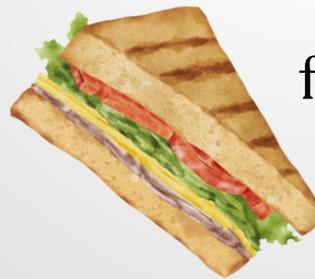


CORPORAL WORKS OF MERCY

Feed the Hungry

Make a meal for a struggling family.

Collect food for a food shelter.



Give Drink to the Thirsty

Get a drink for your young sibling.

Donate to a clean water project.



Clothe the Naked

Get your younger sibling dressed.

Donate clothing to the poor.



Shelter the Homeless

Invite someone who is excluded at school to play with you.

Donate to a homeless shelter.



Visit the Imprisoned

Visit an elderly neighbor unable to leave their home.

Pray for those in prison.



Care for the Sick

Care for a family member when they are ill.

Volunteer at a hospital or nursing home.



Bury the Dead

Maintain the graves of your family members.

Attend funerals of those who die.



SPIRITUAL WORKS OF MERCY

Instruct the Ignorant

Read a Catholic book to a younger sibling.

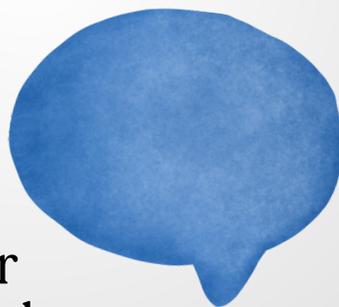
Volunteer to teach the Faith at your parish.



Counsel the Doubtful

Speak with love to a friend who is struggling with doubts.

Speak publicly about your faith in God.



Admonish the Sinner

Point out (with love) the sinful habits of your family members.

Publicly share (when appropriate) societal evils and how they should be stopped.



Bear Wrongs Patiently

Fast from
complaining.

Strive to
“turn the
other
cheek”
when treated poorly.



Forgive Willingly

Seek forgiveness
in the Sacrament of
Confession.

Say “I forgive you”
when you
have been
wronged, and
strive to
mean it.



Comfort the Afflicted

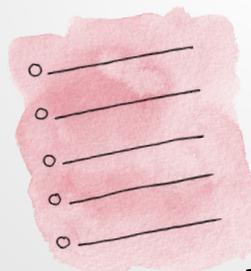
Listen when someone
else speaks of their
hardship.

Volunteer your time
and money
to serve
those
affected by
war, famine, or disease.



Pray for the Living and the Dead

Keep a list of
intercessions you
have promised to
pray for.



Each day,
pray for
your beloved
dead by name.