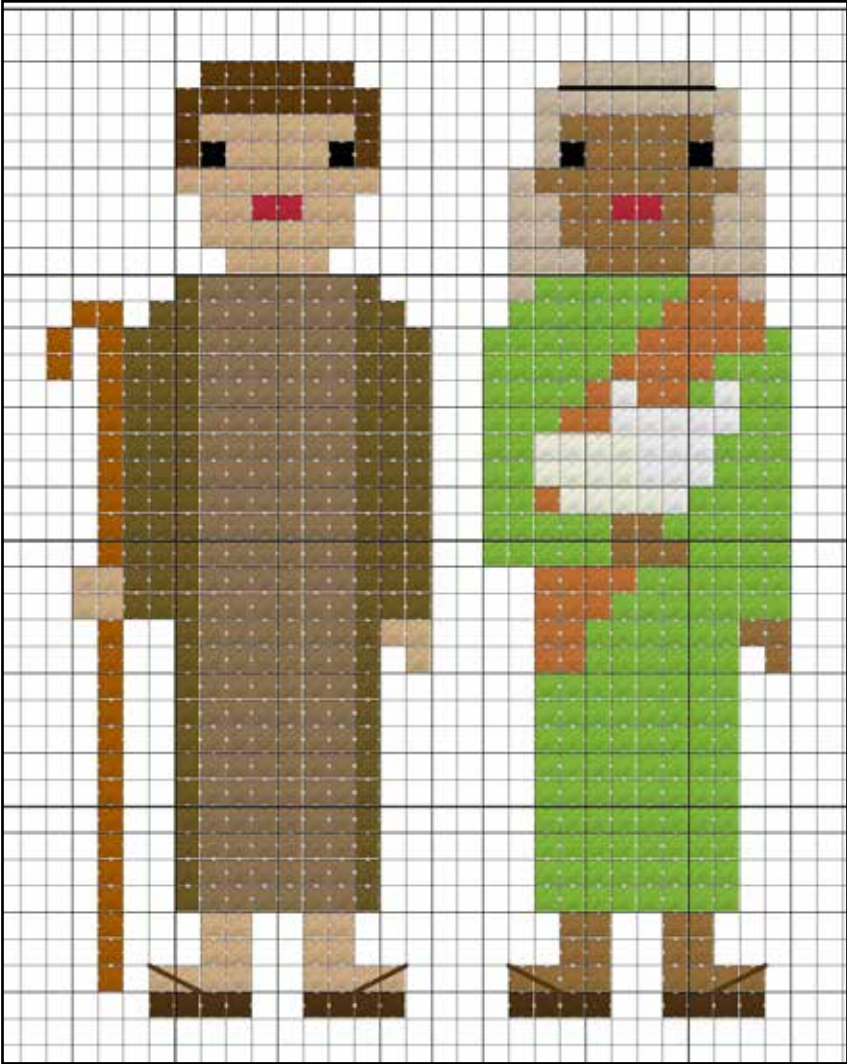
Saints

St. Zita

Saints

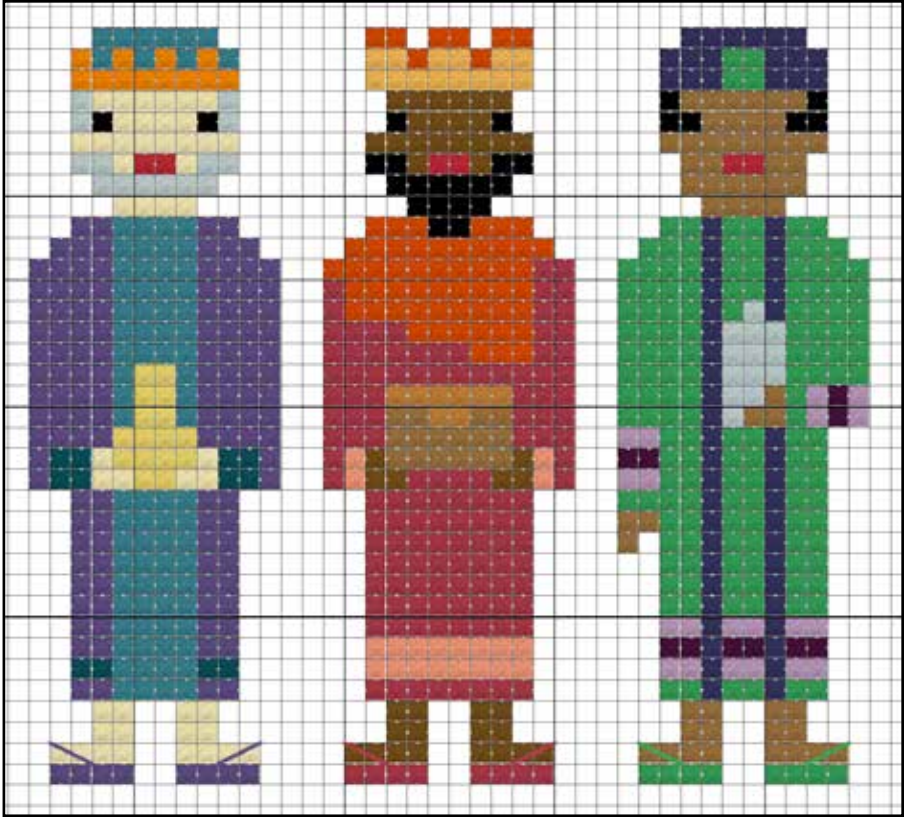


Shepherds



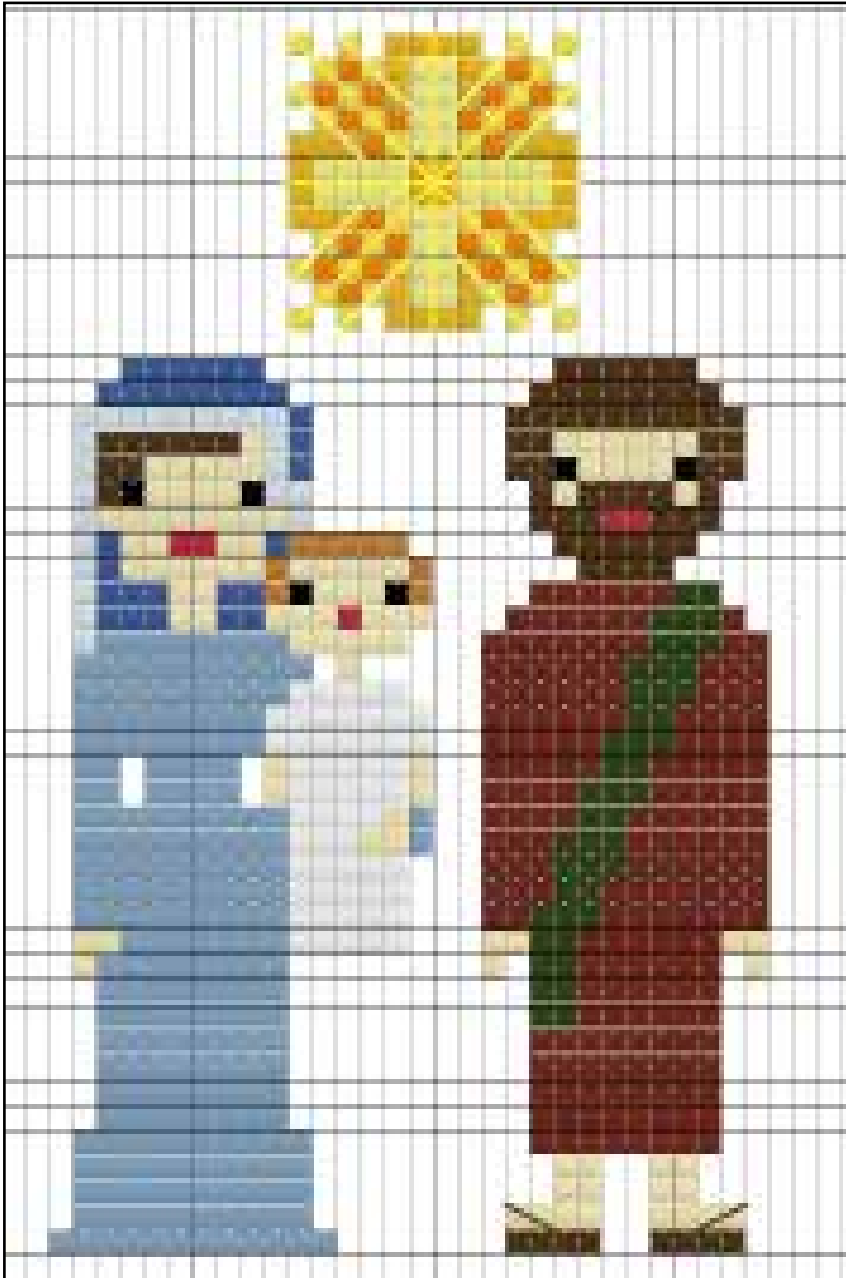
Nativity

Wise Men



Nativity

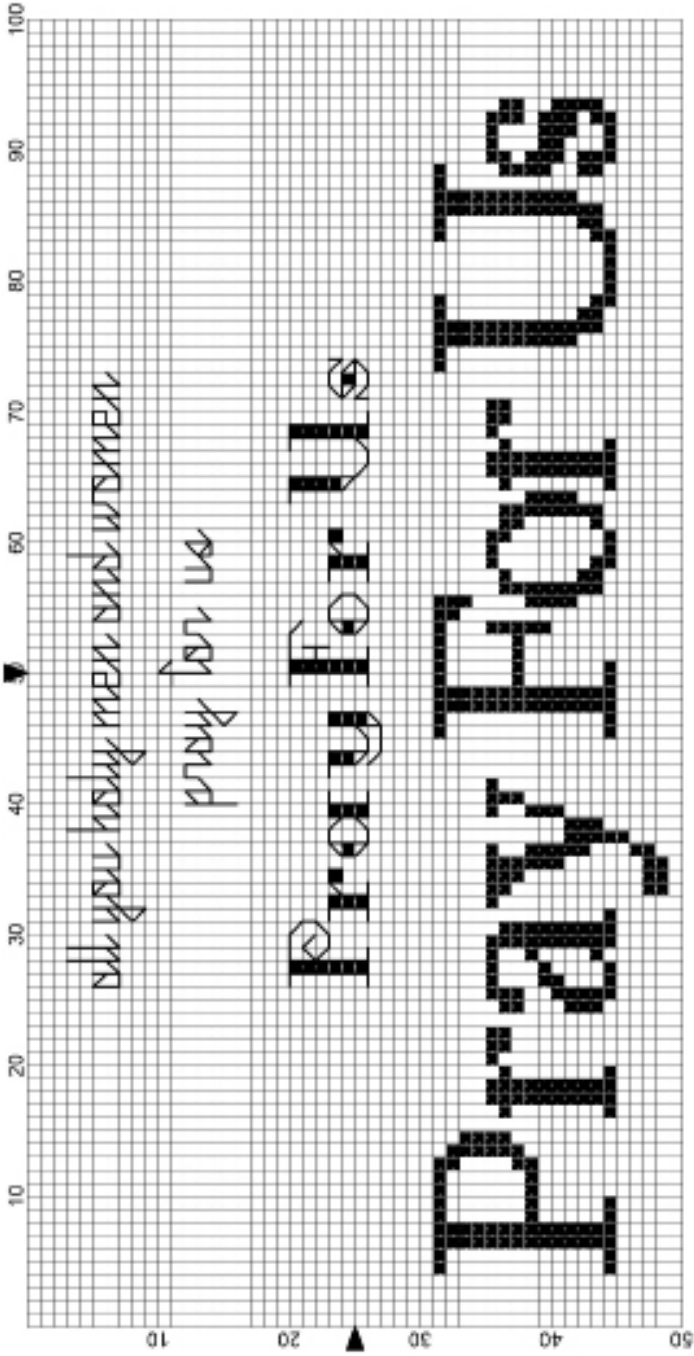
Holy Family



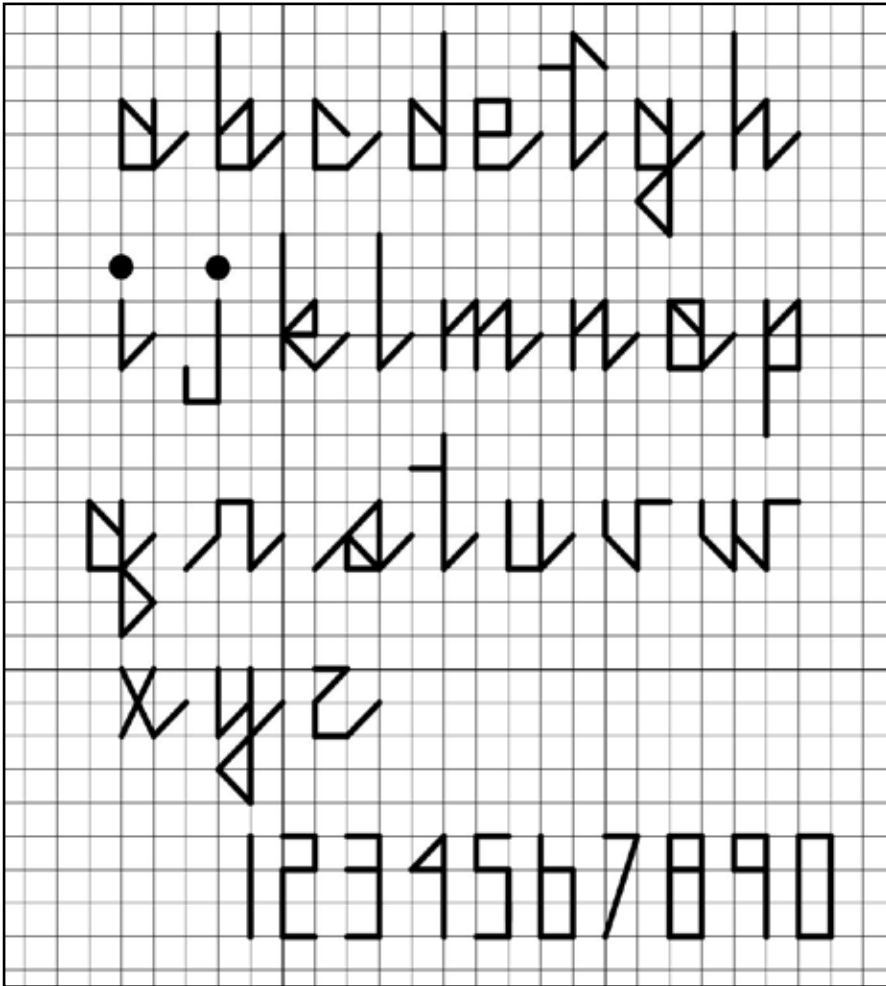
Novelty

Lettering

Lettering



Lettering



Lettering

Saints Projects

Project

Created For

Date

Project

Created For

Date

Project

Created For

Date

Catholic Sprouts

The mission of Catholic Sprouts is to help parents evangelize their children. We work to do this through a free daily podcast for Catholic Kids, a variety of printed resources to help families pray and learn about God, and a thriving Catholic online community where parents and teachers can come to find support and ideas.

To find out more, simply visit us online at: **CATHOLICSPROUTS.COM**



*A whole new way to
interact with the saints.*



Celebrate the great communion of Saints through crafting! The Saints of the Catholic Church Cross Stitch Patterns can be used to create an unlimited number of meaningful craft projects. Use the patterns for cross stitch or perler bead creations that can be gifted or displayed in your home.

*All you holy men and women,
Pray for Us!*

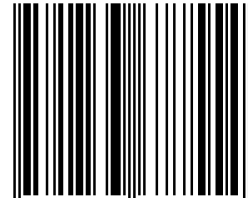


Catholic Sprouts strives to support parents in the work of evangelizing their children.

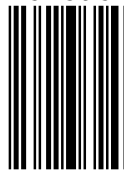
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